



AGENDA

November 13 - 16 // New Orleans Marriott // New Orleans (LA)

Thursday, November 13th

- 4:00 P.M. - 8:00 P.M.** **Conference Check-In**
Preservation Hall
- 4:00 P.M. - 8:00 P.M.** **COPS Shop Opens**
C.O.P.S. Central/ Studios 9-10
- 4:00 P.M. - 8:00 P.M.** **Silent Auction Drop Off/ Raffles**

Friday, November 14th

- 7:00 A.M. - 10:00 A.M.** **Conference Check-In**
Preservation Hall
- 7:00 A.M. - 5:00 P.M.** **Explore Exhibitors/ Raffles**
C.O.P.S. Central/ Studios 1-5
- 7:00 A.M. - 7:00 P.M.** **COPS Shop/Silent Auction**
C.O.P.S. Central/ Studios 9-10
- 8:00 A.M. - 9:30 A.M.** **Opening Ceremony General Session**
Ballroom
- 9:30 A.M. - 10:00 A.M.** **Morning Break & Explore Exhibitors**
C.O.P.S. Central
- 10:00 A.M. - 11:30 A.M.** **Breakout Sessions**
Galerie 1 // Amy Morgan // The Proactive Suicide Prevention Sequence
Galerie 2 // Darren Bennett // Falling Forward
Galerie 3 // Darrell Aulston // Living Through the Lens of Trauma
Galleries 4 and 5 // Reggie Parker // Composed in the Midst of Chaos
Galerie 6 // Tracy Hejmanowski // Nobody Trusts Peer Support: Unique Ways to Gain Team Credibility
Salon D // Sherri Martin // Hitting Home: The Law Enforcement Relationship
Salon E // David Flory // The Power of Family: The Best Kept Secret in Law Enforcement
- 11:30 A.M. - 12:45 P.M.** **Lunch & Explore Exhibitors**
C.O.P.S. Central
- 12:45 P.M. - 2:00 P.M.** **Breakout Sessions**
Galerie 1 // Jason Workman // Cops and Chaplains
Galerie 2 // Matt Bloesch // Surviving? Or Thriving? How a burned out cop went from "just getting by" to living his best life
Galerie 3 // Jay Callaghan // Compassionate Leadership
Galleries 4 and 5 // Judy Pollard // Building Financial Resilience in Uncertain Times
Galerie 6 // Nancy Lombardo // Suicide, the Silent Storm
Salon D // Ken Tworek // Beyond the Sunset
Salon E // David Flory // The Power of Family: The Best Kept Secret in Law Enforcement
Salons F-H // Marci Ware // Yoga for First Responders: Building Resilience and Preventing PTSD
- 2:00 P.M. - 2:15 P.M.** **Afternoon Break & Explore Exhibitors**
C.O.P.S. Central

Friday, November 14th (continued)

- 2:15 P.M. - 3:30 P.M.** **Breakout Sessions**
Galerie 1 // David Hornsby // Navigating Moral Injury
Galerie 2 // Cherylynn Lee // Post Traumatic Growth: Rising from the Ashes of Stress, Trauma, and Moral Injury
Galerie 3 // Katherine Boyle // Raising Resilient Kids in LE Families
Galleries 4 and 5 // Brent Newman // What Leaders Need to Know
Galerie 6 // Mike Slocum // Strength in the Storm: Building Mental Toughness and Resilience for Public Safety Leaders
Salon D // Travis George // Pathway to Financial Wellness and Retirement Planning
Salon E // Steve Sweeting // Overcoming Outside Negativity with Stoic Resiliency
Salons F-H // Benjamin Stone // Heart Disease: #1 Killer of Active and Retired Cops
- 3:30 P.M. - 3:45 P.M.** **Afternoon Break & Explore Exhibitors**
C.O.P.S. Central
- 3:45 P.M. - 5:00 P.M.** **Breakout Sessions**
Galerie 1 // David Rutledge // Spirituality and Law Enforcement
Galerie 2 // David Berez // Developing HIPP COPS
Galerie 3 // Scott Roach // Peer Support Playbook - How to Start a Peer Support Team
Galleries 4 and 5 // Nick Daugherty // Building your Financial Strength: Preparing for Retirement Throughout your Career
Galerie 6 // Chris Workman // Cleaning Out Your Mental Closet
Salon D // Javier Bustos // A Search for Meaning - Making The Choice to Triumph over Trauma
Salon E // Victoria Newman // Supporting Families from the Start
(How departments can support their families)
Salons F-H // Denise Coyle // First Responders and Suicide: Changing how we train
- 5:00 P.M. - 7:00 P.M.** **Unwind at 5 – Sponsored by NEWCOM**
NEWCOM Exhibit Booth



Saturday, November 15th

- 7:00 A.M. - 7:45 A.M.** **Yoga for All**
St. Charles (41st Floor)
- 7:30 A.M. - 8:30 A.M.** **Conference Check-In**
Preservation Hall
- 7:30 A.M. - 5:00 P.M.** **Explore Exhibitors/ Raffles/ Silent Auction**
C.O.P.S. Central
- 7:30 A.M. - 7:00 P.M.** **COPS Shop**
C.O.P.S. Central/ Studios 9-10
- 8:30 A.M. - 10:00 A.M.** **Breakout Sessions**
Galerie 1 // Reggie Parker // Composed in the Midst of Chaos
Galerie 2 // Darren Bennett // Falling Forward
Galerie 3 // Sherri Martin // Hitting Home: The Law Enforcement Relationship
Galleries 4 and 5 // Jack Harris // Retirement - Transitioning to a New Beginning

Saturday, November 15th (continued)

Galerie 6 // Amy Morgan // Mental Immunity

Salon D // Ken Tworek // Where Does it Go?

Salon E // Micheal Wierenga // Peer Support: Bringing YourTeam to the Next Level

Salons F-H // Brent Newman // Leadership After an Employee Death, Peer Support

10:00 A.M. – 10:15 A.M. Morning Break & Explore Exhibitors
C.O.P.S. Central

10:15 A.M. – 11:30 A.M. General Session
Grand Ballroom

11:30 A.M. - 12:45 P.M. Lunch & Explore Exhibitors
C.O.P.S. Central

12:45 P.M. - 2:00 P.M. Breakout Sessions
Galerie 1 // Tracy Hejmanoski // Always Left of Bang: The Effects of Hypervigilance on Your Family

Galerie 2 // Matt Bloesch // Surviving? Or Thriving? How a burned out cop went from “just getting by” to living his best life

Galerie 3 // Jason Workman // Understanding the Silent Killers

Galleries 4 and 5 // Nick Daugherty // Building your Financial Strength: How to Build, and Implement a Strong Financial Future

Galerie 6 // Chris Workman // Stronger Mind, Safer Streets: Confronting the Silent Crisis of Mental Health in Law Enforcement

Salon D // Gary Isbell // Line of Duty Death Response Planning

Salon E // Mike Slocum // Strength in the Storm: Building Mental Toughness and Resilience for Public Safety Leaders

Salons F-H // Steve Sweeting // Overcoming Outside Negativity with Stoic Resiliency

2:00 P.M. - 2:15 P.M. Afternoon Break & Explore Exhibitors
C.O.P.S. Central

2:15 P.M. - 3:30 P.M. Breakout Sessions
Galerie 1 // Scott Roach // Peer Support Playbook - How to Start a Peer Support Team

Galerie 2 // Dianne Bernhard // Responding to an Officer Death in Your Agency

Galerie 3 // Darrell Aulston // Conflict Management for First Responder Relationships

Galleries 4 and 5 // Bob Stanberry and Jennifer Hull // Leveraging AI for Law Enforcement Mental Health

Galerie 6 // Kathy Thomas // Getting “Unstuck” from Trauma: Eye Movement, Desensitization, and Reprocessing (EMDR)

Salon D // Javier Bustos // A Search for Meaning - Making The Choice to Triumph over Trauma

Salon E // Travis George // Pathway to Financial Wellness and Retirement Planning

Salons F-H // Ashley and Dustin Wright // Strong Law Enforcement Marriage

3:30 P.M. - 3:45 P.M. Afternoon Break & Explore Exhibitors
C.O.P.S. Central

3:45 P.M. - 5:00 P.M. Breakout Sessions
Galerie 1 // Cherylynn Lee // Post Traumatic Growth: Rising from the Ashes of Stress, Trauma, and Moral Injury

Galerie 2 // David Berez // Developing HIPP COPS

Galerie 3 // Katherine Boyle // Raising Resilient Kids in LE Families

Galleries 4 and 5 // Victoria Newman // The Missing Link in Officer Wellness: Family Education

Galerie 6 // David Hornsby // Navigating Moral Injury

Salon D // David Rutledge // Spirituality and Law Enforcement

Saturday, November 15th (continued)

Salon E // Nancy Lombardo // Suicide, the Silent Storm

Salons F-H // Benjamin Stone // Heart Disease: #1 Killer of Active and Retired Cops

5:00 P.M.

Silent Auction Closes

7:00 P.M.

COPS Shop Closes

6:00 P.M. - 10:00 P.M.

Law Enforcement Appreciation Night
Grand Ballroom

Sunday, November 16th

(COPS Shop is closed)

7:00 A.M. - 7:45 A.M.

Yoga for All
St. Charles (41st Floor)

7:30 A.M. – 8:15 A.M.

All Faith Fellowship
Riverview (41st Floor)

8:00 A.M. - 10:30 P.M.

Explore Exhibitors/ Raffles
C.O.P.S. Central

8:00 A.M. – 10:30 A.M.

Silent Auction Check-Out
Pre-Function

9:00 A.M. - 10:15 A.M.

Breakout Sessions

Galerie 1 // Denise Coyle // // BYAC - Crash Course in Suicide Prevention

Galerie 2 // Gary Isbell // Surviving and Thriving Your Career in LE

Galerie 3 // Jay Callaghan // Compassionate Leadership

Galleries 4 and 5 // Bob Stanberry and Jennifer Hull // Leveraging AI for Law Enforcement Mental Health

Galerie 6 // Jack Harris // Keeping Good People Good . . . A Perspective on Personal Wellness & Resilience

Salon D // Marci Ware // Yoga for First Responders: Building Resilience and Preventing PTSD

Salon E // Micheal and Anna Wierenga // Career Survival - Hypervigilance & Bringing It Home

Salons F-H // Ashley and Dustin Wright // Supporting Your LEO When it Counts

10:15 A.M. – 10:30 A.M.

Morning Break & Explore Exhibitors
C.O.P.S. Central

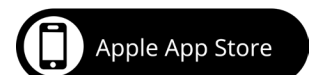
10:30 A.M.

Raffles & Exhibitor Blackout Closes

10:30 A.M. – 12:00 P.M.

Closing Session
Grand Ballroom

*Breakout session descriptions can be found on the National Conference App.
Download the App by scanning the signage QR codes with your phone.*



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