



Weekend 7th and 8th March 2026 Third Sunday of Lent

Today's Mass

The Mass readings and prayers for the Third Sunday of Lent are on page 158 of the Parish Mass Book.

Reaching Out Project Easter egg appeal



We would like to give the children we support through the Reaching Out project an Easter egg again this year. We are asking for small/medium sized eggs to be donated in the next couple of weeks. If you are able to donate, please leave the Easter eggs at the back of both churches, preferably by **15th March**, but no later than **22nd March**.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life. Feel free to come for all or part of the hour to pray for the Church in its need for faithful ministers to continue the Mission of Jesus.

Funeral of Keith Burleton

The Funeral Mass of Keith Burleton will take place at St. Teilo's at 10am on Wednesday. All are welcome to attend to pray for the repose of the soul of our dear friend Keith.

No Mass, Stations or Coffee and Tea at Our Lady of Lourdes on Wednesday

Due to the Funeral Mass for Keith Burleton there will be no Mass, Stations or Coffee and Tea at Our Lady of Lourdes on Wednesday.

At a Loss Café

The Parish Loss and Bereavement Café takes place on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesdays from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

RCIA – Rite of Christian Initiation of Adults

The Parish Rite of Christian Initiation of Adults (RCIA) programme will take place on Wednesday.

Parish Lenten Sessions – Wednesdays 7pm

The Parish Lenten Sessions continue on Wednesday at 7pm in St. Teilo's Hall. The sessions will run during the weeks of Lent. The theme this year, based on the recent Pastoral Letter by Archbishop Mark, is the Foundation and Four Pillars of the Archdiocesan Vision.

Stations of the Cross

During Lent we will celebrate the Stations of the Cross each week.

- Stations will take place after the 10am Mass at St. Teilo's during Adoration on Friday.

Adoration and Exposition – St. Teilo's

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to 11.30am at St. Teilo's this Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

Parish Keep Fit Programme

The Keep Fit programme takes place this Friday in the Hall at St. Teilo's from 1.30pm and 2.30pm.

Parish Craft Session – Next Saturday

This month's craft session takes place in the Parish Hall at St. Teilo's next Saturday, March 14th after Mass, from 10.45am - 12.30pm. The session is suitable for absolute beginners to experts. The session is free. Hope to see you there!

Any enquiries please contact simplycraft@btinternet.com or speak to Erica.

St. Teilo's Friends of Divine Mercy Prayer Group – Saturday, March 14th

St. Teilo's Friends of Divine Mercy Prayer Group meets on Saturday, March 14th at 2.30pm in the Parish Hall. Everyone is welcome to come along to pray for the parish and the intentions of the parishioners.

Collection for Easter Flowers

Next Sunday at the end of all Masses, there will be a retiring collection to pay for the Church Flowers at Easter. Please be generous.

Volunteers for the Easter Triduum

Those who would like to volunteer to take part in the liturgy of the Easter Triduum as Readers, Eucharistic Ministers etc. are asked to sign their names on the list at the back of the Church as soon as possible. Volunteers for the washing of feet on Maundy Thursday evening are also asked to sign on the list at the back of the Church.

Sound of Silence – An Archdiocesan Teenagers Event

The Archdiocesan Youth Team have organised an event for teenagers in Year 8 to Year 13 at Belmont Abbey on March 14th from 11am to 6.30pm, The day will be an experience of monastic life, an opportunity to pray together during Lent, and a chance to get to know other young Catholics. The cost of the day is £15 per person.

If you are interested in attending please register, **before March 8th**, by emailing Fr. Matt Roche-Saunders on youth@cardiffmenevia.org Buses will be provided based on the locations from which people register.

Baptism Preparation Course

The next Baptism Preparation Course takes place at St. Brigid's Church on Saturday, March 21st and completes on Saturday, March 28th at 4pm.

Both sessions will last around an hour. All those who wish to have their child baptised need to attend the course before the Baptism. For further information and to book a place, please contact Cath Wieser on c.wieser@btinternet.com .

Young Adults' Retreat for those from 18 – 30 years old

'Emmaus Encounter', the Archdiocesan ministry to young adults aged 18-30 is offering a residential retreat at Belmont Abbey taking place from March 27th to 29th.

The retreat costs £150 per person, plus a £25 single supplement. The retreat is full board, with a full timetable of activities, including a trip into Hereford on the Saturday to learn about the local martyr St. John Kemble.

To register to attend or to ask any questions, email Fr. Matt Roche-Saunders on youth@cardiffmenevia.org

Church Flowers – St. Teilo's

Anyone interested in helping to do the Flower arrangements at St. Teilo's Church is asked to contact Gail Gerrard on 07765 581206 or speak to Canon John. A regular arranger has recently had to drop out due to ill-health, so we really need someone to take on this role, the more the merrier. You would be part of a rota with at least three others, so would do the flowers at most, once every four weeks. The cost of the flowers can be reclaimed from the parish.

Fundraising for Velindre Cancer Care

Mel Hopkins, a parishioner at St. Teilo's, well known to many in his roles as Reader, Eucharistic Minister, Welcomer and Baptism Catechist, is raising funds for Velindre Cancer Care by walking to the highest peak in the Sierra Nevada mountains in the Granada region of Spain in June. Mel has a just giving page which is <https://www.justgiving.com/page/mel-hopkins-1>. He will be grateful for any support, however large or small.

Did you miss your First Holy Communion?

While the young people are preparing for First Holy Communion, it has become apparent that a number of Mass attendees who were baptised as children but for various reasons missed making their First Holy Communion. It does not matter if you are a teenager or of a more mature age, if you have not made your First Communion, you are welcome to join the preparation sessions which will begin after Easter. If you are interested in taking part in these sessions please speak to Canon John or email whitchurch@cardiff-menevia.org

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Charlotte Daley, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, John Gallagher, Mary Goodman, Paul Gough, David Griffiths, Kath Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oise Kite, Eileen Lawrence, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for the repose of the souls of Thomas Joseph Denham-Jones, husband of Esther; Keith Burleton, a faithful and committed member of the parish; Paddy Barry, a long standing and well-respected member of our community; Yvonne McNiff, the mother of our parishioner Jayne Bolan; Derek Phillips, the brother in law of Pauline Williams; Catherine Langdon, the sister of Collette Hall; Christina Lucas, cousin of Jill Curtis, and Margaret Bright, an active member of the community at Our Lady of Lourdes for many years, who has lived more recently in Caerphilly, all of whom have died recently.

Mrs. Bright's Funeral Mass will take place at St. Helen's, Caerphilly at 11am on Monday, March 9th, Mrs. Langdon's Funeral Mass will take place at St. Peter's Church, Roath at 10am on Tuesday, March 10th; Mr. Burleton's Funeral Mass will take place at St. Teilo's at 10am on Wednesday, March 11th; Mr. Denham-Jones' Funeral Mass will take place at St. Teilo's at 11am on Friday, March 20th; and Mr. Barry's Funeral Mass will take place at St. Teilo's at 11am on Tuesday, March 24th. Details of Mr. Denham-Jones' funeral will be announced when available.

Please also pray for those whose anniversaries occur at this time: Father Joseph Geraghy, Father Brendan McNamee, Father Evan Hope, Father Michael Lewis, Lilian Morgan, Philip Walsh, Carole Bricknell, August Purnell, Eleonard Pesticcio, Gertrude Bond, Mary Gullidge, Elizabeth Loveless, Gordon Thomas, Laura Hyde, Honora Campbell, Sylvia Viggers, Mildred Belt, Julia Hardy, Eileen Ikin, Gertrude Howells, Bert Thomas, Florence De Costa, Honora Donovan, Eileen Crockett, Bridget Lewis, Phillip O'Neill, Peter Kirby and Mary McLeod.

Mass Times and Intentions: 7th to 15th of March 2026			
Saturday 7 th of March Third Sunday of Lent	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 8 th of March Third Sunday of Lent	St. Teilo's	10.00am	Mass – David and Helen Purnell – Anniversary
	St. Teilo's	6.00pm	Mass – Helena Massey – RIP (MS)
Monday 9 th of March Weekday of Lent	No Mass Today		
Tuesday 10 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Carol O'Keefe – Recently Deceased
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 11 th of March Weekday of Lent	St. Teilo's	10.00am	Funeral Mass – Keith Burleton
Thursday 12 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Beryl and Percy Harris – RIP
Friday 13 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Jack Wilshin – RIP (AW)
	St. Teilo's	10.30am	Stations of the Cross
	St. Teilo's	10.30am -11.30pm	Exposition and Adoration of the Blessed Sacrament
Saturday 14 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Derek Phillips – Recently Deceased (PW)
Saturday 14 th of March Fourth Sunday of Lent	Our Lady of Lourdes	6.00pm	Mass – Keith & Yvonne Burleton – RIP
Sunday 15 th of March Fourth Sunday of Lent	St. Teilo's	10.00am	Mass – Bernard McLoughlin RIP (DO'L)
	St. Teilo's	6.00pm	Mass – For the People of the Parish

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Donations to the Parish

Donations to the parish for the last weekend amounted to £650.34. Donations for the CAFOD Family Fast Day amounted to £1,021.66. Many thanks to all our parishioners for your ongoing generosity to the parish and the wider work of the church.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Mass Attendance

Mass attendance for the last weekend was as follows:

1 st March	6pm	55
	10am	123
	6pm	94