



Dean **HELMICK**

LEGISLATURE

THE HELMICK PLAN

"Nebraskans deserve results, not empty promises from Lincoln politicians. After 42 years in the Air Force, I know how to make a plan and deliver. I'm running to lower costs, fight taxes, defend our freedoms, and protect Nebraska's future."


Dean Helmick



Lower Costs. Fight Taxes.

Rising prices at the grocery store and gas pump are squeezing Nebraska families. At the same time, high taxes are taking too much from hardworking Nebraskans. Nebraskans need real tax relief, not another tax shift.

Nebraska can become more affordable by cutting wasteful government spending, growing our economy, and making the government live within its means. Lincoln has made it too easy to raise taxes and too hard to cut spending. I'll fight to make tax increases harder and spending cuts easier.

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Protect Girls' Sports.



Biological males do not belong in girls' sports. It's common sense. Allowing males to compete against our daughters threatens their safety, opportunities, and right to fair competition. I'll always stand up for Nebraska girls and defend their right to compete safely and fairly.

Stand with Farmers and Ranchers.

Farmers and ranchers are the backbone of Nebraska. They feed our nation and drive our state's economy. Yet rising costs, high taxes, and government red tape make it harder to keep family farms running.

In the Legislature, I'll focus on making it easier for farmers and ranchers to do their jobs. I'll fight to reduce the property tax burden on farmland, stop tax increases on farm equipment and repairs, and eliminate unnecessary regulations. The Legislature should work with our producers, not stand in their way.

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Protecting the Future.

As a father and grandpa, I want future generations to inherit a Nebraska stronger than the one we know today. Protecting our future means safeguarding our water, preserving fertile farmland, ensuring families have access to reliable and affordable electricity, developing a strong workforce, and building a thriving economy.

In the Legislature, I'll support responsible stewardship of our natural resources, expand opportunities for good-paying careers, and help Nebraska be a better place to work, live, and raise a family.



Keep Neighborhoods Safe. Back the Blue.

Every Nebraskan deserves to feel safe in their home and neighborhood. The brave men and women of law enforcement put their lives on the line to protect our communities, and they deserve leaders who stand with them.

In the Legislature, I'll fight to provide law enforcement with the tools and resources needed to do their jobs. I'll support stronger penalties for violent and repeat offenders, oppose defunding the police, and always back the blue.

Defending Our Rights and Values.

For 42 years, I served with the United States Air Force and took an oath to support and defend our Constitution. My commitment to protecting the freedoms and values that make America strong did not end when I retired.

In the Legislature, I'll defend our Second Amendment rights, protect free speech and religious liberty, stand for innocent life, and oppose government overreach. I'll always fight for the faith, families, and freedoms that make Nebraska a great place to call home.



A Lifetime of Service.

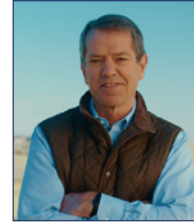
Dean Helmick dedicated 42 years to serving the Air Force. His active-duty career spanned from 1982 to 2004. Dean began as an enlisted airman, later served as an officer, and achieved the rank of Major.

Throughout his career, Dean worked with the U.S. Air Force Thunderbirds, helped launch rockets into space, and developed plans to protect America from terrorism. After completing his active-duty service, he continued supporting our national defense as a civilian at Offutt Air Force Base until retiring in 2024.

Dean also served as chairman of the Cass County Republican Party and was twice recognized as the NEGOP Outstanding County Chairman. Dean and his wife, Pam, have been married for 44 years. They are the proud parents of two adult children and grandparents of five.

Dean Helmick was a member of the U.S. Air Force. Use of his military rank, job titles, and photographs in uniform does not imply endorsement by the Department of War (DOW)

Endorsed by Nebraska's Conservative Leaders.



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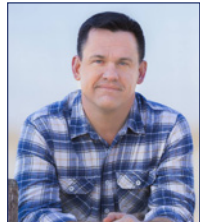
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Commissioner
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Cass County
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Lincoln Police Union



Nebraska Fraternal
Order of Police



NFIB Nebraska



Nebraska Farm Bureau PAC

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