



Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia

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Parish Newsletter

Weekend 31st January and 1st February 2026 Fourth Sunday of Ordinary Time

Today's Mass

The Mass readings and prayers for the Fourth Sunday of Ordinary Time are on page 130 of the Parish Mass Book.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life. Feel free to come for all or part of the hour to pray for the Church in its need for faithful ministers to continue the Mission of Jesus.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the 10.00am Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

At a Loss Café

The Parish Loss and Bereavement Café takes place on Wednesday and continues for six weeks. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling.

The Café takes place on Wednesdays from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

RCIA – Rite of Christian Initiation of Adults

The Parish Rite of Christian Initiation of Adults (RCIA) programme takes place on Wednesday. The sessions run in the Parish Hall at St. Teilo's on Wednesday evenings at 6pm.

Mass on Thursday

The Parish Mass on Thursday will be at the earlier time of 9am at St. Teilo's. This is to enable the celebration of the Funeral of Mr. John Price.

Funeral Service for John Price

The Funeral Service for Mr. John Price will take place at St. Teilo's at 10am on Thursday. John was a regular attendee at St. Teilo's and Our Lady of Lourdes and will be known to many of the parishioners.

Knit and Natter

The Parish Knit and Natter group will meet in St. Teilo's Hall on Thursday following the 10.00am Funeral Service. All are welcome to come along and join in the knitting or the nattering or both!

Deanery Prayer for Vocations

As part of his remit as Vocations Director, Fr. Matt Roche-Saunders has established Deanery Prayer for Vocations with Adoration and Mass on the first Fridays of the month. In February St. David's (Cardiff) Deanery, is the host deanery. Parishioners from throughout the Deanery are invited to an hour of adoration from 6pm-7pm followed by Mass at 7pm. This first such event in our Deanery is taking place at St. Teilo's this Friday, February 6th. All are welcome to come along for all, or part of the time on this evening.

First Saturday Devotions to the Immaculate Heart of Mary

Saturday, February 7th, is the first Saturday of February. We will therefore celebrate the First Saturday devotions after the 10am Mass. There will be Adoration of the Blessed Sacrament during the devotions and confessions will be available. Why not come along to respond to Our Lady's call to pray for the world as we begin the New Year?

Clothes donations for the SVP

The Parish St. Vincent De Paul (SVP) Conference undertakes a monthly collection of clothing for the SVP Charity Shop. Clean, good quality clothing, books and toys are welcome. Donations may be left outside the confessionals at the rear of St. Teilo's next weekend, February 8th, and on the weekend of the Second Sunday of each month. Please ensure that donations are brought to the Church only on the specified Sundays, as we do not want the Church to become cluttered during the week.

Thank you from the parish SVP.

Worldwide Marriage Encounter

Worldwide Marriage Encounter offer marriage enrichment retreats. Focused on couples who want to enrich their marriage and gain a deeper understanding of the Sacrament of Marriage, the retreat offers a unique experience. It's a chance to explore your relationship at a deeper, more intimate level, regardless of how long you have been together. The next Residential Weekend is from February 27th to March 1st at the Holiday Inn Express West, Swindon. Find out more at <https://wwme.org.uk/book-a-weekend/> or contact Hyacinth at hynilu@icloud.com.

Lenten Day of Recollection – Belmont Abbey

The Sovereign Military Hospitaller Order of St John of Jerusalem of Rhodes and of Malta offer an open invitation to a day of recollection at Belmont Abbey on Saturday, March 7th from 10am to 4pm. The day will be led by Rev Dom Alexander Kenyon, the Prior of Belmont. Please contact Andrew Grant for further information at andrewgrant2026@btinternet.com or 07976 982742

First Holy Communion

The children of the parish have begun their preparation for First Holy Communion which they will make on Sunday, May 10th. Please keep these young people in your prayers as they prepare to receive the Lord in the Blessed Sacrament for the first time. The children's names are Clara, Finn, Luca, Mafalda, Max, Oliver and Rodrigo.

Archdiocesan Directory and Year Book 2026

A number of the Archdiocesan Directory and Year Books remain on sale at the back of the Church. They are £5 each. Payment can be made in the Piety Box in Church or via the card machine at the back of St. Teilo's.

Our Lady of Fatima Home Pilgrim Virgin Statue at Home

A reminder that you can arrange for a visit from the Parish Pilgrim Virgin Statue of Our Lady of Fatima to your home by completing the sign-up form available at the back of St. Teilo's Church. The hope is that we have an unbroken chain of prayer with parishioners welcoming the statue into their home every week. We have only had one family sign up so far this year. The statue is normally picked up at the weekend Mass which you attend and returned to the Church on the Saturday at the end of the week. For more information, please contact Margaret Driscoll on 07969 919898.

Fundraising for Velindre Cancer Care

Mel Hopkins, a parishioner at St. Teilo's, well known to many in his roles as Reader, Eucharistic Minister, Welcomer and Baptism Catechist, is raising funds for Velindre Cancer Care by walking to the highest peak in the Sierra Nevada mountains in the Granada region of Spain in June. Mel has a just giving page which is <https://www.justgiving.com/page/mel-hopkins-1>. He will be grateful for any support, however large or small.

Donations to the Parish

Donations to the parish for the last weekend amounted to £708.43. Many thanks to all our parishioners for your ongoing generosity to the parish.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com. Thank you.

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, Keith Burleton, John Costley, David Cuddihy, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, John Gallagher, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oive Kite, Eileen Lawrence, Christina Lucas, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Derek Phillips, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for the repose of the souls of Fr. John Phillips, latterly priest in charge of St. Thomas' Parish, Abercynon; Fr. Brian Wall S.J., Chaplain to Cardiff University from 1982 to 1994; John Price, a long time parishioner from Heol Coed Cae; Maureen Jenkins, mother of Leigh, Phillip Hill from Gabalfa Avenue, Frank Elliott, a former parishioner who lived more recently in London; and Gwyneth Page, sister of Rhod Walters, all of whom have died recently.

Mrs. Jenkins' Funeral Service will take place at St. Michael's Church, Abertillery on Wednesday, February 4th at 12.45pm, followed by interment at Brynithel Cemetery. Mr. Price's Funeral Service will be on Thursday, February 5th at 10am at St. Teilo's. Mrs. Page's funeral will take place at St. Mary's Church, Fowlmere, Cambridgeshire on Saturday, February 7th. Mr. Hill's Funeral Service will take place at the Briwnant Chapel, Thornhill at 11am on Tuesday, February 10th. Fr. Phillips' body will be received into St. Thomas Church, Abercynon during Mass at 6pm on Tuesday, February 10th. His Requiem Mass will take place in St. Thomas Church, Abercynon at 11.30am on Wednesday, February 11th. Mr. Elliott's Funeral Service will take place at the Wenallt Chapel, Thornhill at 2.30pm on Tuesday, February 24th.

Please also pray for those whose anniversaries occur at this time: Canon Thomas Keane, Father Francis Morris, Michael Riley, Mary Cleary, George Cutajar, Mary Simmonds, Edgar Morgan, Charles Bond, Brendon Russell, Mary Stack, Margaret Phelan, Pelar Pedira, Margaret Caley, Alice Andrews, Martin Mears, Lynda Crews, Eugene Bregeon, James Kirk, Christopher Taverner, Sarah Hooper, Lily Armstrong, Alfred Hicks, Brenda Jönsson, Mary Sherrieff, David Cooper, Albert Miller, Elizabeth Wilkins, Marion Freeman, Helen Carroll, Cornelius Landers, Ethel Donohue, Feleani Hellings, Bridget Kelly, Zdzislaw Wiechowicz, David Trott, Patricia Kydd, Avril Cuddihy, Bernard Johns, Mary Robbins, Helen Phillips, Francis Cooney, John Tucker, Christopher Harris, Francis Lynch, Maria Britton, Mary Hayes, George Walsh, Eileen Grady and Josephine Glover.

Mass Times and Intentions: 31st January to 8th February 2026			
Saturday 31 st January Fourth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Paul Curtis – Recently Deceased (SJE))
Sunday 1 st February Fourth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Intentions of Margaret Driscoll (SS)
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 2 nd February The Presentation of the Lord – Feast	No Mass today		
Tuesday 3 rd February Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – David Deere – RIP (ML)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 4 th February Weekday in Ordinary Time	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Freda Harris – RIP (AW)
Thursday 5 th February St. Agatha, Virgin and Martyr	St. Teilo's	9.00am	Mass – Alan Carter – Recently Deceased (AW)
	St. Teilo's	10.00am	Funeral Service – John Price
Friday 6 th February St. Paul Miki and Companions, Martyrs	St. Teilo's	6.00pm - 7.00pm	Deanery Adoration for Vocations
	St. Teilo's	7.00pm	Deanery Mass for Vocations – Derek and Maureen Jenkins (L, C&RJ)
Saturday 7 th February Our Lady's Saturday	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Robert Manson – RIP (JM)
Saturday 7 th February Fifth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Fr. Ray O'Shea – Anniversary
Sunday 8 th February Fifth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Peggy McGirl – Recently Deceased (GL)
	St. Teilo's	6.00pm	Mass – Cerianne Hughes – RIP (B&SH)

Confessions

Canon John will be available for Confessions from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Mass Attendance

Mass attendance for the last weekend was as follows:

25 th January	6pm	52
	10am	110
	6pm	75