

GRUMPY

OLD MAX

Foods Good & Bad for Dogs



Healthy Foods Dogs CAN Eat

- Lean Proteins: Chicken, turkey, beef, lamb, kangaroo, salmon, sardines
- Vegetables: Carrots, pumpkin, green beans, broccoli, spinach, zucchini
- Fruits: Blueberries, watermelon (no seeds), banana, apples (no seeds)
- Healthy Additions: Greek yoghurt, kefir, eggs, fish oil, turmeric, bone broth

Max says: “Yes, we can eat veggies. No, we don’t want salad. Stop asking.”

Dangerous Foods Dogs Should NEVER Eat

- Chocolate: Contains theobromine — dangerous and absolutely NOT a treat.
- Grapes & Raisins: Can cause kidney failure even in small amounts.
- Onions & Garlic: Damages red blood cells and causes anaemia.
- Xylitol: Found in sugar-free treats — instant danger zone.
- Macadamia Nuts: Causes tremors, vomiting, and weakness.
- Cooked Bones: Splinter easily and cause internal injuries.
- Alcohol & Caffeine: Even tiny amounts can be life-threatening.
- Avocado: Contains persin — bad news for dogs.
- Human Medications: Panadol, Nurofen, aspirin — keep them AWAY.

Max growls: “If you give us chocolate again, I’m calling the RSPCA myself.”

Extra Tips From Grumpy Old Max

- “If the first ingredient is corn... put it back on the shelf. Try again.”
- “Cooked bones? Why not just hand us a tiny wooden sword and wish us luck?”
- “Sweeteners in peanut butter? Humans, please. Keep it natural.”

Emergency Advice

If your dog eats something dangerous: call your vet immediately or contact the Animal Poisons Helpline (Australia): 1300 869 738.

Max adds: “And stop Googling for an hour — just call the vet!”