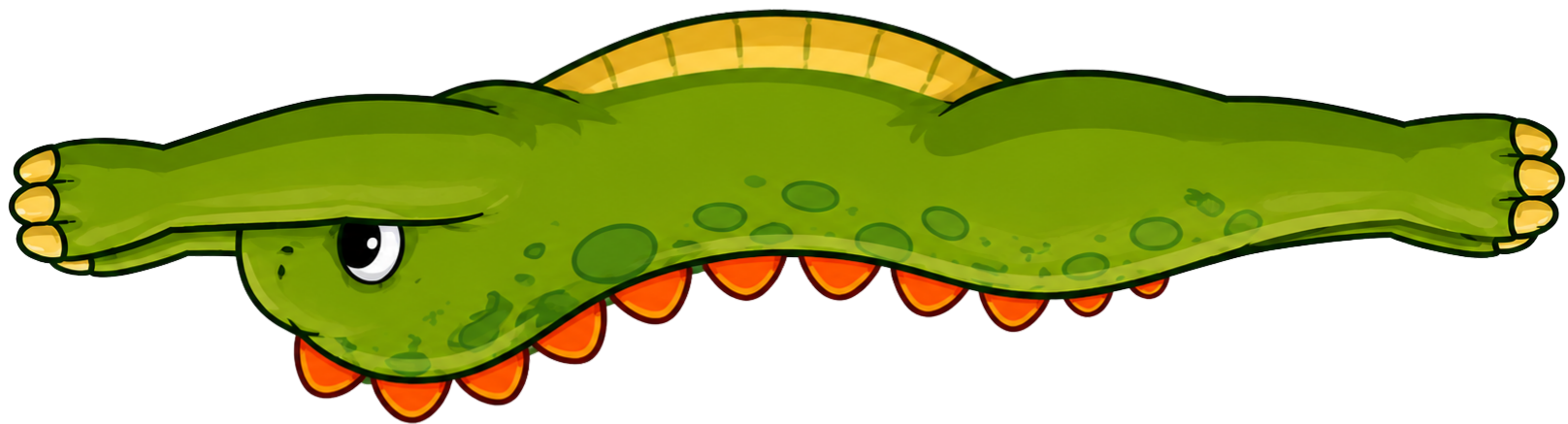




Gymnastics LUNGE



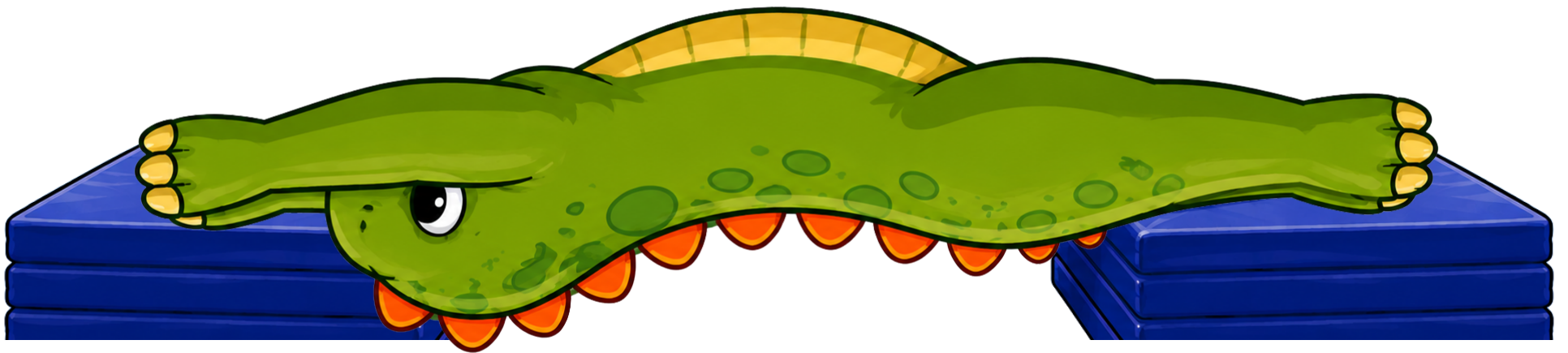
TUCK sit



STRAIGHT Body Position



STRAIGHT Body Position
in Releve' (tippy toes)



STRAIGHT Body Position