



## German Shepherd Care Sheet

A quick reference guide for keeping your German Shepherd happy, healthy, and well-trained.

### Quick Facts

Trait	Details
Size	Large (22–40 kg)
Height	55–65 cm at the shoulder
Lifespan	9–13 years
Coat	Medium-length double coat
Temperament	Intelligent, loyal, protective
Best For	Active, experienced owners
Exercise Needs	1–2 hours daily

### German Shepherd Care Essentials

**Training & Socialisation:** Highly trainable and intelligent. Use positive reinforcement and start socialisation early with people, pets, and new environments.

**Exercise:** 1–2 hours daily. Include walks, runs, agility training, and mental enrichment.

**Grooming:** Brush 2–3 times weekly, daily during shedding seasons. Bathe every 6–8 weeks. Clean ears regularly.

**Health:** Watch for hip/elbow dysplasia, degenerative myelopathy, and bloat. Choose breeders who health test.

**Diet:** Balanced, high-quality food with adequate protein. Adults: 2 meals/day. Avoid overfeeding to protect joints.

**Family Suitability:** Loyal and protective. Best for active families or experienced dog owners who can provide training and stimulation.

**Max's Comment:** "Smart, strong, loyal — and probably better at guarding the house than you are."