



Parish Newsletter St. Teilo's



Weekend 19th – 20th July The Sixteenth Sunday in Ordinary Time

Today's Mass

The Mass readings and prayers for the Sixteenth Sunday in Ordinary Time are on page 110 of the Parish Mass Book.

Confirmation



We welcome Archbishop Mark to the parish today. He will celebrate the 10am Mass this weekend and celebrate the Sacrament of Confirmation with the parish candidates and guests from other parishes in the Archdiocese. Please keep them in your prayers as they experience the coming of the Holy Spirit in their lives in a new way.

Refreshments after Mass



Refreshments will be served in St. Teilo's Hall after the Confirmation Mass today. We hope parishioners will come and celebrate with those being confirmed and also meet the Archbishop.

SPUC – Society for the protection of unborn children

As we all know, in the space of just one week at the end of June, MPs voted to decriminalise abortion up to birth and to legalise assisted suicide. These recent events have been a result of determined efforts by activists eager to expand the culture of death. Sadly, the pro-life movement simply do not have enough people active in the range of pro-life activities to contend successfully in the struggle for pro-life values. However, SPUC are as determined as ever to defeat abortion and assisted suicide and believe this can be done by mobilising adequate pro-life support. SPUC therefore urgently need to build up the critical mass of people necessary to effect real and lasting protection for unborn children and vulnerable people at the end of life.

To Join the Fightback all parishioners are encouraged to complete an expression of an interest in SPUCs work, by completing a postcard at the back of the Church today. The postcards will be collected from the back of the Church and send to SPUC at no cost to you.

Parish Physical Activity Programme

The Parish indoor physical activity group takes place this Tuesday in the Hall at St. Teilo's from 12 to 1pm.

Summer concert in support of Parkinson's UK at St. Teilo's on Tuesday, July 22nd

The Good Vibrations Chorus, a singing group, supported by the Royal Welsh College of Music and Drama and Parkinson's UK, to help people better manage their Parkinson's symptoms, along with the City of Cardiff (Melingriffith) Community Brass Band, will have its summer concert at St. Teilo's on Tuesday this week at 7.00pm. Tickets will be £8, with children attending for free. Tickets will be available on the door.

No Tuesday Evening Adoration

Due to the concert, there will be no Tuesday evening Adoration this Tuesday or for the next few weeks. Tuesday evening Adoration will resume on Tuesday, August 5th.

Coffee and Tea after Mass at Our Lady of Lourdes

We will have coffee and tea in the St. Pope John Paul II Chapel at Our Lady of Lourdes after the 10.00am Mass on Wednesday. If you are at Mass on that day, please stay behind and spend some time socialising and sharing with our fellow parishioners.

At a Loss Café

The Parish Loss and Bereavement Café continues on Wednesday. The Café is for anyone dealing with loss and you will find a cuppa and warm welcome waiting for you. Remember your loss does not have to mean bereavement. It can be any kind of loss you are feeling and perhaps with which you are struggling. The Café takes place on Wednesday from 1.30pm to 3pm in St. Teilo's Parish Hall. Weekly attendance is not required. Come as and when you are able.

Walk and Talk

The Walk and Talk group meets on Wednesday evening at 6pm at the car park in Caedelyn Park. All are welcome to come along and join the group. The group had a very successful and enjoyable walk around the Llanishen Reservoirs last week.

Adoration and Exposition – Our Lady of Lourdes

The Polish Community holds silent Adoration of the Blessed Sacrament on Thursday evenings from 7.30 to 8.30pm. All are welcome to come along and pray in silence, in the presence of the Lord Jesus. Adoration is preceded by Mass in Polish at 7pm.

Adoration and Exposition – St. Teilo's

There will be Adoration and Exposition of the Blessed Sacrament from 10.30am to midday at St. Teilo's this Friday. Why not come along to spend time in silent prayer and Adoration before the Lord?

Awakening is coming to Cardiff!

Anointed Fire Catholic Ministries and Cardiff University Catholic Chaplain Father John Patrick Thomas are jointly hosting a dynamic Eucharistic healing afternoon including talks, great youth ministry, lively music, Adoration of the Blessed Sacrament and Holy Mass on Friday, July 25th from 2pm to 6pm at Nazareth House. A big welcome is extended to everyone of all ages and especially the young people of our communities.

Reaching Out Project Second Collection – Next Weekend

The work of the Reaching Out Project would not be possible without the continued prayers, support and incredible generosity of the people of St. Teilo's with Our Lady of Lourdes. It would be good to be able to report that the level of need is reducing, sadly this is not the case and people are continuing to struggle to provide adequate food for their families. To ensure that this vital work continues, there will be a retiring collection at all Masses next weekend July 26th/27th. You can also donate using a debit or credit card at the Electronic Donation Station at the back of St. Teilo's or online at <https://donate.mydona.com/st-teilo-our-lady-of-lourdes>. The Reaching Out Project enables us as a parish, through your help, to respond to the call from the late Pope Francis, to address poverty and inequality in our community.

Yr Offeren yn Gymraeg

Dydd Sul nesaf bydd y gymuned Gymraeg yn dathlu Offeren yn Gymraeg am 4.30pm. Next Sunday, we welcome the Welsh language community who will be celebrating Mass in Welsh at 4.30pm. Croeso!

Parish Rosary Prayer Group

The Parish Rosary Prayer Group meets on the last Thursday of each month at 2.00pm in Ty Mair, 19 Heol y Waun CF14 1LB at the junction of Heol Gabriel and College Road. The group members have intercessory prayer, read and discuss the following Sunday's Gospel, pray the Rosary, pray the 3 o'clock prayer and the Divine Mercy Chaplet, and have a cuppa! The next meeting takes place on Thursday, July 31st. All are welcome to attend.

Parish Centenary Pilgrimage Walk

A Parish Centenary Pilgrimage Walk will take place on Saturday, August 2nd at 12.45pm. The walk is from St. Teilo's to Llandaff to visit the tomb and well of our Parish Patron, St. Teilo, ending the afternoon at a local pub. To express your interest in joining the pilgrimage, please sign the form at the back of each Church.

SVP Clothes Collection

The Parish SVP would like to thank all those who donated clothes etc. so generously, last weekend. The next clothes collection will be on the weekend of August 9th and 10th.
Thank you from the parish SVP.

Safeguarding

The work of our parish is expanding and volunteer numbers increasing. In upcoming weeks, as a parish community we will be looking to ensure safeguarding processes and policies are up to date and robust as we continue to nurture a positive and proactive culture of protecting the young, the vulnerable and all volunteers within St. Teilo's and Our Lady of Lourdes. If anyone has any issues they wish to raise regarding this, please do not hesitate to contact Jill on 07813 322179 or gildersleve@ntlworld.com Thank you.

March for Life UK – September 6th

March for Life UK is a major event taking place on Saturday, September 6th in London. Thousands of people will join together, united in a show of unity for the value of life from conception and standing up for all those who have been impacted by abortion. If you are interested in taking part, two coaches will be travelling up to London on the day. For further information on the coach leaving from St Dyfrig's, **Treforest**, contact Howard at Howard.bayliss@templebaptist.org.uk; for information about the coach leaving St Alban's, **Cardiff** and picking up from **Newport**, contact Clare on 07983 522 851

Praying for the Sick of the Parish

Please remember those who are sick in your daily prayers: Sue Adams, Eileen Allen, Haydn Ashcroft, Stella Blakey, Margaret Bowdery, Margaret Brown, Brian Bryant, John Costley, David Cuddihy, Philip Daly, Sean Daughton, Barbara Day, Rafael Diaz, Violet Fonseca, Maureen Fry, Mary Goodman, Paul Gough, David Griffiths, Martin Griffiths, Rita Harris, Linda Horrocks, Hannah John, Lola Jones, Mary Joseph, Mark Kozik, Eileen Lawrence, Annette Massey, Simon McCann, John McLaughlin, Bernie Monaghan, Robert Morgan, Gwyneth Page, Derek Phillips, Richard Williams, Bethan Thompson, Hilary Tracey, Derick Travers, Keith and Gwen Waddams, Madeleine Walters and Eileen Yaxley. If you would like to add someone to the list, please email whitchurch@rcadc.org.

Rest in Peace



Please pray for those whose anniversaries occur at this time: Father Clive Loosemore, Hanna Mears, Millicent Swaithes, David Caley, John Reynolds, Monica Darlington, Honora O'Keefe, Dennis Bowen, Julia Fitzgerald, Mary Sweetman, Lewis Hughes, Giovanna Bacigoliyso, Dino De Biasi, Domenica Franchi, Winifred Trenchard, Doreen Gardiazabal, Kathleen Needs, Mary Hitchman, Margaret Divine, Ellen Flanagan, David Nelson, Catherine Hays, Cyril Lunn, David Woodward, Eveline Gogarth, Sheila Dicketts, Betty Byrne and Andrew Drage.

Mass Times and Intentions: 19 th to 27 th July 2025			
Saturday 19 th July Sixteenth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – Fr. Fred Sheldon – RIP
Sunday 20 th July Sixteenth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Cerianne Hughes-Jones – RIP (BH)
	St. Teilo's	6.00pm	Mass – For the People of the Parish
Monday 21 st July Weekday of Ordinary Time	No Mass today		
Tuesday 22 nd July St. Mary Magdalene	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Paolo Trisolioni – RIP
Wednesday 23 rd July St. Bridget of Sweden, Religious, Patron of Europe	Our Lady of Lourdes	9.40am 10.00am	Morning Prayer of the Church Mass – Kathryn Ringwald Wildman – Anniversary
Thursday 24 th July Weekday of Ordinary Time	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Cath Curran – RIP (ML)
Friday 25 th July St. James, Apostle	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Marian Enrenzeller – Anniversary
	St. Teilo's	10.30am -12.00pm	Exposition and Adoration of the Blessed Sacrament
Saturday 26 th July St. Joachim and St. Anne, Parents of the Blessed Virgin Mary	St. Teilo's	9.40am 10.00am	Morning Prayer of the Church Mass – Josefa Suarez – RIP (JRS)
	St. Teilo's	12.30pm	Baptism – Alex Jan Cervenak
Saturday 26 th July Seventeenth Sunday in Ordinary Time	Our Lady of Lourdes	6.00pm	Mass – For the People of the Parish
Sunday 27 th July Seventeenth Sunday in Ordinary Time	St. Teilo's	10.00am	Mass – Pat Griffiths – Anniversary
	St. Teilo's	4.30pm	Yr Offeren yn Gymraeg – Mass in Welsh
	St. Teilo's	6.00pm	Mass – Kevin Stanton – RIP (ML)

Confessions

Canon John will be available for confessions at Our Lady of Lourdes before Mass on Saturday evening – 5.30pm to 5.55pm. There will be no confessions on Saturday morning due to the Deanery Pastoral Council meeting which is meeting in St. Teilo's at 10.45am.

Donations to the Parish

Donations to the parish for last weekend amounted to £709.63. The Second Collection for Stella Maris raised £587.70. Many thanks to all our parishioners for your ongoing generosity to the parish and the wider Church.

Mass Attendance

Mass attendance for the last weekend was as follows:

Sunday 12 th July	6pm	43
	10am	169
	6pm	75