



2026 Fleet Fall Kickoff

Hosted by

Cypress Fairbanks Swim Club

October 2-4, 2026

Sanction No: GU-SC-27-017

ENTRIES DUE to the HOST

fleetmeetdirector75@gmail.com

BY FRIDAY, SEPTEMBER 25, 2026 AT 5:00pm

LOCATION:

Klein High School – (see last page for map & parking)
16715 Stuebner Airline Rd.
Klein, TX 77379

MEET REFEREE:

Russell Thomson, russellrthomson@gmail.com

ADMINISTRATIVE OFFICIAL:

Sylvia Bradburn, Nicola Thomson

MEET DIRECTOR:

Jennifer Niesner, Fleetmeetdirector75@gmail.com

SAFETY MARSHAL:

Meggan Connell, Lindsie Micko

COACHES:

Maryanne Svoboda, Head Age Group Coach

POOL:

One eight lane, 25-yard indoor pool with non-turbulent lane lines will be used for warm-up and competition. Warm-up / cool-down lanes will be made available during the competition. Entry and exit for the warm-up/ cool down lanes from one end only, no congregating or standing in the lanes.

TIME & DATE:

This is a 7 session, 3 day, timed-final meet on Friday, Saturday and Sunday.

Friday

Session 1: Open Warm-Up 5:00pm Start: 6:00pm

Saturday:

Session 2: Warm Up: 7:30am Start: 8:30am

Session 3: Warm Up: 11:45am Start: 12:45pm

Session 4: Warm Up: 3:30pm Start: 4:30pm

Sunday:

Session 5: Warm Up: 7:30am Start: 8:30am

Session 6: Warm Up: 11:40am Start: 12:30pm

Session 7: Warm Up: 3:45pm Start: 4:35pm

Mid-Morning and Afternoon Session will begin warmups immediately following the AM sessions.

MEET TYPE:

This meet will be run utilizing the "Flyover Starts" procedures unless the meet referee decides otherwise. At the conclusion of each heat, the swimmers shall remain in the water until after the next heat is started. Coaches, please remind your swimmers of the "Flyover Start" procedures. Meet will be pre-seeded fastest to slowest. Fleet reserves the right to limit entries, to combine events by age and/or gender, or to adjust events to run the meet more efficiently and to maintain reasonable timelines. Any of these changes will be communicated to attendees either

in the warm-up/timeline report posted on the Gulf and FLEET websites or on site via announcement of the changes. Meet host reserves the right to slow down the speed of the meet to give rest to swimmers. Meet host reserves the right to combine sessions to make the meet run more efficient and maintain reasonable timelines.

SAFETY GUIDELINES AND WARM-UP PROCEDURES: See attached Safety Guidelines and Warm-up Procedures.

SPECIAL INSTRUCTIONS: Indoor seating will be limited, so plan on setting up outside. A section of the bleachers near the blocks will be reserved for anyone to watch a race, then leave (no permanent setup in this section). No chairs will be allowed in the natatorium except for coaches. Adjustments for breaks during the meet, may be added to provide appropriate spacing between sessions and the best racing situation possible.

Absolutely NO WET SWIMMERS ALLOWED IN THE COMMON AREAS.

SEEDING: The meet will be a pre-seeded meet for events of 200 yards or shorter. Events greater than 400 yards will require positive check in/ Circle In. All events will be seeded with heats in the order of fastest to slowest. As a courtesy to the host, coaches should inform the Clerk of Course of swimmers not attending the meet.

POSITIVE CHECK-IN FOR THE 400 IM, 1000 FREE, 500 FREE: All swimmers must circle in on sheets that will be available at the start of warm-up for the session, and due 45 minutes before the start of the session in which the event is scheduled to swim. After the events are officially closed, no one may check-in or scratch. Swimmers provide their own lap counters and timers when applicable.

FOUR HOUR RULE: This meet will operate under the USA Swimming Four Hour Rule. The meet host may limit entries or may limit or eliminate deck entries as needed to conclude each session of the meet within four hours. In addition, Cypress Fairbanks Swim Club may limit entries or eliminate deck entries to accommodate facility availability.

ON-DECK ENTRIES: NO ON DECK ENTRIES.

ENTRY INFORMATION:

Entry Times: Swimmers must enter at their best time. Entry times must be submitted in the course at which the best time was achieved – short course yards (Y), short course meters (S), or long course meters (L). Do not convert meter times to yard times. If entries are made by paper (not using Hy- Tek), swimmers should indicate on their entry the course at which the entry time was made (i.e., Y, S, or L). Times must be from USA Swimming meets. If swimmers have never competed in a USA Swimming meet before, put NT where a seed time is requested.

Cut-off Times: None.

Qualifying Time: **Athletes must have at least a “B” time in the 500 free for 9-10.**

Age: As of October 2, 2026

Number of Events: Swimmers may compete in up to four (4) individual events per session, 10 Total for the meet.

Deadline: **Entries must be submitted no later than 5:00 pm Friday, September 25, 2026.** No late entries will be accepted.

E-mail entries to
Fleetmeetdirector75@gmail.com

ENTRIES: All teams **MUST** submit their entries electronically via e-mail, using the Hy-Tek Meet Manager/Team Manager computer software. Entries must be received no later than **5:00 pm Friday, September 25, 2026**. No late entries will be accepted.

ELIGIBLE TEAMS: Only **CFSC, KATY, TWST** swimmers who are registered with USAS and in good standing with the team may compete in this meet. Entries will be accepted on a first-come first-served basis. The meet host reserves the right to stop accepting entries when sessions approach the 4-hour limit. A foreign Athlete may compete in this meet provided they are supervised by a team / coach already attending and Entries come electronically.

Meet Limits: Entries will be accepted in the order they are received by the host. The meet host reserves the right to stop accepting entries when sessions approach the 4-hour limit, to be in accordance with the 4-hour rule. Once your entries are accepted, you will receive a confirmation email confirming your entries have been accepted.

FEES: Thirteen dollars (\$13.00) per Individual Event plus a fifteen dollars (\$15.00) per Swimmer Surcharge fee. Make checks payable to CFSC. Please submit checks to the meet director at the meet. Make checks payable to CFSC.

AWARDS: None

SCORING: Individual Events: 9-7-6-5-4-3-2-1
All events will be scored as 8 & Under, 9-10, 11-12, and 13-14

RULES AND SANCTIONS: The current USA Swimming and Gulf Swimming rules will apply. The meet will be held under the sanction of USA Swimming and Gulf Swimming. No entries can be accepted unless the entrant is a registered member of USA Swimming as provided in Article 302. On-deck USA Swimming membership registration will not be permitted. The three (3) event rule and up/down rule do not apply. It is understood and agreed that USA Swimming and Gulf Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

POOL MEASUREMENT: The competition course has not been certified in accordance with USA Swimming Rule 104.2.2(C). The pool will be measured before the competition begins to ensure that the course length is correct. The water depth of the competition course is 12 feet measured from 1 meter to 5 meters on the starting end of the course, and 6 feet measured from 1 meter to 5 meters on the turning end of the course.

TIMING SYSTEM: A Daktronics Model 2000 electronic timing system with electronic scoreboard will be used. Two watches per lane will be used as a back-up. Teams will be required to furnish timers based on their percentage of swims at the meet. Timing assignments will be published in the psych sheet. Swimmers in the 1000 Free, 500 Free and 400 I.M. must provide two (2) timers and a lap counter where applicable.

POOL DECK RESTRICTION: Because of USA Swimming Insurance Safety Regulations, the swimming pool deck, during the operation of all Gulf Swimming sanctioned meets, is closed to all persons except swimmers, coaches, marshals, officials, meet personnel, and timers. All registered non-athletes are required to display their current USA Swimming registration card. If you are asked to leave the deck by any registered personnel, please do so. It is for your safety. Coaches and Officials must present their membership cards to receive complimentary Heat Sheets and for admission to the Hospitality Room.

DECK CHANGING PROHIBITION: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

AUDIO/VIDEO RECORDING DEVICES: Use of audio or visual recording devices, including a cell phone, is not permitted in the area behind the blocks, in changing areas, restrooms, showers or locker rooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

UNACCOMPANIED SWIMMERS: Any swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. . A foreign Athlete may compete in this meet provided they are supervised by a team / coach already attending and Entries come electronically.

SWIMMERS WITH DISABILITIES: Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to reserve Gulf Swimming equipment (remote strobe).

CONCESSIONS: Limited Concessions will be available.

HOSPITALITY: A hospitality table will be available for Coaches and Officials.

MERCHANDISE: None.

MEDICAL SUPERVISION: First Aid will be available for minor injuries

MAAPP: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

MEET RESULTS: Meet results will be posted on the Gulf Swimming Web Page (www.gulfswimming.org) and www.fleetswimming.com , within three days after the conclusion of the meet. Meet Mobile will be utilized by searching **2026 Fleet Fall Kickoff**.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, Coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Entry Rules:	
Type of Meet	Timed Finals
Max # Individual Events	Four (4) per session, Max events: Ten (10)
Swimmers Eligible	Members(or in the process of joining) in good standing with CFSC, TWST, KATY
Entry Times in	SCY/SCM/LCM
Qualifying Times	9-10 500 free must have a "B" Time or better.
Enter with No Time?	Yes
Fees for Entry	Individual - \$13.00
Swimmer Surcharge	\$15.00 / swimmer (includes free Heat Sheets on Meet Mobile)

Order of Events

Friday Session 1 (PM)

October 2, 2026

Open warm-ups 5:00 PM- 5:45PM, Meet starts at 6:00 PM

Friday

<i>Oct</i>	<i>Events</i>
1	11- 14 400 IM
2	13-14 500 Free
3	11-12 500 Free

All Friday evening Events swim mixed

*400 IM, 500 Free, and the 1000 Free Require Positive Check In / Circle in 45 minutes before the session starts.
Swimmers must provide their own timers and lap counters.

Session 2 (AM)

Saturday October 3, 2026

Warm-ups 7:30 AM, Meet starts at 8:30 AM

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
5	10 & U 100 IM	6
7	8 & Under 25 Back	8
9	10 & Under 50 Fly	10
11	10 & Under 100 Free	12
13	10 & U 50 Back	14
15	8 & Under 25 Breast	16
17	10 & Under 100 Breast	18
19	9-10 Mixed 500 Free	

Session 3 (Mid-day)

Saturday October 3, 2026

Warm-ups start immediately after the AM Session

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
21	11- 12 200 IM	22
23	11-12 50 Back	24
25	11-12 100 Breast	26
27	11-12 50 Fly	28
29	11-12 100 Free	30
31	11-12 200 Back	32
33	11-12 Mixed 200 Fly	34
35	11-12 Mixed 1000 Free	

Session 4 (PM)

Saturday October 3, 2026

Warm-ups start immediately after the Session 3 -Mid-Day session

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
37	13- 14 200 IM	38
39	13-14 50 Back	40
41	13-14 100 Breast	42
43	13-14 50 Fly	44
45	13-14 100 Free	46
47	13-14 200 Back	48
49	13-14 Mixed1000 Free	

- *400 IM, 500 Free, and the 1000 Free Require Positive Check In / Circle in 45 minutes before the session starts. Swimmers must provide their own timers and lap counters.

Session 5 (AM)

Sunday October 4, 2026

Warm-ups 7:30 AM, Meet starts at 8:30 AM

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
51	9-10 200IM	52
53	8 & Under 25 Free	54
55	10 & U 100 Fly	56
57	8 & Under 25 Fly	58
59	10 & U 200 Free	60
61	10 & U 50 Breast	62
63	10& U 50 Free	64
65	10 & U 100 Back	66

Session 6 (Mid-day)

Sunday October 4, 2026

Warm-ups start immediately after the AM Session

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
67	11-12 200 Free	68
69	11-12 50 Breast	70
71	11-12 100 Fly	72
73	11-12 50 Free	74
75	11-12 200 Breast	76
77	11-12 100 Back	78
79	11-12 Mixed 200 Fly	80

Session 7 (PM)
Sunday, October 4, 2026
Warm-ups start immediately after Session 6 Mid-day
Session

<i>Girls Event #</i>	<i>Event</i>	<i>Boys Event #</i>
81	13-14 200 Free	82
83	13-12 50 Breast	84
85	13-14 100 Fly	86
87	13-14 50 Free	88
89	13-14 200 Breast	90
91	13-14 100 Back	92
93	13-14 Mixed 200 Fly	94

- *400 IM, 500 Free, and the 1000 Free Require Positive Check In / Circle in 45 minutes before the session starts. Swimmers must provide their own timers and lap counters.

ENTRY VERIFICATION

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry forms or entry disk are currently registered with USA Swimming. Additionally, I verify that the on-deck coaches have met the current certification requirements.

Signature

Title

Date

SAFETY GUIDELINES AND WARM-UP PROCEDURES

APPENDIX G

WARM-UP PROCEDURES

- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all the coaches in a particular lane.)
 - 1. **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2. **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all the coaches in a particular lane.)
 - 1. **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2. Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All swimmers without a registered coach to observe them at the meet, and/or their coaches, should arrange, prior to their arrival at the meet, for a registered coach to observe them during the warm-up, competition and warm-down. Any unattached or unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director, Safety Marshal or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3. Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4. Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
 - 5. Registered coaches of unattached swimmers and registered coaches of non-Gulf teams should notify the meet host by the entry deadline if they will be at the meet, so that they may be assigned to a warm-up lane.
- C. Safety Marshals
 - 1. Appointed Safety Marshals are members of USA Swimming and have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1. Swimmers should be reminded by coaches that breaststrokes need more lead time than freestyle or butterfly swimmers.
 - 2. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a back stroker is waiting to start.
 - 3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6. All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1. Smoking/Vaping or use of other tobacco products is not allowed on the grounds of USA Swimming meets.
 - 2. Glass containers are prohibited.
 - 3. Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the announcement.

Map Information

[Klein High School Natatorium.](#)

16715 Stuebner Airline
Klein, Texas 77379

