

"what's a BB time??"

That seems to be the question these days, am I right?

What do these letters mean? Does my swimmer have them? How do I find out? AHHHHH!!!!

Have no fear! I'm here to answer all of them.

Let's begin:

What in the world is a 'time standard'?

- A time standard is a specific time that a swimmer can achieve in every race allowed in USA Swimming
- Time Standards can be specific to the Gulf, the State, or the Nation
- Time Standards are used to group swimmers by ability at swim meets and keep the numbers at a manageable level.

Where do I find these 'time standards' that you speak of?

- usaswimming.org
 - Times
 - Times standards
 - [Age Group Time Standards](#) (this is where you will find the *National Motivational Times*)
- gulfswimming.org
 - [Swimmers](#)
 - [Time standards](#)
 - There you will find a list of everything needed for Gulf athletes



FLEET 2018 Long Course Meet Schedule			
April 14 th	Gulf Sprint Series	TBD	All groups 2 BB Times or Less
April 20 th – 22 nd	Gulf Open	College Station, TX	All groups 3 BB Times or More
May 5 th	Gulf Sprint Series	TBD	All groups 2 BB Times or Less
May 18 th – 20 th	Gulf Open	Cypress, TX (FLEET)	All groups 3 BB Times or More
June 8 th – 10 th	SWAT Invitational	Sugar Land, TX	Silver 1, Silver 2 & Gold
June 22 nd – 24 th	FCST Prelim/Final	Fort Bend, TX	All groups except the National Group
TBD	TBD	TBD	National Group
July 12 th – 15 th	Sectionals	Austin, TX	Qualifiers
July 13 th – 15 th	Gulf Age Group Champs	Cypress, TX (FLEET)	14 & Under Qualifiers
July 20 th – 22 nd	Summer Champs	Cypress, TX (FLEET)	Non Gulf Champs Qualifiers
July 25 th – 29 th	TAGS	Austin, TX	14 & Under Qualifiers

Alright, I see your 'time standards'... but how do I know what my kid's times are??

Ok... I'm going to tell you. But you have to promise not abuse this power. With great power comes great responsibility.

- Go back to usaswimming.org
 - Times
 - Times Search & Power Point Calculator
 - Fill out the information and hit 'find times'!
- Try to do this WITH your swimmer. They are the one swimming the times, after all. Better yet! Let them be in charge of the clicking, it will give them ownership of the experience.

You still haven't told me what BB times are...

You're right! I've done something even better! I have given you the tools to find out what these BB times are on your own. Do you remember me mentioning *National Motivational Times*, and how to find them?

Just click on **2020 MOTIVATIONAL TIMES TOP 16 AGE GROUPS** and... VOILA!

Double check that you are looking at the correct course!

2017-2020 National Age Group Motivational Times											
Long Course Meters											
10 & Under Girls						10 & Under Boys					
B Min	BB Min	A Min	AA Min	AAA Min	AAAA Min	AAAA Min	AAA Min	AA Min	A Min	BB Min	B Min
44.09*	49.09*	35.59*	34.19*	32.79*	31.39*	50 M Free	31.39*	32.79*	34.09*	35.49*	43.59*
1:42.39*	1:31.49*	1:20.59*	1:16.99*	1:13.29*	1:09.69*	100 M Free	1:09.49*	1:12.99*	1:16.49*	1:19.89*	1:40.69*
3:45.79*	3:20.99*	2:56.29*	2:48.09*	2:39.79*	2:31.59*	200 M Free	2:29.49*	2:36.59*	2:43.69*	2:50.79*	3:33.49*
7:36.79*	6:51.09*	6:05.39*	5:50.19*	5:34.99*	5:19.79*	400 M Free	5:14.69*	5:29.69*	5:44.59*	5:59.59*	7:29.49*
54.89*	48.89*	42.89*	40.89*	38.89*	36.89*	50 M Back	36.89*	38.89*	40.99*	42.99*	55.29*
1:59.19*	1:45.99*	1:32.69*	1:28.29*	1:23.89*	1:19.49*	100 M Back	1:19.29*	1:23.39*	1:27.39*	1:31.49*	1:55.69*
1:00.49*	53.99*	47.49*	45.29*	43.09*	40.89*	50 M Breast	40.59*	42.69*	44.89*	46.99*	59.69*
2:16.69*	2:01.49*	1:46.29*	1:41.29*	1:36.19*	1:31.19*	100 M Breast	1:30.59*	1:35.09*	1:39.59*	1:44.19*	2:11.29*
53.59*	47.29*	40.99*	38.89*	36.69*	34.59*	50 M Fly	34.39*	36.29*	38.19*	40.19*	51.79*
2:09.99*	1:52.99*	1:35.99*	1:30.29*	1:24.59*	1:18.89*	100 M Fly	1:18.49*	1:23.99*	1:29.49*	1:34.99*	2:07.79*
4:09.39*	3:43.19*	3:17.09*	3:08.29*	2:59.59*	2:50.89*	200 M IM	2:49.89*	2:58.39*	3:06.89*	3:15.39*	4:06.19*
11-12 Girls						11-12 Boys					
38.49*	35.79*	33.19*	31.79*	30.49*	29.19*	50 M Free	28.09*	29.39*	30.69*	32.09*	37.39*
1:24.49*	1:18.49*	1:12.49*	1:09.39*	1:06.39*	1:03.39*	100 M Free	1:01.09*	1:03.99*	1:06.99*	1:09.89*	1:21.49*
3:03.40*	2:50.30*	2:37.20*	2:30.70*	2:24.10*	2:17.60*	200 M Free	2:13.40*	2:19.70*	2:26.10*	2:32.40*	2:57.80*