

# Aged Care Transition to Practice Program (ACTPP)

UOW Consortium

## SUMMARY INFORMATION

### Background to the UOW ACTPP Program

In 2015, a team at UOW was invited by the Nursing in Aged Care Collaborative (NACC) to develop gerontological nursing competencies (GNCs). Since that time, UOW has been successful with research and partnership funding to develop and pilot the implementation of the GNCs. A group of 15 aged care providers and three universities participated in the process of developing and testing the GNCs.

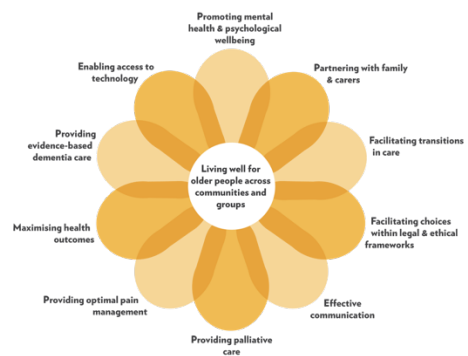


### Gerontological Nursing Competencies (GNCs)

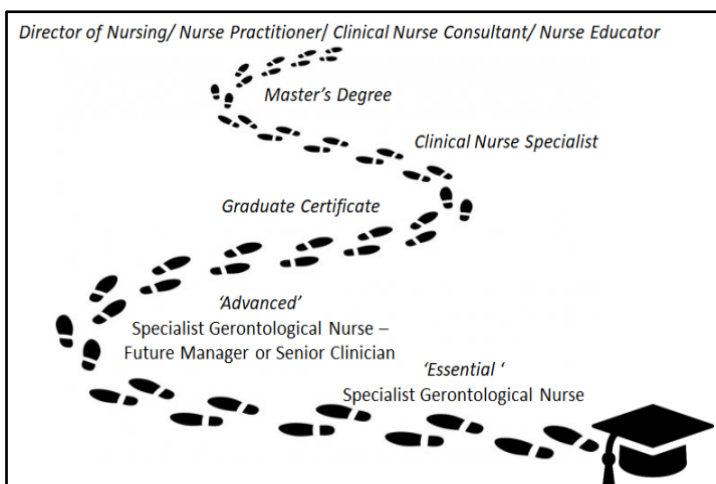
The GNCs were developed from online surveys with a wide stakeholder group (n=450). The GNCs consist of 11 core competencies and 33 domains of practice (DoP). The GNCs have an Essential and Advanced Level of Practice:

- Essential LoP consists of 27 DoP;
- Enhanced LoP consists of 6 DoP.

An implementation process to enable registered nurses to demonstrate their specialist gerontological nursing competence was developed and trailed by the NACC partners.



**Structure of the GNCs program:** The UOW Consortium focuses on using the Gerontological Nursing Competencies (GNCs) to enable new graduates to complete specialist pathways:



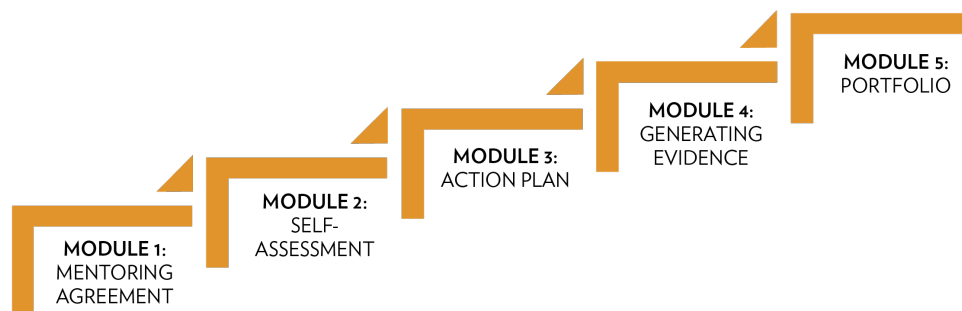
- Essential GNC
- Enhanced GNC

Both pathways are structured around six-month programs. Two distinct pathways were created to explicitly create a progressive career pathway to enable the participants to gain specialist gerontological nursing credentials at six month and 12-month landmarks. These landmarks will be inform the specialist gerontological nursing journey of the RNs.

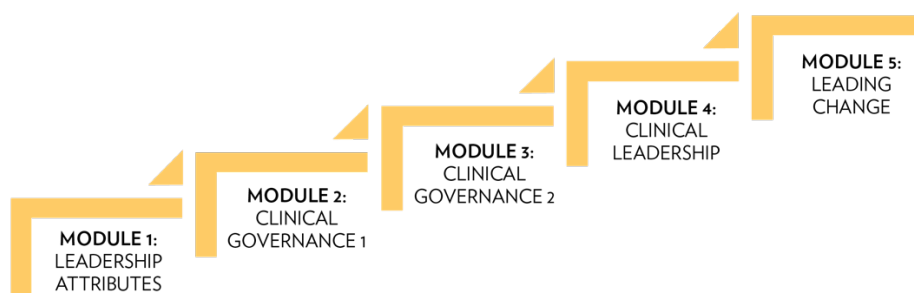
Our industry collaborators will nominate groups of RNs to join Essential and Enhanced cohorts each six months. Each cohort will be a group of up to 25 RNs from across our industry collaborators to complete the (1) Essential and (2) Advanced GNCs program. After six months and cohort 1 completes the Essential GNC, Essential and Advanced cohorts will simultaneously undertake the GNCs every six months.

**Content:** All participants are new graduates and therefore their university education has provided them with the opportunity to gain the necessary skills and knowledge to become RNs. A new graduate year focuses on enabling the new qualified RNs to implement their learning from their undergraduate degree to deliver nursing care that promotes the health and well-being of the consumers and family carers who they work with as well as supervise other members of the healthcare team and supervise student nurses. The purpose of the GNCs program is to provide the new graduate RNs with the opportunity to develop their specialist gerontological nursing competence within aged care. The GNCs will achieve this by guiding the RNs through a 5-steps program consisting of: mentoring, self-assessment, action planning, generating evidence and portfolio development.

### Essential GNCs Course:



### Enhanced Leadership GNCs Course:



The RN new graduates who undertake the GNCs program are facilitated to work with a mentor, complete an assessment of their current gerontological nursing competence, create an action plan to develop their competence, generate evidence about their competence and present evidence of gerontological nursing competence in a professional portfolio. The GNCs program focuses on developing the new graduate RNs as independent lifelong learners who can lead their own professional development.

**Delivery mode of the GNC Program:** The content for the GNCs program will be delivered via distance learning. The RNs will complete the GNCs program using a digital online learning platform with support from a facilitator to complete the learning activities and work based activities required to successfully complete the program. Mentors will be allocated a separate site. There will be separate instances of the learning. The GNCs program is delivered using online distance learning and virtual video conferencing. A digital online learning platform will be used to enable the participants to complete the GNCs program. Separate digital 'instances' will be created for each cohort of RNs. Each cohort (Essential and Enhanced) will be offered a set of virtual (video link) workshops (n=3) and regular online forum discussions in their dedicated digital 'instant'.

A dedicated facilitator will be allocated to each cohort. The facilitators will deliver the three virtual workshops each cohort participates in and they will have an online presence to moderate the discussion forums created to support completion of each of the five steps in the GNCs program.

Each participant will also be allocated a mentor to support them complete the GNCs program. Mentors will meet with their mentees via virtual video conferences and communicate with them via the online discussion forums. Mentors will meet with the mentees regularly throughout the GNCs program.

During the GNCs program, the RNs will be supported to create a portfolio of evidence to demonstrate their competence as an Essential and Advanced gerontological nurse. At the end of the program the RNs will submit their portfolio of evidence to their mentors and facilitators for review. Successful portfolios of evidence will be endorsed as a demonstration of specialist gerontological practice of the RNs at an Essential LoP and Advanced LoP.

**Outcome for participants:** At the end of each landmark participants will be awarded a certificate of competence for their gerontological nursing specialist practice: (1) Essential LoP; and (2) Enhanced LoP. All participants who complete the GNCs program will be eligible to submit their GNC certificates as evidence of recognition of prior learning/ advance standing/ credit for a graduate certificate or master's degree at UOW.

