



# Parish of St. Teilo's with Our Lady of Lourdes

A Parish of the Archdiocese of Cardiff-Menevia

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## Parish Newsletter St. Teilo's



### Weekend 26<sup>th</sup> – 27<sup>th</sup> July The Seventeenth Sunday in Ordinary Time

#### Today's Mass

The Mass readings and prayers for the Seventeenth Sunday in Ordinary Time are on page 114 of the Parish Mass Book.

#### Yr Offeren yn Gymraeg

Heddiw bydd y gymuned Gymraeg yn dathlu Offeren yn Gymraeg am 4.30pm. Today, we welcome the Welsh language community who will be celebrating Mass in Welsh at 4.30pm. Croeso!

#### Reaching Out Project Second Collection – This Weekend



The work of the Reaching Out Project would not be possible without the continued prayers, support and incredible generosity of the people of St. Teilo's with Our Lady of Lourdes. It would be good to be able to report that the level of need is reducing, sadly this is not the case and people are continuing to struggle to provide adequate food for their families. To ensure that this vital work continues, there will be a retiring collection at all Masses this weekend. You can also donate using a debit or credit card at the Electronic Donation Station at the back of St. Teilo's or online at <https://donate.mydona.com/st-teilo-our-lady-of-lourdes>. The Reaching Out Project enables us as a parish, through your help, to respond to the call from the late Pope Francis, to address poverty and inequality in our community.

#### Parish Physical Activity Programme

The Parish indoor physical activity group takes place this Tuesday in the Hall at St. Teilo's from 12 to 1pm.

#### Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the 10.00am Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

#### At a Loss Café

The Parish Loss and Bereavement Café continues on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesday from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

### **Walk and Talk around the Reservoir – this Wednesday**

The Walk and Talk group meets on Wednesday evening at 6.15pm at the car park of Lisvane and Llanishen Reservoirs. All are welcome to come along and join the group, please contact Carole at 07747562847

### **Knit and Natter**

The Parish Knit and Natter group will meet in St. Teilo's Hall on Thursday following the 10.00am Mass. All are welcome to come along and join in the knitting or the nattering or both!

### **Parish Rosary Prayer Group**

The Parish Rosary Prayer Group meets on the last Thursday of each month at 2.00pm in Ty Mair, 19 Heol y Waun CF14 1LB at the junction of Heol Gabriel and College Road. The group members have intercessory prayer, read and discuss the following Sunday's Gospel, pray the Rosary, pray the 3 o'clock prayer and the Divine Mercy Chaplet, and have a cuppa! The next meeting takes place on this Thursday, July 31<sup>st</sup>. All are welcome to attend.

### **Adoration and Exposition – Our Lady of Lourdes**

The Polish Community holds silent Adoration of the Blessed Sacrament on Thursday evenings from 7.30 to 8.30pm. All are welcome to come along and pray in silence, in the presence of the Lord Jesus. Adoration is preceded by Mass in Polish at 7pm.

### **Adoration and Exposition – St. Teilo's**

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to midday at St. Teilo's this Friday. Why not come along to spend time in silent prayer and Adoration before the Lord?

### **First Saturday Devotions to the Immaculate Heart of Mary**

Saturday, August 2<sup>nd</sup>, is the first Saturday of August. We will therefore celebrate the First Saturday devotions after the 10am Mass. There will be Adoration of the Blessed Sacrament during the devotions and confessions will be available. Why not come along to respond to Our Lady's call to pray for the whole world?

### **Parish Centenary Pilgrimage Walk**



A Parish Centenary Pilgrimage Walk will take place next Saturday, August 2<sup>nd</sup> at 12.45pm.

The walk is from St. Teilo's to Llandaff to visit the tomb and well of our Parish Patron, St. Teilo, ending the afternoon at a local pub. To express your interest in joining the pilgrimage, please sign the form at the back of each Church.

### **St. Teilo's Friends of Divine Mercy Prayer Group – Saturday, August 2<sup>nd</sup>**

St. Teilo's Friends of Divine Mercy Prayer Group meets on Saturday, August 2<sup>nd</sup> at 2.30pm in the Parish Hall. Everyone is welcome to come along to pray for the parish and the intentions of the parishioners.

## Pilgrimage to the Shrine of Our Lady of Penrhys

The annual pilgrimage to Our Lady's Shrine at Penrhys will take place on Sunday, August 17<sup>th</sup>. Mass will be celebrated at 3pm (weather permitting) at the foot of the statue. Please take your own seat. All are welcome to this annual celebration.

## Parish Bingo

A big thank you to Angela Massey and her family for arranging the parish bingo-evening on Friday July 18<sup>th</sup>. It was a full house and a very enjoyable evening. £220 was raised for the Reaching Out Project.

## March for Life UK – September 6<sup>th</sup>

March for Life UK is a major event taking place on Saturday, September 6<sup>th</sup> in London. Thousands of people will join together, united in a show of unity for the value of life from conception and standing up for all those who have been impacted by abortion. If you are interested in taking part, two coaches will be travelling up to London on the day. For further information on the coach leaving from St Dyfrig's, **Treforest**, contact Howard at [Howard.bayliss@templebaptist.org.uk](mailto:Howard.bayliss@templebaptist.org.uk); for information about the coach leaving St Alban's, **Cardiff** and picking up from **Newport**, contact Clare on 07983 522 851

## The National Jubilee Walking Pilgrimage of Hope opens for day pilgrim registration



The Pilgrimage of Hope is a national walking pilgrimage for England and Wales with four main Ways converging at the Cathedral of St. Barnabas, Nottingham, on Saturday, September 13<sup>th</sup>, the eve of the Feast of the Exaltation of the Holy Cross. It is an initiative of the *Hearts in Search of God* project.

The Ways start at the Catholic Cathedrals in Cardiff, Leeds, Norwich and London and will bless our nations with a Sign of the Cross. The routes use established hiking routes and are off road as much as possible. A small group of 'perpetual pilgrims' will walk the full distance of each Way, with up to 20 day pilgrims joining for day stages. It is now possible for pilgrims to register for day stages. For details see this link <https://www.pilgrimways.org.uk/become-a-pilgrim-for-a-day>

## Safeguarding

The work of our parish is expanding and volunteer numbers increasing. In upcoming weeks, as a parish community we will be looking to ensure safeguarding processes and policies are up to date and robust as we continue to nurture a positive and proactive culture of protecting the young, the vulnerable and all volunteers within St. Teilo's and Our Lady of Lourdes. If anyone has any issues they wish to raise regarding this, please do not hesitate to contact Jill on 07813 322179 or [gildersleve@ntlworld.com](mailto:gildersleve@ntlworld.com) Thank you.

## Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Sue Adams, Eileen Allen, Haydn Ashcroft, Stella Blakey, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Philip Daly, Sean Daughton, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Hannah John, Lola Jones, Mary Joseph, Mark Kozik, Eileen Lawrence, Christina Lucas, Annette Massey, Simon McCann, John McLaughlin, Bernie Monaghan, Robert Morgan, Gwyneth Page, Derek Phillips, Richard Williams, Bethan Thompson, Hilary Tracey, Derick Travers, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email [whitchurch@rcadc.org](mailto:whitchurch@rcadc.org).

## Rest in Peace



Please also pray for those whose anniversaries occur at this time: Margaret O'Sullivan, Maud Mead, James Aherne, Herbert Simmons, Edith Treasure, Kenneth James, Charlotte A'Herne, Edward Totterdale, Honora Anzani, Peggy Winstanley, Jack Aviles, Mary O'Donnell Carter, Ronald Sherlock, Florence Kinsey, Catherine Thomas, Denise Hutchings, Ellen Fitzgerald, Charles Hallinan, Eileen Edmunds, William Morris, Frank Lane, Gesilda Conaghan, Edward Maguire, Bridget Lloyd, Florence Robinson, Ellen Bowes, Eleanor Mason, Margaret Ford, Henry Close, Margaret Lynch, Delphena Parry, Paul Silva, Esther Bloxsome, Augustine Llewellyn Reames (Baby), William Stephens, George Fowler, Peter Thomas, Florence Willcome, Elizabeth Tennent, Joshua Allen, Bosco O'Callaghan, Jack Corless and Anthony O'Shea.

Mass Times and Intentions: 26 <sup>th</sup> July to 3 <sup>rd</sup> August 2025			
Saturday 26 <sup>th</sup> July Seventeenth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	<b>Mass</b> – For the People of the Parish
Sunday 27 <sup>th</sup> July Seventeenth Sunday in Ordinary Time	St. Teilo's	10.00am	<b>Mass</b> – Pat Griffiths – Anniversary
	St. Teilo's	4.30pm	<b>Yr Offeren yn Gymraeg</b> – Mass in Welsh
	St. Teilo's	6.00pm	<b>Mass</b> – Kevin Stanton – RIP (ML)
Monday 28 <sup>th</sup> July Weekday of Ordinary Time	No Mass today		
Tuesday 29 <sup>th</sup> July St. Mary, St. Martha and St. Lazarus	St. Teilo's	9.40am 10.00am	<b>Morning Prayer of the Church</b> <b>Mass</b> – Grace O'Donnell – RIP (G&C)
Wednesday 30 <sup>th</sup> July Weekday of Ordinary Time	Our Lady of Lourdes	9.40am 10.00am	<b>Morning Prayer of the Church</b> <b>Mass</b> – Mairead Sutherland – RIP (FS-P)
Thursday 31 <sup>st</sup> July St. Ignatius of Loyola, Priest	St. Teilo's	9.40am 10.00am	<b>Morning Prayer of the Church</b> <b>Mass</b> – Paolo Trisolini – RIP
Friday 1 <sup>st</sup> August St. Alphonsus Mary de Liguori, Bishop and Doctor of the Church	St. Teilo's	9.40am 10.00am	<b>Morning Prayer of the Church</b> <b>Mass</b> – Ivor Williams (AW)
	St. Teilo's	10.30am -12.00pm	<b>Exposition and Adoration of the Blessed Sacrament</b>
Saturday 2 <sup>nd</sup> August Our Lady's Saturday	St. Teilo's	9.40am 10.00am	<b>Morning Prayer of the Church</b> <b>Mass</b> – Fiona, John and Tessa Holcombe – RIP (SE)
	St. Teilo's	12.30pm	<b>Baptism</b> – Harrison Coombs
Saturday 2 <sup>nd</sup> August Eighteenth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	<b>Mass</b> – Vijay, Parimala and Shyamala – Birthday
Sunday 3 <sup>rd</sup> August Eighteenth Sunday in Ordinary Time	St. Teilo's	10.00am	<b>Mass</b> – Cerianne Hughes-Jones – RIP (BH)
	St. Teilo's	6.00pm	<b>Mass</b> – For the People of the Parish

### Confessions

Canon John will be available for Confessions in the confessional at St. Teilo's from 10.30am to 11am after the Saturday morning Mass. Canon will also hear confessions in the confessional at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm.

### Donations to the Parish

Donations to the parish for last weekend amounted to £760.07. Many thanks to all our parishioners for your ongoing generosity to the parish.

### Mass Attendance

Mass attendance for the last weekend was as follows:

Sunday 19 <sup>th</sup> July	6pm	51
	10am	160
	6pm	74