



Welcome to the summer edition of your residents' newsletter.

We hope you're enjoying the start of a rather changeable summer.

A big thank you to everyone who completed our recent residents' survey. We're really pleased with the positive feedback, though we know there's always room to improve.

In this edition, you'll find general updates, important safety information, and, for a bit of seasonal fun, a summer-themed word search!

Ian Brooke (CEO)

Air Ambulance Fundraiser

A message from Lis at Pearce Court:

A very big thank you to everyone for your help and support with the Air Ambulance fundraiser. We raised a fantastic £170.61!



Work experience

We've continued our partnership with Aylesbury College, offering further placements to students aged 17-20 on their multi-skills construction course.

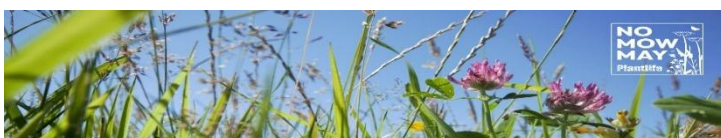
We're also currently advertising for a Property Apprentice. If you know someone who might be interested, please ask them to email office@tdha.co.uk.



Gardens and Nature

We recently held a residents' meeting on gardens and nature, supported by the local Wildlife Trust (BBOWT). As a result, a new "Gardening for Nature" group now meets every Saturday. The group has already set up a hedgehog house, built and planted a new raised bed, and we introduced No Mow May to support biodiversity.

Wherever your flat is, you're always welcome to enjoy any part of our communal gardens 😊



Staying cool in the heat

At our recent residents' meeting, you shared some great tips for keeping cool in hot weather — including using cooling mats, closing blinds, placing ice in front of a fan, and even freezing pillowcases!

There are plenty more useful ideas in Age UK's *Staying Cool in a Heatwave* booklet; spare copies are available in the lounges. Just a gentle reminder to please cover up when using communal spaces, to help everyone feel comfortable.

80th VE Day

The 80th anniversary of VE Day was warmly celebrated, with residents sharing stories and enjoying cake together. The lounge and even some of the flats were beautifully decorated, creating a fantastic atmosphere for the occasion.



Insurance

Did you know that social rented residents can get discounted contents insurance through *My Home Contents Insurance*? To find out more, call 0345 450 7288 or visit www.thistlemyhome.co.uk.

Staying safe online

Whether you're new to the internet or have been using it for years, online scams can affect anyone. If something doesn't feel right, always hang up the phone or switch off your computer. There's information about staying safe online in the lounges.

Holidays

If you're going to be away from your flat, please let the office / a Scheme Manager know. It's important for the Fire Service to be aware of which flats are occupied in case of an emergency. You can now also use our new texting service to let us know.

Items left in the lounge

Please ask scheme managers before putting items, especially large items in the lounge that you want to get rid of as if not taken, we end up having to dispose of them.

Fall prevention

Our partners at the Move Together Team are offering free 121 or group chair-based exercise classes. Please contact Karen or Fran if you're interested.

Health walks

Health walks take place every 1st and 3rd Tuesday. Please join us at the Pearce Court lounge at 10:30am. The walks suit everyone, as we go at the pace of the slowest person.

	Monday	Tuesday	Wednesday	Thursday	Friday
Pearce Court Lounge	Yoga, 10 am Bingo, 1:30	Craft, 2 pm	Coffee morning, 10am, Games 2pm	Lunch 12 pm Bingo, 1:30 pm	Coffee morning 10am
Anstey Court Lounge		Lunch, 12 pm		Coffee morning, 10 am Yoga, 2 pm	



Telecare system

Please remember that your pull cord only needs to be pulled once, multiple pulls will delay calls going through.

Disabled bay consultation

We had mixed feedback about the new disabled bay in the top car park in April and carried out a consultation process to allow residents to give their views to help us decide the fairest course of action.

We can confirm that we received a higher number of responses asking to retain the bay as a disabled bay and not to re-introduce a drop-off bay. Therefore, the permanent disabled bay will remain. Thank you to those who took part in this consultation process.

Fire Safety Advice

Front Entrance Doors

Do not wedge open your front entrance door. This is a fire door and must be kept closed for your own safety and the safety of others.

Escape Routes

Always keep clear of obstructions. Do not place door mats outside your front door. These can cause slips, trips and falls.

Evacuation Procedure

If there is a fire, the corridor alarm will sound throughout your block to alert all residents. If it is safe to do so, please evacuate the building immediately using the nearest exit and wait in the adjacent car park.

Portable Heaters

Please let us know if you have a portable heater belonging to TDHA. We need these returned to carry out necessary electrical testing. Kindly contact a member of staff to arrange collection. Many thanks for your cooperation.

Gardening

Many of you will know our in-house gardener, Mark Blinko. He has recently undergone a knee operation and is recovering well at home. As such, Tom and Jim will be taking on extra gardening duties over the summer and into the Autumn. They will be allocating Tuesdays to concentrate on the gardens at Anstey Court and working on the other sites throughout the week.

Openreach Full Fibre Installation

Openreach has begun installing full fibre broadband at Pearce Court and Summersbee Court, offering faster and more reliable internet by replacing older copper systems with fibre-optic cables. This is part of a nationwide initiative to connect 25 million homes and businesses by 2026. These two schemes are the first to receive the upgrade, with more sites planned.

Summer Spaces

We're making improvements to our outdoor spaces for residents to enjoy over the summer. A new bench has been added at Croft Court, and two new benches have been placed in the garden at Playford Court. A new parasol base has been ordered for Anstey Court, and the honeysuckle around the pergola is beginning to grow, providing natural shade for the years ahead. At Pearce Court, the quad gardens have been tidied and the furniture re-stained, creating a shady and pleasant green space for all to enjoy.



Summer Word Search

B F G P W W S C A M P I N G S P X
A A N R V D L X T C B N B B F O Q
A I R C I W V O X W Q Y E B G O H
T E R B W L H G I C S A B T J L U
G U N C E S L N V N C L Z E E L N
Z O B Q O C Z I O H O Y C F K I N
J Q I K B N U W N I W I M K W A W
E E S J T E D E K G T Y T Q H T L
N H N T W R B I K R W A R A I N R
S T G X A E A G T M A E X U C E M
A A K H N O N V A I N P S A L A F
P B F G Z I B E E I O M R C L H V
I N Z X M V R D H L I N I E N E T
V U V M X C P S E W I S I A T Y R
R S I F E W N J S E P N E N Y A J
S W V C W U Y W H O P C G V G J W
S C I Z S I M B P J O S J A S Y V

RELAXATION
TRAVELING
HOT
SUNSHINE
POPSICLE

BARBECUE
OCEAN
BEACH
SUNBATHE
GRILLING

VACATION
SWIMSUIT
AIR CONDITIONING
SWIMMING
ICE CREAM

WATER PARK
LAKE
POOL
CAMPING
SPEEDBOAT

