



AGENDA

Tentative Schedule

November 13 - 16 // New Orleans Marriott // New Orleans (LA)

Thursday, November 13th

- 4:00 P.M. - 8:00 P.M.** Conference Check-In
Preservation Hall
- 4:00 P.M. - 8:00 P.M.** COPS Shop Opens
C.O.P.S. Central/ Studios 9-10
- 4:00 P.M. - 8:00 P.M.** Silent Auction Drop Off/ Raffles

Friday, November 14th

- 7:00 A.M. - 8:00 A.M.** Conference Check-In
Preservation Hall
- 7:00 A.M. - 5:00 P.M.** Explore Exhibitors/ Raffles/ Silent Auction/
COPS Shop (open until 7:00 P.M.)
C.O.P.S. Central
- 8:00 A.M. - 9:30 A.M.** Opening Ceremony General Session
Ballroom/Gatlin D
- 9:30 A.M. - 10:00 A.M.** Morning Break & Explore Exhibitors
C.O.P.S. Central/Gatlin C
- 10:00 A.M. - 11:30 A.M.** Breakout Sessions

Darrell Aulston - Living Through the Lens of Trauma
Tracy Hejmanowski - iNobody Trusts Peer Support": Unique Ways to Gain Team Credibility
Amy Morgan - TBD
Sherri Martin - Hitting Home: The Law Enforcement Relationship
Michael Burts - The Influence of Leadership Styles on Officer Behavior and Organizational Culture
Reggie Parker - Composed in the Midst of Chaos
Darren Bennett - Falling Forward
TBD

- 11:30 A.M. - 12:45 P.M.** Lunch & Explore Exhibitors
C.O.P.S. Central
- 12:45 P.M. - 2:00 P.M.** Breakout Sessions

Dianne Bernhard - Responding to an Officer Death in Your Agency
Amy Carter - Predicting and Preventing Suicide: A Progressive Approach to Protecting our Officers
Ken Tworek - Beyond the Sunset
Jay Callaghan - Compassionate Leadership
Matt Bloesch - How a burned out cop went from "just getting by" to living his best life
Marci Ware - Yoga for First Responders: Building Resilience and Preventing PTSD
Judy Pollard - Building Financial Resilience in Uncertain Times
Jason Workman - Cops and Chaplains

- 2:00 P.M. - 2:15 P.M.** Afternoon Break & Explore Exhibitors
C.O.P.S. Central
- 2:15 P.M. - 3:30 P.M.** Breakout Sessions

Cheryl Lynn Lee - Traumatic Growth: Rising from the Ashes of Stress, Trauma, and Moral Injury
David Hornsby - Navigating Moral Injury
Steve Sweeting - Overcoming Outside Negativity
Katherine Boyle - Raising Resilient Kids in LE Families
Mike Slocum - Strength in the Storm: Building Mental Toughness and Resilience for Public Safety Leaders
Antonio Zarzoza - Mindfully Restless: The Power of Letting Go
Benjamin Stone - Heart Disease: #1 Killer of Active and Retired Cops
Travis George - Pathway to Financial Wellness and Retirement Planning

- 3:30 P.M. - 3:45 P.M.** Afternoon Break & Explore Exhibitors
C.O.P.S. Central

Friday, November 1st (continued)

3:45 P.M. - 5:00 P.M. Breakout Sessions

David Berez - Developing HIPP COPS
Scott Roach - Peer Support Playbook - How to Start a Peer Support Team
Denise Coyle - First Responders and Suicide: Changing how we train
Alaina Gay - Enhancing Trauma Informed Care and Policing: Healing Our Wounds First
Chris Workman - Cleaning Out Your Mental Closet
Devon Edwards - Sleepless on Duty: Reclining Rest in a Culture That Doesn't Sleep
Nick Daugherty - Building Your Financial Strength
David Rutledge - Spirituality and Law Enforcement

5:00 P.M. - 7:00 P.M. Unwind at 5 – Sponsored by NEWCOM NEWCOM Exhibit Booth

Saturday, November 15th

- 7:00 A.M. - 7:45 A.M.** Yoga for First Responders
TBD
- 7:30 A.M. - 8:30 A.M.** Conference Check-In
Preservation Hall
- 7:30 A.M. - 5:00 P.M.** Explore Exhibitors/ Raffles/ Silent Auction/
COPS Shop (open until 7:00 P.M.)
C.O.P.S. Central
- 8:30 A.M. - 10:00 A.M.** Breakout Sessions

Ken Tworek - Where Does "It" (Trauma) Go?
Mike Wierenga - Bringing Your Team to the Next Level
Amy Morgan - TBD
Sherri Martin - Hitting Home: The Law Enforcement Relationship
Michael Burts - The Influence of Leadership Styles on Officer Behavior and Organizational Culture
Reggie Parker - Composed in the Midst of Chaos
Darren Bennett - Falling Forward
Jack Harris - Retirement - Transitioning to a New Beginning

- 10:00 A.M. - 10:15 A.M.** Morning Break & Explore Exhibitors
C.O.P.S. Central
- 10:15 A.M. - 11:30 A.M.** General Session
Grand Ballroom
- 11:30 A.M. - 12:45 P.M.** Lunch & Explore Exhibitors
C.O.P.S. Central
- 12:45 P.M. - 2:00 P.M.** Breakout Sessions

Chris Workman - Stronger Mind, Safer Streets:
Gary Isbell - Line of Duty Death Response Planning
Steve Sweeting - Overcoming Outside Negativity
Tracy Hejmanowski - "Always Left of Bang:" The Effects of Hypervigilance on Your Family
Mike Slocum - Strength in the Storm: Building Mental Toughness and Resilience for Public Safety Leaders
Matt Bloesch - How a burned out cop went from "just getting by" to living his best life
Jason Workman - Understanding the Silent Killers
Nick Daugherty

- 2:00 P.M. - 2:15 P.M.** Afternoon Break & Explore Exhibitors
C.O.P.S. Central

Saturday, November 2nd (continued)

2:15 P.M. - 3:30 P.M.

Breakout Sessions

Alaina Gay - Enhancing Trauma Informed Care and Policing: Healing Our Wounds First
Scott Roach - Peer Support Playbook - How to Start a Peer Support Team
Amy Carter - The Loneliness of Law Enforcement - the trajectory toward isolation and the path to restoration
Ashley and Dustin Wright - Strong Law Enforcement Marriage
Darrell Aulston - Conflict Management for First Responder Relationships
Bob Stanberry - Leveraging AI to Support Mental Wellness of LE and Those who Stand Beside them
Dianne Bernhard - Responding to an Officer Death in Your Agency
Travis George - Pathway to Financial Wellness and Retirement Planning

3:30 P.M. - 3:45 P.M.

Afternoon Break & Explore Exhibitors

C.O.P.S. Central

3:45 P.M. - 5:00 P.M.

Breakout Sessions

Cherylynn Lee - Post Traumatic Growth: Rising from the Ashes of Stress, Trauma, and Moral Injury
David Hornsby - Navigating Moral Injury
Nancy Lombardo - Suicide, the Silent Storm
Katherine Boyle - Raising Resilient Kids in Law Enforcement Families
Antonio Zarzoza - When Wellness Training Fails
David Berez - Developing HIPP COPS
Benjamin Stone - Heart Disease: #1 Killer of Active and Retired Cops
David Rutledge - Spirituality and Law Enforcement

5:00 P.M.

Silent Auction Closes

5:30 P.M. - 10:30 P.M.

Law Enforcement Appreciation Night

Grand Ballroom

7:00 P.M.

COPS Shop Closes

Sunday, November 16th

7:00 A.M. - 7:45 A.M.

Yoga for First Responders

TBD

7:30 A.M. - 8:15 A.M.

All Faith Fellowship

Riverview (41st Floor)

8:00 A.M. - 10:30 P.M.

Explore Exhibitors/ Raffles

C.O.P.S. Central

(COPS Shop is closed)

8:00 A.M. - 10:30 A.M.

Silent Auction Check-Out

Pre-Function

9:00 A.M. - 10:15 A.M.

Breakout Sessions

Denise Coyle - BYAC - Crash Course in Suicide Prevention
Gary Isbell - Surviving and Thriving you Career in Law Enforcement
Ashley and Dustin Wright - Supporting Your LEO When it Counts
Jay Callaghan - Compassionate Leadership
Jack Harris - Keeping Good People Good . . . A Perspective on Personal Wellness & Resilience
Devon Edwards - Sleepless on Duty: Redlining Rest in a Culture That Doesn't Sleep
Bob Stanberry - Leveraging AI to Support Mental Wellness of LE and Those who Stand Beside them
Michael Wierenga - Hypervigilance & Bringing It Home

10:00 A.M. - 10:15 A.M.

Morning Break & Explore Exhibitors

C.O.P.S. Central

10:30 A.M.

Raffles & Exhibitor Blackout Closes

10:30 A.M. - 12:00 P.M.

Closing Session

Grand Ballroom

Breakout session descriptions can be found on the Conference App.
Download the App by scanning your phone's QR code.

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