



Weekend 28th February and 1st March 2026 Second Sunday of Lent

Today's Mass

The Mass readings and prayers for the Second Sunday of Lent are on page 155 of the Parish Mass Book.

CAFOD – Lent Family Fast Day Collection – Today

A retiring collection will take place at the end of all Masses this weekend for the offerings from your Lenten commitment to CAFOD – at St. Teilo's you will be able to donate to CAFOD using debit or credit card at the electronic donor station – you can also donate by selecting CAFOD at the following website: <https://donate.mydona.com/st-teilo-our-lady-of-lourdes>

St. David's Day

As the Solemnity of St. David, Patron of Wales would normally fall on the Second Sunday of Lent this year, and the celebration of the Sundays of Lent takes precedence over all other celebrations. St. David's Day is transferred to the following day i.e. Monday, March 2nd. There will be Mass at St. Teilo's to celebrate St. David's Day at 10am in English and at 6pm in Welsh.

Dydd Gŵyl Dewi – Yr Offeren yn Gymraeg

Why not come along to celebrate St. David's Day at Mass in Welsh? Mass will be celebrated by Fr. John Patrick Thomas at St. Teilo's on Monday, March 2nd at 6pm. Bilingual booklets will be provided. Croeso cynnes i bawb!

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life. Feel free to come for all or part of the hour to pray for the Church in its need for faithful ministers to continue the Mission of Jesus.

Stations of the Cross

During Lent we will celebrate the Stations of the Cross each week at Our Lady of Lourdes and St. Teilo's.

- Stations will take place at Our Lady of Lourdes after the 10am Mass on Wednesday.
- Stations will take place after the 10am Mass at St. Teilo's during Adoration on Friday.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the Mass and Stations of the Cross on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

At a Loss Café

The Parish Loss and Bereavement Café takes place on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesdays from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

RCIA – Rite of Christian Initiation of Adults

The Parish Rite of Christian Initiation of Adults (RCIA) programme will take place on Wednesday.

Parish Lenten Sessions – Wednesdays 7pm

The Parish Lenten Sessions continue on Wednesday at 7pm in St. Teilo's Hall. The sessions will run during the weeks of Lent. The theme this year, based on the recent Pastoral Letter by Archbishop Mark, is the Foundation and Four Pillars of the Archdiocesan Vision.

Knit and Natter

The Parish Knit and Natter group will meet in St. Teilo's Hall on Thursday following the 10.00am Mass. All are welcome to come along and join in the knitting or the nattering or both!

St. Philip Evans and St. John Lloyd

On Thursday this week, the skulls of the Cardiff Martyrs, St. Philip Evans and St. John Lloyd will be visiting St. David's Cathedral for prayer and veneration from 10:00am - 4:00pm. The times of events are as follows:

10:00am – Relics arrive at the cathedral

11:00am – Holy Mass

1:30pm – Prayer service with members of the Senedd and the International Prayer Breakfast (all are welcome to join in this prayer)

4:00pm – Relics depart

One of the archivists from Stonyhurst will be present all day with relics on display for private prayer and veneration. All are welcome to attend the Cathedral on this day to honour our local Martyr Saints.

Adoration and Exposition – St. Teilo's

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to 11.30am at St. Teilo's this Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

First Saturday Devotions to the Immaculate Heart of Mary

Saturday, March 7th, is the first Saturday of February. We will therefore celebrate the First Saturday devotions after the 10am Mass. There will be Adoration of the Blessed Sacrament during the devotions and confessions will be available. Why not come along to respond to Our Lady's call to pray for the world?

Lenten Day of Recollection – Belmont Abbey

The Sovereign Military Hospitaller Order of St John of Jerusalem of Rhodes and of Malta offer an open invitation to a day of recollection at Belmont Abbey on Saturday, March 7th from 10am to 4pm. The day will be led by Rev Dom Alexander Kenyon, the Prior of Belmont. Please contact Andrew Grant for further information at andrewgrant2026@btinternet.com or 07976 982742

Sound of Silence – An Archdiocesan Teenagers Event

The Archdiocesan Youth Team have organised an event for teenagers in Year 8 to Year 13 at Belmont Abbey on March 14th from 11am to 6.30pm, The day will be an experience of monastic life, an opportunity to pray together during Lent, and a chance to get to know other young Catholics. The cost of the day is £15 per person. If you are interested in attending please register, **before March 8th**, by emailing Fr. Matt Roche-Saunders on youth@cardiffmenevia.org Buses will be provided based on the locations from which people register.

Baptism Preparation Course

The next Baptism Preparation Course takes place at St. Brigid's Church on Saturday, March 21st and completes on Saturday, March 28th at 4pm. Both sessions will last around an hour. All those who wish to have their child baptised need to attend the course before the Baptism. For further information and to book a place, please contact Cath Wieser on c.wieser@btinternet.com .

Young Adults' Retreat for those from 18 – 30 years old

'Emmaus Encounter', the Archdiocesan ministry to young adults aged 18-30 is offering a residential retreat at Belmont Abbey taking place from March 27th to 29th. The retreat costs £150 per person, plus a £25 single supplement. The retreat is full board, with a full timetable of activities, including a trip into Hereford on the Saturday to learn about the local martyr St. John Kemble. To register to attend or to ask any questions, email Fr. Matt Roche-Saunders on youth@cardiffmenevia.org

Church Flowers – St. Teilo's

Anyone interested in helping to do the Flower arrangements at St. Teilo's Church is asked to contact Gail Gerrard on 07765581206 or speak to Canon John. A regular arranger has recently had to drop out due to ill-health, so we really need someone to take on this role, the more the merrier. You would be part of a rota with at least three others, so would do the flowers at most, once every four weeks. The cost of the flowers can be reclaimed from the parish.

Did you miss your First Holy Communion?

While the young people are preparing for First Holy Communion, it has become apparent that a number of Mass attendees who were baptised as children but for various reasons missed making their First Holy Communion. It does not matter if you are a teenager or of a more mature age, if you have not made your First Communion, you are welcome to join the preparation sessions which will begin after Easter. If you are interested in taking part in these sessions please speak to Canon John or email whitchurch@cardiff-menevia.org

Fundraising for Velindre Cancer Care

Mel Hopkins, a parishioner at St. Teilo's, well known to many in his roles as Reader, Eucharistic Minister, Welcomer and Baptism Catechist, is raising funds for Velindre Cancer Care by walking to the highest peak in the Sierra Nevada mountains in the Granada region of Spain in June. Mel has a just giving page which is <https://www.justgiving.com/page/mel-hopkins-1>. He will be grateful for any support, however large or small.

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, John Gallagher, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oise Kite, Eileen Lawrence, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for the repose of the souls of Thomas Joseph Denham-Jones, husband of Esther; Keith Burleton, a faithful and committed member of the parish; Paddy Barry, a long standing and well-respected member of our community; Yvonne McNiff, the mother of our parishioner Jayne Bolan; Derek Phillips, the brother in law of Pauline Williams; Catherine Langdon, the sister of Collette Hall; Christina Lucas, cousin of Jill Curtis, and Margaret Bright, an active member of the community at Our Lady of Lourdes for many years, who has lived more recently in Caerphilly, all of whom have died recently.

Mrs. Bright's Funeral Mass will take place at St. Helen's, Caerphilly at 11am on Monday, March 9th, Mrs. Langdon's Funeral Mass will take place at St. Peter's Church, Roath at 10am on Tuesday, March 10th; Mr. Burleton's Funeral Mass will take place at St. Teilo's at 10am on Wednesday, March 11th and Mr. Barry's Funeral Mass will take place at St. Teilo's at 11am on Tuesday, March 24th. Details of Mr. Denham-Jones' funeral will be announced when available.

Please also pray for those whose anniversaries occur at this time: Canon Thomas Nulty, Father John James Thomas, Margaret Welch, David Jones, Ronald Mitchell, Joyce Brown, Angela Hendy, Mabel Hyde, Maurice Lenehan, Catherine Jenkins, Daisy Hill, John Brennan, John Douglas, Pauline Clifford, Michael Jefferies, Mabel Boland, James Kinsey, Mary Aviles, John Hallett, Susan O'Keefe, Pdraig Bradley, Sheila Thomas, Dina Fantini, Christine Lewis, Margaret Bruton, Sara Davies, Margaret Cross and Helena Evans.

Mass Times and Intentions: 28th February to 8th of March 2026			
Saturday 28 th February Second Sunday of Lent	Our Lady of Lourdes	6.00pm	Mass – Wellbeing of John Walker and James Houghton
Sunday 1 st of March Second Sunday of Lent	St. Teilo's	10.00am	Mass – Josefa Suarez – RIP (JRS)
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 2 nd of March St. David, Bishop, Patron of Wales – Solemnity	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Annie Emmerton - Anniversary
	St. Teilo's	6.00pm	Offeren Dydd Gwyl Dewi – St. David's Day Mass in Welsh
Tuesday 3 rd of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – In thanksgiving for the life of Philip Ilsley – RIP (P&CS)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 4 th of March Weekday of Lent	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Catherine Langdon – RIP (AW & ML)
	Our Lady of Lourdes	10.30am	Stations of the Cross
Thursday 5 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – George Allen – RIP (HT)
Friday 6 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Wellbeing of Ben Hilton and Pam Kent Brown (NW)
	St. Teilo's	10.30am	Stations of the Cross
	St. Teilo's	10.30am -11.30pm	Exposition and Adoration of the Blessed Sacrament
Saturday 7 th of March Weekday of Lent	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Francesca Tallis – RIP (ML)
Saturday 7 th of March Third Sunday of Lent	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 8 th of March Third Sunday of Lent	St. Teilo's	10.00am	Mass – David and Helen Purnell – Anniversary
	St. Teilo's	6.00pm	Mass – Helena Massey – RIP (MS)

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Donations to the Parish

Donations to the parish for the last weekend amounted to £748.49. Many thanks to all our parishioners for your ongoing generosity to the parish.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Mass Attendance

Mass attendance for the last weekend was as follows:

22 nd February	6pm	52
	10am	118
	6pm	80