



DAIRY FREE MENU

*Welcome Home to Mama's
You enter as a Guest and leave as Family!*

Est 1970

Celebrating our  **Anniversary**

The logo for the 50th anniversary, featuring a large, stylized "50" in a gold, metallic font. The word "Years" is written in a smaller, cursive script below the "0".

260 Mountain Ave. Hackettstown - (908) 852-2820

DAIRY FREE MENU

Artisan **DAIRY FREE** APPETIZERS

Homemade Soup 7

M Polpette

Two homemade meatballs topped with tomato-basil sauce, DF ricotta cheese for dipping

Homemade DF Mozzarella Sticks 16

**contains ALMONDS*

Chicken Parm Bites 16

Topped red sauce, melted DF mozzarella cheese

Seared Scallops 22

Over mixed greens, tomatoes, onions with citrus vinaigrette

Fried Calamari mild or spicy 16

Clams Casino 22

Fresh clams filled with bacon, onion, seasoning, melted DF mozzarella cheese over mixed greens

Calamari Italiano 16

Sautéed with roasted peppers, capers, garlic & oil

** available in red sauce upon request*

Mussels Marinara mild or spicy 16

Kiwi mussels sautéed in a plum, tomato-basil sauce

M Shrimp Crostini 18

Garlic bread topped with shrimp, creamy DF white champagne sauce, bruschetta

M Shrimp Romano 16

An old classic- tender shrimp sautéed in butter, fresh lemon, rosemary

Fresh Mozzarella, Tomato, Prosciutto & Basil 19

With sun-dried tomatoes, roasted peppers, balsamic reduction over fried spinach **contains ALMONDS*

Classic **DAIRY FREE** APPETIZER

Garlic Knots with DF Mozzarella Cheese 8

Garlic Bread with DF Mozzarella Cheese 13

Homemade Fried Zucchini roasted pepper dressing 12

Hot Wings with DF bleu cheese 19

Sharing **DAIRY FREE** APPETIZERS

M Seafood Misto

Shrimp, mussels, clams & fried calamari prepared scampi-style
For 2/3/4 guests: 22/29/38

M Cheese, Meat & Olive Board (3-4 guests) 34

A combination of Italian imported meats,
DF fresh mozzarella, tomato & basil and marinated olives
**contains ALMONDS*

Appetizer Trio (Select three) 21

Fried Zucchini - Chicken Fingers -Hot Wings
French Fries – DF Mozzarella Sticks
Garlic Knots with DF Mozzarella

Tasty **DAIRY FREE** SIDES

Spinach or Broccoli sautéed or steamed 8

Broccoli Rabe sautéed in garlic & olive oil 14

Add sausage 5

Meatballs tomato-basil 11

French Fries 6

Parmesan-style- add 3

Fresh Crafted **DAIRY FREE** SALADS

ADD: Chicken (Breaded or Grilled) 6

ADD: Salmon Filet 15 ADD: Grilled Shrimp 7

ADD: Filet Mignon Tips 18



Autumn Orchard Salad 18

Dehydrated cinnamon apples, cranberries, candied pecans, feta, mixed greens, maple balsamic vinaigrette

House (Small or Large) 6/9

Romaine, iceberg, mixed greens, tomatoes, olives, red onions



Moresca 16

Mesclun mix, dried cranberries, walnuts, tomatoes, red onions, balsamic vinaigrette dressing



Insalata 22**contains ALMONDS*

Mesclun mix, roasted red peppers, sun-dried tomatoes, DF fresh mozzarella, balsamic vinaigrette dressing

Eggplant Pisa Salad 18

Mixed greens, breaded eggplant, portobello, spinach, roasted red peppers, artichokes, balsamic reduction



Savory Salmon & Crispy Bacon 26

Farm raised organic salmon, bacon, mixed greens, roasted pepper dressing

Popcorn Chicken Salad 18

Romaine, iceberg, tomatoes, red onions, black olives

Classic Antipasto Salad 19

Romaine, iceberg, tomatoes, ham, salami, mushrooms, black olives, pepperoni

ADD CANDIED PECANS

Sweet, crunchy pecans to enhance any salad: \$3

Dressings

DF Bleu Cheese -Honey Mustard- Chianti Basil - Oil & Vinegar
Balsamic Vinaigrette- Roasted Red Pepper, Honey Mustard- Light Italian

Beloved **DAIRY FREE** PASTA

PASTA TOUR 29

Rigatoni in a Creamy DF Parmesan, Cranberries & Basil
Spaghetti DF Pink Champagne
Penne Creamy DF Pesto, Sun-dried Tomatoes

Classic Pasta tomato-basil 16

Spaghetti, ziti, linguini, penne, angel hair, fettuccini, rigatoni

Spaghetti Meatball or Sausage tomato-basil 22

Baked Ziti tossed with DF ricotta, tomato-basil 24

Spinach Ravioli tomato-basil 28

Topped with DF Ricotta cheese

Fettuccini DF Alfredo 26

Carbonara-style with bacon- add 3

ADD TO YOUR ENTRÉE/PASTA

Chicken (Breaded or Grilled): 5

Grilled Shrimp: 6

Fresh Organic Salmon: 15

Filet Mignon Tips: 18

Creamy DF Pink Rosa Sauce: 5

Wheat Penne: 3



Parties of 6 or more, 20% gratuity is added.

3.5% credit card fee will be added to the check. If
paying cash or check the fee will be waived.

Consumption of raw or uncooked meat & shellfish may
increase your risk for foodborne illness

A DUET: 2 Tastes, 1 Plate – *designed for 1 Guest*

DAIRY FREE SEAFOOD ENTREES

DUET: Shrimp Vesuvio/ Shrimp Fra Diavolo 34
Vesuvio: Mushrooms, peas & bacon in a creamy DF rosa sauce, penne
Fra Diavolo: Spicy marinara sauce, linguini

Seafood Misto linguini 34
Shrimp, mussels, clams, fried calamari, scampi-style

Pescatore linguini 34
Shrimp, clams, fresh calamari, mussels sautéed in a plum-tomato basil sauce

Clam Sauce linguini 32
Clams sautéed in garlic & oil
Enhance with Shrimp- add 7

Scallops & Shrimp linguini 39
A light basil pesto sauce infused with lemon

Cosmopolitan linguini 32
Shrimp, bacon, spinach, creamy DF pink champagne sauce

Salmon Rustica rice 36
Farmed raised organic Atlantic salmon, asparagus, grape tomatoes, capers, onions, mushrooms, basil sautéed in white wine

DAIRY FREE BEEF/VEAL ENTREES

DUET: Prime Tenderloin/ Shrimp & Scallops 39
Seared, charred medallions, mushrooms, onions paired with linguini, shrimp, scallops in a light basil pesto sauce infused with lemon

DUET: Osso Buco/ Fettuccini DF Alfredo 39
A braised pork shank- allow additional time for preparation

DUET: Veal Toscana/ Penne DF Rosa 38
Battered veal, prosciutto, roasted peppers, spinach, white wine sauce, melted mozzarella

DUET: Pork Chop/ Rigatoni Vesuvio 39
Prime Pork Chop grilled & seared served over sauteed spinach
Vesuvio: Mushrooms, peas, bacon in a creamy DF rosa sauce

Veal Parmigiana spaghetti 34

DAIRY FREE EGGPLANT ENTREES

DUET: Eggplant Parmigiana/ Penne Creamy Pesto 32
Creamy DF Pesto: Served with sun-dried tomatoes

DUET: Eggplant Pisa/ Penne Palma 32
Pisa: Breaded eggplant, portobello, spinach, roasted red pepper, artichokes, balsamic reduction
Palma: Sun-dried tomatoes, spinach, artichokes, creamy DF white champagne sauce

Eggplant Amato penne 28
Breaded eggplant, portobello, spinach, roasted red peppers, artichokes, balsamic reduction

Eggplant Siena rigatoni 29
Breaded eggplant, spinach, garlic, tomato-basil sauce, baked DF mozzarella cheese

Eggplant Rollatini spaghetti 29
Filled with DF ricotta cheese

M Indicates Our Signature Selections

DUET ENTREES MAY BE SERVED
ALLA CARTE

Taste of Fall

Cinnamon Spice Pappardelle 29
Tender pappardelle tossed in a cinnamon-sherry DF cream sauce, topped with candied pecans
Sorrento Seafood Paccheri 39

Paccheri (large, tubular pasta) tossed w/shrimp, calamari, clams, mussels in a light tomato, garlic, white wine sauce, fresh basil

Chicken Cacio e Pepe spaghetti 32
Tossed in DF butter, cracked black pepper, DF parmesan, topped with golden DF parmesan-crust breaded chicken

Harvest Maple Penne 29
Maple-infused DF cream sauce, cranberries, fresh basil

DAIRY FREE PASTA CREATIONS

Velvet Basil Cranberry rigatoni 28
A creamy DF parmesan sauce with cranberries, fresh basil

Champagne Palma penne 29
Sun-dried tomatoes, spinach, artichokes, creamy DF white champagne sauce

Tomasso Old School rigatoni 31
Meatball, sausage, DF ricotta, red sauce, baked DF mozzarella cheese

Primavera spaghetti 26
Roasted red peppers, broccoli, zucchini, tomatoes, garlic & olive oil- Enhance with grilled chicken- add 5

Penne Vodka 24

Vesuvio penne 29
Mushrooms, peas & bacon in a creamy DF rosa sauce
Enhance with chicken or shrimp

DAIRY FREE CHICKEN ENTREES

DUET: White Champagne Chicken/ Spinach & Prosciutto 32
Chicken: Creamy DF white champagne sauce tossed with bruschetta

DUET: Chicken Parmigiana/ Penne Vodka 32

DUET: Chicken Toscana/ Penne DF Rosa 32
Toscana: Battered chicken, prosciutto, roasted peppers, spinach, white wine sauce, melted DF mozzarella

DUET: Chicken Francese/ Penne Lo Bianco 32
Lo Bianco: Creamy DF white champagne sauce tossed w/bruschetta

DUET: Chicken Primavera/ Moresca Salad 32
Primavera: Roasted red peppers, broccoli, zucchini, tomatoes, garlic & olive oil (served without pasta)
Moresca: Mesclun mix, dried cranberries, walnuts, tomatoes, red onions, balsamic vinaigrette.

DUET: Balsamic Chicken/ Spaghetti Aglio Olio 32
Balsamic Battered chicken, sweet balsamic with garlic, onions & chilled DF fresh mozzarella
Aglio Olio: sautéed garlic & oil, fresh basil, cherry tomatoes

DUET: Chicken Di Sorronno/ Penne DF Creamy Parm 32
Di Sorronno: Battered chicken layered w/prosciutto, breaded eggplant, DF fresh mozzarella, balsamic reduction, mix greens
Penne: A creamy DF parmesan sauce, cranberries & fresh basil

Chicken Toscana angel hair 31
Battered chicken, prosciutto, roasted peppers, spinach in white wine sauce with melted DF mozzarella cheese

Chicken Marsala spaghetti 26

Chicken Di Sorronno served without pasta 29
Battered chicken layered with prosciutto, breaded eggplant, DF fresh mozzarella, balsamic reduction, mixed greens

Chicken Parmigiana spaghetti 26

Enhance with creamy DF rosa- add 5

DAIRY FREE MAMA’S CAFÉ BACI PIZZA MENU

PERSONAL PIZZA (10 inches) 19	SMALL PIZZA (14 inches) 22	LARGE PIZZA (16 inches) 23.5
DEEP DISH 29 16’ round	WHITE 21/25/27 DF Ricotta & DF Mozzarella	SICILIAN 29 16’ square
CHEESE CALZONE 19 DF Ricotta & DF Mozzarella	MEAT STROMBOLI 24 Sausage, pepperoni, ham, meatball, DF mozzarella cheese, red sauce	SM. SAUSAGE ROLL 19 Fried onions, sauce DF mozzarella cheese

DAIRY FREE CREATE YOUR OWN PIZZA

Personal Pizza 2.75 Per topping *3.50	Small/Large Pizza 3.75 per topping *4.75	Stromboli/Calzone 2.00 *3.00
Pizza Crust add 3 Wheat (personal only)	Vegetable Artichokes Asparagus Black Olives Broccoli Bruschetta *Eggplant Garlic Green Peppers (Fresh or Sweet) Mushroom (Fresh or Canned) Onions Pineapple Roasted Peppers Spinach *Sun-Dried Tomatoes Tomatoes *Zucchini	Meat *Bacon *Breaded Chicken *Grilled Chicken Ham Meatballs Pepperoni *Prosciutto Sausage *Steak *Salami
Gourmet Sauce *Alfredo *Barbeque Sauce *Creamy Rosa *Gorgonzola *Pesto *Pink Champagne *Scampi *Vodka *White Champagne	Dairy Cheese *Extra Mozzarella *Dairy-Free Ricotta add 5/8/8 *Dairy-Free Fresh Mozzarella add 5/8/8 *contains nuts	Seafood Anchovies *Clams *Fresh Calamari *Mussels *Shrimp

DAIRY FREE GOURMET PERSONAL PIZZAS

	10’/14’/16’	STROMBOLI/ CALZONE
GRANDMA’S PIZZA Thin & crispy square crust pizza, DF fresh mozzarella, tomato, basil, red sauce, olive oil, parmesan cheese	21/ -- /29	--
Margarita DF fresh mozzarella, tomato, basil, olive oil, garlic, red sauce, parmesan cheese	24/27/29	24
Penne Vodka Pizza with DF mozzarella cheese	24/27/29	24
Hawaiian Pineapple, ham, red sauce, DF mozzarella cheese	22/25/27	23
Mamas Combo Sausage, mushroom, pepperoni, sweet pepper, onion, red sauce, DF mozzarella cheese	24/27/29	24
Double Deluxe Sausage, pepperoni, ham, meatball, onion, mushroom, sweet pepper, black olive, red sauce, DF mozzarella cheese	24/27/29	24
Meat Supreme Meatball, pepperoni, ham, sausage, red sauce, DF mozzarella cheese	24/27/29	24
4 Season Sampler ¼ Buffalo Chicken, ¼ Meat Combo, ¼ Primavera, ¼ White Pizza	24/27/29	--
Lo Bianco Bruschetta, DF white champagne sauce, DF mozzarella cheese	22/25/27	23
Eggplant Pisano Breaded eggplant, portobello mushroom, spinach, roasted red pepper, artichoke, light red sauce base, balsamic reduction drizzle, DF mozzarella cheese	24/27/29	24
Primavera Broccoli, spinach, tomato, garlic, red sauce, DF mozzarella cheese	23/26/28	23
Vegetable Combo Broccoli, black olives, spinach, onion, pepper, mushroom, red sauce, DF mozzarella cheese	24/27/29	24
Tomassino Pizza Meatball, sausage, DF ricotta topping, red sauce, DF mozzarella cheese	24/27/29	24
Buffalo Chicken Breaded chicken, buffalo sauce, DF mozzarella cheese	24/27/29	24
Chicken Parmigiana Breaded chicken, garlic, parsley, red sauce, DF mozzarella cheese	22/25/27	23
BBQ Chicken Breaded chicken, barbeque sauce, DF mozzarella cheese	24/27/29	24
Seafood Combo Shrimp, clams, mussels, garlic, red sauce, DF mozzarella cheese	26/29/32	26

DAIRY FREE GOURMET SANDWHICHES

CHOICE OF BREAD:

6-inch/10-inch Sub 15/19 Garlic-herb Wrap 18
Traditional Focaccia or Whole Wheat Focaccia 19

CHICKEN

Capri *grilled chicken, roasted peppers, baby greens, DF fresh mozzarella, balsamic reduction add \$3*
Sorrento *grilled chicken, pesto, sun-dried tomatoes, DF fresh mozzarella add \$3*
Buffalo *breaded chicken, lettuce, tomato, buffalo sauce, DF bleu cheese dressing*
Montesa *breaded chicken, bacon, lettuce, tomato, mayonnaise, DF mozzarella cheese*
California *grilled chicken, lettuce, tomato, mayonnaise, DF mozzarella cheese*
Chicken Parmigiana *DF mozzarella cheese homemade tomato-basil or creamy DF rosa sauce*

VEGGIE

Eggplant, Spinach, Garlic *DF mozzarella cheese, a touch of red sauce*
Eggplant Parmigiana *DF mozzarella cheese Choice of homemade tomato-basil or creamy DF rosa sauce*
Eggplant & Roasted Peppers *DF fresh mozzarella, sautéed in balsamic vinegar, red onions, garlic add \$3*

TRADITIONAL

Mama’s Classic *salami, pepperoni, prosciutto, lettuce, tomato, oil, vinegar, salt, pepper, oregano*
Turkey & Cheese *DF mozzarella cheese, lettuce, tomato, oil, vinegar, salt, pepper, oregano*
Italian *ham, salami, DF mozzarella cheese, lettuce, tomato, oil, vinegar, salt, pepper, oregano*
DF Fresh Mozzarella & Roasted Peppers *basil, tomatoes, olive oil add \$3*
Sausage & Peppers
Sausage or Meatball Parmigiana *DF mozzarella cheese homemade tomato-basil or creamy DF rosa sauce*
Veal Parmigiana- *add \$3 prepared with DF mozzarella cheese*

CHEESESTEAKS

Classic Cheese Steak *DF mozzarella cheese, red sauce*
Cheese Steak Combo *sautéed onions, mushrooms, sweet peppers, DF mozzarella cheese, red sauce*
California Cheese Steak *lettuce, tomato, mayonnaise, ketchup, DF mozzarella cheese*

DAIRY FREE DESSERTS

Vegan Cannoli 11
Made fresh to order, garnished with chocolate chips
Zeppoles 13
Dusted with confectioner’s sugar
Vegan Molten Chocolate 13
Warm chocolate cake filled with fudge alla mode- add 3
Chocolate Brownie Sundae 12
Served with dairy free vanilla ice cream, caramel, fudge
Peanut Butter Cup 7.75
*Rich Chocolate Medallions filled with peanut butter
Mama’s version of a PB Cup*

Apple Crumb 10.75
Warm apple crisp with dairy free vanilla ice cream, caramel, cinnamon
Cookie Dough Cheesecake Cupcake 9.5
Chocolate Cupcake *vanilla icing* 8
Chocolate Chip Cookie Chipwich 12
Chocolate Peanut Butter Mousse 11
Chocolate Cake topped with silky Peanut Butter Mousse
Mini Sweet Shooters- 7
A small indulgence
*Choice of: Brownie Sundae w/dairy free vanilla ice cream
Apple Crisp with dairy free vanilla ice cream*



CAPPUCCINO & ESPRESSO (prepared with rice milk)

Cappuccino 9

Espresso

Single 4, Double 5, Chocolate 5

Flavored Cappuccino 9.5

Raspberry, Hazelnut, White Chocolate, Mint,
Chocolate, Caramel, Vanilla, Mocha

Latte 8.5

Flavored Latte 9

Raspberry, Hazelnut, White Chocolate, Mint,
Chocolate, Caramel, Vanilla, Mocha

Gourmet Hot Chocolate (milk or water) 7

COLD BEVERAGES

Fountain Soft Drinks (22oz): \$3.75

Pepsi, Diet Pepsi, Sierra Mist, Ginger ale, Root Beer
Unsweetened Iced Tea, Sweetened Tea, Lemonade

20 Oz. Bottle: \$2.75 2-liter Soda \$3.95

Pepsi, Diet Pepsi, Sierra Mist