MILLWOODS HOCKEY ASSOCIATION

# Player Code of Conduct

Millwoods Hockey Association (MWHA) is committed to a safe, positive and inclusive hockey environment. Players are expected to demonstrate teamwork, respect, integrity and sportsmanship on and off the ice.

## 1. Team Commitment & Participation

Be a positive, supportive and contributing member of your team. Help create an environment where every teammate feels welcome and valued.

## 2. Positive Attitude & Responsibility

Participate with enthusiasm, a willingness to learn and a commitment to enjoying the game. Take responsibility for your actions and attitude.

## 3. Attendance, Effort & Development

Attend practices, games and team activities whenever reasonably possible. Arrive prepared, work hard, give your best effort and respect the time of your teammates and coaches.

## 4. Respect for Coaches, Officials & Rules

Follow reasonable coaching instructions and team expectations. Respect game officials and comply with the rules of MWHA and applicable hockey governing bodies, even when you disagree with a decision.

## 5. Team Unity & Positive Relationships

Encourage teammates, build positive relationships and participate in team activities when possible. Support others through challenges and celebrate their successes.

## 6. Respect for Opponents

Compete fairly and with determination. Treat opponents with courtesy; avoid intimidation, taunting or actions intended to embarrass others.

## 7. Sportsmanship in Victory & Defeat

Win with humility and lose with dignity. Recognize the effort of teammates, opponents and officials, regardless of the result.

## 8. Accountability & Appropriate Behaviour

Do not engage in or encourage bullying, harassment, discrimination, intimidation or disrespect. Speak to a trusted adult, coach or association representative when you experience or witness concerning behaviour.

## 9. Inclusion & Fair Treatment

Treat everyone fairly and respectfully regardless of race, ethnicity, religion, sex, gender identity, sexual orientation, disability, economic circumstances or other personal characteristics.

## 10. Conduct On & Off the Ice

Use appropriate language and behaviour at games, practices, tournaments, dressing rooms and team functions. Physical aggression, threats and conduct that compromises another person’s safety or enjoyment are unacceptable.

## 11. Social Media & Electronic Communication

Follow the MWHA Social Media Policy. Communicate respectfully in group chats, messages and online platforms. Never post or share content intended to bully, harass, embarrass or harm others.

## Accountability & Compliance

Failure to follow this code may result in education, corrective measures or discipline under MWHA policies and applicable governing regulations. MWHA emphasizes guidance, learning and age-appropriate accountability.

**Respect the Game. Respect Each Other. Represent Millwoods Hockey with Pride.**