

Archdiocese of Cardiff

Health and Safety Policy and Guidelines

Prepared for and on behalf of the Archbishop and Trustees by SafetyToolbox Limited



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Archbishop's Foreword

As members of the Church, we are all committed to the Common Good. This includes being responsible for the welfare of every person and protecting each other from harm. These principles reflect the teaching of Jesus to "Love one another as I have loved you". They are expressed wherever we gather, in churches, schools, parish centres and Religious Communities. The fact that we might choose to label some of this practice of care 'Health and Safety' is purely coincidental.

Already in the Church we have a structure of Safeguarding for children and vulnerable adults. Part of our moral and legal responsibility is to ensure the safety and well-being of all people with whom the Church relates. This duty of care on the part of the Diocese is expressed in the framework of support and guidance to each parish in order to help the clergy, employees and volunteers to exercise their responsibilities to the highest possible standards.

The responsibilities outlined in this policy document outlines the requirements expected in the proper exercise of our duty of care. It explains to all who come into contact with the organisation of the Church that they will be treated with respect, care, kindness and safety. That is one reason why the implementation of this Health and Safety Policy will require us all to work together.

+George Stack

Archbishop of Cardiff

George Stack

General Information

This document contains the Health and Safety Policy for:

The Archdiocese of Cardiff

Date of Health and Safety Policy: May 2015.

The policy is in four sections:

- General Information
- General statement of policy
- Organisation and responsibilities
- Arrangements

This policy applies throughout this Diocese including:

- Diocesan Offices
- Parishes
- Chaplaincies
- Prayer & retreat centres
- Houses and other rented property

General Statement of Policy

The Archdiocese of Cardiff (The Responsible Person) aims via this Health and Safety Policy to protect

all those members of the congregation, visitors and others who may be affected by our activities and to secure the health, safety and welfare of everybody who visits our premises or who work for us in

either a paid or voluntary capacity.

Our general statement of policy is to:

In so far as it is reasonably practicable, provide for the health, safety and welfare of all our

employees, volunteers and other relevant persons who carry out work for the Diocese.

• In so far as it is reasonably practicable, provide for the health, safety and welfare of members of our congregations, visitors and others who may use our premises or take part in the

activities we organise.

• Seek to identify the hazards and associated risks within our premises and inherent in our

activities and provide practical, sensible and proportionate means to control these.

Consult with our clergy, employees and volunteers and other relevant persons on matters

affecting their health and safety.

Provide information, instruction and supervision for our clergy, employees and volunteers.

• Seek to ensure that clergy, employees and volunteers are competent to undertake the tasks

expected of them or provide access to suitable competence and training where necessary.

Seek to ensure that all hazardous substances are handled and used safely.

Provide and maintain safe plant and equipment.

Seek to maintain a healthy and safe environment for all those who use our facilities.

Do all that is reasonable to prevent accidents and work related ill health.

Monitor health and safety continuously and to review this policy, organisation and

arrangements for implementation in the light of any changes.

In turn all those who undertake work for the Diocese, whether they are clergy, employees, volunteers or contractors, are expected to act responsibly, to prevent injury to themselves and

others, and to co-operate with us in all matters relating to health, safety and the environment.

George Stack

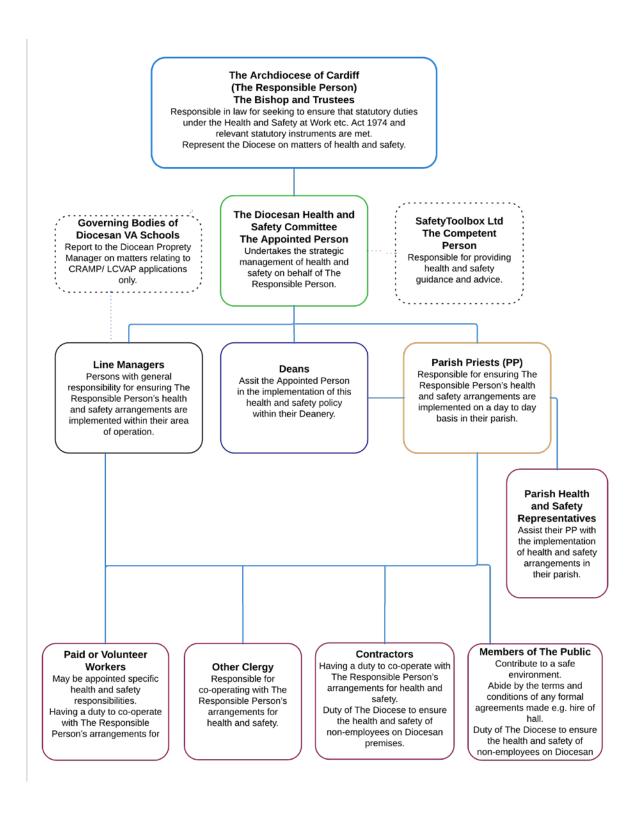
The Most Reverend George Stack

Archbishop of Cardiff

Date: May 2015

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Organisation and Responsibilities



The Responsible Person

The Archbishop & Trustees (The Responsible Person) have a general duty of care set out in Section 2 of the Health and Safety at Work etc. Act 1974 to protect the health, safety and welfare of their employees and other people who might be affected by the activities of the Archdiocese. This includes:

- Members of the clergy
- Volunteers (persons who are unpaid).
- People at particular risk including:
 - Workers with disabilities
 - New and expectant mothers
 - Young and inexperienced workers
 - Non employed persons
 Section 3 of the Health and Safety at Work etc. Act 1974 imposes a general duty of care to ensure, so far as is reasonably practical, the health and safety of non-employed persons including:
 - Persons visiting Diocesan premises as part of their work
 - Representatives of other companies or agencies
 - Contractors engaged to undertake work on behalf of an authorised agent of the Diocese e.g. a Parish Priest or Head of Department.
 - Third party contractors
 - Members of the public including:
 - o Congregations attending a service or event
 - o Persons on adjacent premises
 - o Persons hiring Diocesan facilities e.g. church halls

The Archbishop & Trustees aim to discharge this general duty of care by:

- Providing a written health and safety policy statement setting out the commitment to health and safety matters in the Diocese.
- Providing a clear organisational structure for health and safety within the Diocese for the implementation of the Health and Safety statement.
- Providing a practical means of identifying the significant risks associated with the activities of
 the Diocese and assisting the relevant persons to assess those risks in order to remove the
 risk or reduce it to an acceptable level.
- Providing a practical means for parishes and Diocesan Services to manage their health and safety effectively. (SafetyToolbox Online System)
- Monitoring and reviewing where applicable the effectiveness of preventative and protective measures. Where measures are found to be inadequate the Diocese shall take appropriate corrective action.
- Reviewing the health and safety policy statement with regard to the organisation of and arrangements for health and safety matters.

Including health and safety as a regular agenda item.

The Archbishop and Trustees represent the Diocese on health and safety matters.

The Appointed Person

The Diocesan H&S Committee comprises the Diocesan Property Manager, Diocesan Treasurer and the Vicar General. The Committee assists and advises the Trustees of the Diocese in the discharging of their health and safety responsibilities.

The Committee shall take all reasonable and practical steps to maintain a safe and healthy working environment which complies with statutory requirements. This includes:

- Preparing and maintaining a health and safety policy for the Archdiocese.
- Establishing, implementing, monitoring and reviewing an appropriate management system for health and safety in the Diocese.
- Reporting serious accidents to the Health and Safety Executive Incident Contact Centre
 and coordinating an investigation into the root causes of the accident in order to
 prevent recurrences.
- Establishing and co-ordinating an adequate process for the distribution of information and where necessary training for Parish Priests and Parish Safety Representatives, Diocesan employees and others to ensure that everyone has the knowledge, skills and confidence to discharge their health and safety responsibilities.
- Implementing a system to encourage robust record keeping and reporting.
- Providing an annual report to The Archbishop and Trustees and interim reports on health and safety matters which warrant their attention.

The Competent Person

SafetyToolbox Ltd is the organisation appointed by The Archbishop and Trustees to provide competent advice and support on the management and implementation of health and safety across the Archdiocese.

Responsibility of Line Managers

Line managers are responsible for implementing this health and safety policy and overseeing health and safety matters on a day to day basis within the departments/ services they manage. This includes:

- Providing paid and volunteer workers with the means to discuss health and safety issues e.g. regular meetings, informal chats.
- Recording accidents, potentially serious non-injury incidents and work related ill health of which they are made aware in accordance with Diocesan accident reporting procedures.
- Assisting with the identification of the significant hazards associated with the activities of their department or service and the regular assessments of these risks.
- Assisting the Health and Safety Committee with the management of risks associated with the activities of the department/ service.
- Ensuring that, where appropriate, safety procedures are in place e.g. lone working, fire
 procedures etc. Such procedures to be communicated to all relevant persons and to be
 subject to regular monitoring and review to ensure they remain appropriate and are
 followed.

- Advising the appropriate person of any defect in their workplace of which they become aware in order that action can be taken to maintain a safe workplace.
- Assisting with the identification of any information, instruction, supervision and training
 necessary to improve safety and ensuring that these are delivered to relevant personnel.
 This includes ensuring that safety induction training is provided to all new starters within
 their service or department.
- Issues relating to clergy health, safety or welfare should be directed to the Vicar General or Bishop.

Responsibility of Deans

Deans in the Archdiocese are responsible for assisting The Appointed Person in the implementation of this health and safety policy within their Deanery. This includes:

 Providing all clergy within their Deanery with the means to discuss health and safety issues e.g. regular meetings, informal chats.

Responsibility of Parish Priests¹

Parish Priests are responsible for implementing this health and safety policy on a day to day basis within their parishes. This responsibility cannot be delegated to others in the parish. This responsibility includes to:

- Adopt and encourage by example, a culture within the parish which facilitates everyone
 affected by health and safety issues to participate in providing and maintaining a healthy and
 safety environment for all.
- Establish HS as a regular agenda item on the Parish Finance Committee or Parish Advisory Council
- Seek to ensure the Parish SafetyToolbox Online account is kept up to date including:
 - Have access to all profiles relating to the Parish online account
 - Set Up Questionnaires are regularly reviewed to maintain an accurate identification of risk
 - Inspection, test and maintenance requirements are kept up to date in line with review frequencies described on the SafetyToolbox account
 - Risk assessments are completed and regularly reviewed in line with review frequencies described on the SafetyToolbox account OR when a significant change occurs impacting the accuracy of the previous assessment e.g. change in occupancy, activities carried out, layout of premises
 - Tasks arising from inspection, test and maintenance and from risk assessment are followed up in a timely manner and progress is recorded to provide an audit trail to completion or closing (via online tasks in the SafetyToolbox Online account)
- Seek to appoint a Parish Health and Safety Representative or Representatives to assist with health and safety matters and informing the Diocesan HS Coordinator of who those persons are or advise where no such appointment can be made
- Provide the Parish Health and Safety Representative(s) with adequate information and where necessary, training to enable them to carry out their role effectively

¹ Or religious order overseeing the parish

- Manage the appointment of contractors to avoid additional risk to paid or volunteer workers, persons hiring Parish facilities, visitors and members of the public and to the contractor and the contractor's personnel.
- Ensure that property within their control which is rented, leased or licenced to a third party
 whether or not for financial consideration, is reported to the Diocesan Property Department
 and to cooperate with Diocesan requirements in respect of the management of such
 property
- Make arrangements for first aid and accident reporting in line with Diocesan requirements (See Arrangements Section: Accident Reporting)
- Establish a practical and effective means for people to report health and safety concerns e.g.
 defective equipment, defective premises and stablishing procedures for complaints, security
 incidents and other emergencies and communicating these to relevant persons.
- Coordinate with their Parish HS Representative(s) and their Dean on health and safety matters.
- Seek the advice of The Health and Safety Committee on health and safety matters of which they are unsure or where they are advised of a need to obtain competent advice.
- Ensuring that a copy of the current employer's liability insurance is clearly displayed on the premises.

Parish Health and Safety Representatives

Parish Health and Safety Representatives are responsible for assisting the Parish Priest in the discharge of his health and safety responsibilities. The Parish Priest retains full responsibility for health and safety in his Parish. This role includes to:

- Adopt and encourage be example a positive approach to health and safety and encourage others to do the same
- Familiarise themselves with the role, taking part in training provided by the Archdiocese and acting at all times within the terms of reference for the role and referring matters of which they are unsure or where directed to seek competent advice to either their Parish Priest or a member of the Health and Safety Committee.
- Keep the PP informed of HS performance by the best practical means e.g. attending Parish Council meetings and reporting health and safety information such as accidents, incidents, findings of risk assessments including where corrective action is identified
- Assist the Parish Priest in establishing and communicating procedures to protect people
 working for or participating in the activities of the parish e.g. paid and volunteer workers,
 people hiring parish facilities, contractors and members of the public
- Monitor the Parish accident book and coordinating the investigation of minor accidents and incidents to identify root causes and avoid recurrences.
- Ensure serious accidents and potentially serious non-injury incidents are reported to the Diocesan HS Coordinator at the earliest opportunity (See Arrangements section: Accident Reporting)

NOTE: It is anticipated that Parish Health and Safety Representatives are likely to be volunteers from within a parish community. Occasionally they may be paid workers whose role incorporates health and safety responsibilities. Representatives are also likely to have little previous health and safety knowledge or experience. People who typically fulfil this role are often able to bring professional qualifications, knowledge, skills and experience which supports them in this role. Useful skills and attributes for such a role include:

• A commitment to safety, health and welfare.

- A good working knowledge of the parish, what goes on and how activities are run.
- Good communication and organisation skills.
- Basic IT skills and access to a computer or tablet.

Persons appointed as their Parish Health and Safety Representative should be aware that, provided they act within the terms of reference outlined above, the Diocesan insurance policy covers them for claims made against them personally as a result of their activities associated with this role. For further information about Diocesan insurance cover please contact the Finance Office at Archbishop's House.

Resources to assist Parish Health and safety Representatives are provided by the Archdiocese in the form of SafetyToolbox Online, access to competent advice for specific health and safety advice and face to face forums, seminars or training sessions.

Responsibility of Other Clergy, Paid and Volunteer Workers

All clergy, parish and volunteer workers of the Archdiocese have a duty to co-operate with the Diocesan Health and Safety Policy Statement including to:

- Familiarise themselves with the information contained in the Diocesan Health and Safety Policy & Guidelines document.
- Understand their responsibilities for health and safety.
- Operate within the limits of their competence
- Cooperate with The Archbishop and Trustees in meeting their statutory health and safety duties.
- Take reasonable care of themselves and others who may be affected by their acts or omissions.
- Not intentionally or recklessly interfere with or misuse anything provided in the interests of health and safety.
- Report all accidents, dangerous occurrences, work related illness and near misses.
- Understand all emergency procedures applicable to the premises or area in which they are working.
- Only use plant and equipment with which they are familiar or if necessary have received training in the use of or for which they have been authorised.
- Use all plant and equipment for the purpose intended in accordance with the manufacturer's instructions.
- Use and maintain all equipment provided for personal safety in a condition fit for that use, and report any defects immediately
- Report to their line manager or Parish Priest any condition which in their opinion is a danger.

Responsibility of Contractors

Anyone entering Diocesan premises for the purposes of carrying out work, other than a member of the clergy, employee or volunteer worker will be regarded as a contractor.

We recommend that the information below is provided to contractors when instructing work and should form part of the pre-existing site information where the Construction (Design and Management) Regulations, 2015 apply.

All contractors, including the self-employed, must abide by the following:

- Discharge their undertakings in a safe manner, within relevant health and safety laws, codes and standards.
- Conduct themselves in a manner sympathetic and respectful to the environment in which they are working.
- Have their own Health and Safety policy (where required by law) and provide a copy of the same which will be retained by the engaging party.
- Produce evidence that they have appropriate public and employers' liability insurance and other insurance relevant to the work to be undertaken in place and provide a copy which will be retained by the engaging party.
- Demonstrate that they have the skills, knowledge and experience. This may be by reference to membership of a recognised trade association, references from other customers, evidence of qualifications held etc.
- Comply with all the requirements of this health and safety policy and co-operate with the
 engaging party or their authorised delegate(s) in providing an environment in which
 people can safely use the premises in which the work is being carried out whether at
 work or otherwise.
- Not commence work until they have received a safety induction specific to the premises where they are working and given by an authorised person e.g. Parish Priest or Parish Committee Member
- Take appropriate precautions to avoid exposure to asbestos.
- Not undertake any unauthorised building or maintenance work.
- Where plant and machinery is brought onto Diocesan premises by contractors, they must be able to show where necessary that the equipment has been inspected and tested to ensure its safe operation.
- Contractors may only use sub-contractors or persons other than their own direct employees with the express permission of the engaging party or their authorised delegate(s). However, responsibility will remain with the contractors.
- Any 'high hazard' work carried out on Diocesan premises must be carried out using a
 'permit to work' and managed appropriately. 'High hazard' work includes any hot work,
 roof work etc.
- All contractors must observe the smoking arrangements in force on the premises where they are working. Usually this will require no smoking inside the premises and the disposal of waste smoking materials in a manner appropriate to the prevention of fire.

Responsibility of Persons Hiring Diocesan Premises

- Anyone hiring Diocesan premises e.g. the Church Hall, whether for a financial consideration or not, must co-operate with the terms and conditions imposed by the person in control of the hired premises e.g. the Parish Priest or administrator.
- Hirers must report any accident or unsafe condition of which they become aware during the course of their hire to the person in charge or as instructed within the terms and condition of hire.
- Hirers are responsible for ensuring they are familiar with the emergency procedures applicable to the premises they are hiring and have made suitable and sufficient provisions to implement these. Hirers should undertake their own risk assessments for general usage and fire.

- Hirers should be aware that they are responsible for any loss or damage they cause whilst using Diocesan premises. Private hirers may wish to purchase public indemnity insurance cover to protect against costs incurred in the event of loss or damage. Commercial hirers and contractors providing a service or attraction and engaged by a hirer must ensure they have public indemnity insurance with a minimum limit of indemnity of £5 million. Proof of insurance should be given to the parish before confirmation of hire is signed.
- Hirers for children's groups must have their own child protection procedures and will be
 expected to follow these. A copy of child protection procedures should be provided to
 the person in control of the hired premises and adherence to these procedures will form
 part of the hire agreement.
- In all cases, the hirer must ensure their activities are in sympathy and respectful of the teachings of the Catholic Church and will not cause offence.
- Hirers are responsible for ensuring they are familiar with the emergency procedures
 applicable to the premises they are hiring and have made suitable and sufficient
 provisions to implement these.

Governing Bodies of Voluntary Aided Schools

In our voluntary aided schools, the Board of Governors is the Employer and The Responsible person in respect of health and safety matters.

In voluntary aided schools in Wales, school governors and local authorities share responsibility for the provision, repair and maintenance of school premises, plant and equipment under the Voluntary Aided (VA) Schools Grant Programme. Voluntary aided schools in Wales receive funding for capital repairs and maintenance projects via their Diocese.

It is the responsibility of individual governing bodies to highlight repair and maintenance issues requiring funding under the Capital Repairs and Maintenance Programme (CRAMP) or LEA (Local Education Authority) Co-ordinated Voluntary Aided Programme (LCVAP) to the attention of the Archdiocese.

Queries regarding health and safety responsibilities in schools should be directed to the relevant local authority. Queries regarding school premises CRAMP or LCVAP applications should be directed to the Diocesan Property Manager.

Contact Information

If you have a health and safety query or concern feel free to contact any of the following:

1. Archdiocese of Cardiff

The Diocesan Property Manager Mr Christopher Jones Archbishop's House 41/43 Cathedral Road Cardiff CF11 9HD

Telephone: 029 2037 4148

Email: mailto:property@rcadc.org

- 2. Your Line Manager
- 3. Your Dean, Parish Priest or Parish Health and Safety Representative
- 4. The Environmental Health Department of your Local Authority
- 5. The Health and Safety Executive (HSE)

Website: http://www.hse.gov.uk

Local HSE Office and Knowledge Centre:

http://www.hse.gov.uk/contact/maps/waleswest.htm

6. SafetyToolbox (Account holders only)

Email: support@safetytoolbox.co.uk

Website: https://www.safetytoolbox.co.uk

Arrangements

The following section sets out our arrangements to minimise as far as is reasonably practicable risks to the health and safety of members of the clergy, employees, volunteer workers, contractors and members of the public.

These arrangements are designed to demonstrate a level of commitment to managing particular hazards and risks across our Diocese. The exact manner in which these measures are arranged may vary from one premises to another.

Unless stated to the contrary, statutory and routine surveys, tests, inspections and checks will be initiated by the person recognised as being in control of the premises or their authorised delegate.

For the purposes of these guidelines, a person in control of premises is defined as a Parish Priest, their equivalent in law or another person authorised by an appointed officer of the Archdiocese to be responsible for the management of a premises.

Accident Reporting

- It is our policy to encourage the recording of all injury accidents, however minor, in an Accident book or on an Accident Form. It is also our policy to encourage the recording of all potentially serious non-injury incidents.
- A means of recording accidents and incidents is provided at all our administrative offices.
 Parishes and other Diocesan services are encouraged to make suitable provisions for the recording of accidents and incidents.
- Serious accidents and serious non-injury incidents must be reported to the Diocesan
 Property Manager as soon as possible. Wherever possible, details of the accident/ incident
 should be recorded in the premises accident book, witnesses and photographic evidence
 collected and the scene preserved until advised by the Property Manager. However, the
 primary concern must always be to ensure any injured persons are safe and receiving any
 necessary medical assistance and that the premises are made safe to avoid further
 accidents/ incidents.
- Parish Health and Safety Representatives are encouraged to assist with the investigation of accidents/ non injury incidents of which they are made aware.
- Where we are made aware of ill health which a member of the clergy or a paid or volunteer
 worker believes to be related to their work undertaken for the Archdiocese, such ill health
 will be managed in a similar way as other untoward incidents, with occupational health
 advice being obtained as necessary.
- All accident records and associated information will be filed confidentially and retained for at least 3 years.

Refer to the Accident/ incident flow chart in the Appendices and more information in the First aid and Accident Reporting section of the <u>SafetyToolbox Online Resource Library</u>.

Asbestos

- We recognise our responsibilities under the Health and Safety at Work etc. Act 1974 and the Control of Asbestos Regulations 2012 and will take account of all related Approved Codes of Practice, recognised guides and notes.
- Within this policy "asbestos" refers to any fibrous form of:
 - Crocidolite blue asbestos
 - Amosite brown asbestos
 - Chrysotile white asbestos
 - Anthophyllite
 - Tremolite
 - Actinolite and any mixture which contains one or more of the above.
- The presence of asbestos containing materials (ACMs) does not in itself constitute a danger.
 However, it is hazardous when disturbed or damaged and must be treated accordingly.
 Activities which give rise to airborne dust, e.g. abrasion, breaking, sawing, cutting, drilling or machining ACMs, are most likely to present risks.
- Persons in control of our premises including Parish Priests must ensure the following for all premises constructed or substantially altered/ refurbished before the year 2000:
 - An Asbestos Management Plan is prepared and maintained with an up to date copy uploaded to the relevant online profile for the property
 - Where ACMs are retained or suspected but unconfirmed, these must be maintained in a safe condition.
 - O Prior to any invasive works on property with retained or suspect ACMs, details of the location, type and condition of the material must be communicated to the person undertaking or coordinating the work. Where the work warrants further investigation e.g. a Refurbishment and Demolition Survey, this must be carried out by a competent person BEFORE WORK STARTS, the findings communicated to all relevant parties and all necessary measures taken to protect workers and others at risk from exposure.
- Only persons trained to identify and work with ACMs are permitted to work with asbestos on our premises.

For more information about managing asbestos in premises refer to the Asbestos section of the <u>SafetyToolbox Online Resource Library</u> OR contact the Diocesan Property Manager

Building Structure

- We will ensure, so far as is reasonably practicable, that all those using our premises whether
 for work, worship or as visitors are able to do so safely. In order to achieve this, our
 building(s) are inspected regularly including a detailed check of our church buildings every
 five years (quinquennial inspection or condition survey) which should be used by the parish
 to plan maintenance works.
- Inspections include an examination of our grounds to avoid slip and trip hazards.

- Large trees which could present a hazard to people using our premises will be inspected
 regularly by a tree specialist and any remedial action identified will be implemented
 appropriately.
- The success of our arrangements to maintain safe buildings for our clergy, paid and volunteers workers, contractors and members of the public relies on the co-operation of all persons using the premises. If you discover any fault, damage or defect please report it.
- Where necessary, temporary measures will be taken to avoid accidents until permanent repairs can be carried out.

Children and Young People at Work

- For the purposes of this policy document we define children as those persons under school leaving age (currently 16 years). Young people are defined as those persons over school leaving age but under 18 years.
- We recognise that children and young people may be at increased risk in the workplace due
 to their immaturity, inexperience and lack of risk awareness. We also recognise that persons
 over 18 years who are new to the world of work may be similarly vulnerable and will
 manage such persons on a case by case basis.
- Where young people/children are involved in work experience/or are employed we will comply with applicable employment and working hours legislation.
- Consideration of the risks associated with the tasks which the young person/child is to be
 undertaking allowing for their immaturity, inexperience and lack of risk awareness, should
 be made. Where appropriate a person specific risk assessment should be carried out. The
 individual should be provided with additional instruction and supervision as determined by
 the findings of the risk assessment.
- In the case of employment/work experience of children, the significant findings of risk assessment must be shared with their parent or legal guardian, school or college prior to the placement/work starting.

For more information about Young Workers refer to the Young Workers section of the SafetyToolbox Online Resource Library.

Consultation

The Archdiocese is committed to a partnership approach to risk management involving all those who work for it whether members of the clergy, paid or volunteer workers.

We aim to encourage upwards and downwards consultation using existing channels including:

- Committees such as The Trustees, Parish Finance Committees and Parish Advisory Councils
- Deaneries
- Appointment of Parish Health and Safety Representatives
- Creation of a Diocesan Health and Safety Committee

We will consult with relevant persons through these channels on matters such as:

- Changes that may substantially affect their health and safety, for example, changes in work procedures, policy etc.
- Arrangements for competent advice and assistance on health and safety matters e.g. mentoring for parishes or services.
- The provision of information on health and safety and preventative measures.
- The planning and organising of health and safety training

Locally e.g. parishes, Diocesan offices, services etc. are encouraged to involve those who plan and organise activities in the identification and evaluation of hazards and risks and in the choice of measures to protect the health, safety and wellbeing of all participants.

Control of Contractors, Building, Repair and Maintenance Work

- Building and maintenance should be properly planned and carried out by persons
 competent to undertake the work safely. This includes the safety of those directly involved
 in the work AND others likely to be exposed to the work such as clergy, paid and volunteer
 workers, members of the public and contractors.
- For the purposes of this document, a contractor is defined as any person who is engaged to undertake work for the Diocese/ parish and who is other than a member of the clergy or a paid or volunteer worker.
- We recognise that when contractors are engaged to work on Diocesan premises, we have
 obligations to avoid their work adversely impacting on the health, safety and well-being of
 those persons who might reasonably be affected by the work being carried out including our
 clergy, paid and volunteer workers and members of the public. The contracting organisation
 also holds similar responsibilities and it is therefore our policy to work together, using
 carefully selected, competent contractors to ensure that our premises remain safe and avoid
 risks to health.
- Where persons in control of our premises engage contractors then a process should be followed to undertake reasonable checks to establish that the contractor is competent including having appropriate insurance.

Most contract work falls within the definition of 'construction' and as a client we recognise our responsibilities under the Construction (Design and Management) Regulations 2015 (CDM15)

The CDM Regulations seek to secure construction health and safety through:

- Managing the risks to health and safety by applying the general principles of prevention:
 - Avoiding risks where possible;
 - Evaluating those risks that cannot be avoided; and
 - o Putting in place proportionate measures that control them at source.
- Appointing the right people and organisations at the right time.
- Making sure everyone involved has the information, instruction, training and supervision they need to carry out their jobs in a way that secures health and safety.
- Encouraging and facilitating duty holders to co-operate and communicate with each other and co-ordinate their work.
- Consulting workers and engaging with them to promote and develop effective measures to secure health, safety and welfare.

Regulation 4 & 5 of the CDM Regulations define our duties as The Client. Broadly these duties require that we make suitable arrangements for managing projects and maintaining and reviewing

them for their duration so that work is carried out in a way that manages the health and safety risks involved. For projects which involve more than one contractor, we are required to appoint a principal designer and principal contractor and to make sure that they carry out their duties.

We also have obligations to manage contract works under other legislation including the Management of Health and Safety at Work Regulations 1999.

Larger projects, (those which last more than 30 working days and have more than 20 workers working simultaneously at any point in the project or those which exceed 500 person days) will require careful planning. Projects of this type must be reported to the Diocesan Property Manager who will ensure correct protocols are followed including applications for faculties for work where necessary, authorisation of works by the relevant diocesan committee and that all appointments and notifications required under the CDM Regulations are made in a timely manner and according to the requirements of these regulations.

Smaller construction projects incurring cost of more than £2,000 will be referred to the Property Manager for approval and managed thereafter at local level. Higher value projects incurring costs of more than £10,000 will be submitted for approval by the Trustees and the method of management agreed with the Property Manager.

Persons responsible for planning and coordinating non-notifiable construction work are directed to guidance and checklists available on our online health and safety management system.

For more information about managing contractors and building and maintenance work refer to the Building and Maintenance Work section of the <u>SafetyToolbox Online Resource Library</u> or the Diocesan Property Manager.

Disabled Persons

- For the purposes of this document, our definition of disabled is taken from the Equality Act, 2010 where a person has a physical or mental impairment that has a 'substantial' and 'long term' negative effect on their ability to carry out normal daily activities.
- We recognise that disablement need not be a barrier to contributing to the activities of the Archdiocese. We are committed to the inclusion of disabled persons and will endeavour to introduce reasonable adjustments to facilitate this where necessary.
- In the case of individual paid or volunteer workers, their needs should be dealt with locally
 and involve discussion with the individual concerned on a case by case basis to facilitate
 agreement of a practical solution to maintaining their health, safety and well-being and to
 avoid endangering others who might be affected.
- We also recognise that there are occasions when people are temporarily disabled, for
 example following an accident or illness. We endeavour to encourage persons suffering
 temporary disablement to continue to work or participate in the activities of the
 Archdiocese as far as they feel able and will undertake to do that which is reasonable and
 practical to accommodate this.
- In instances of temporary or permanent disablement of clergy, this will be a matter for the Archbishop or the Vicar General.

Display Screen Equipment

- For the purposes of this document we define display screen equipment as a device or equipment that has an alphanumeric or graphic display screen and includes both conventional display screens and those used in emerging technologies such as laptops, touch screens etc.
- We recognise that the incorrect use of display screen equipment can impact on the health
 and wellbeing of the user. Accordingly, we seek to avoid musculoskeletal and other health
 problems associated with the use of display screen equipment by raising awareness to the
 potential causes, encouraging the use of adjustable equipment as much as possible and
 encouraging people using such equipment to do avoid situations which could cause
 discomfort.
- We recognise that individual factors influence the manner in which a workstation is set up
 and encourage users to assess their workstation and report problems in order to seek an
 individual solution as far as is reasonably practicable to do.

For more information about display screen equipment refer to the Office section of the <u>SafetyToolbox Online Resource Library</u>

Driving for Work

- We recognise that there are occasions where an individual's work duties necessitate the use
 of a motor vehicle for example, members of the clergy visiting parishioners or the Property
 Manager visiting church premises to discuss construction or repair work.
- For the purposes of this document we define driving for work as that which is required in order for the individual to carry out their work. We do not mean commuting or choosing to drive where other forms of travel could be used or where the task could be completed another way.
- Whilst everyone who uses the public highway has a duty to comply with road traffic legislation, we recognise that we have some responsibilities as an employer to take proportionate measures to keep workers involved in this activity safe.
- Paid and volunteer workers, required to undertake driving activities in pursuit of their work
 may be asked to provide evidence of their qualification and fitness to drive as well as
 evidence that the vehicle they use is fit for purpose and road worthy.
- We seek to avoid putting drivers under excessive pressure such as might reasonably
 contribute to a road traffic accident e.g. avoid imposing unrealistic deadlines for completing
 journeys and not distracting drivers from the road by unnecessary contact with the office i.e.
 use of mobile phones while driving.
- We encourage drivers to join a vehicle road side assistance scheme whether or not they need to drive as part of their work. A scheme is available to employees of the Archdiocese. For more information please refer to the Diocesan Treasurer.
- Matters relating to work related driving and the clergy will be dealt with by the Archbishop or the Vicar General.

For more information about driving for work refer to the Driving for Work section of the <u>SafetyToolbox Online Resource Library</u>

Drugs and Alcohol

- We recognise that the use of drugs and alcohol in our society is becoming increasingly common and that the misuse of drugs and alcohol often affects an individual's performance, conduct and relationships.
- We are committed to providing a safe environment for all people who work at or use our
 premises and participate in our activities and regard the excessive consumption of alcohol
 and illegal use of drugs to be in conflict with this aim. Accordingly, we will encourage our
 clergy, paid and volunteer workers to be mindful of the risks associated with working whilst
 under the influence of drugs and alcohol (which includes prescription drugs which might
 affect performance etc.) and that they ensure they are fit and capable to carry out the duties
 requested of them.
- Visit the <u>NHS Choices website</u> to find out more about help and support for overcoming addiction.

Electrical Safety

- We recognise that electricity at work covers many areas of operations and can be associated with high risk conditions.
- We seek to ensure that electrical installations on our premises are maintained in a safe condition. Every five years, electrical installations will be tested and inspected by a suitably competent person. Test and inspection reports will be retained on our online health and safety management system with remedial work implemented in accordance with the engineer's recommendations. Tests and inspections are initiated, and reminders issued via our online health and safety management system.
- For the ongoing safety of electrical installations, we will rely on the person in control of our premises to vigilant to and respond to faults as they occur.
- Only qualified, competent persons may undertake work on electrical installations in our premises.
- Any temporary electrical installation for which we are directly responsible will be installed, maintained and decommissioned by a suitably competent person.
- We seek to ensure that electrical equipment provided for use by our clergy, paid or
 volunteer workers or members of the public is fit for purpose and measures implemented to
 maintain such equipment in a safe condition. This will be by means of regular inspection and
 where necessary testing by a suitably competent person. Records to support the
 maintenance of electrical equipment will be recorded on our online health and safety
 management system.

• It is recognised that the maintenance of electrical equipment will require the cooperation and vigilance of people using such equipment to report defects and remove faulty equipment from service.

For more information about electrical safety refer to the Electrical sections of the SafetyToolbox Online Resource Library

Environment

- We continually review the impact our activities and premises have on the environment and identify ways where improvements can be made.
- It is the policy in this Archdiocese to accept responsibility for limiting and/or reducing the harmful effects our activities have on both the local and global environment.
- We will seek to comply with all relevant environmental legislation.
- We seek to raise awareness throughout our Diocese on environmental issues and enlist the support of clergy, paid and volunteer workers and other relevant personnel in improving our environmental performance.
- We will encourage the adoption of similar principles by our suppliers.

Events

For the purposes of these guidelines, events are defined as activities other than church services, which might involve larger than usual numbers, admission to members of the public or occasional activities such as visits and residential experiences.

- Parishes are encouraged to establish a process for the planning and delivery of events held
 on parish premises or run by parishes but held away from parish premises. A risk assessment
 should be developed for the event, coordinated by a designated person or team and this
 should be regularly reviewed to ensure it remains accurate and up to date. Parishes are
 encouraged to use the online Event Manager to assist with their event risk management.
- Health and safety issues are integral to the planning and delivery of events organised by the Archdiocese. This includes regular liaison with our health and safety consultants.

For more information about running events refer to the Events section of the <u>SafetyToolbox</u> <u>Online Resource Library</u>

Fire Safety

We seek to fulfil our obligations under the Regulatory Reform (Fire Safety) Order 2005 and where appropriate The Housing Act, 2004.

The person in day to day control of our premises is identified as the Responsible Person for fire safety e.g. the Parish Priest in his Parish. The Responsible Person will ensure a fire risk assessment is carried out.

Fire risk assessments will be premises specific and, where appropriate will be carried out in house using our online resources. For premises which fall outside the scope of our online resources such as complex premises, premises requiring an assessment for the protection of property or premises where there is a higher risk to life safety, competent, professional advice will be sought.

Corrective action identified from the fire risk assessment should be followed up in a timely manner by the Responsible Person (fire). Measures requiring substantial financial investment should be discussed with the Property Manager to avoid unnecessary expense.

The Responsible Person will ensure that installed fire safety systems and equipment are properly maintained, and records retained online to demonstrate compliance. In addition, regular in house fire safety checks will be undertaken and recorded via the Premises Inspection Checklist.

Suitable emergency fire procedures will be established by the Responsible Person and communicated to all relevant persons by the best practical means e.g. face to face briefing, notices. Where appropriate, people will be appointed to assist with the implementation of emergency fire procedures.

Outline emergency fire procedure:

If you discover a fire:

- **1.** Raise the alarm according to the specific arrangements in your premises e.g. shout FIRE, activate the nearest fire alarm call point etc.
- **2.** Remember to warn occupants of neighbouring building(s) who are likely to be at risk if the fire spreads
- **3.** Call the fire brigade by dialling 999 from the nearest available telephone. If this is a mobile phone give the full postal address of the premises and if asked, confirm that there is evidence of fire (e.g. smell or sight of smoke and flames).
- **4.** Clear the building and switch off any plant or equipment which might make the fire worse e.g. cooking equipment, ventilation equipment but without taking personal risk
- **5.** Attack the fire if you have been trained to do so using the appliances provided, but without taking personal risk.
- 6. Evacuate the building by the nearest available exit to the fire assembly point which will be a place where people will be safe from the fire Try to close all doors and windows behind you as you leave, without taking personal risk
- 7. DO NOT STOP TO COLLECT PERSONAL BELONGINGS
- 8. AWAIT THE FIRE BRIGADE AND DO NOT RE-ENTER THE BUILDING UNTIL YOU ARE TOLD IT IS SAFE TO DO SO

First Aid

- As a minimum, we seek to ensure that a first aid box and a person appointed to take charge
 of first aid arrangements such as calling an ambulance, is available at Archbishop's House
 and the Pastoral Office. Staff in these offices will be advised about the first aid arrangements
 available to them.
- Whilst we recognise that it is not a legal requirement that we make provision within our first
 aid arrangements for persons other than our paid workers we seek to provide first aid
 equipment in most of our churches and church halls and at other Diocesan services. We rely
 on the good will of volunteers to provide first aid treatment at our services and other
 activities.
- The persons in control of other Diocesan premises are encouraged to review their first aid
 arrangements regularly and update these arrangements where appropriate. As a minimum,
 premises should provide a basic first aid kit containing a selection of simple dressings.
 Lotions, creams, tablets and other items which could be regarded as a medicine must NOT
 be included in first aid boxes provided for use by paid or volunteer workers or members of
 the public.

For more information about first aid refer to the First Aid and Accident Reporting section of the <u>SafetyToolbox Online Resource Library</u>

Food Safety

- We seek to follow good hygiene practice governing the preparation, storage and service of foodstuffs.
- We seek to ensure that all food handlers who regularly provide a food service at our administrative offices and other Diocesan Services have access to appropriate information, instruction, supervision and training on safe food handling.
- We encourage parishes to assist with the implementation of good hygiene practices among food handlers, providing appropriate information, instruction, supervision and where necessary formal training depending on the nature of the food preparation activity. Other Diocesan facilities are responsible for ensuring they meet their statutory obligations with regard to food hygiene.
- We seek to ensure that an appropriate assessment of risks is carried out for the foods to be prepared and stored including storage at the correct temperatures.
- We do not guarantee that food provided on Diocesan premises for consumption by clergy, paid or volunteer workers or members of the public is suitable for people with food allergies or intolerances. Persons with food allergies or intolerances must make their own judgement based on their understanding of their condition.
- Kitchen furniture and equipment should be fit for purpose, kept clean and well maintained.
- Persons using kitchen facilities and equipment must ensure they are authorised to do so by the responsible person at the premises.

For more information about food safety refer to the Food Safety section of the <u>SafetyToolbox</u> Online Resource Library

Hazardous Substances

- We recognise that hazardous and dangerous substances may be stored and used on our premises including cleaning substances, glues, paints, sealants and resins.
- The activities undertaken on our premises may also generate hazardous or dangerous substances such as during building and maintenance work though not normally by activities undertaken by our clergy, paid or volunteer workers.
- We encourage the avoidance of hazardous and dangerous substances as far as is reasonably
 practicable, substituting hazardous substances with those which are non-hazardous or less
 hazardous. Where it is not possible, we seek to minimise the risks to users, the environment
 and other people likely to be at risk by encouraging a thorough assessment of the hazards
 and risks and the implementation of suitable and sufficient control measures to reduce
 these.

For more information about hazardous substances refer to the Harmful Substances section of the <u>SafetyToolbox Online Resource Library</u>

Heating Equipment

- Heating equipment should be checked and maintained regularly by a competent person
 e.g. Gas Safety registered engineer for gas equipment. Records of checks and
 maintenance work will be kept on file and a copy of the annual gas safety certificate or
 equivalent where other forms of heating apply will be retained on the online health and
 safety management system. Any remedial work identified will be implemented according
 to the recommendations of the engineer.
- Portable heating equipment should be avoided where possible. Where portable heating
 equipment is necessary it should be selected to be fit for purpose, be well managed to
 avoid fires and trip hazards and be well maintained.
- Persons in control of our premises are encouraged to establish emergency procedures for heating appliances e.g. suspected gas leaks, oil leaks and to communicate such procedures to relevant persons.
- Measures to protect personnel from the effects of exposure to carbon monoxide gas must be implemented where appropriate. This will usually involve the installation of a carbon monoxide gas alarm installed near the gas appliance.
- Surfaces which become hot such that a burn or scald could be sustained will be protected by a suitable guard to avoid direct contact.

For more information about heating equipment refer to the Heating Equipment section of the <u>SafetyToolbox Online Resource Library</u>

Landlord's Obligations

We recognise our obligations as landlord and accordingly seek to ensure that:

- Domestic property including tied domestic property e.g. presbytery or retired clergy house, is provided and maintained in accordance with the requirements of the Housing Act 2004 and where appropriate the Regulatory Reform (Fire Safety) Order, 2005.
- Property which is rented or leased to third parties is covered by a legally binding agreement.
- Deposits taken in respect of property rental are appropriately managed.
- Tenants/ lessees are provided with relevant information about the property e.g. safety procedures, instruction manuals
- Suitable management of defects
- Parish Priests must inform the Diocesan Buildings Officer of all Parish property which is rented/ leased out to third parties and maintain the online profile for the property

The Archdiocese recognises the requirements of the Rent Smart Wales scheme for domestic rental properties located in Wales which are controlled by an assured, assured short hold and regulated tenancy agreement. Since formal training needs to be undertaken to be licenced for tenant management the Archdiocese has requested that a managing agent be appointed to arrange the tenancy and manage the property professionally.

The Diocesan Property Manager maintains the register of Rent Smart licenced properties. Any enquiries as to whether a property has been registered for private domestic rental should be made via the Property Manager.

We seek to ensure that our tied properties are maintained to a safe and reasonable standard, in line with the standards expected for our other rental property. Records relating to these properties are also managed through our online system.

For more information about landlord obligations refer to the Renting Diocesan Property section of the **SafetyToolbox Online Resource Library**

Legionnaires' Disease

- We recognises the risk presented by the growth of legionella bacteria in water systems in accordance with the HSE's 'Approved Code of Practice (L8) (ACOP) – Legionnaires Disease: The Control of Legionella Bacteria in Water Systems' and is committed to taking reasonable and practical steps to manage these risks.
- In general, the risk of infection from exposure to legionella bacteria in our churches and church halls is not considered to be significant and should be capable of being adequately controlled by:
 - o Engaging competent persons to undertake work on hot and cold water systems
 - Seeking to ensure safe water temperatures are maintained whilst at the same time avoiding conditions which increase the risk of burns from very hot water; AND
 - Seeking to ensure that hot and cold water systems are turned over regularly.
- In premises where the risk may be increased e.g. residential property, an appropriate assessment of the risk will be carried out and action identified to remove/ reduce any unacceptable risk in accordance recognised best practice.

For more information about Legionella refer to the Legionella section of the <u>SafetyToolbox Online</u>
Resource Library

Lifting Operations and Lifting Equipment

- Lifting equipment must be purchased according to a process which seeks to ensure equipment is fit for purpose and complies with appropriate standards.
- All persons involved in lifting operations will be competent and where appropriate qualified for the task and authorised to operate the plant and equipment involved.
- Lifting equipment must be maintained according to the provisions of the Provision and Use
 of Work Equipment 1998 (PUWER) and where appropriate the provisions of the Lifting
 Operations and Lifting Equipment Regulations 1998 (LOLER). A separate safety inspection is
 usually required in addition to routine service and remedial maintenance.
- All lifting operations must be planned, supervised where necessary and assessed for risk.

For more information about lifting operations and lifting equipment refer to the Lifting Equipment section of the section of the <u>SafetyToolbox Online Resource Library</u>. Mobile Elevated Work Platforms (MEWPS) are covered in the Work at Height section of the section of the <u>SafetyToolbox Online Resource Library</u>

Manual Handling

- Manual handling is defined as any transporting or supporting of a load (including the lifting, putting down, pushing, pulling, carrying or moving thereof) by hand or bodily force.
- We recognise that manual handling operations have the potential to cause musculoskeletal disorder (MSD) which can lead to long term ill health. We are committed to the avoidance those activities which could increase the risk of long term ill health for the good of The Archdiocese, our clergy, paid and volunteer workers and society as a whole. Accordingly, we will:
 - Where possible seek to design out manual handling risks prior to any alteration to our buildings, new activities or the purchase of new equipment.
 - Encourage the people in control of our premises to raise awareness to the dangers
 of manual handling among their personnel and where necessary carry out an
 assessment of the hazards and associated risks to establish practical and
 proportionate measures to minimise their impact.

For more information about manual handling refer to the Manual Handling section of the <u>SafetyToolbox Online Resource Library</u>

New Starters

- We recognise that new starters are likely to be unfamiliar with their work place and work role. As such they are at increased risk.
- We encourage all those in control of premises to establish an effective means to:
 - Ensure new appointees are competent to carry out the tasks associated with their employment (whether paid or voluntary).

- Where gaps exist to provide additional training and/ or supervision. The level of supervision will be commensurate with the level of risk and take into account individual characteristics e.g. age and aptitude.
- o Provide new starters with safety critical information such as fire procedures and first aid arrangements within their first day at work (Safety Induction Training).

For more information about managing new starters including a checklist for carrying out and recording Safety Induction Training refer to the New Worker section of the SafetyToolbox Online Resource Library

Night Shelters

- We recognise that night shelters run by parish communities provide a vital service to support those people who find themselves without safe shelter, particularly during the coldest months of the year.
- Parishes are free to run night shelters provided they are able to meet the health and safety
 and fire safety requirements to ensure that guests, volunteers running the shelter and
 others who might be affected by the activity are not put at unreasonable risk.
- In particular, a risk assessment should be developed for the night shelter with any remedial action identified being implemented in a timely manner. This assessment should be reviewed in advance of plans to provide a night shelter in the future to take account of past experience, new conditions within the premises or the people running the shelter and any changes in statutory requirements. An up to date copy of the risk assessment should be kept on your parish SafetyToolbox Online account.

For more information about night shelters refer to the Night Shelters section of the <u>SafetyToolbox</u> <u>Online Resource Library</u>

Personal Protective Equipment (PPE)

- Personal protective equipment is defined as equipment that will protect the user against health hand safety risks. It can include items such as safety glasses, head protection, high visibility clothing, safety footwear, gloves and safety harnesses.
- Taking account what we know about our normal day to day activities, the activities likely to
 necessitate our clergy, paid or volunteer workers to use PPE is mainly restricted to cleaning
 and maintenance tasks. The type of PPE required tends to be limited to simple items such as
 gloves, glasses, footwear, high visibility clothing and ear defenders.
- We encourage the person in control of our premises to be aware of the activities been
 undertaken in and around the premises for which they are responsible and to provide
 suitable and sufficient PPE where there is no reasonable alternative in order to protect
 persons from exposure to a hazard. Such equipment must be provided at no charge to those
 needing to use it. No person should be asked to undertake a task for which they are not
 competent and should highlight the limits of their competence for the removal of doubt.
- Where PPE is used for the protection of exposure to a hazard, persons needing to use the
 equipment should be familiar with the purpose of the equipment and understand how to
 correctly use, store, maintain and replace the equipment.

For more information on PPE refer to the PPE section in the <u>SafetyToolbox Online Resource</u> <u>Library</u>

Personal Safety (see also Working Alone)

- Violence at work is defined by the Health and Safety Executive as 'Any incident in which a
 person is verbally abused, threatened or assaulted in circumstances relating to his or her
 employment'.
- We recognise that our clergy, paid and volunteer workers may be at risk of violence or harassment from members of the public. These persons may be at risk because they are involved in activities such as:
 - Working with individuals who have known risks e.g. persons with mental health issues or who are intoxicated
 - Travelling between work locations
 - Carrying equipment, confidential information or involved in the counting or transporting of money
 - Working alone in their work place or working away from their principal work base.

These persons may be physically isolated from colleagues and without access to immediate assistance.

Persons in control of our premises are encouraged to raise awareness to the hazards and risks to themselves and their paid and volunteer workers and establish practical and proportionate measures to control these hazards and risks. For example, persons at risk should:

- Be competent to undertake their duties safely.
- NOT take unnecessary risks.
- Be aware of the hazards and risks to which they are exposed and the measures to be used to protect them e.g. avoiding working late at night, avoiding working in isolated areas, ensuring access to a safe means of escape etc.
- Make sure that their line manager or other responsible person is aware of any
 medical condition or other personal circumstance which might reasonably impact on
 their ability to work safely alone or in a high risk situation.
- Know what to do if something goes wrong.
- Inform a colleague, family member or friend (whichever is appropriate) of their whereabouts, what they are doing and when they should be expected back to their normal workplace or home.
- Report promptly any concerns, threats or potentially dangerous situations to their line manager, Parish Priest, Vicar General or Bishop as appropriate.

Persons who have a responsibility for managing people who are vulnerable to violence and harassment e.g. line managers, Parish Priest etc. must seek to:

- Understand the importance of ensuring the hazards and risks are correctly evaluated.
- Obtain professional advice and assistance when problems arise.
- Understand the practical and emotional implications of working alone or in difficult situations.
- Clergy experiencing violence and harassment should contact their Vicar General.

- The Archdiocese will seek to identify those activities taking place in our parishes and other Diocesan facilities and evaluate these specifically for the purposes of determining the level of risk posed to those involved and whether there is a need to do more to protect people.
- Reducing the risk will primarily depend on establishing guidelines for appropriate working procedures and providing training for those involved.
- The design of our premises also influences the risk and where we have the opportunity to redesign workplaces, we will seek to include improvements to reduce the risk of violence.
- Management and occupational health support is available to those who have suffered from verbal abuse or physical assault and it is our policy to involve the Police for a full investigation of any person who assaults our clergy, paid or volunteer workers.

For more information about managing the health and safety of people who work alone refer to the Vulnerable Groups section of SafetyToolbox Online Resource Library

Pregnant Workers

- We are committed to protecting the health and safety of women of childbearing age and new or expectant mothers, to ensure compliance with the Management of Health and Safety Regulations 1999. We do not equate pregnancy with ill health, but we recognise that the potential health and safety implications must be addressed.
- Upon receipt of written notification that a paid or volunteer worker is pregnant, Line Managers
- will ensure that the work tasks carried out by the pregnant worker/ new mother are
 reviewed in the light of their condition and suitable adjustments made to maintain their
 health and safety and that of their unborn child. Where there is significant risk, these
 considerations will be documented in the form of a risk assessment.
- Employees and other persons affected will be made aware of the results of risk assessments so that new or expectant mothers are not put at risk of injury or ill-health from any foreseeable hazard.

For more information about managing the health and safety of pregnant workers refer to the Pregnant Workers section of the <u>SafetyToolbox Online Resource Library</u>

Safe Access, Egress and Work Place

- We will endeavour so far as is reasonably practicable to provide safe access, egress and a safe place of work for all those working at our premises.
- Some of our activities take place in areas to which the public have access. We therefore seek to take account of risks to the public within our risk assessments including the risks to children and people with disabilities.
- We encourage those in control of our premises to undertake regular inspections to identify
 hazards which might affect people working in, visiting or passing by our premises. Where
 hazards cannot be immediately rectified we encourage those in control to put in place

effective and appropriate measures to warn people of the dangers and protect them from such dangers.

- Where the activities or undertakings conducted in our premises result in the temporary
 obstruction of fire exits and escape routes and affect the functioning of safety critical
 systems and equipment such as fire alarms and fire extinguishers we encourage those in
 control to take account of this and make alternative arrangements to maintain a safe
 environment for their personnel and members of the public.
- For the duration of building and maintenance work, when the building is in use, appropriate risk control measures should be implemented such as barriers and signs. Persons in control of our premises should take into account the need to be alert to building users who may have special needs or be too young to comprehend warning signs and instructions.
- Safety equipment will be provided to assist people in an emergency including fire extinguishing equipment.
- Warning signs and signals will be provided to warn personnel and other users of our
 premises of hazards to which they might reasonably be exposed. Persons in control of our
 premises are encouraged to identify these hazards through risk assessment. Signs and
 signals should be deployed appropriately in accordance with statutory requirements and
 best practice.

For more information on matters relating to safe access to, movement around and egress from premises refer to the Safe Access and Egress section of the <u>SafetyToolbox Online Resource</u> <u>Library</u>

Safe Environment and Welfare Facilities

- We will seek to ensure, so far as is reasonably practicable that we provide a safe environment and suitable and sufficient welfare facilities for those working at our premises e.g. toilets, washing and kitchen facilities.
- The comfort of our staff, whether they are paid or volunteer workers, is a high priority.
 Persons in control of our premises are encouraged to do all that is reasonably practicable to ensure a good standard of thermal comfort, adequate ventilation and sufficient lighting.
 This will be achieved by providing:
 - A means of heating our premises which is appropriate to the nature and use of the premises.
 - Windows which can be opened.
 - Portable fans where necessary.
 - Lighting which is suitable for the tasks undertaken.
 - Where required emergency lighting which lights escape routes and high hazard areas in the event of failure of the normal lighting circuit.
- All equipment provided for the purpose of workplace comfort should be subject to periodic checks, maintenance and repairs by competent engineers. Certain checks will be recorded and copies kept on our online health and safety management system.
- To assist in monitoring the indoor workplace temperature, thermometers should be available.

To find out more information on safe environment and welfare facilities refer to the Office section of the SafetyToolbox Online Resource Library

Safeguarding of Children, Young People and Vulnerable Adults

- This Diocese is committed to safeguarding children, young people and vulnerable adults in accordance with the procedures issued by the Catholic Safeguarding Advisory Service (CSAS).
- We have appointed a Safeguarding Coordinator who in conjunction with the Vicar General and all our clergy are committed to raising awareness of the importance of safeguarding and establishing processes to support it.

Safety of Plant and Equipment

- We recognise the importance of providing plant and equipment which is fit for purpose, well
 designed to minimise risk to users and well maintained. Accordingly, we encourage those
 persons in control of our premises to establish purchasing policies and maintenance regimes
 which meet these high standards and introduce appropriate measures to ensure people
 using plant or equipment understand how to do so correctly.
- People using complex machinery or equipment in our premises should be trained to do so
 including being familiar with emergency procedures. Effective measures MUST be
 established to avoid untrained persons operating complex or dangerous machinery or
 equipment e.g. equipment locked away.

For more information on work equipment refer to the Work Equipment section of the <u>SafetyToolbox Online Resource Library</u>

Slips, Trips and Falls

- We seek to ensure, so far as is reasonably practicable, that floor or ground surfaces are fit for purpose and maintained to minimise the risk of slips and trips.
- We encourage the regular review of all Diocesan premises for slip, trip and fall hazards and for those in control of our premises e.g. the Parish Priest to take appropriate remedial action to resolve any issues identified.
- The prevention of slip and trip accidents in the workplace relies on the involvement of all personnel and everyone is encouraged to deal with hazards as they arise. Personnel are reminded of the importance of storing equipment in designated locations and in particular keeping walkways free from obstructions and trailing cables. They are also encouraged to report hazards, seeking assistance with any which they cannot personally resolve.
- Storage areas should be of sufficient capacity, well managed and under the control of an identified person.
- Cleaning regimes should be designed to control the build-up of dust, grease and other slip
 hazards, with all hard flooring cleaned regularly. If there is a spillage, local personnel are
 encouraged to ensure that it is cleaned up promptly and any wet floor is clearly highlighted.

- Except in cases of necessity, wet floor cleaning should be restricted to times outside normal
 operating hours or when occupancy is low. Suitable warning should be given where floors
 remain wet after cleaning or as a result of other causes such as wet weather e.g. wet floor
 signs, positioning of personnel to provide warning etc.
- Waste should be removed regularly to ensure that it does not accumulate and cause a trip hazard.
- Personnel are encouraged to wear sensible footwear on our premises taking account of the activity in which they are involved, the conditions etc.
- Suitable and sufficient lighting should be provided for normal tasks, and emergency lighting provided to aid escape in case of lighting failure. Lighting should be routinely checked.
- Persons in control of our premises are encouraged to establish arrangements for dealing
 with ice, snow and the accumulation of leaves on a timely basis to reduce the slipping risk in
 external areas.

For more information about managing slip and trip hazards refer to the Safe Access and Egress section of the <u>SafetyToolbox Online Resource Library</u>

Smoking

- Smoking is not permitted within any of our premises to which members of the public, paid
 or volunteer workers have access. This will include the presbytery where this is used to
 receive any such persons.
- No Smoking signs MUST be displayed clearly on the entrances to our premises in accordance
 with statutory requirements. Smoking is also not permitted in any private vehicle when
 used on Diocesan business if it is being used to carry passengers.
- Smokers are requested to ensure that they have disposed of their smoking material in a
 manner which avoids a fire starting i.e. material fully extinguished and NEVER brought back
 into the buildings for disposal. Where smoking is identified as a significant hazard on our
 premises receptacles should be provided for smoking materials.
- Visit the NHS Choices website for help and support for people wanting to give up smoking.

For more information about managing smoking refer to the Smoking section of the <u>SafetyToolbox</u> <u>Online Resource Library</u>

Work Related Stress

- Stress is defined as 'the adverse reaction people have to excessive pressure or other types of demand placed on them'.
- We recognise that workplace stress is a health and safety issue and acknowledge the
 importance of identifying and reducing workplace stressors. We also recognise that stress
 can be caused by factors outside the work environment such as relationships, high pressure
 personal incidents such as bereavement, moving house etc. We cannot seek to interfere
 with how individuals manage stress outside the work environment but we do recognise that

these pressures affect work performance and could impact on the health, safety and wellbeing of those suffering from stress, work colleagues and other relevant persons.

- We recognise that people have different tolerance levels when coping with stress and therefore seek to manage work related stress on a case by case basis.
- Common indicators of stress include:
 - o Low self esteem
 - Making more mistakes at work
 - Working inefficiently
 - Working excessive hours
 - Behaving out of character
 - Increased reliance on alcohol, caffeine and/or nicotine
 - Disturbed sleep patterns
 - o Poor concentration and memory loss
 - o Feeling unwell, disorientated or emotional
- Anyone recognising these symptoms and who feels that their work could be affected as a result should take the following steps:
 - o Employees should contact their Line Manager.
 - o Clergy should contact their Vicar General.
 - Volunteers should contact the person within their parish or Diocesan service to whom they report.
 - o In all cases you should request a meeting explaining why you want to see them. You can take a co-worker with you for support if you feel you need to.
 - o If it is identified that the stress is being caused or made worse by work factors we will discuss how we can work together to reduce the stress.
 - We may refer you to a medical practitioner or ask you to see your GP.

You can get advice and support on managing stress from the NHS Choices website

For more information about work related stress refer to the Work Related Stress section of the <u>SafetyToolbox Online Resource Library</u>

Working Alone

The Health and Safety Executive (HSE) defines lone workers as 'those who work by themselves without close or direct supervision.' Lone working may occur when clergy, employees or volunteers are working alone in our premises, working in the premises before or after normal hours and when working away from the main work site.

• It is our policy to avoid the need for lone working as far as is reasonably practicable.

However, we recognise that there are times when it is unavoidable. The person in control of the premises e.g. the Parish Priest must establish safe procedures to minimise the risks to lone workers and communicate these to those involved. Including:

- o Not working alone unless authorised
- Not undertake any task that might put the worker in harm's way
- Understand the task and what to do if something goes wrong

- Establish 'check in' arrangements with someone so the alarm can be raised if necessary.
- Not to work alone if they feel uncomfortable about it
- Don't work alone if you feel unsafe
- Contractors who undertake work on our premises are responsible for their own lone
 working arrangements but in any case may not commence work without the authority of the
 person in control of the premises at which they are working.

For more information about working alone refer to the Working Alone section of the SafetyToolbox Online Resource Library

Working at Height

- Work at height is defined as work in any place where, if there were no precautions in place, a person could fall a distance likely to cause personal injury (for example through a fragile roof). The expectation is that most work at height above 2m will be undertaken by competent contractors.
- As far as is reasonably practicable the person in control of our premises should design tasks
 to avoid the need to work at height. In particular, we recognise that a fall in excess of 2
 metres (2m) is more likely to result in serious injury. As such no untrained person should be
 permitted to work where they might fall more than 2m and a task specific risk assessment
 carried out identifying the measures necessary to prevent a fall e.g. guarding to an exposed
 edge or use of a work platform rather than a ladder.
- Where it is not possible to avoid work at height an assessment of the hazards and risks should be undertaken and appropriate measures to control these implemented. Control measures should be in line with the hierarchy of control outlined in the Work at Height Regulations 2005.

Hierarchy of control measures Work at height Regulations 2005

- Avoid the need to work at height e.g. use extending equipment from ground level.
- Prevent falls using appropriate access equipment e.g. work platforms.
- Reduce the distance and consequences of a fall should one occur.
- Persons in control of our premises must seek to ensure that persons engaged in work at
 height are competent to do so or supervised by someone who is competent. This is likely to
 require engaging competent contractors where competence is not available 'in house.'
- Persons working by themselves should NOT be permitted to carry out work from height.
- The person in control of our premises should carry out a general work at height risk assessment a copy of which should be recorded on the parish SafetyToolbox Online account.
- Ladders, steps and other equipment used for work at height MUST be subject to routine checks which should be recorded on the parish SafetyToolbox Online account.
- Where clergy, paid or employed persons are involved in work at height the following should apply:

- Persons working by themselves should NOT be permitted to carry out work from height.
- Work carried out at very high level (which for the purposes of this document is defined as work involving a standing height in excess of 2metres) MUST carry out a task specific risk assessment and safe working method which MUST be communicated to all relevant personnel.

To find out more about work at height refer to the Work at Height section of the SafetyToolbox Online Resource Library

Risk Management and Performance Monitoring and Review

Risk Identification

- We recognise our legal duty to identify the significant hazards associated with our activities
 and to carry out a suitable and sufficient assessment of the risks posed by such hazards to
 eliminate or reduce the risk of injury, ill health or loss.
- Working with our Competent Person, we will agree a general risk profile covering the activities of the Diocese. This will be based on:
 - Statutory requirements, codes of practice and standards relevant to our activities
 - Accident, illness and claims data within the Archdiocese of Cardiff and the Catholic Church nationally.
- We will review the general risk profile from time to time to ensure it remains accurate.
- We recognise that within our general risk profile there will be some local variation. Parishes and other Diocesan Services will be able to identify their own risk profile using our online health and safety management system.

Risk Assessment

- Risk assessment is a systematic process by which the potential risks that may be involved in an activity or undertaking are evaluated and where necessary measures to protect people from harm are identified.
- When considering risk assessment be aware that:
 - A hazard is anything which has the potential to cause harm, such as electricity, working from a ladder, using a cleaning chemical etc.
 - A risk is the chance, big or small, that somebody might be harmed by these hazards together with an indication of how serious the harm could be.
- We follow an approach to risk assessment based on the Health and Safety Executive five step approach:
 - 1. Identify the hazards.
 - 2. Decide who might be harmed and how.
 - 3. Evaluate the risks and decide on precautions.
 - 4. Record the significant findings.

- 5. Review and update.
- The significant findings of risk assessments should be communicated to relevant persons in the form of safe procedures for example, lone working procedure, emergency fire procedure etc.
- The person in control of our premises e.g. the Parish Priest or the Head of a Diocesan Service or Department is responsible for ensuring that risk assessments are carried out, regularly reviewed and updated where appropriate. Copies of certain risk assessments will be kept on our online health and safety management system.
- We recognise that most of the personnel on whom we rely to manage risk in our premises
 (clergy, paid and volunteer workers) are not trained health and safety professionals, nor do
 we believe it is necessary for them to be so. We are committed to providing resources to
 assist people unfamiliar with risk assessment to undertake thorough and meaningful
 assessments through our online health and safety management system. For many
 assessments commonly required for the activities and undertakings of the Archdiocese, the
 system provides online interactive risk assessment questionnaires designed to help people
 with little health and safety knowledge.

For more information about risk assessment refer to the Risk Assessment section of the SafetyToolbox Online Resource Library

H&S Performance Monitoring and Review

We are committed to regularly monitoring, reviewing and continually improving health and safety performance in this Archdiocese. To do this we will:

- Identify health and safety goals for the Archdiocese which are specific, measurable, achievable, realistic and timely. We will use these goals to establish a health and safety action plan which we will use to measure our performance on an annual basis.
- Arrange for our health and safety performance to be independently reviewed by our health and safety consultants initially on an annual basis.

In addition:

- The Diocesan Property Manager will monitor health and safety performance via SafetyToolbox Online and make a regular report to the Diocesan health and Safety Committee who will meet quarterly.
- The Diocesan Health and Safety Committee will report any health and safety matters of note to The Archbishop and Trustees at their meeting. Otherwise a report on health and safety performance will be presented to The Trustees annually.
- At parish level, Parish Health and Safety Representatives are asked to monitor health and safety performance via the parish SafetyToolbox Online account and report regularly to the Parish Finance Committee or Parish Advisory Council.
- Where deficiencies in health and safety performance are noted, we will consult with all relevant parties to seek a practical and sustainable resolution.

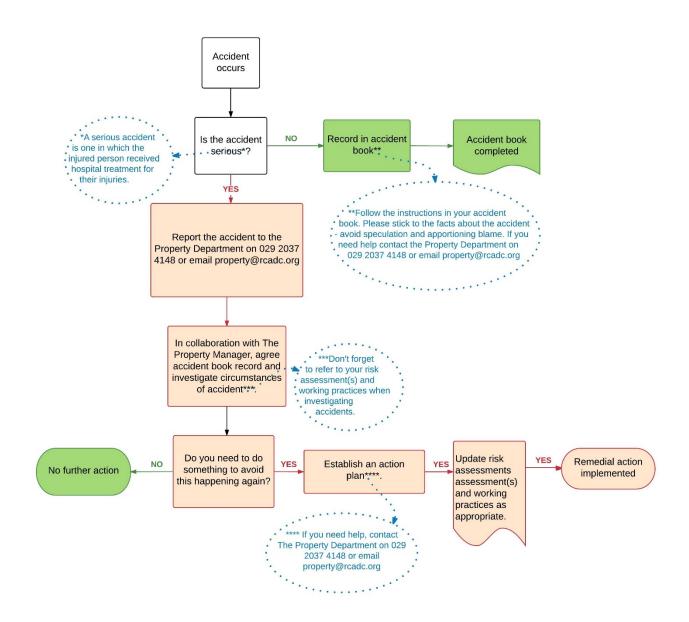
H&S Audit

A process of periodic review will be developed to establish that our health and safety management system remains fit for purpose and that records retained to demonstrate compliance are accurate and of good quality.

Record of Amendments

Revision	Date	Amendment
1	21/10/2016	Updates to improve flexibility of approach and clarify accident reporting procedures. New section management of rental property and separate section covering risk and performance management.
2	20/08/2018	Updates to clarify responsibility, simplify language and improve flexibility of approach. New section covering audit.

Appendix 1(a): Parish Accident Reporting Procedure



Appendix 1(b): Accident Reporting Procedure (Property Dept.)

