

AHANZ Patient Story Template

Use this template to guide you to ‘tell a story’ about a patient who benefited from your services. The whole story should only need about 300-400 words. Your patient story should be linked to your modality case study.

Part 1: Tell us about the person or group

Who is this case study about?

- Age range
- Gender (if relevant)
- Condition or issue
- Setting (community, hospital, aged care, school, etc.)

In plain language, what challenges were they facing?

What impact was this having on them, their whānau, or the wider health system?

Part 2: What was happening before your involvement?

What services or treatments had already been tried?

What wasn't working?

What were the likely consequences if nothing changed?

Part 3: What did you do?

Describe your intervention in plain language.

How often did you see the person?

How long did treatment continue?

Why was your approach different from previous interventions?

Part 4: What changed?

What outcomes did you observe?

What did the person do, achieve, or experience after your intervention that they could not do beforehand?

Include measurable improvements wherever possible.

Part 5: What impact did this have on the health system?

Did it reduce:

- Hospital admissions?
- GP visits?
- Emergency department presentations?
- Ambulance callouts?
- Police involvement?
- Specialist referrals?
- Residential care admissions?

If yes, estimate the impact.

Part 6: What was the likely economic benefit?

What did your intervention cost?

What costs were potentially avoided?

Provide estimates if exact figures are unavailable.

Part 7: Why does this story matter?

In one paragraph:

Why should policymakers care about this example?

What does it demonstrate about the value of your profession?

For support to complete this patient story contact Daniel Paul (021) 400-993