

MEDICAL ESSENTIAL COVERAGE

Enrollment & Eligibility

Key Features

- Direct Pay: No payroll deductions - premiums are paid directly on the enrollment platform.
- 100% coverage for preventive care
- Nationwide PPO network
- 24/7 telemedicine: Free and unlimited
- Prescription drug coverage, behavioral health resources, and limited hospital indemnity benefits.

Who Can Enroll

- All part-time faculty and staff and their eligible dependents.
- Eligible dependents include child(ren) under age 26, spouse, and registered domestic partner. Please note that you must enroll yourself in order to enroll dependents.

When Can You Enroll

- **Open Enrollment:** Your opportunity to enroll yourself and/or your eligible dependents for the plan year, July 1, 2025 – June 30, 2026. After Open Enrollment closes, you can only make changes if you experience a Qualifying Life Event (QLE).
- **Qualifying Life Event (QLE):** If you decide to make changes outside of Open Enrollment due to a QLE, such as marriage, divorce, birth/adoption, or loss/gain of other coverage, you must notify askhr@nu.edu within 30 days of the event.

How to Enroll

- Enrollment is through a third-party enrollment platform, [AEZ Benefits](#). If you need assistance during the process, a chat feature is available for support.

Enrollment Resources

- [Plan Description and Rates](#)
- [Summary of Benefits and Coverage \(SBC\)](#)
- [Recorded Benefits Presentation](#)
- [Benefits Resource Site](#)