



Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia

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Parish Newsletter St. Teilo's



Weekend 11th – 12th October The Twenty–Eighth Sunday in Ordinary Time

Today's Mass

The Mass readings and prayers for the Twenty–Eighth Sunday in Ordinary Time are on page 149 of the Parish Mass Book.

Clothes donations for the SVP – This Weekend

The Parish St. Vincent De Paul (SVP) Conference undertakes a monthly collection of clothing for the SVP Charity Shop. Clean, good quality clothing, books and toys are very welcome. Donations may be left outside the confessionals at the rear of St. Teilo's this weekend. The clothes will be removed early on Monday morning, so please ensure that donations are brought to the Church by the end of the evening Mass this weekend or kept at home until the Second Sunday of July when we will have another collection

Thank you from the parish SVP.

Lisvane and Llanishen Reservoir Walk

As part of our Parish's ongoing fitness activities, the Walk and Talk group is organising a wellbeing stroll around the reservoirs on Monday afternoon this week. All who want to come along are asked to meet in the car park at 12.45 pm. There is 90 mins free parking. Depending on interest (and weather), this afternoon walk could become part of our regular pattern in addition to the Wednesday evening walk. Transport can be provided if required. If you need transport, please contact Carole on 07747562847.

Tuesday Evening Adoration

Each Tuesday evening, the parish has an hour of silent Adoration at St. Teilo's from 7pm to 8pm. The primary intention for the period of Adoration is vocations to the priesthood and religious life. Feel free to come for all or part of the hour to pray for the Church in its need for faithful ministers to continue the Mission of Jesus.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the 10.00am Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

At a Loss Café

The Parish Loss and Bereavement Café continues on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesdays from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

RCIA – Rite of Christian Initiation of Adults

- Are you someone without a formal religion who wants to be baptised in the Catholic faith?
- Are you a Christian from another faith tradition who would like to be received into the Catholic Church?
- Are you an interested enquirer who wants to find out more about the Catholic Faith?
- Are you an adult who has missed out on the Sacrament of Confirmation?

If any of the above applies to you, you are most welcome to join the Parish Rite of Christian Initiation of Adults (RCIA) programme which will run in the Parish Hall at St. Teilo's on Wednesday evenings at 6pm beginning on Wednesday, this week. Please come along and discover more – attendance does not commit you to complete the programme but is designed to allow you to reflect on God's call for you. (The Parish Hall is accessed from the back of the Church building, between the Church and the Priest's House.)

Walk and Talk

The Walk and Talk group meets on Wednesday evening at 6pm at the car park in Caedelyn Park. All are welcome to come along and join the group.

Parish Physical Activity Programme

The Parish indoor physical activity group takes place this Thursday, in the Hall at St. Teilo's from 12 midday to 1pm.

Adoration and Exposition – Our Lady of Lourdes

The Polish Community holds silent Adoration of the Blessed Sacrament on Thursday evenings from 7.30 to 8.30pm. All are welcome to come along and pray in silence, in the presence of the Lord Jesus. Adoration is preceded by Mass in Polish at 7pm.

Adoration and Exposition – St. Teilo's

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to 11.30am at St. Teilo's this Friday. Why not come along to spend time in silent prayer and Adoration before the Lord?

Please note that, following feedback from attendees, Friday adoration will be for one hour from now onwards.

Cardiff Arms Park Male Choir Annual Concert

The Cardiff Arms Park Male Choir have their Annual Concert at St. Teilo's on Friday this week at 7pm. Special Guests include Frank Hennessy and St. Teilo's own Mary Chichester. Tickets are £15 each.

Les Stamp will be selling tickets after the 10am Mass on Sunday, or you can contact the choir direct at secretary@cardiffarmsparkmalechoir.com or 07890 481599.

Night Shelter at St. Mary of the Angels, Canton

Many thanks for your ongoing support for the homeless at the Night Shelter at St. Mary of the Angels, Canton. They are currently in extreme need of underwear: pants or boxer shorts and socks. This need is as well as the ongoing need for hats, gloves, jeans, trousers and jackets for the people who use the night shelter. These would be for 30" to 32" waists. Please note that the young people are medium size at most. Please do not donate large clothes items. Sleeping bags and haversacks are also very welcome.

The team also needs fizzy drinks, chocolate bars, crisps, sweets and cakes. If you are able to help by donating any of these items, please drop them in the box at the back of the Church.

Parish Christmas Fayre

There are now only 10 weeks until Christmas and our Annual Fair is just 4 weeks away. This year the Fayre will be held in St. Teilo's Hall on Saturday, November 8th beginning at 10.45am. If anybody is interested in having a table to sell items at the Fayre, please contact Carole on 07747562847

Catholic Bishops' Conference of England and Wales – Neurodiversity and our Faith

The Catholic Bishops' Conference of England and Wales in collaboration with Birmingham Newman University are conducting research into Neurodiversity and our Faith.

If you are an adult neurodivergent Catholic or a Caregiver of a neurodivergent Catholic, the researchers want to hear from you. Your experiences will help the Bishops' Conference to become more inclusive and responsive to such needs.

To find out more and to fill in the short survey please click here:

<https://www.godwhospeaks.uk/neurodivergent-catholic-surveys/>

Donations to the Parish

Donations to the parish for last weekend amounted to £759.28. The Second Collection for CAFOD amounted to £626.22. Many thanks to all our parishioners for your ongoing generosity to the parish and the wider Church.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or gildersleve@ntlworld.com.

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Sue Adams, Eileen Allen, Haydn Ashcroft, Stella Blakey, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Philip Daly, Sean Daughton, Barbara Day, Rafael Diaz, John Evans, Violet Fonseca, Maureen Fry, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Dave Harris, Rita Harris, Linda Horrocks, Hannah John, Lola Jones, Mary Joseph, Eileen Lawrence, Christina Lucas, Annette Massey, Simon McCann, John McLaughlin, Bernie Monaghan, Robert Morgan, Gwyneth Page, Derek Phillips, Richard Williams, Bethan Thompson, Hilary Tracey, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for Gina Cumberlidge and Brother Brian Butler who have died recently. Mrs. Cumberlidge's Funeral Mass will be on Saturday, October 25th at 10am at St. Teilo's. Bro. Brian's Funeral Mass will take place on Monday this week at 9.30am at St. Joseph's Church, New Zealand Road, Cathays.

Please also pray for those whose anniversaries occur at this time: Father Michael Keegan, Lily Sampson, William Partridge, Helen Polley, Margaret Collings, Thomas Collins, Gerrard Hardie, Catherine Woods, Harold Lane, Leslie Merchant, Peter Barry, John Day, Catherine (Kate) Allen, Hilda Sullivan, Arthur Rees, Breda Johnson, Manolo Aviles, Ernest Fonseca, Peter Campbell, Margaret Beacon, Charlotte Prangley, Ann Cleveland, Lilian Heavers, Lily Clarke, Peter Godwin, Mary Brinning, Martin Costley, Monica Davies, Eveline Holmes, Christina Ryan, Walter Jenkins, Roy Day, Emily Sullivan, John Stone, Helen Edwards, Michael Rees, William Cass, Francis O'Donnell, Mary O'Brien, Rita Hurlow, John O'Brien, Mary Edwards, Val Glavin and Michael Selby.

Mass Times and Intentions: 11 th to 19 th October 2025			
Saturday 11 th October Twenty-Eighth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Roger Thomas – RIP (PT)
Sunday 12 th October Twenty-Eighth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Eileen Victoria Searle – RIP (P&CS)
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 13 th October Weekday in Ordinary Time	No Mass today		
Tuesday 14 th October Weekday in Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Paul Stanley Searle – RIP (P&CS)
	St. Teilo's	7.00pm - 8.00pm	Adoration for Vocations
Wednesday 15 th October St. Teresa of Jesus, Virgin and Doctor of the Church	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – For the Intentions of Susan Ross (NW)
Thursday 16 th October St. Richard Gwyn, Schoolmaster. Martyr	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Rev. Deacon David O'Keefe – RIP (SS)
Friday 17 th October St. Ignatius of Antioch, Bishop and Martyr	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Ivan D'sa – RIP (CD)
	St. Teilo's	10.30am -11.30am	Exposition and Adoration of the Blessed Sacrament
Saturday 18 th October St. Luke, Evangelist	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Frank O'Donnell – RIP (G&C)
Saturday 18 th October Twenty-Ninth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Special Intention (Donor)
Sunday 19 th October Twenty-Ninth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Josefa Suarez – RIP (JRS)
	St. Teilo's	6.00pm	Mass – Val Glavin – RIP (JG)

Confessions

Canon John will be available for Confessions in the confessional at St. Teilo's from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions in the confessional at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

Mass Attendance

Mass attendance for the last weekend was as follows:

Sunday 5 th October	6pm	56
	10am	160
	6pm	90