



# FIH LEVEL 3 COACHING COURSE

Hockey New Zealand (HNZ) is seeking Expressions of Interest from current or aspiring performance coaches to participate in an upcoming FIH Academy Level 3 Coach development opportunity, delivered through a blended online and face to face model in May and June 2026.

## About the Course

The FIH Academy Level 3 Coach development opportunity is an internationally recognised qualification designed for coaches operating in advanced development and performance environments. This opportunity supports coaches to:

- Apply contemporary coaching theory in performance contexts
- Lead advanced team and athlete development environments
- Demonstrate reflective, evidence informed coaching practice
- Support the development of athletes and other coaches

## Course Educators

The course will be delivered by two highly experienced FIH Educators and coaches:

**Amy Ryan** – Australia

**Jude Menezes** – New Zealand

*Additional Educators will support the delivery of some online components.*

## Course Delivery Overview

This course will be delivered through a blended learning model, combining live online delivery, online workshops, and a face-to-face practical course. All components align with FIH Academy requirements and contribute toward formal assessment and certification.

## PATHWAY TO COMPLETE THE L3C AWARD

To access this course, applicants must first provide confirmation that they hold an FIH Academy Level 2 Coach Award or equivalent



### Level 3 Online Course

The Level 3 Online Course component will be delivered through four live online sessions, with dates and times detailed below. Attendance at all sessions is required.

- Sunday 10 May, 6.00pm to 9.00pm
- Sunday 17 May, 6.00pm to 9.00pm
- Sunday 24 May, 6.00pm to 9.00pm
- Sunday 31 May, 6.00pm to 9.00pm

### Online Workshops

Four mandatory online workshops - Integrating Goalkeepers, Game Analysis, Power of Principles and Session Design - will be delivered online between 1 and 11 June. These workshops form part of the FIH Academy Level 3 Coach Award requirements and must be completed prior to the face-to-face course. Coaches may also complete equivalent workshops directly through the [FIH Academy](#).

### Face to Face Course Delivery

The face-to-face practical component will be delivered in North Harbour, with dates and indicative times as follows:

- Saturday 13 June, approximately 8.30am start
- Sunday 14 June, all day
- Monday 15 June, approximately 5.00pm finish

The course will focus on applied coaching practice, observation, discussion, reflection, and assessment against FIH Level 3 Coach competencies. Delivery coincides with the start of the FIH Nations Cup event, providing an enriched learning environment connected to international high-performance hockey.

### Course Costs

The FIH Academy Level 3 Coach Award is a high value development opportunity. HNZ has secured funding to heavily subsidise course delivery costs, including travel and accommodation.

The costs payable by accepted coaches are outlined below.

- FIH Level 3 Online Course – \$100 per person
- FIH Level 3 Workshops – \$25 per workshop (4 x workshops in total)
- FIH Level 3 In Person Course – \$200 per person

*\*This includes travel, accommodation, catering, and course related delivery costs*

Total Coach Cost for all components – **\$400 per person**

### Target Audience

This course is intended for experienced coaches operating within performance environments across the Aotearoa’s hockey system. Coaches must hold an FIH Academy Level 2 Coach Certificate or an equivalent qualification recognised by HNZ or the FIH.

The programme is best suited to coaches who are:

- Leading or contributing to performance focused programmes
- Coaching athletes within HNZ pathway or representative environments
- Actively influencing the development of players and other coaches

### Coach Suitability Criteria

Places on this course are limited to 13 NZ-based coaches. If the number of Expressions of Interest exceeds the available places, HNZ will consult with Associations and Franchises to determine which coaches are best suited to this programme and to ensure it delivers the greatest impact across the national performance coaching system.

Priority will be given to coaches who:

- Are actively coaching within performance or HNZ pathway environments
- Are contributing to key national or regional performance programmes, such as National Hockey Championships, Junior Hockey League, Premier Hockey League, or Regional Training Environments
- Can apply learning directly within their current coaching role and context
- Are well positioned to influence athlete and coach development within their programme or organisation

Selection will seek to achieve an appropriate balance of diversity across coaching backgrounds, and regions, while aligning with the intent of the funding secured to support performance coaching capability in Aotearoa.

### Timelines

- Expressions of Interest close: **Friday 10 April, 12.00pm**
- Confirmation of selection outcome: By Friday 17 April

All applicants will be notified of the outcome of their Expression of Interest.

**[CLICK HERE](#) for the Expression of Interest form**

### Course Contact

If you have any questions or concerns, please contact:

Ben Owers, HNZ Coaching Lead – [Ben.owers@hockeynz.co.nz](mailto:Ben.owers@hockeynz.co.nz)