



## The Ways of Praying

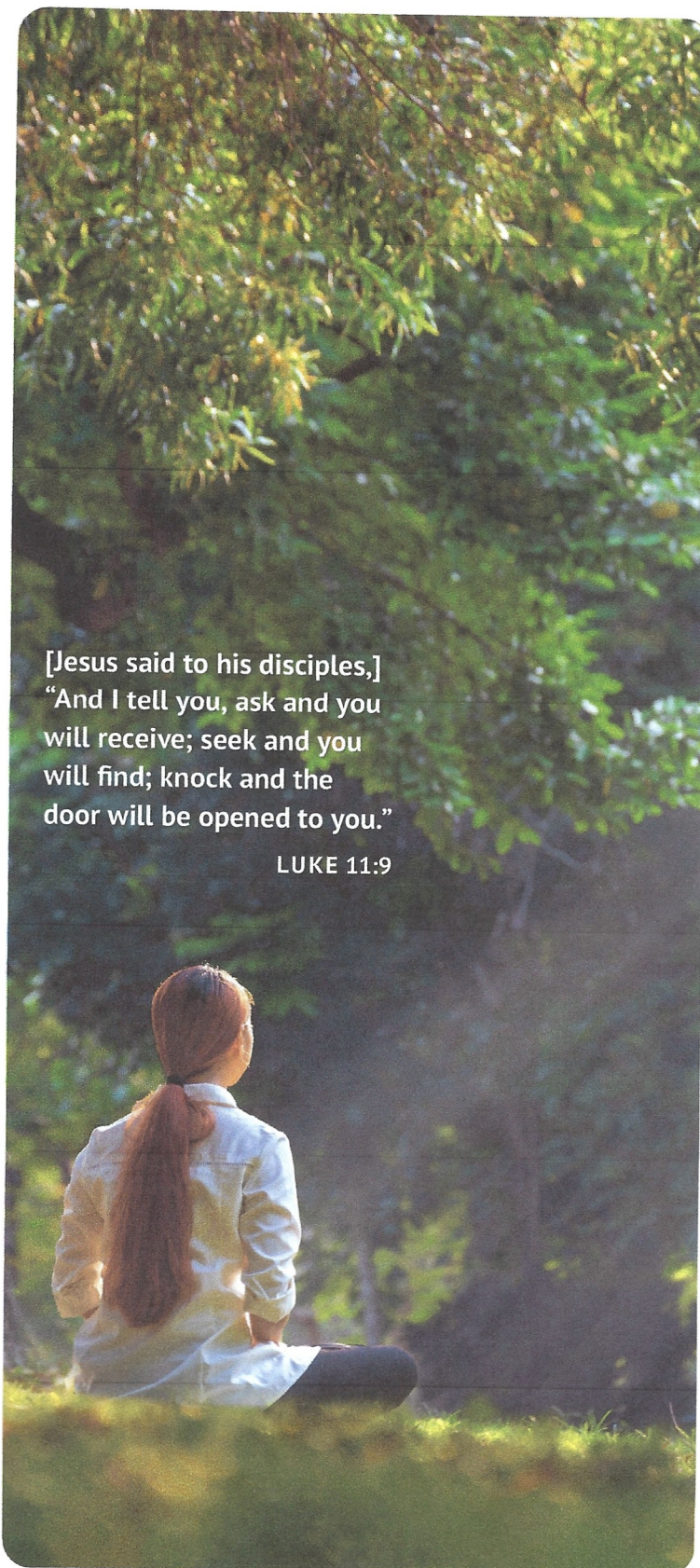
FR. JOSEPH JUKNIALIS

**C**onsider how there are five levels of communication, each level taking us deeper into a relationship and what it means to be human. *One*, the greetings we offer as we pass: Good morning! How's it going? *Two*, a sharing of activities: what we did, what someone said. *Three*, an expression of ideas, as in what we think about raising children or our political opinions or why we believe there may be conflicts in the world. *Four*, revealing our feelings both positive and negative: feelings of love or gratitude or contentment as well as of being hurt or rejected or disappointed. *Five*, a sense of intense closeness and *being with*, perhaps even without speaking or using any words. Each level, then, takes us deeper into a shared relationship.

Consider, then, how ever-deepening prayer may follow that same pattern. *One*, memorized or rote prayer. *Two*, telling God what is on our mind, even though it is a one-sided conversation. *Three*, commonly called “meditation” but, more simply, thinking about God and life and our faith response, as in the musing that may follow spiritual reading. *Four*, often referred to as “praying our feelings,” such as reflecting on our human emotions and what they might say about us, our faith, and how the journey of our faith life is unfolding. *Five*, a sense of simply *being with* God, even without words, and simply resting in that holy presence. Each level of prayer, then, leads us ever more into a shared relationship with our God. ●

### Reflect

***How do I pray? Should I ask for the grace to grow in my prayer life?***

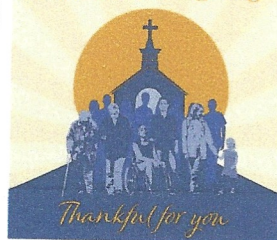


[Jesus said to his disciples,]  
“And I tell you, ask and you  
will receive; seek and you  
will find; knock and the  
door will be opened to you.”

LUKE 11:9



### Mass of Thanksgiving



Most Reverend Jeffrey J. Walsh is pleased to offer a Mass of Thanksgiving in each vicariate of the Diocese of Gaylord in appreciation for the support of the Catholic Services Appeal. All those who have given to the Catholic Services Appeal in the past year are invited to gather for prayer, fellowship, and a brief overview of

how CSA dollars are active throughout our diocese. Mass begins at 5:30pm with reception following. We look forward to seeing you then!

Please visit <https://www.dioceseofgaylord.org/mtc> or call 989-705-3581 by Tuesday, August 5th, to RSVP if you plan to attend the reception.

Parishioners of the central vicariate of the diocese are invited to join Bishop Walsh on

Tuesday, August 12, 2025, at  
St. Mary, Our Lady of Mt. Carmel Cathedral  
606 N Ohio Ave  
Gaylord, MI 49735

### CARE & SHARE FOOD PANTRY

July collection items for St. Joseph are Peanut Butter, Jelly and Butter.



Additionally from all the churches they are looking for ketchup, mustard, and other condiments.



Thank you for donating!

### ONLINE GIVING

Check out our website for the tab at the top of the page or down at the bottom that says, "Giving". The format is simple and easy. We currently have 31 parishioners using online giving.

Thank you for all your support to our parish!

**We received for June: \$3,909.00**

### Mass Intentions

All Weekend dates are full. **Weekday Masses are available.** To schedule, stop by, call the parish office or drop information in the collection basket

### 1st Saturday Mass

August 2nd at 9:00am

Devotion to the Sacred Heart of Jesus and the Immaculate Heart of Mary. Booklets with more information on these devotions are by the Sacred Heart of Jesus statue.



### WEEKLY OFFERING

July 19th and 20th

|                            |                   |
|----------------------------|-------------------|
| Envelopes.....             | \$1,662.00        |
| Loose.....                 | \$1,405.00        |
| Building Fund.....         | \$1.00            |
| Candles.....               | \$190.00          |
| <b>OFFERING TOTAL.....</b> | <b>\$3,258.00</b> |

Thank  
You

### Catholic Calisthenics

#### Part 4: Reception of Holy Communion

Before receiving the Eucharist, Catholics should ensure they are baptized, in a state of grace, meaning free from mortal sin, and have fasted for at least one hour beforehand, and believe in the real presence of Christ in the Eucharist: Body, Blood, Soul and Divinity. Additionally, Catholics should approach the Eucharist in reverence with folded hands, receive either on the tongue or in the hand, bow and respond with "Amen" before receiving.

#### 1. State of Grace:

- Catholics must be free from mortal sin. If they are aware of having committed a mortal sin, they should receive the Sacrament of Penance (Confession) and be absolved before receiving the Eucharist.
- A mortal sin involves a grave matter, done with full knowledge and deliberate consent.

#### 2. Fasting: (Break-Fast or Breakfast)

- Catholics must abstain from all food and drink (except water and medicine) for at least one hour before receiving the Eucharist.
- This fast is a sign of reverence and helps prepare the heart and mind for the reception of Christ.

#### 3. Belief and Reverence:

- Catholics must believe that the consecrated bread and wine are truly the Body, Blood, Soul, and Divinity of Jesus Christ.
- They should approach the Eucharist with reverence, bowing their head before receiving.
- They should receive either on the tongue or in the hand, as appropriate for the local custom. When receiving the Eucharist, they should respond with "Amen," signifying their belief and acceptance.
- Receiving in the Hand: the left hand is placed on top of the right, creating a "throne." The host is then placed in the hand and consumed immediately. Opposite for left-handed.
- Receiving on the Tongue: If receiving on the tongue, the mouth should be open, and the tongue extended slightly.

#### 4. Participation in Mass:

- Ideally, Catholics should attend the entire Mass before receiving the Eucharist.
- They should also pray before and after receiving Communion
- Those who are sick or elderly may have exceptions to the fasting rule.
- The local bishop or priest may have additional guidelines or restrictions.
- It is important to not judge or guess why someone may not be receiving Communion.



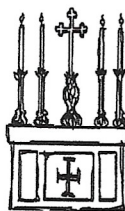
*"Lord, on the day I called for help, you answered me." Psalm 138*

## MASS SCHEDULE

**Saturday, July 26th: Weekday**  
**4:00pm Mass: Pro Populo (For the People)**  
**Sunday, July 27th: 17th Sunday in Ordinary Time**  
**9:00am Mass: For the intentions of Todd Nachazel**  
**by Dan and Shari Nachazel**  
**Tuesday, July 29th: St. Martha, Mary and Lazarus**  
**8:00am Mass †John Petrowski by Anne LaCross,**  
**Daphne and Donald**  
**Wednesday, July 30th: St. Peter Chrysologus, Bishop & Doctor**  
**12:00pm Mass**  
**12:30pm Holy Hour of Adoration**  
**Thursday, July 31st: St. Ignatius of Loyola, Priest**  
**8:00am Mass**  
**6:00pm Holy Hour of Adoration**  
**Friday, August 1st: St. Alphonsus Liguori, Bishop and Doctor**  
**8:00am Mass †Terry Govan by the Ponchart family**  
**8:30am Holy Hour of Adoration**  
**Saturday, August 2nd: St. Eusebius of Vercilli, Bishop**  
**9:00am Mass: 1st Saturday**  
**4:00pm Mass: Deceased members of the Skrocki family**  
**By Betty Skrocki**  
**Sunday, August: 18th Sunday in Ordinary Time**  
**9:00am Mass: Pro Populo (For the People)**

### Ministry Schedule for August 2nd and 3rd

**August 2nd: Saturday at 4:00pm**  
**Lector: Amy O'Neill**  
**Ushers: Pat O'Neill and Monica Spencer**



**August 3rd: Sunday at 9:00am**  
**Lector: Sharon Gardner**  
**Ushers: Cathy Downey and Carol Weidlich**

### Future Dates of Parish Hospitality

**Needed are volunteers for set up, cooks and clean up. More dates upcoming!**

### Fr. Matthew's 50th Birthday Celebration

**Saturday, September 20th (App Night)**  
**Sunday, September 21st (Breakfast)**

**Fr. Joe Graff visiting and  
Deacon Mark's Ordination Anniversary**

**Saturday, September 27th (App Night)**  
**Sunday, September 28th (Breakfast)**



### St. Joseph & St. John of Praga

## Parish Directory

**207 Nicholls Street — P.O. Box 379**

**East Jordan, MI 49727**

**Office: (231) 536-2934**

**Email:** [parishoffice@stjosepheastjordan.org](mailto:parishoffice@stjosepheastjordan.org)

**Website: [www.stjosepheastjordan.org](http://www.stjosepheastjordan.org)**

**Pastor:** Fr. Matthew Furgiuele (231)536-2934

Email: [mfurgiuele@dioceseofgaylord.org](mailto:mfurgiuele@dioceseofgaylord.org)

**Deacon:** Mark Redwine (734)788-3760

**Music Director:** Allison Derengowski (231) 881-3360

**Parish Secretary:** Mary Plude (231)536-2934

Email: [mplude@stjosepheastjordan.org](mailto:mplude@stjosepheastjordan.org)

**Administrative Assistant:** Annie Joy (231)536-2934

Email: [ajoy@stjosepheastjordan.org](mailto:ajoy@stjosepheastjordan.org)

**Catechetical Leader:** Mary Plude (231)838-5383

**Communication/Media:** Annie Joy (231)350-8728

**Maintenance:** Russ Rybicki (440) 653-3568

**Pastoral Council:** Kim Helland-Carr (505) 290-2207

**Finance Council:** Irene Ferguson (619)890-9952

**Cemetery Sexton:** Al Joseph (231)838-9855

**St. Anne Guild:** Vicki Saenz (231)-222-2400

**Sunshine Lady:** Ann Werner (231)499-1182

**Confession 30 minutes before all Masses or by appointment**



***Please call the office if  
you or someone you  
know should be  
included on this list***

Matt Barnadyn  
Braylan Blackwell  
Ray Borowiak  
Connie Bricker-Shaler  
Lee & Barbara Carlisimo  
Pat Castaneda  
Pat Chapman  
Bonnie Courter  
Roger & Nancy Danforth  
Kendra Davis  
Doug Drenth  
John Ennest  
Myron Ennest  
Joe Gaffney  
Issac Gardner  
Padrick & Eileen Gardner  
Douglas Hagedon  
Gail Hagedon  
Marian Hanson  
Samantha Harris  
Joyce Hoult  
Elaine Hurst  
Carol Kerr  
Janet (Mumich) Krussell  
Bobby Kupovits  
Anne LaCross  
Ellie Maza  
Betty McKinnon

Pat Messink  
Barb Mumich  
Lilly Nowka  
Tony Nessel  
Mary O'Connor  
Jeremy Palmrose  
Steve Paterka  
Gretchen Peck  
Keith Peters  
Bart Petrich  
John Petrowski  
Abigail Ponchart  
Lori Ponchart  
Daniel Powers  
John Powers  
Tom & Ruth Repichowski  
Gary Roberts  
Tom Robison  
Susan Shay  
Michael Sheridan  
Betty Skrocki  
Cindy Slack  
Josh Spears  
Phyllis (Jeanie) Sumner  
Boden Vron dran  
Virginia Wabamimkee  
Grandvue Staff/ Residents  
All Souls in Purgatory



# Dear Padre,

**Who wrote the Lord's Prayer? I know the Lord's Prayer comes from Scripture, but who composed it as we say it today?**

When the disciples asked the Lord to teach them to pray, he taught them the prayer we know as the Our Father. Two versions of that prayer appear in the Gospels of Matthew and Luke. The version used in the Church's liturgies is derived from Matthew 6:9–13. In fact, citing St. Thomas Aquinas' *Summa Theologiae*, the *Catechism of the Catholic Church* calls the Lord's Prayer the "most perfect of prayers" (2774), teaching us not only what things to pray for in our prayer but also in what order, or priority, we should desire them. It is at the heart of every individual and communal prayer.

We pray the Our Father, bearing in mind and heart the intimate relationship we have with our God as sons and daughters by adoption through our baptism. The specific wording of our prayers is a work in progress. What we think of as the final wording is that which the Church has approved and makes the most sense for prayer as a community. What is most important is that the substance of the prayer reflects the same matter the Lord used in the prayer. ●

**Fr. Scott Katzenberger, CSSR / DearPadre.org**

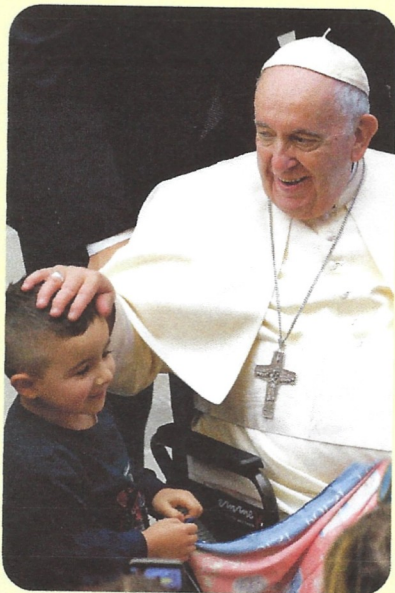
## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

### A WORD FROM POPE FRANCIS

**Herein lies the novelty of Christian prayer! It is a dialogue between people who love each other, a dialogue based on trust, sustained by listening and open to a commitment to solidarity. It is the dialogue of a Son with his Father, a dialogue between children and their Father. This is Christian prayer.**

ANGELUS, ROME,  
JULY 28, 2019



PAUL HARRING



RENATA SEDMAKOVA / SHUTTERSTOCK

#### Monday

July 28  
Weekday  
Ex 32:15–24, 30–34  
Mt 13:31–35

#### Tuesday

July 29  
Sts. Martha, Mary, and  
Lazarus  
Ex 33:7–11; 34:5b–9, 28  
Jn 11:19–27 or Lk 10:38–42

#### Wednesday

July 30  
Weekday  
Ex 34:29–35  
Mt 13:44–46

#### Thursday

July 31  
St. Ignatius of Loyola, Priest  
Ex 40:16–21, 34–38  
Mt 13:47–53

#### Friday

August 1  
St. Alphonsus Liguori, Bishop  
and Doctor of the Church  
Lv 23:1, 4–11, 15–16, 27,  
34b–37  
Mt 13:54–58

#### Saturday

August 2  
Weekday  
Lv 25:1, 8–17  
Mt 14:1–12

#### Sunday

August 3  
Eighteenth Sunday  
in Ordinary Time  
Eccl 1:2; 2:21–23  
Col 3:1–5, 9–11  
Lk 12:13–21