

GOOD TO KNOW

Glo2Facial Pre & Post Treatment Care

A little preparation before your visit, and the right routine after it, make a real difference in your results. These guidelines are specific to your Glo2Facial — if you're also booked for another treatment, check that sheet too.

01 Before Your Treatment

- Stop retinoids, AHAs/BHAs, benzoyl peroxide, and scrubs **3–5 days before** your appointment
- Avoid waxing, peels, microneedling, and laser on the face for **1–2 weeks before** your appointment
- Avoid sun exposure, tanning, and self tanner — skin should not be sunburned or irritated
- Tell your esthetician if you are **pregnant or nursing**
- Arrive with a clean face, if possible

02 After Your Treatment

- Mild pinkness, warmth, or a flushed look is normal and usually fades within a few hours to a day
- Skip makeup for at least **6 hours** — overnight is even better
- Apply **SPF 30+** every morning and avoid direct sun
- Call or text me if you have any unusual reaction
- Return to your regular skincare regimen the next day unless directed by your esthetician

Questions before or after your visit? Reach out any time — jenni@hansesthetics.com. I'd rather hear from you than have you guess.