# Skill Tree - Parent View

🔴 RED (Parent & Child)
**RED classes** will enjoy fall-themed activities while exploring rolling, balancing, and supported upside-down movements! With parent assistance, children will practice coordination, body awareness, and confidence through playful gymnastics adventures.

🟢 GREEN (3 Years)
**GREEN classes** will celebrate fall while practicing forward rolls, "turkey kicks" (donkey kicks), balancing, and beginner bar skills! These fun activities help develop strength, coordination, balance, and confidence as children learn new gymnastics skills.

🟡 YELLOW (4–5 Years)
**YELLOW classes** will “Fall” into Thanksgiving fun while building stronger forward rolls, practicing handstand progressions through "turkey kicks," improving balance, and developing bar skills! Students will focus on body control, strength, coordination, and growing independence.

# Skill Tree - Coach Reminder

*  = Introduced (student was present for SOF)
**  = Practicing (student tried doing SOF)
*** = Confident (student can do SOF easily)