



Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia

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Parish Newsletter St. Teilo's



Weekend 13th – 14th September The Exaltation of the Holy Cross

Today's Mass

The Mass readings and prayers for the Exaltation of the Holy Cross are on page 191 of the Parish Mass Book.

The Exaltation of the Holy Cross

This weekend we celebrate the Feast of the Exaltation of the Holy Cross. The feast recalls three historical events: the finding of the True Cross by Saint Helena, the mother of the Emperor Constantine; the dedication of churches built by Constantine on the site of the Holy Sepulchre and Mount Calvary; and the restoration of the True Cross to Jerusalem by the Emperor Heraclius II. However, the deeper meaning of the feast is a celebration of the Cross as the instrument of our salvation. This instrument of torture, designed to degrade the worst of criminals, became the life-giving tree that reversed Adam's Original Sin when he ate from the Tree of the Knowledge of Good and Evil in the Garden of Eden. Let us all place our hope and trust in the Cross as we celebrate this feast today.

Canon John on leave

As is usual at this time of the year, Canon John is on leave following which he will be in Lourdes for a week as the Chaplain to the HCPT pilgrimage.

Welcome to Canon Eddie O'Connell and Mgr. Reardon

This weekend Canon Eddie O'Connell will be celebrating Mass at Our Lady of Lourdes on Saturday evening and hearing confessions before Mass. Mgr. Reardon will be celebrating the two Sunday Masses at St. Teilo's. We welcome them both as they lead us in our Sunday worship.

No Weekday Mass

With Canon away, there will be no weekday Mass at St. Teilo's and Our Lady of Lourdes. St. Teilo's will be open each day for people to spend time in private prayer. Many thanks to the small group of volunteers who are facilitating the Church opening by agreeing to open and lock the Church each day.

Weekday Mass is available in our neighbouring churches:

Nazareth House (access to the chapel is through the door on Colum Road. Lift assisted access is via the convent entrance) – Mass is celebrated at 10am at Nazareth House on Monday, Wednesday, Thursday, Friday and Saturday. (No Mass on Tuesday)

St. Joseph's – Mass is celebrated at St. Joseph's at 9.15am on Monday, Tuesday, Thursday, Friday and Saturday and at 7pm on Wednesday.

The Three Churches – Mass is celebrated in the Three Churches as follows: Monday at 9.30am at St. Brigid's, Tuesday at 9.30am at Christ the King, Wednesday at 9.30am at St. Paul's, Thursday at 9.30am at Christ the King, Friday at 9.30am at St. Paul's, Saturday at 9.30am at St. Brigid's.

St. Mary of the Angels and Holy Family – Mass is at 9.30am on Monday, Tuesday, Wednesday and Friday at St. Mary's and at 9.30am on Thursday at Holy Family.

Night Shelter at St. Mary of the Angels, Canton

Many thanks for your ongoing support for the homeless at the Night Shelter at St. Mary of the Angels, Canton. The team still needs hats, gloves, boxer shorts, socks and jackets for the people who use the night shelter, they are also in desperate need of jeans or trousers (32" waists). Please note that the young people are medium size at most. Please do not donate large clothes items. Sleeping bags and haversacks are also very welcome. The team also needs Fizzy drinks, chocolate bars, crisps, sweets and cakes. If you are able to help by donating any of these items, please drop them at the back of the Church.

Walk and Talk

The Walk and Talk group meets on Wednesday evening at 6pm at the car park in Caedelyn Park. All are welcome to come along and join the group.

At a Loss Café

The Parish Loss and Bereavement Café continues on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesday from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

Parish Physical Activity Programme

The Parish indoor physical activity group takes place this Thursday in the Hall at St. Teilo's from 10:45 to 11:45am.

Adoration and Exposition – Our Lady of Lourdes

The Polish Community holds silent Adoration of the Blessed Sacrament on Thursday evenings from 7.30 to 8.30pm. All are welcome to come along and pray in silence, in the presence of the Lord Jesus. Adoration is preceded by Mass in Polish at 7pm.

Parish Bingo Night

The next Parish Bingo evening will be on Friday this week. The doors will be open at 6.30 pm, for a prompt 7pm start. A Chip shop supper, which can be ordered on the night, is optional. Bingo is £7. Proceeds to the Parish Fund. All are welcome to come along and enjoy this fun evening.

Evangelii Gaudium Sunday (formally Home Mission Sunday)

Next Sunday the Church celebrates Evangelii Gaudium (The Joy of the Gospel) Sunday. This year, the Church has been celebrating a significant anniversary. It is 1,700 years since the Council of Nicaea. At Nicaea, the great gathering of Bishops from around the Church began the work to formulate the Creed we proclaim Sunday by Sunday. It is the content of this Creed that is our mission as faithful followers of Jesus, so that we may know and love God in this life, in order to be happy with him forever in the next. The Creed begins with a profound proclamation, "I believe..." This is the theme for Evangelii Gaudium Sunday 2025.

There will be a retiring collection at the end of all Masses next weekend to support the development work of the Bishops' Conference of England and Wales' Department of Evangelisation and Discipleship to allow the Church to continue to spread the Good News proclaimed in the Church each time we say the Nicæan Creed.

Parish Rosary Prayer Group

The Parish Rosary Prayer Group meets on the last Thursday of each month at 2.00pm in Ty Mair, 19 Heol y Waun CF14 1LB at the junction of Heol Gabriel and College Road. The group members have intercessory prayer, read and discuss the following Sunday's Gospel, pray the Rosary, pray the 3 o'clock prayer and the Divine Mercy Chaplet, and have a cuppa! The next meeting takes place on Thursday, September 25th. All are welcome to attend.

Missio Magazine

The August edition of the Missio magazine is now at the back of the Church. All those who donate regularly to Missio are invited to pick up their copy.

RCIA – Rite of Christian Initiation of Adults

- Are you someone without a formal religion who wants to be baptised in the Catholic faith?
- Are you a Christian from another faith tradition who would like to be received into the Catholic Church?
- Are you an interested inquirer who wants to find out more about the Catholic Faith?
- Are you an adult who has missed out on the Sacrament of Confirmation?

If any of the above applies to you, you are most welcome to join the Parish Rite of Christian Initiation of Adults (RCIA) programme which will run in the Parish Hall at St. Teilo's on Wednesday evenings at 6pm beginning on Wednesday, October 15th. Please come along and discover more – attendance does not commit you to completing the programme but is designed to allow you to reflect on God's call for you. (The Parish Hall is accessed from the back of the Church building, between the Church and the Priest's House.)

Christmas Market at Gloucester Quays

The communities of St. Mary's, Holy Family and St. Teilo's are arranging a trip to the Christmas Market at Gloucester Quays on Saturday, November 15th. The bus will leave St. Teilo's Church at 9.20am. The cost is £20 for adults and £15 for children under the age of 16. Departure from Gloucester will be at 4.30pm. A Sign-up sheet is at the back of the Church at St. Teilo's, so please add your name if you would like to go along.

St. Teilo's 100th Anniversary Celebrations

The next social event as part of this centenary year will be "*A Pie, A Pint and A Song Night*" on Friday, October 10th from 7.30pm to 10.30pm at Rhiwbina Recreation Club. Tickets, priced at £5.00 will be available after mass on September 21st and 28th and October 5th. Tickets will include a pie (steak, chicken & mushroom vegan and gluten-free options available).

The event will comprise of 30 minute intervals of songs followed by 30 minutes of time to chat. While performers are live, we ask that those attending to respectfully listen or if appropriate to sing along. If anyone would like to sing a song or recite a poem and for enquiries regarding this event, please contact John Steele on 07491677528. Due to spaces available song/poem slots will be on a first come first served basis.

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Sue Adams, Eileen Allen, Haydn Ashcroft, Stella Blakey, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Philip Daly, Sean Daughton, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Hannah John, Lola Jones, Mary Joseph, Mark Kozik, Eileen Lawrence, Christina Lucas, Annette Massey, Simon McCann, John McLaughlin, Bernie Monaghan, Robert Morgan, Gwyneth Page, Derek Phillips, Richard Williams, Bethan Thompson, Hilary Tracey, Derick Travers, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for the repose of the soul of Sandra Chisnall, a faithful parishioner at St. Teilo's who died recently. Sandra's funeral Mass will take place at St. Teilo's at 1pm on Friday, October 3rd followed by interment at Pantmawr Cemetery. Please also pray for Gina Cumberlidge, her Funeral Mass will be on Saturday, October 25th at 10am at St. Teilo's.

Please also pray for those whose anniversaries occur at this time: Canon William O'Connor, Ethelreda Thomas, John Finney, Peter Gibbs, Albert Hitchman, Audrey 'Hayter' McKay, John Houlihan, Catherine Donovan, Florence Waterman, Giovanni Moschetti, Nicholas Ford, Catherine Lovell, Margaret Rees, Julian Theophilus, George Collings, Ralph Hammond, Bernard Monaghan, Dennis Cahill, Marie Johnson, Francis Stewart, Albert Wallace, Lionel Sharp, Toni Taylor, Julie Taylor, Julia Clarke, Joseph Flanagan, Margaret Salter, Colin Jones and James Thomas.

Mass Times and Intentions: 13 th to 21 st September 2025			
Saturday 13 th September The Exaltation of the Holy Cross	Our Lady of Lourdes	6.00pm	Mass – Wellbeing of Maureen Lethbridge (CH)
Sunday 14 th September The Exaltation of the Holy Cross	St. Teilo's	10.00am	Mass – David and Martin Rees – RIP (SR)
	St. Teilo's	6.00pm	Mass – Mary Kimberley – RIP
Monday 15 th September Our Lady of Sorrows	No Mass today		
Tuesday 16 th September St. Cornelius, Pope, and St. Cyprian, Bishop; Martyrs	No Mass today		
Wednesday 17 th September Weekday in Ordinary Time	No Mass today		
Thursday 18 th September Weekday in Ordinary Time	No Mass today		
Friday 19 th September Weekday in Ordinary Time	No Mass today		
Saturday 20 th September St. Andrew Kim Tae-gŏn, Priest, St. Paul Chŏng Ha-sang, and their companions, Martyrs	No Mass today		
Saturday 20 th September Twenty-Fifth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Marie Johnson – Anniversary (GA)
Sunday 21 st September Twenty-Fifth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Jenkins/Neylon Family Intentions (L&CJ)
	St. Teilo's	6.00pm	Mass – Royston Tombs – Anniversary (JK)

Confessions

Fr. John Patrick Thomas will hear confessions in the confessional at Our Lady of Lourdes before Mass next Saturday evening – 5.30pm to 5.55pm.

Safeguarding

If anyone has concerns over the welfare of any children or vulnerable adults within our community, please contact Jill Gildersleve, in confidence, on 07813 322179 or gildersleve@ntlworld.com.

Donations to the Parish

Donations to the parish for last weekend amounted to £752.38. Many thanks to all our parishioners for your ongoing generosity to the parish.

Mass Attendance

Mass attendance for the last weekend was as follows:

Sunday 7 th September	6pm	51
	10am	137
	6pm	91