



# ADULT CHILDREN'S WEEKEND



JUNE 19 - 22, 2026  
YMCA TROUT LODGE - POTOSI, MO

## Who is invited to attend the weekend?

C.O.P.S. Adult Children's Weekend is planned for surviving adult children and their spouse/domestic partner\* (21 years or older) of law enforcement officers who died in the line of duty, as determined by C.O.P.S. criteria. Adult Children have the option to bring their spouse/domestic partner with them to the weekend. Other relatives and friends are not eligible to attend.

\*Domestic partner is defined as a long-term committed legal or interpersonal relationship between two individuals who live together and share a common domestic life (i.e. not just a boyfriend/girlfriend).

## How will the weekend benefit me?

Adult children survivors include both those who were very young when they suffered the loss of a parent and now struggle through milestones of adulthood and those who may have suffered the loss of their parent in adulthood. C.O.P.S. Adult Children's Weekend will give you the opportunity to meet others who can relate to what you're going through.

At the weekend, you will attend sessions designed for your needs, participate in challenging and fun activities, and unwind in the evenings with new-found friends. It is our goal for you to leave the weekend feeling relaxed with a support system of peers and knowledge to help you in the future.

## Where is the weekend located?

We will be staying at the YMCA Trout Lodge on Sunnen Lake in Potosi, MO. This is located 90 minutes outside of St. Louis. Couples will be roomed together; **those attending alone will share a room with another attendee.**



## How do I get to the weekend?

If you are flying, you should plan to arrive at St. Louis Lambert Airport (STL) between 9:00 a.m. and 2:30 p.m. on Friday, June 19. You will be met by a C.O.P.S. representative at the airport and transported to the YMCA Trout Lodge by bus. You will be transported back to the St. Louis Airport on Monday, June 22, by 11:30 a.m. Please be sure your return flight is AFTER 12:30 p.m. to allow time for check-in and security checks.

If you are driving, you will need to arrive at the YMCA Trout Lodge by 5:00 p.m. on Friday, June 19, and stay through breakfast on Monday, June 22. **Meals and activities are planned; no late arrivals or early departures please.**



## What is the cost of the weekend?

Your only expenses will be the cost of your airfare to and from the St. Louis Airport or mileage to and from the YMCA Trout Lodge. If you are flying, C.O.P.S. will provide busing from the St. Louis Airport upon arrival and busing back to the St. Louis Airport upon departure. All lodging, meals, and activities are provided at no cost. If you fail to cancel your attendance or do not show up for the program, you may be subject to a participation fee for the following year's program.

## Testimonial:

"I love getting together with my 'blue brothers and sisters'. It's so wonderful being with people who understand what you are going through and you are not judged. I learn something new each year to deal with the loss of my father."

- 2025 Weekend Attendee

## Code of Conduct:

This program has a Code of Conduct. Breaking this code will cause immediate expulsion from the program. Cost of expulsion will be the responsibility of the affected participant. A copy of the C.O.P.S. Code of Conduct and Cancellation Policy will be sent to you after we receive your registration request. C.O.P.S. and the counselors working with C.O.P.S. reserve the right to pre-qualify applicants and excuse those who may not be suitable for the program. All decisions concerning the same shall be final.



Limited travel assistance may be available. Contact your local C.O.P.S. Chapter or the C.O.P.S. National Office for additional information.

**REGISTER TODAY TO JOIN US**  
For Assistance Call: 573-346-4911



 SCAN ME

Deadline for registration is **May 19, 2026**. Registrations will **NOT** be accepted after the deadline date.



This event is organized by National C.O.P.S. The sale of merchandise for any cause other than National C.O.P.S. is strictly prohibited. All merchandise sold or distributed at any Programs must be approved by National C.O.P.S. prior to the program. This project was supported by Cooperative Agreement No. 15PBJA-24-GK-05526-PSOB awarded by the Bureau of Justice Assistance.





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