



Maltese Care Sheet

A quick reference guide for keeping your Maltese healthy, happy, and looking fabulous.

Quick Facts

| Trait | Details |
|----------------|--|
| Size | Toy (3–4 kg) |
| Height | 20–25 cm at the shoulder |
| Lifespan | 12–15 years |
| Coat | Long, silky, white |
| Temperament | Affectionate, lively, intelligent |
| Best For | Singles, seniors, families with older children |
| Exercise Needs | 20–30 mins daily |

Maltese Care Essentials

Training & Socialisation: Gentle and intelligent. Use positive reinforcement and early socialisation to prevent shyness or barking.

Exercise: 20–30 mins daily. Short walks and indoor play are enough.

Grooming: Daily brushing to prevent tangles. Bath every 2–3 weeks and clean around eyes to avoid staining.

Health: Generally healthy but prone to dental problems, luxating patella, and eye issues. Regular vet checks recommended.

Diet: High-quality small breed food with lean protein. Adults: 2 small meals/day.

Family Suitability: Best with gentle children and attentive owners. Thrives in apartments or small homes.

Max's Comment: "Small in size, big in personality — they'll rule your home from your lap."