

C.O.P.S.
PARENTS
RETREAT

October 21-24, 2022



SAMPLE AGENDA

FRIDAY - OCTOBER 21

- 12:00 - 4:00 P.M.** Buses begin arriving at C.A. Vines Arkansas 4-H Center. (Buses will make several trips throughout the day to pick up flying attendees)
- 4:30 P.M.** All flying and driving attendees have arrived at the C.A. Vines Center. Get checked into your room and meet your roommate.
- 5:30 P.M.** **OPENING OF SILENT AUCTION**
- 6:00 P.M.** Dinner in Dining Hall
- 7:30 P.M.** **GETTING TO KNOW EACH OTHER**
This opening session will give everyone a chance to get acquainted and sign up for weekend activities. We will also talk about expectations for the weekend and the purpose of the retreat.
- 9:30 P.M.** Free Time

SATURDAY - OCTOBER 22

- 7:00 A.M.** **ECUMENICAL SERVICE** (optional)
- 7:30 A.M.** Breakfast in the Dining Hall.
- 9:00 - 11:45 A.M.** **SURVIVOR SUPPORT SESSIONS**
An assigned session of similar peers discussing their officers
- 12:00 P.M.** Lunch in Dining Hall
- 1:30 - 2:45 P.M.** **1st GROUP OF AFTERNOON ACTIVITIES**
Examples: Archery, Dutch Oven Cooking, Nature Hike, Painting Class, etc.
- 2:45 P.M.** Break and Snack
- 3:15 - 5:00 P.M.** **2nd GROUP OF AFTERNOON ACTIVITIES**
Examples: Canoeing, Climbing Tower, Nature Photography, etc.
- 6:00 P.M.** Dinner in Dining Hall
- 7:30 P.M.** **CANDLELIGHT VIGIL**
- 7:45 P.M.** **2nd ANNUAL C.O.P.S. HOP** in Dining Hall
- 9:30 P.M.** Free Time

SUNDAY - OCTOBER 23

- 7:00 A.M.** **ECUMENICAL SERVICE** (optional)
- 7:30 A.M.** Breakfast in Dining Hall
- 8:30 - 10:00 A.M.** **1st GROUP OF BREAKOUT SESSIONS**
You will have the opportunity to choose from different breakout sessions and attend the one that best fits your needs. We will plan the topics of these sessions based off of suggestions from previous retreats.
- 10:15 - 11:45 A.M.** **2nd GROUP OF BREAKOUT SESSIONS**
You will have the opportunity to choose from different breakout sessions and attend the one that best fits your needs.
- 12:00 P.M.** Lunch in Dining Hall
- 12:55 P.M.** **CLOSING OF SILENT AUCTION**
- 1:00 - 2:30 P.M.** **3rd GROUP OF BREAKOUT SESSIONS**
You will have the opportunity to choose from different breakout sessions and attend the one that best fits your needs.
- 5:00 P.M.** **CLOSING SESSION**
Closing Session will give everyone a chance to reflect on the weekend. We will talk about what you received from the retreat, give you the opportunity to thank those that made an impact, and discuss ideas on how to make the retreat better for future years.
- 5:00 P.M.** Free Time, prepare skits, songs or jokes for this evening's indoor campfire.
- 6:00 P.M.** Dinner in Dining Hall.
- 7:30 P.M.** **INDOOR CAMPFIRE**
Campfire is always a nice way to close out the retreat. We will sing songs, tell jokes and perform skits!

MONDAY - OCTOBER 24

- 7:30 A.M.** Breakfast in Dining Hall
- 8:00 A.M.** Buses arrive at the C.A. Vines Arkansas 4-H Center, baggage is loaded.
- 8:30 A.M.** Buses leave the C.A. Vines Arkansas 4-H Center for Little Rock Airport and driving participants depart.

THIS IS NOT A FINALIZED AGENDA FOR THE RETREAT WEEKEND.

THIS IS A SAMPLE AGENDA TO GIVE YOU A BETTER IDEA OF WHAT TO EXPECT AT THE RETREAT.