

Parish of St Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia



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Newsletter

Weekend 30th – 31st May
Holy Trinity Sunday

Today's Mass

The Mass readings and prayers for the Feast of the Holy Trinity are on page 81 of the Parish Mass Book.

Trinity Sunday

The Church celebrates the mystery of the Most Holy Trinity each year on the Sunday following Pentecost. The Trinity is one of the most fundamental beliefs of the Church and so it is fitting that we dedicate a particular Sunday to that mystery.

Celebrating Trinity Sunday allows the Church to further reflect on the mystery of God after receiving the gift of the Holy Spirit. This helps us to see the connection that if we truly want to understand the Trinity, we need to have the gift of the Holy Spirit. We can never fully understand who God is on our own and desperately need his guidance and inspiration.

The Catechism of the Catholic Church teaches:

The mystery of the Most Holy Trinity is the central mystery of Christian faith and life. It is the mystery of God in Himself. It is therefore the source of all the other mysteries of faith, the light that enlightens them. It is the most fundamental and essential teaching in the "hierarchy of the truths of faith." The whole history of salvation is identical with the history of the way and the means by which the one true God, Father, Son and Holy Spirit, reveals Himself to men "and reconciles and unites with Himself those who turn away from sin. (Paragraph 234)

So, we gather together today to celebrate the central mystery of God, one and three, eternally united in trinity. May the Holy Trinity dwell in the hearts of each one of us who come to God in faith and draw us ever closer into the mystery of God's eternal love.

Yr Offeren yn Gymraeg

Heddiw bydd y gymuned Gymraeg yn dathlu Offeren yn Gymraeg am 4.30pm. Today, we welcome the Welsh language community who will be celebrating Mass in Welsh at 4.30pm. Croeso!

Farewell to Craig

Following a meeting with the Archdiocesan Vocations Director this week, Craig has decided not to pursue a priestly vocation at this time. Craig left us on Thursday morning and is taking some time to reflect on his next steps. We offer him our prayers and good wishes for the future.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

Walk and Talk

The Walk and Talk group continues its weekly walks on Wednesday evenings at 6pm, weather permitting, at the car park of the Lisvane and Llanishen Reservoirs.

Adoration and Exposition – Friday

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to midday at St. Teilo's on Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

Parish Physical Activity Programme

The indoor physical activity takes place this Friday in the Hall at St. Teilo's from 1.30pm to 2.30pm.

First Saturday Devotions to the Immaculate Heart of Mary

Saturday, June 6th, is the first Saturday of June. We will therefore celebrate the First Saturday devotions after the 10am Mass. There will be Adoration of the Blessed Sacrament during the devotions and confessions will be available. Why not come along to respond to Our Lady's call to pray for the world?

St. Teilo's Friends of Divine Mercy Prayer Group – Saturday, June 6th

St. Teilo's Friends of Divine Mercy Prayer Group meets on Saturday, June 6th at 2.30pm in the Parish Hall. Everyone is welcome to come along to pray for the parish and the intentions of the parishioners.

Extraordinary Ministers of Holy Communion

Those Extraordinary Ministers of Holy Communion who were not available to renew their ministerial vows on Maundy Thursday will be able to do so at the 10am Mass next Sunday, the Solemnity of Corpus Christi. We will also institute a new Extraordinary Minister at this Mass.

Corpus Christi Procession

On Sunday, June 7th a Corpus Christi Procession will make its way through the streets of Cardiff. The Procession will start at 3:00pm from Nazareth House (please arrive by 2:30pm), moving along Colum Road and Park Place, past the Museum and City Hall, through the underpass and on to Greyfriars. It will then head down Park Place and along Queen Street before finishing at St. David's Metropolitan Cathedral in Charles Street. Refreshments will be available afterwards.

Chapter of Canons: Installation Mass

Canon John's swearing in as the new Provost of the Chapter and the installation of Canons-elect Tim McGrath, Cyril Thadathil and Michael Doyle will take place on Wednesday, June 10th at 11:00am in St. David's Cathedral, Cardiff. All are welcome to join the celebration of the Chapter Mass by Canon John in the presence of the Archbishop and the rest of the Chapter of Canons.

Room for Rent Sought

One of our parishioners who is an overseas student (Grace), is seeing the end of her tenancy in halls very soon. She is now urgently seeking a furnished single bedroom with a private bathroom shared kitchen and communal space in the Cardiff areas of either Llandaff, Whitchurch, or Rhiwbina. It would help her if links to public transport are close. If anybody can help or offer any information on accommodation please contact: 07747 562847

Archdiocesan Summer Camp for Young People

The annual Summer Camp for Young People (School years 9 to 13) is taking place between August, 5th to 9th at St. David's Bunk Barns, St. David's, Pembrokeshire. The cost is £300 with travel and meals included. The deadline for registration and payment is June 8th. To register or for more information, email Fr. Matt at youth@cardiffmenevia.org

WeBelieve - Festival of Catholic Life

The WeBelieve Festival brings the Church together in England and Wales. It is an unmissable opportunity to discover the traditions and charisms that flow through the Church, to experience the joy of community, and to encounter personally the Lord Jesus, our salvation. The Festival takes place at St. Mary's College, Oscott, Birmingham from Friday to Monday July 24th to 27th. If you are interested in attending, you can find more information and book tickets at <https://www.webeliefefestival.com/>

Contemplative Spirituality Summit

The Centre for Applied Carmelite Spirituality at the Carmelite Priory, Oxford to mark the 300th anniversary of the canonisation of Saint John of the Cross and the 100th anniversary of his proclamation as Doctor of the Church, is offering a two day Spirituality summit on the theme of "Contemplative Creativity and Human Flourishing" on July 10th and 11th. The event can be attended in person at the Carmelite Priory, Chilswell Lane, Boars Hill, Oxford or online.

Why not come and join thirteen international speakers, including Cardinal Anders Arborelius OCD, Dr. Susan Muto, and Fr. Iain Matthew OCD, for a two-day exploration of how contemplative wisdom can renew creativity and restore the human spirit. For more information and to register, visit: [https://www.carmelite.uk.net/spirituality-summit-2026%20\(1\).html](https://www.carmelite.uk.net/spirituality-summit-2026%20(1).html)

Birmingham Catholic Charismatic Renewal Conference

The Birmingham Catholic Charismatic Renewal Conference takes place from August 10th to 14th in Solihull. Centred on the theme "Return. Receive. Rejoice.", the conference offers five days of worship, teaching, healing and renewal in the Holy Spirit.

Speakers include Deacon Larry and Andi Oney, Terry Quinn, and Ros Powell, with Bishop Timothy Menezes celebrating the Opening Mass and Fr. Eamonn Corduff leading the Healing Service and Closing Mass.

All are invited to join this Spirit-filled gathering for inspiration, deeper faith and renewal. This five-day gathering is more than a conference - it is an opportunity to: Experience vibrant, Spirit-led worship; Receive life-giving teaching rooted in Scripture; Encounter God's healing and renewal; Deepen your faith and relationship with the Holy Spirit and Be inspired and equipped for mission

Join Catholics from across the UK and beyond for a truly Spirit-filled event that will renew hearts, strengthen faith, and ignite purpose. For more information or to book a place at the conference please visit: <https://www.birminghamdiocese.org.uk/Event/birmingham-catholic-charismatic-renewal-conference-2026>

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Charlotte Daley, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Roger Goode, Mary Goodman, Paul Gough, David Griffiths, Kath Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oise Kite, Eileen Lawrence, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Pat Stenson, Bethan Thompson, Keith and Gwen Waddams, Madeleine Walters, Josie Wellington and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for those who have died recently, especially Hilary Tracey, a long-standing parishioner of St. Teilo's and Canon Jason Jones, Parish Priest of Sacred Heart Church, Morrison, Swansea. Canon Jones' Funeral Mass will take place on Friday, June 5th at 11am at St Joseph's Co-Cathedral, Swansea, it will be celebrated by Archbishop Mark O'Toole. Mrs. Tracey's Funeral Mass will take place at St. Teilo's on Wednesday, June 17th at 11am followed by interment at Cathays Cemetery at 12.30pm.

Please also pray for those whose anniversaries occur at this time: Alice Clarkson, Agnes Lenehan, Catherine Saunders, Bridget O'Conner, Sally Andrews, Patrick McCarthy, John Massey, John Cotter, Edward Singleton, Katrina Moggridge, James McCarthy, Elizabeth Carne, Baby Codi Yaxley, Mark Canning, Nora Conroy, Gretta Delaney-Carass, Elizabeth Wheatley, Ellen Pudney, Dorothy Fagan, Sarah Andrews, Jean Brown, Carol Pearce, Thomas O'Leary, Gemma Harney, Patrick Dunne, Joan Lane, Margaret Robjohn, Bridget Murphy, Albert Siffall, Bill McCarthy, Raymond John, Robert Clarkson, Henry Anderson, Mary Mahoney, Marguerite Sullivan, Patricia O'Shea and Ray Phipps.

Mass Times and Intentions: 30th May to 7th June			
Saturday 30 th May Trinity Sunday	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 31 st May Trinity Sunday	St. Teilo's	10.00am	Mass – Mairead Sutherland – RIP (FS-P)
	St. Teilo's	4.30pm	Yr Offeren yn Gymraeg – Mass in Welsh
	St. Teilo's	6.00pm	Mass – Reginald James Hill – RIP (MH)
Monday 1 st June St. Justin, Martyr	No Mass today		
Tuesday 2 nd June Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Thanksgiving for Daniella (SWM)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 3 rd June St. Charles Lwanga and his Companions, Martyrs	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Private Intention (PP)
Thursday 4 th June Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Patrick Gallagher – Anniversary (JG)
Friday 5 th June St. Boniface, Bishop and Martyr	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Beryl & Percy Harris – RIP
	St. Teilo's	10.30am -12.00pm	Exposition and Adoration of the Blessed Sacrament
Saturday 6 th June Our Lady's Saturday	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Thanksgiving for 50 years of priesthood for Fr. S Jaynathan (SWM)
	St. Teilo's	11.30am	Marriage Service – Sian Powell and Siôn Llewellyn
Saturday 6 th June The Most Holy Body and Blood of Christ – Solemnity	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 7 th June The Most Holy Body and Blood of Christ – Solemnity	St. Teilo's	10.00am	Mass – Thomas O'Leary – RIP (DO'L)
	St. Teilo's	6.00pm	Mass – Ivan D'sa – RIP (CD)

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Donations to the Parish

Donations to the parish for the last weekend amounted to £693.49. Many thanks to all our parishioners for your ongoing generosity to the parish.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Mass Attendance

Mass attendance for the last weekend was as follows:

24 th May	6pm	53
	10am	155
	6pm	56