

SPOUSES FOR COUPLES WEEKEND



March 27 - 30, 2026
YMCA Trout Lodge - Potosi, MO

Who is invited to attend the weekend?

C.O.P.S. Spouses for Couples Weekend is planned for surviving spouses and their new spouse/ domestic partner* (21 years or older) of law enforcement officers who died in the line of duty, as determined by C.O.P.S. criteria. Other relatives and friends are not eligible to attend.

*Domestic partner is defined as a long-term committed legal or interpersonal relationship between two individuals who live together and share a common domestic life (i.e. not just a boyfriend/girlfriend).



How will the weekend benefit me?

For a surviving spouse, beginning a new relationship and allowing yourself to love again can be difficult. When you do find love again, that person can potentially struggle with supporting you in your grief while living in what may feel like the shadow of a hero. This weekend allows couples a place to recognize each other's struggles while building a stronger, more understanding, relationship.

Couples will have the opportunity to attend sessions with licensed mental health professionals. Potential session topics could include: Blended Families, Resolving Conflict and Difficult Conversations, Honoring the Past Without Overshadowing the Future, Building Trust, Developmental Grief in Children and Teens, etc. Couples will also participate in fun and challenging activities and receive support from others who understand. It is our goal for couples to leave the weekend with an enhanced perspective and connection in their relationship for the future.

Where is the weekend located?

We will be staying at the YMCA Trout Lodge on Sunnen Lake in Potosi, MO. This is located 90 minutes outside of St. Louis.



How do I get to the weekend?

If you are flying, you should plan to arrive at St. Louis Lambert Airport (STL) between 9:00 a.m. and 2:30 p.m. on Friday, March 27. You will be met by a C.O.P.S. representative at the airport and transported to the YMCA Trout Lodge by bus. You will be transported back to the St. Louis Airport on Monday, March 30, by 11:30 a.m. Please be sure your return flight is AFTER 12:30 p.m. to allow time for check-in and security checks.

If you are driving, you will need to arrive at the YMCA Trout Lodge by 5:00 p.m. on Friday, March 27, and stay through breakfast on Monday, March 30. **Meals and activities are planned; no late arrivals or early departures please.**

What is the cost of the weekend?

Your only expenses will be the cost of your airfare to and from the St. Louis Airport or mileage to and from the YMCA Trout Lodge. If you are flying, C.O.P.S. will provide busing from the St. Louis Airport upon arrival and busing back to the St. Louis Airport upon departure. All lodging, meals, and activities are provided at no cost. If you fail to cancel your attendance or do not show up for the program, you may be subject to a participation fee for the following year's program.

Testimonial:

"Going into the weekend was hard, we didn't know what to expect. I was worried about my fiancé and how he would handle it. It pushed our comfort zone to the max. But we truly enjoyed ourselves and I am super grateful C.O.P.S. recognizes our ability to love again, open our world up to our new spouse, and the chance to meet others just like us. Once we were back home my fiancé thanked me for taking him."

- 2025 Weekend Attendee



Code of Conduct:

This program has a Code of Conduct. Breaking this code will cause immediate expulsion from the program. Cost of expulsion will be the responsibility of the affected participant. A copy of the C.O.P.S. Code of Conduct and Cancellation Policy will be sent to you after we receive your registration request. C.O.P.S. and the counselors working with C.O.P.S. reserve the right to pre-qualify applicants and excuse those who may not be suitable for the program. All decisions concerning the same shall be final.



Limited travel assistance may be available. Contact your local C.O.P.S. Chapter or the C.O.P.S. National Office for additional information.

REGISTER TODAY TO JOIN US

For Assistance Call: 573-346-4911



Deadline for registration is March 2, 2026. Registrations will NOT be accepted after the deadline date.

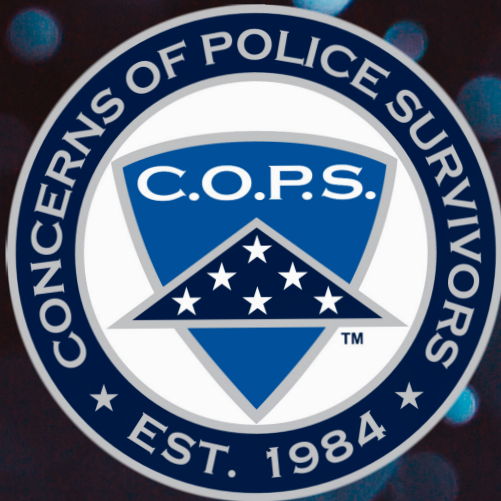


This event is organized by National C.O.P.S. The sale of merchandise for any cause other than National C.O.P.S. is strictly prohibited. All merchandise sold or distributed at any Programs must be approved by National C.O.P.S. prior to the program. This project was supported by Cooperative Agreement No. 15PBJA-24-GK-05526-PSOB awarded by the Bureau of Justice Assistance.



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Camdenton, MO 65020



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