



Parish Newsletter

Weekend 23rd – 24th May Pentecost Sunday

Today's Mass

The Mass readings and prayers for the Vigil Mass of Pentecost at Our Lady of Lourdes, are on page 278 of the Parish Mass Book. The Mass of the Feast of Pentecost itself are on page 288 of the Parish Mass Book.

Pentecost Sunday

Today we celebrate Pentecost Sunday, the day on which the Holy Spirit inspired the Apostles to go out and proclaim the Good News of Jesus Christ. The Holy Spirit is still with the Church and He inspires each one of us anew today, to proclaim the message of Jesus to a world that needs His presence and His love.

Weekday Mass and Morning Prayer

From Monday we return to the liturgy of 'Ordinary Time' in the Church's year. For those with their own weekday missals, you will need to find the prayers and readings for Week 8 of Ordinary Time. The weekday readings are from Year 2 of the two-year weekly cycle. It will be week four of the four-week cycle of psalms at Morning Prayer.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

Walk and Talk

The Walk and Talk group continues its weekly walks on Wednesday evenings at 6pm. This week the walkers will meet, weather permitting, at the car park of the Lisvane and Llanishen Reservoirs. All are welcome to come along, both regulars and any new walkers, to join the group as it begins its walks again.

At a Loss Café

At a Loss Café is now taking a break for a short while. There will be no meeting this week. Please keep an eye on the newsletter for the details of when the group resumes.

Knit and Natter

The Parish Knit and Natter group will meet in St. Teilo's Hall on Thursday of this week after 10am Mass.

Adoration and Exposition – Friday

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to midday at St. Teilo's on Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

Parish Physical Activity Programme

The indoor physical activity takes place this Friday in the Hall at St. Teilo's from 1.30pm to 2.30pm.

Yr Offeren yn Gymraeg

Dydd Sul nesaf bydd y gymuned Gymraeg yn dathlu Offeren yn Gymraeg am 4.30pm. Next Sunday, we welcome the Welsh language community who will be celebrating Mass in Welsh at 4.30pm. Croeso!

Donations for the homeless people of the City

One of our parishioners, along with a group of likeminded people, has begun to provide food for the young, and not so young, men and women who are homeless and live on the streets of Cardiff City Centre. To support this work the team are in need of food supplies and clothing. Boxer shorts (around 32") and socks are in great demand. There is also a need for hats, gloves and jackets. Those concerned are also in need of jeans or trousers (also 32" waists). Please note that the young people are medium size at most. Please do not donate large clothes items. Pre-used items are welcome. Sleeping bags and haversacks are also very welcome. The team also needs Energy Drinks, supplement drinks (like Ensure, Complian, and Fortisip), fizzy drinks, chocolate bars, crisps, sweets and cakes. If you are able to help by donating any of these items, please drop them at the back of either Church.

Room for Rent Sought

One of our parishioner's who is an overseas student (Grace), is seeing the end of her tenancy in halls very soon. She is now urgently seeking a furnished single bedroom with a private bathroom shared kitchen and communal space in the Cardiff areas of either Llandaff, Whitchurch, or Rhiwbina. It would help her if links to public transport are close. If anybody can help or offer any information on accommodation please contact: 07747 562847

Youth Pilgrimage to the Welsh National Shrine of Our Lady

On Saturday, May 30th there will be a Pilgrimage for young people in Years 8 to 13 to Our Lady of the Taper, Cardigan - the Welsh National Shrine of Our Lady. There will be transport available. If you are interested in attending and want to book a place, please email: youth@cardiffmenevia.org or ring 029 2037 9490.

Archdiocesan Summer Camp for Young People

The annual Summer Camp for Young People (School years 9 to 13) is taking place between August, 5th to 9th at St. David's Bunk Barns, St. David's Pembrokeshire. The cost is £300 with travel and meals included. The deadline for registration and payment is June 8th. To register or for more information email Fr. Matt at youth@cardiffmenevia.org

Chapter of Canons: Installation Mass

Canon John's swearing in as the new Provost of the Chapter and the installation of Canons-elect Tim McGrath, Cyril Thadathil and Michael Doyle will take place on Wednesday, June 10th at 11:00am in St. David's Cathedral, Cardiff. All are welcome to join the celebration of the Capitular Mass (Chapter Mass) by Canon John in the presence of the Archbishop and the rest of the Chapter of Canons.

WeBelieve - Festival of Catholic Life

The WeBelieve Festival brings the Church together in England and Wales. It is an unmissable opportunity to discover the traditions and charisms that flow through the Church, to experience the joy of community, and to encounter personally the Lord Jesus, our salvation. Speakers include Archbishop John Wilson and priests and religious from various orders and congregations. The Festival takes place at St. Mary's College, Oscott, Birmingham from Friday, July 24th to Monday, July 27th. If you are interested in attending, you can find more information and book tickets at <https://www.webeliefefestival.com/>

Stay Connected with the Archdiocese

The Archdiocese of Cardiff-Menevia produces a free monthly newsletter, bringing you news, events, and reflections from across our Catholic community - as well as a foreword from within our religious community and links to talks and videos to nourish your faith.

Signing up is free and takes just a moment by visiting: <https://rcadc.org/newsletter>

Contemplative Spirituality Summit

The Centre for Applied Carmelite Spirituality at the Carmelite Priory, Oxford to mark the 300th anniversary of the canonisation of Saint John of the Cross and the 100th anniversary of his proclamation as Doctor of the Church, is offering a two day Spirituality summit on the theme of "Contemplative Creativity and Human Flourishing" on July 10th and 11th. The event can be attended in person at the Carmelite Priory, Chilswell Lane, Boars Hill, Oxford or online.

Why not come and join thirteen international speakers, including Cardinal Anders Arborelius OCD, Dr. Susan Muto, and Fr. Iain Matthew OCD, for a two-day exploration of how contemplative wisdom can renew creativity and restore the human spirit. For more information and to register, visit: [https://www.carmelite.uk.net/spirituality-summit-2026%20\(1\).html](https://www.carmelite.uk.net/spirituality-summit-2026%20(1).html)

Birmingham Catholic Charismatic Renewal Conference

The Birmingham Catholic Charismatic Renewal Conference takes place from August 10th to 14th in Solihull. Centred on the theme "Return. Receive. Rejoice.", the conference offers five days of worship, teaching, healing and renewal in the Holy Spirit.

Speakers include Deacon Larry and Andi Oney, Terry Quinn, and Ros Powell, with Bishop Timothy Menezes celebrating the Opening Mass and Fr. Eamonn Corduff leading the Healing Service and Closing Mass.

All are invited to join this Spirit-filled gathering for inspiration, deeper faith and renewal. This five-day gathering is more than a conference - it is an opportunity to: Experience vibrant, Spirit-led worship; Receive life-giving teaching rooted in Scripture; Encounter God's healing and renewal; Deepen your faith and relationship with the Holy Spirit and Be inspired and equipped for mission

Join Catholics from across the UK and beyond for a truly Spirit-filled event that will renew hearts, strengthen faith, and ignite purpose. For more information or to book a place at the conference please visit: <https://www.birminghamdiocese.org.uk/Event/birmingham-catholic-charismatic-renewal-conference-2026>

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, Carole Burns, John Costley, David Cuddihy, Charlotte Daley, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Roger Goode, Mary Goodman, Paul Gough, David Griffiths, Kath Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oiwe Kite, Eileen Lawrence, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Pat Stenson, Bethan Thompson, Keith and Gwen Waddams, Madeleine Walters, Josie Wellington and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for those who have died recently Hilary Tracey, a long standing parishoners of St. Teilo's and Canon Jason Jones, Parish Priest of Sacred Heart Church, Morrison, Swansea, both of whom died during the week.

Please also pray for those whose anniversaries occur at this time: Canon Nicholas Jenkins, Father Charles Wall, Father Jean Jacques Pochard, Martha O'Brien, Kenneth Higgins, John Tucker, Ellen Beardsall, Winifred Osborne, Margaret Bryan, Ann Aherne, Albert Tarr, Edith Trott, Elizabeth Chidlow, Elizabeth Mascetti, Vincent Burfitt, Daniel Drake, Trevor Caley, Mario Decaro, Margaret O'Brien, Clemencia Byrne, Sylvia James, Henry Robertson, Gwendoline Rogers, Nancy Hughes, Mary O'Neill, Donald Carne, Elizabeth Collins, Ava Maria Vaughan (Baby), Florence Robinson, Elizabeth Perry, David A'Herne, Margery Arnold, lolanda Hodkinson and Mary Hourihan.

Mass Times and Intentions: 16th to 24th May			
Saturday 23 rd May The Vigil of Pentecost	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 24 th May Pentecost Sunday	St. Teilo's	10.00am	Mass – Mary Allen – RIP (HT)
	St. Teilo's	6.00pm	Mass – Special Intention
Monday 25 th May Mary, Mother of the Church	No Mass today		
Tuesday 26 th May St. Philip Neri, Priest	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Josefa Suarez – RIP (JRS)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 27 th May Weekday in Ordinary Time	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass –
Thursday 28 th May Our Lord Jesus Christ the Eternal High Priest	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Kitty Maurice – RIP (P&CS)
Friday 29 th May Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Wellbeing of Anne Willis and Family (CH)
	St. Teilo's	10.30am -12.00pm	Exposition and Adoration of the Blessed Sacrament
Saturday 30 th May Our Lady's Saturday	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Mac Donald – RIP (MG)
Saturday 30 th May Trinity Sunday	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 31 st May Trinity Sunday	St. Teilo's	10.00am	Mass – Mairead Sutherland – RIP (FS- P)
	St. Teilo's	4.30pm	Yr Offeren yn Gymraeg – Mass in Welsh
	St. Teilo's	6.00pm	Mass – Reginald James Hill – RIP (MH)

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Donations to the Parish

Donations to the parish for the last weekend amounted to £682.63. The World Communications Sunday collection amounted to £219.47. Many thanks to all our parishioners for your ongoing generosity to the parish and the wider church.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Mass Attendance

Mass attendance for the last weekend was as follows:

17 th May	6pm	51
	10am	144
	6pm	79