



Labrador Retriever Care Sheet

A quick reference guide for keeping your Labrador Retriever happy, healthy, and active.

Quick Facts

Trait	Details
Size	Large (25–36 kg)
Height	55–62 cm at the shoulder
Lifespan	10–12 years
Coat	Short, dense, water-resistant double coat
Temperament	Friendly, loyal, intelligent
Best For	Families, active singles, service work
Exercise Needs	1–2 hours daily

Labrador Retriever Care Essentials

Training & Socialisation: Positive reinforcement works best. Labs are eager to please but can be boisterous as puppies — start training early.

Exercise: 1–2 hours daily. Fetch, swimming, and long walks are ideal. Labs thrive on active lifestyles.

Grooming: Brush weekly (more during shedding season). Bathe every 6–8 weeks. Clean ears regularly to prevent infections.

Health: Watch for hip and elbow dysplasia, obesity, and ear infections. Regular vet check-ups are important.

Diet: High-quality large-breed dog food. Adults: 2 meals/day. Avoid overfeeding — Labs gain weight easily.

Family Suitability: Excellent with kids and other pets. Great all-round family dog but needs space or frequent outdoor time.

Max's Comment: "Smart, loyal, and always up for fun — but leave your sandwich unattended and it's history."