



Parish Newsletter

Weekend 2nd – 3rd May Fifth Sunday of Easter

Today's Mass

The Mass readings and prayers for the Fifth Sunday of Easter are on page 265 of the Parish Mass Book.

National Day of Prayer for Survivors of Abuse

The National Day of Prayer for Survivors of Abuse takes place every year on the Fifth Tuesday of Easter. In 2026, the day is marked on Tuesday, May 5th.

Jesus said, *"I came that they may have life and have it abundantly."* (John 10:10). The theme for this year's Day of Prayer for Survivors of Abuse looks at the scourge of domestic abuse which causes pain and fear that prevent its victims from living the life Jesus came to bring. Immediately before the much-loved part of this verse from the Gospel of John, we hear Jesus's words: "The thief comes only to steal and kill and destroy." This is how abuse feels to those who experience it – their dignity and value as a unique child of God is stripped away and destroyed. The physical danger domestic abuse presents to life is clear. A woman is murdered by a partner or ex-partner every five days in the UK. Between three and 10 women die by suicide each week due to domestic abuse. Abusers can also perpetrate spiritual and coercive abuse, disrupting their victims' relationships with God and the Church. This can lead victims – adults and children – to feel guilt and shame that push them away from the support that the Church has to offer. At its best, the Church can – and should – be a safe haven where support is available for victims and survivors so that they can live life without fear and begin to experience the life in abundance Jesus came to bring. This hope is what we pray for this year.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

At a Loss Café

Our Parish Loss and Bereavement Café is open to anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesday from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

Annual Torchlight Procession in Honour of Our Lady – Belmont Abbey

The Annual Torchlight Procession in Honour of Our Lady takes place at Belmont Abbey at 9pm on Wednesday, this week. The preacher will be Fr. John George OSB. There will be recitation of the Holy Rosary and hymns around the Abbey Gardens. Hot and Cold Refreshments will be available to purchase in the Chapterhouse from 6.00pm

RCIA – Rite of Christian Initiation of Adults

The Parish Rite of Christian Initiation of Adults (RCIA) programme continues on Wednesday at 6pm. This is the period of Mystoglia, where those who joined the Church at Easter deepen their understanding of the mysteries of faith.

Walk and Talk

The Walk and Talk group continues its weekly walks on Wednesday evenings at 6pm. This week the walkers will meet at the car park of the Lisvane and Llanishen Reservoirs. All are welcome to come along, both regulars and any new walkers, to join the group as it begins its walks again.

Adoration and Exposition – Friday

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to midday at St. Teilo's on Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

Parish Physical Activity Programme

The indoor physical activity takes place this Friday in the Hall at St. Teilo's from 1.30pm to 2.30pm.

Parish Craft Session – Next Saturday

This month's craft session takes place in the Parish Hall at St. Teilo's next Saturday, May 9th after Mass, from 10.45am - 12.30pm. The session is suitable for absolute beginners to experts. This month we are focussed on crafting Colourful Bookmarks. The session is free. Hope to see you there! Any enquiries please contact simplycraft@btinternet.com or speak to Erica.

St. Teilo's Friends of Divine Mercy Prayer Group – Saturday, May 10th

St. Teilo's Friends of Divine Mercy Prayer Group meets on Saturday, May 9th at 2.30pm in the Parish Hall. Everyone is welcome to come along to pray for the parish and the intentions of the parishioners.

Clothes donations for the SVP

The Parish St. Vincent De Paul (SVP) Conference undertakes a monthly collection of clothing for the SVP Charity Shop. Clean, good quality clothing, books and toys are welcome. Donations may be left outside the confessionals at the rear of St. Teilo's next weekend, May 10th, and on the weekend of the Second Sunday of each month. Please ensure that donations are brought to the Church only on the specified Sundays, as we do not want the Church to become cluttered during the week.

Thank you from the parish SVP

First Holy Communion

The children of the parish will be making their First Holy Communion next Sunday, May 10th at the 10am Mass. Please keep these young people in your prayers as they prepare to receive the Lord in the Blessed Sacrament for the first time. The children's names are Clara, Finn, Luca, Mafalda, Max, Oliver and Rodrigo. Please also pray for Rudy, from our parish, who will be making his First Communion with his class at Christ the King.

Refreshments after Mass – Next Sunday



Refreshments will be served in the Hall at St. Teilo's after the 10am First Holy Communion Mass next Sunday. All those attending are welcome to come along and celebrate with the young people and their families.

Baptism Preparation Course

The next Baptism Preparation Course takes place in St. Teilo's Parish Hall on Monday, May 11th and completes on Monday, May 18th at 7pm. Both sessions will last around an hour. All those who wish to have their child baptised need to attend the course before the Baptism. For further information and to book a place, please contact Cathy and Mel on catherinehopkins45@gmail.com

St. Teilo's Centenary Celebrations

To complete the year of celebrations for the centenary anniversary of St. Teilo's Church, Canon John will offer Mass in Celebration for 100 years of Worship at St. Teilo's at 10am on Sunday, May 17th. Light refreshments will follow Mass in St. Teilo's Hall. All parishioners are welcome to come along and celebrate the end of our centenary year.

Welsh National Pilgrimage to the Shrine of Our Lady of the Taper, Cardigan

The annual Welsh National Pilgrimage to the Shrine of Our Lady of the Taper, Cardigan, led by Rt. Rev. Peter Brignall – Bishop of Wrexham, takes place on Sunday, May 17th from 1.30pm to 5.45pm. The event begins at 1.30pm with confessions, at 2.30pm the Rosary Procession takes place. At 3.00pm The Celebration of Mass and at 5.15pm there will be Benediction and the Blessing of the Sick. For further information, please contact Canon Pius Augustine by email at cardigan@cardiffmenevia.org or by phone on 01239 612615

Youth Pilgrimage to the Welsh National Shrine of Our Lady

On Saturday, May 30th there will be a Pilgrimage for young people in Years 8 to 13 to Our Lady of the Taper, Cardigan - the Welsh National Shrine of Our Lady. There will be transport available.

If you are interested in attending and want to book a place please email: youth@cardiffmenevia.org or ring 029 2037 9490.

Welsh National Pilgrimage to Lourdes

This year the Welsh National Pilgrimage to Lourdes is taking place in July from Monday, July 20th to Friday, July 24th. There will be a full religious programme. Flights and transfers in France, full board in a Four-Star Hotel, as well as insurance and Lourdes Levies are included in the pilgrimage package. Apply and Book Now!

Bookings can be made at www.tangney-tours.com/tours-and-pilgrimages/diocese-welsh/. If you have any queries about the pilgrimage, please email: welshnationalpilgrimage@gmail.com

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Charlotte Daley, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Roger Goode, Mary Goodman, Paul Gough, David Griffiths, Kath Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oive Kite, Eileen Lawrence, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters, Josie Wellington and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for those who have died recently especially Jean Brad, aunt of our parishioner Jodie Callaghan, who died on Wednesday.

Please also pray for those whose anniversaries occur at this time: Bishop Mark Jabalé OBE, Canon Francis O'Donnell, Father David Crowley, Father Eric Wastall, Emily Wells, Jessie Carton, Margaret Panayi, Bernard Griffiths, Mary Reynolds, Mervyn Cole, Salvatore Cushieri, Joseph St. Cassan, Teresa Gillard, Terence Full, Pauline McKendrick, Brian Crothers, Gregory Hoyle, Neil Deacy, Harriet Worthington, Mary Brown, Phillis Corrigan, Anne Print, Mary Fegan, Richard McCarthy, Henry Ball, Ann Haynes, Dennis Griffiths, John Thomas, Christine Weekley, Bnenislava Pruul, Frederick Jonker, May Kerman, Alan McLean, Mary Newman, Evelyn Williams, Catherine Barry, Michael Burrows, John Daly, Bernadette Delaney, Geraldine Fitzgerald and Bridget Wynne-Farrell.

Mass Times and Intentions: 2nd to 10th May			
Saturday 2 nd May Fifth Sunday of Easter	Our Lady of Lourdes	6.00pm	Mass – Heather Skinner and Antonia Collins – RIP
Sunday 3 rd May Fifth Sunday of Easter	St. Teilo's	10.00am	Mass – Wellbeing of Bill and Barbara Hulme (NW)
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 4 th May Weekday of Easter	No Mass today		
Tuesday 5 th May St. Asaph, Bishop	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Paolo Trisolini – RIP (SE)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 6 th May Weekday of Easter	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Frank O'Donnell – RIP (GM&CO'D)
Thursday 7 th May Weekday of Easter	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Roger Thomas – Anniversary (PT)
Friday 8 th May Weekday of Easter	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – George Allen – RIP (HT)
	St. Teilo's	10.30am -12.00pm	Exposition and Adoration of the Blessed Sacrament
Saturday 9 th May Weekday of Easter	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – John and Carol Gallagher – Wedding Anniversary (JG)
Saturday 9 th May Sixth Sunday of Easter	Our Lady of Lourdes	6.00pm	Mass – Holy Souls
Sunday 10 th May Sixth Sunday of Easter	St. Teilo's	10.00am	Mass – The wellbeing of Mary Legge (L&CJ)
	St. Teilo's	6.00pm	Mass – For the People of the Parish

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Donations to the Parish

Donations to the parish for the last weekend amounted to £766.21. The Priests' Training Fund collection amounted to £1,143.02. Many thanks to all our parishioners for your ongoing generosity to the parish and wider Church.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Mass Attendance

Mass attendance for the last weekend was as follows:

26 th April	6pm	55
	10am	162
	6pm	85