



GLUTEN-FREE MENU

*Welcome Home to Mama's
You enter as a Guest and leave as Family!*

Celebrating our  Anniversary

The logo for 50 Years, featuring a large, stylized number "50" in a gold, metallic font. The word "Years" is written in a smaller, cursive script font, positioned below the "0".

GLUTEN FREE CREATIONS

GF Artisan BEGINNINGS

Homemade Soup 7

Polpette 16
Two homemade meatballs, shaved parmesan served with ricotta cheese for dipping

Homemade Mozzarella Sticks 16

Chicken Parm Bites 16
Topped with red sauce & melted mozzarella cheese

Seared Scallops 22
Over mixed greens, tomatoes, onions with citrus vinaigrette

Fried Calamari *mild or spicy* 16

Clams Casino 20
Fresh Clams filled with bacon, onions, melted mozzarella cheese over mixed greens

Calamari Italiano 16
Sautéed with roasted peppers, capers, garlic & oil
*also available in red sauce upon request

Mussels Marinara *mild or spicy* 16
Kiwi mussels sautéed in our plum tomato-basil sauce

Shrimp Crostini 16
GF garlic bread topped with shrimp, creamy white champagne sauce, bruschetta

Burrata & Prosciutto 18
Creamy burrata drizzled with maple balsamic, finished with candied pecans, fresh basil over sliced prosciutto

Shrimp Romano 16
An old classic- tender shrimp sautéed in butter, fresh lemon, rosemary

Fresh Mozzarella, Tomato, Prosciutto & Basil 16
With sun-dried tomatoes, roasted peppers, balsamic reduction over fried spinach

GF Classic APPETIZERS

Chicken Fingers 12
Breadsticks *with Mozzarella* red sauce for dipping 14
Homemade Fried Zucchini roasted pepper dressing 12
Perogies sauteed onions, roasted pepper dressing 14

GF Sharing STARTERS

Seafood Misto
Shrimp, mussels, clams & fried calamari prepared scampi-style
For 2/3/4 guests: 22/29/38

Cheese, Meat & Olive Board (2-3 guests) 29
A combination of Italian imported meats & cheeses; fresh mozzarella, tomato, & basil and marinated olives **contains nuts*
Appetizer Medley 18
Mozzarella Sticks, Onion Rings, Zucchini Medallions

GF Tasty SIDES

Spinach or Broccoli sautéed or steamed 8
Broccoli Rabe sautéed garlic & olive oil 14
Enhance with grilled sausage- add 5
Meatballs & Sausage tomato-basil 11
French Fries 7
Parmesan-style- add 2
Onion Rings roasted pepper dressing 11

GLUTEN-FREE

Your dietary needs are important to YOU therefore; they are important to us! Every precaution is taken to ensure your safety and well-being. Mamas welcomes you to your home away from home.

GF Freshly Crafted SALADS

ADD: Chicken (*Breaded or Grilled*) 6
ADD::Salmon Filet 15 **ADD:** Grilled Shrimp 7
ADD: Filet Mignon Tips 18

Autumn Orchard Salad 18
Dehydrated cinnamon apples, cranberries, candied pecans, feta, mixed greens, maple balsamic vinaigrette

House (*Small or Large*) 6/9
Romaine, iceberg, mixed greens, tomatoes, olives, red onions

Caesar (*Small or Large*) 7/10

Moresca 16
Mixed greens, dried cranberries, feta cheese, walnuts, tomatoes, red onions, balsamic vinaigrette dressing

Insalata 18
Mixed greens, roasted red peppers, sun-dried tomatoes, fresh mozzarella, balsamic vinaigrette dressing

Eggplant Pisa Salad 19
Mixed greens, breaded eggplant, portobello, spinach, roasted red peppers, artichokes, gorgonzola sauce, balsamic reduction

Salmon Feta 26
Farm raised organic salmon, feta, bacon, mixed greens, roasted pepper dressing

Classic Antipasto Salad 19
Romaine, iceberg, tomatoes, ham, salami, mushrooms, black olives, pepperoni, provolone, shredded mozzarella



ADD CANDIED PECANS

Sweet, crunchy pecans to enhance any salad: \$3

Dressing

Ranch - Bleu Cheese -Honey Mustard- Light Italian
Creamy Italian - Chianti Basil - Oil & Vinegar
Balsamic Vinaigrette – Roasted Red Pepper

GF Timeless PASTAS

Classic Pasta *tomato-basil* 18
Spaghetti or Penne

Spaghetti Meatball or Sausage *tomato-basil* 22

Baked Penne *tomato-basil* 24
tossed with ricotta cheese

Stuffed Shells *tomato-basil* 24

Cheese Ravioli *tomato-basil* 24
Baked with mozzarella cheese- add 3

Cheese Tortellini Alfredo 26

Baked Cheese Tortellini Rosa 28
Spaghetti Alfredo 24
Carbonara-style with bacon- add 3

Lasagna *tomato-basil* 28
Ground beef, sausage, salami, ricotta, baked mozzarella

ADD TO YOUR ENTRÉE/PASTA

Chicken (Breaded or Grilled): 6
Grilled Shrimp: 6
Fresh Organic Salmon: 15
Parmesan Crusted Salmon: 15
Filet Mignon Tips: 18
Creamy Pink Rosa Sauce: 4

Parties of 6 or more, 20% gratuity is added.

3.5% credit card fee will be added to the check.
If paying cash or check the fee will be waived.

Consumption of raw or uncooked meat & shellfish may increase your risk for foodborne illness.

**DUET ENTREES MAY BE SERVED
ALLA CARTE**

MAMA’S CAFÉ BACI GLUTEN-FREE PIZZA MENU

Gluten-Free Crusts (10’ inch)

Traditional 15
Cauliflower (Thin Crust) 15
Traditional White (Ricotta & Mozzarella) 17

CREATE YOUR OWN PIZZA

\$2 per topping *\$3 per topping

<u>Gourmet Sauce</u>	<u>Vegetable</u>	<u>Meat</u>	<u>Cheese</u>
*Alfredo *Barbeque Sauce *Creamy Rosa *Gorgonzola *Pesto *Pink Champagne *Scampi *Vodka *White Champagne	Artichokes Asparagus Black Olives Broccoli Bruschetta Eggplant Garlic Green Peppers (Fresh or Sweet) Mushroom (Fresh or Canned) Onions Pineapple Roasted Peppers Spinach Sun-Dried Tomatoes Tomatoes Zucchini	*Bacon *Breaded Chicken *Grilled Chicken *Ham *Meatballs *Pepperoni *Prosciutto *Sausage *Steak *Salami	Dairy Free Cheese \$5 *Extra Mozzarella *Feta *Fresh Mozzarella *Ricotta
		<u>Pasta</u> Penne *Cheese Tortellini- \$6	<u>Seafood</u> Anchovies *Clams *Fresh Calamari *Mussels *Shrimp

GOURMET GLUTEN-FREE PIZZA

10’ PERSONA

Grandma Pizza A thin & crispy square crust, fresh mozzarella cheese, tomato, basil, red sauce, drizzled with olive oil, Parmesan cheese	21
Margarita Fresh mozzarella, tomato, basil, olive oil, garlic, red sauce	21
Penne Vodka Pizza with mozzarella cheese	23
Cheese Tortellini Alfredo Ricotta, alfredo sauce, mozzarella cheese	25
Hawaiian Pineapple, ham, red sauce, mozzarella cheese	
Mamas Combo Sausage, mushroom, pepperoni, sweet pepper, onion, red sauce, mozzarella cheese	23
Double Deluxe Sausage, pepperoni, ham, meatball, onion, mushroom, sweet pepper, black olive, red sauce, mozzarella cheese	26
Meat Supreme Meatball, pepperoni, ham, sausage, red sauce, mozzarella cheese	23
4 Season Sampler ¼ Buffalo Chicken, ¼ Meat Combo, ¼ Primavera, ¼ White Pizza	25
Lo Bianco Bruschetta, white champagne sauce, mozzarella cheese	23
Eggplant Pisano Breaded eggplant, portobello shrimp mushroom, spinach, roasted red pepper, artichoke, gorgonzola, sauce, balsamic reduction, mozzarella cheese	26
Primavera Broccoli, spinach, tomato, garlic, red sauce, mozzarella cheese	23
Vegetable Combo Broccoli, black olives, spinach, onions, pepper, mushroom, red sauce, mozzarella cheese	23
Tomassino Pizza Meatball, sausage, ricotta, red sauce, mozzarella cheese	23
Buffalo Chicken Breaded chicken, buffalo sauce, ranch, mozzarella cheese	23
Chicken Parmigiana Breaded chicken, garlic, parsley, red sauce, mozzarella cheese	22
BBQ Chicken Breaded chicken, barbeque sauce, mozzarella cheese	23
Chicken, Bacon, Ranch with Mozzarella cheese	23
Seafood Combo Shrimp, clams, mussels, garlic, red sauce, mozzarella cheese	26

GF SANDWICHES

CHOICE OF BREAD:

7-inch Baguette \$15 or Focaccia Bread \$16

Dairy Free Cheese- add \$5

CHICKEN

Capri grilled chicken, roasted peppers, baby greens, fresh mozzarella, balsamic vinaigrette

Sorrento grilled chicken, pesto, sun-dried tomatoes, fresh mozzarella

Buffalo breaded chicken, lettuce, tomato, buffalo sauce, bleu cheese dressing

Montesa breaded chicken, bacon, lettuce, tomato, mozzarella, ranch dressing

California grilled chicken, lettuce tomato, mayonnaise, melted mozzarella cheese

Chicken Parmigiana
homemade tomato-basil or creamy rosa sauce

VEGGIE

Eggplant, Spinach, Garlic mozzarella cheese, a touch of red sauce

Eggplant Parmigiana
homemade tomato-basil or creamy rosa sauce

Eggplant & Roasted Peppers fresh mozzarella, sautéed in balsamic vinegar, red onions, garlic

Veggie Melt portobello mushrooms, black olives, roasted red peppers, onions, tomatoes, lettuce, melted mozzarella cheese, oil, vinegar

TRADITIONAL

Mama’s Classic salami, pepperoni, prosciutto, lettuce, tomato, oil, vinegar, salt, pepper, oregano

Turkey & Cheese provolone, lettuce, tomato, oil, vinegar, salt, pepper, oregano

Italian ham, salami, provolone, lettuce, tomato, oil, vinegar, salt, pepper, oregano

Hot Turkey BLT bacon, lettuce, tomato, provolone, ranch dressing

Fresh Mozzarella & Roasted Peppers
basil, tomatoes, olive oil

Sausage & Peppers

Sausage or Meatball Parmigiana
homemade tomato-basil or creamy rosa sauce

Veal Parmigiana- add \$3

CHEESESTEAKS

Classic Cheese Steak American cheese, red sauce

Cheese Steak Combo sautéed onions, mushrooms, sweet peppers, American cheese, red sauce

California Cheese Steak lettuce, tomato, mayonnaise, ketchup, American cheese

GF DESSERTS

Sweet Duet 10
Mini cannoli chips & dip & nutellini

Decadent Chocolate Cake 8.5
Rich dark chocolate

Crème Brulee 10
Sweet thick custard covered with caramelized sugar

Mini Cannolis
Made fresh to order, garnished with chocolate chips

New York Cheesecake 8.75
Topped with caramel sauce

Homemade Chocolate Cupcake 6.5
with vanilla icing

Lemon Sorbet 7.5

Cookie Dough Cheesecake Cupcake 8.5

Apple Crumb Cake 9
Served with vanilla ice cream, caramel, whipped cream

Chocolate Chip Cookie Sandwich 9
Freshly made with vanilla ice cream, dipped in chocolate chips

Nutellini 5.5
Cannoli cream layered with Nutella topped with whipped cream & chocolate chips

Tartuffo 9
Vanilla & chocolate ice cream in a dark chocolate shell, centered with cherries & almonds

Chocolate Brownie Sundae 9
Served with vanilla ice cream, caramel, fudge, whipped cream

*GF/DAIRY FREE

CAPPUCCINO, ESPRESSO, CHAI

Cappuccino 8.50

Espresso

Single 4, Double 5, Chocolate 5

Flavored Cappuccino 8.75

Raspberry, Hazelnut, White Chocolate, Mint, Chocolate, Caramel, Vanilla, Mocha

Gourmet Hot Chocolate (prepared with milk) 7

Latte 8.5

Flavored Latte 8.75

Raspberry, Hazelnut, White Chocolate, Mint, Chocolate, Caramel, Vanilla, Mocha

Chai 8

Latte (with milk) or Tea (with water)
Spiced or Vanilla

COLD BEVERAGES

Fountain Soft Drinks (22oz)

Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale, Root Beer
Unsweetened Iced Tea, Sweetened Tea, Lemonade

20 Oz. Bottle: \$2.85 2-liter Soda \$3.45

Pepsi, Diet Pepsi, Sierra Mist