



Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia

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Parish Newsletter



Weekend 24th and 25th January 2026

Third Sunday of Ordinary Time

Sunday of the Word of God

Today's Mass

The Mass readings and prayers for the Third Sunday of Ordinary Time are on page 127 of the Parish Mass Book.

Sunday of the Word of God

On the Third Sunday of Ordinary Time the Church throughout the world celebrates the Sunday of the Word of God. The theme for this year's celebration of the Sunday of the Word of God is taken from the Letter of Saint Paul to the Colossians: "The word of Christ dwells among you" (Colossians 3:16).

St. Paul does not ask that the Word be merely listened to or studied; he wants it to dwell, that is, to take up stable residence, to shape our thoughts, guide our desires, and make credible the witness of the disciples. The Word of Christ remains a sure criterion that unifies and renders fruitful the life of the Christian community. Today we have an invitation addressed to the whole Church to place the Gospel once more at the centre, since every true renewal is born from docile listening to the Word. To welcome it means allowing ourselves to be accompanied by the One who does not deceive, because He gives life and hope. To be inhabited by the Word ultimately means permitting Christ to speak even today through our lives, so that every person may recognise His presence, which continues to illuminate the journey of history.

Every Christian and every community must rediscover the primacy of the Word of God. Its sincere and profound listening is an essential path through which human beings encounter God. When space is given to the Word, each person discovers that the Word of God dwells in the heart like a seed that, in due time, sprouts and bears fruit. Indeed, all of us are invited to nourish ourselves with the daily bread of the Word and, afterwards, to proclaim it to our brothers and sisters, for proclamation flows from the abundance of the heart, according to the Gospel saying: "from the fulness of the heart the mouth speaks" (Matthew 12:34; Luke 6:45). (Guidance for the Sunday of the Word of God from Archbishop Rino Fisichella, Pro-Prefect of the Dicastery for Evangelisation.)

Yr Offeren yn Gymraeg

Heddiw bydd y gymuned Gymraeg yn dathlu Offeren yn Gymraeg am 4.30pm. Today, we welcome the Welsh language community who will be celebrating Mass in Welsh at 4.30pm. Croeso!

Week of Prayer for Christian Unity

The final service of the Week of Prayer for Christian Unity takes place on Sunday January 25th at 4.30pm at Ararat Baptist Church, Whitchurch.

Day of Fasting – Monday, January 26th

As announced in last weekend's message from the Bishops of Wales, Monday, January 26th is to be observed as a day of fasting, to be in solidarity with those who are most vulnerable to the proposed Assisted Suicide Bill, and that those intent upon passing it, may undergo a change of heart. Please mark this day of fasting, as appropriate in your stage and circumstances of life.

Mass on Tuesday

The Parish Mass on Tuesday will be at the normal time of 10am. Canon has a meeting of the Deanery Clergy which means he is unable to attend the Funeral Mass of Paul Curtis, so will celebrate Mass before he departs for the meeting.

Funeral Mass – Paul Curtis

The Funeral Mass for Paul Curtis will take place at midday on Tuesday at St. Teilo's. Paul grew up in St. Teilo's Parish and his sister Jill leads the Parish Music Group and is our Parish Safeguarding Officer. Please consider coming along to the funeral Mass to pray for the repose of his soul. Fr. Allan Davies-Hale, a close friend of the family, will be celebrating the Funeral Mass.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life. Feel free to come for all or part of the hour to pray for the Church in its need for faithful ministers to continue the Mission of Jesus.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the 10.00am Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

RCIA – Rite of Christian Initiation of Adults

The Parish Rite of Christian Initiation of Adults (RCIA) programme takes place on Wednesday. The sessions run in the Parish Hall at St. Teilo's on Wednesday evenings at 6pm.

At a Loss Café

The Parish Loss and Bereavement Café takes place on Wednesday and continues for six weeks. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesdays from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

Mass on Thursday

The Parish Mass on Thursday will be at the earlier time of 9am at St. Teilo's. This is to enable the celebration of the Funeral of Mrs. Pauline Canning.

Funeral Service for Pauline Canning

The Funeral Service for Mrs. Pauline Canning will take place at St. Teilo's at 10am on Thursday. Mrs. Canning lived in Caldý Road and will be known to many of the parishioners who live in Llandaff North.

Parish Rosary Prayer Group

The Parish Rosary Prayer Group meets on the last Thursday of each month at 2.00pm in Ty Mair, 19 Heol y Waun CF14 1LB at the junction of Heol Gabriel and College Road. The group members have intercessory prayer, read and discuss the following Sunday's Gospel, pray the Rosary, pray the 3 o'clock prayer and the Divine Mercy Chaplet, and have a cuppa! The next meeting takes place this Thursday, January 29th. All are welcome to attend.

Adoration and Exposition – St. Teilo's

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to 11.30am at St. Teilo's this Friday. Why not come along to spend time in silent prayer and adoration before the Lord?

St. Teilo's Friends of Divine Mercy Prayer Group – Saturday, January 31st

St. Teilo's Friends of Divine Mercy Prayer Group meets on Saturday, January 31st at 2.30pm in the Parish Hall. Everyone is welcome to come along to pray for the parish and the intentions of the parishioners.

Deanery Prayer for Vocations

As part of his remit as Vocations Director, Fr. Matt Roche-Saunders has established Deanery Prayer for Vocations with Adoration and Mass on the first Fridays of the month. In February St. David's (Cardiff) Deanery, is the host deanery. Parishioners from throughout the deanery are invited to an hour of adoration from 6pm-7pm followed by Mass at 7 pm. This first such event in our deanery is taking place at St. Teilo's on Friday, February 5th. All are welcome to come along for all, or part of the time on this evening.

First Holy Communion

The children of the parish have begun their preparation for First Holy Communion which they will make on Sunday, May 10th. Please keep these young people in your prayers as they prepare to receive the Lord in the Blessed Sacrament for the first time. The children's names are Clara, Finn, Luca, Mafalda, Max, Oliver and Rodrigo.

Donations to the Parish

Donations to the parish for the last weekend amounted to £688.05. Many thanks to all our parishioners for your ongoing generosity to the parish.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or at gildersleve@ntlworld.com
Thank you.

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Eileen Allen, Haydn Ashcroft, Margaret Bowdery, Margaret Brown, Brian Bryant, Keith Burleton, John Costley, David Cuddihy, Philip Daly, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, John Gallagher, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Lola Jones, Olivia Jones, Mary Joseph, M'oive Kite, Eileen Lawrence, Christina Lucas, Annette Massey, John McLaughlin, Bernie Monaghan, Robert Morgan, Gwyneth Page, Derek Phillips, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for the repose of the souls of Fr. John Phillips, latterly priest in charge of St. Thomas' Parish, Abercynon; Fr. Brian Wall S.J., Chaplain to Cardiff University from 1982 to 1994; Paul Curtis, brother of Jill; Pauline Canning, from Caldys Road, Llandaff North; John Price, a long time parishioner from Heol Coed Cae; Maureen Jenkins, mother of Leigh and Phillip Hill from Gabalfa Avenue, all of whom have died recently;

Mr. Curtis' Funeral Mass will take place at St. Teilo's on Tuesday, January 27th at midday followed by burial at Pantmawr; Mrs. Canning's Funeral Service will take place at St. Teilo's on Thursday, January 29th at 10am; Mrs Jenkins' Funeral Service will take place at St. Michael's Church, Abertillery on Wednesday, February 4th at 12.45pm, followed by interment at Brynithel Cemetery. Mr. Price's Funeral Service will be on Thursday, February 5th at 10am at St. Teilo's. Mr. Hill's Funeral Service will take place at the Briwnant Chapel, Thornhill at 11am on Tuesday, February 10th. Fr. Phillips' body will be received into St. Thomas Church, Abercynon during Mass at 6pm on Tuesday, February 10th. His Requiem Mass will take place in St. Thomas Church, Abercynon at 11.30am on Wednesday, February 11th.

Please also pray for those whose anniversaries occur at this time: Canon Patrick Creed, Father Thomas Dove-Nowell, John Gaffney, Mary Callaghan, Thomas Phelan, Sidney Freeman, Mary Lunn, Paul Hughes, Doreen Stevens, Mary Hayes, Edward Murray, Bernard Devine, John Gardner, Ronald Bartlett, Alan Williams, Alexander Sutherland, Mary Coleman, Frederick Thomas, Bob Andrews, Sandra Parsons, Irena Davis, Frederick Rees, Bernard Blackmore, Catherine Parker, Dorothy Hallisey, Mary Collins, Mary Frederickson, Kenneth Harvey, Sheila Kinsey, Augustine A'Herne, Moya Bacigalupo, Joseph Daring, James Boyle, Grace Forward, Gertrude Poole, Ellen Marsh, Alan Mitchem, Patricia Hinkin, Jackson Tobia-Kittow, Letitia Geary, Jean Sharp, Maud Martin, Thomas Holley, Barbara Gardner, James O'Brien, John Purcell, Theresa James, Catherine Mears and Gwynne Wheeler.

Mass Times and Intentions: 17 th – 25 th January 2026			
Saturday 24 th January Third Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – George Marshall – RIP (GM)
Sunday 25 th January Third Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Josefa Suarez – RIP (JRS)
	Ararat Baptist Church	4.30pm	Christian Unity Service – Churches Together in Whitchurch – Closing of the Week for Christian Unity
	St. Teilo's	4.30pm	Yr Offeren yn Gymraeg – Mass in Welsh
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 26 th January St. Timothy and St. Titus, Bishops	No Mass today		
Tuesday 27 th January Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – David Rees – RIP
	St. Teilo's	12.00pm	Funeral Mass – Paul Curtis
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 28 th January St. Thomas Aquinas, Priest and Doctor of the Church	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Moya Bacigalupo – Anniversary (UMcC)
Thursday 29 th January Weekday in Ordinary Time	St. Teilo's	9.00am	Mass – Martin Thomas – RIP (CP)
	St. Teilo's	10.00am	Funeral Service – Pauline Canning
Friday 30 th January Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Paolo Trisolini – RIP
	St. Teilo's	10.30am - 11.30pm	Exposition and Adoration of the Blessed Sacrament
Saturday 31 st January St. John Bosco, Priest	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – George and Mary Allen – RIP (HT)
Saturday 31 st January Fourth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Paul Curtis – Recently Deceased (SJE))
Sunday 1 st February Fourth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Intentions of Margaret Driscoll (SS)
	St. Teilo's	6.00pm	Mass – For the People of the Parish

Confessions

There will be no Confessions at St. Teilo's Next Saturday as Canon will be at the Deanery Pastoral Council meeting at 10.45am in St. Teilo's Hall. Canon will hear confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Mass Attendance

Mass attendance for the last weekend was as follows:

4 th January	6pm	41
	10am	154
	6pm	76