

Class Goals

MPG Skill of Focus: Gym Safety & Landings

Theme: Back to School

CLASS GOALS

🔴 ***RED (Parent & Child)***

- *Walk safely with parent/coach.*
- *Get on and off equipment safely.*
- *Practice safe landing position.*

🟢 ***GREEN***

- *Walk safely with parent/coach.*
- *Get on and off equipment safely.*
- *Practice safe landing position.*

🟡 ***YELLOW***

- *Follow gym safety rules.*
- *Use equipment correctly.*
- *Stick controlled landings.*