<div align="center">
Western North Dakota Synod Bishop's Convocation
At Camp Metigoshe, Bottineau, ND
Expect Less, Nourish More with Rev. Dr. Nate Frambach
September 14-16, 2025
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Expect Less - Nourish More with the Rev. Dr. Nate Frambach from Wartburg Seminary. All Rostered Ministers & Synod Authorized Ministers need to be reminded of the beauty of their call to ministry. You can't fully appreciate that without first remembering that you are a human and a beloved child of God. The Rev. Dr. Nate Frambach will lead us with generous space for connecting with ourselves and with one another. It will be space to not worry about what's expected of you to "do" or to "learn." Together we will create this retreat for your nourishment.

Sunday, September 14, 2025

4:00 – 8:00 p.m. Arrive, check in, relax. (A-Frame Bar & Grill)
5:30 – 7:30 p.m. Complimentary hors d'oeuvres served. Full menu available.
8:00 p.m. Arrival Ritual (A-Frame Chapel)
8:30 p.m. Evening Prayer (Turtle Mountain conference)

Monday, September15, 2025

7:00 – 8:00 a.m. 5k walk/run (start at the A-Frame Chapel)
8:00 – 9:00 a.m. Breakfast
9:00 a.m. Morning Prayer – Sanctuary (Turtle Mountain conference)
9:30 a.m. "Expect Less, Nourish More", Session 1, Rev. Dr. Nate Frambach
12:00 p.m. Lunch

Afternoon Open Space: *choose your own adventure*

One-on-One Meetings – (sign up sheets in dining area)
- Rev. Tim Schroeder, Portico
- Rev. Pete Ruess, GSB
- Dn. Beth Anderson, Spiritual Direction
- Murray Sagsveen, Synod Attorney

- Bp. Craig Schweitzer
- Rev. Dr. Nate Frambach

1:30 – 2:30 p.m. Q&C with Bishop Craig

3:00 – 4:00 p.m. Q&C with Synod Staff

Hiking
Pride Dairy Ice Cream Field Trip
Read
Nap
Jump in the lake
Do nothing at all.

6:30 p.m. Dinner at Metigoshe Christian Center
8:00 p.m. Campfire Worship

Tuesday, September 16, 2025

8:00 – 9:00 a.m. Breakfast
9:00 a.m. "Expect Less, Nourish More", Session 2, Rev. Dr. Nate Frambach
11:30 a.m. Worship with Communion (Turtle Mountain Conference leading, Bishop Craig preaching & presiding)
12:30 p.m. Lunch to Go (stay and eat or hit the road)