

# FRESH JUICES

16oz \$7.99 | 20oz \$9.99

## Immune Booster

Orange, apple, pineapple, carrot, lemon

## Green Hydration

Cucumber, kale, green apple, celery, lemon

## The Anti-inflammatory

Apple, orange, pineapple

## The Alkalizer

Kale, celery, spinach, green apple, lemon, ginger

## Vitamin See

Orange, carrot, pineapple, turmeric, ginger

## The Detoxifier

Beet, carrot, celery, apple, ginger

## The Antioxidant

Strawberry, pineapple, apple

## The Stress Reducer

Passion fruit and fresh squeezed orange juice

## Passion Fruit Juice

Just passion fruit juice!

## Orange Juice

16oz \$8.99 | 20oz \$10.99

Freshly squeezed orange juice

## BLENDED LEMONADES

16oz \$6.99 | 20oz \$8.99

Made with fresh squeezed lemon juice!

## Strawberry Lemonade

## Passion Fruit Lemonade

## Classic Lemonade

## LITTLE BLENDS

Kids size 9oz \$5.00

Fresh-pressed orange or apple juice

Add Chamoy on the rim of your cup! \$1.50

# SMOOTHIES

16oz \$8.99 | 20oz \$10.99

## Berry Life

Strawberry, raspberry, banana, raw cane sugar, almond milk

## Green Machine

Kale, spinach, pineapple, banana, orange juice, honey

## Chocolate Love

Banana, cocoa powder, dates, peanut butter, almond milk

## Caribbean Vibes

Mango, passion fruit, orange juice, agave

## Strawberry & Banana

Strawberry, banana, whole milk, raw cane sugar, topped with coconut flakes

## The Local's Favorite

Blueberry, blackberry, banana, peanut butter, coconut milk, dates, lemon juice, topped with cinnamon

## Mt. Hood Day

Banana, pineapple, coconut milk, vanilla extract, lemon juice, agave

## Go ManGo

Mango, banana, coconut flakes, whole milk, agave

## Tita's Smoothie - Our Owner's Favorite Blend

Strawberry, blackberry, mango, apple juice, agave

## Lavender Paradise - New!

Blueberry, banana, lavender extract, whole milk, agave

## Tropical Açaí - New!

Açaí, mango, banana, coconut milk, agave, lavender extract

# PROTEIN SHAKES

16oz \$9.99 | 20oz \$11.99

## The Snowboarder

Banana, pineapple, peanut butter, cocoa powder, coconut milk, flax seeds, vanilla protein (whey or vegan), chocolate drizzle

## The Cyclist

Strawberry, raspberry, banana, peanut butter, vanilla extract, coconut milk, vanilla protein (whey or vegan)

## The Runner

Banana, spinach, kale, pineapple, matcha protein, almond milk, honey, chia seeds

# WELLNESS SHOTS

2oz \$3.50

## The Hangover Cure

Ginger, turmeric, cayenne, black pepper

## Tummy Soother

Ginger, lemon, honey



Berry Life Smoothie  
\$8.99





## The Signature Bowl \$12.99



Handcrafted açaí bowls

Made fresh daily  
with local fruits & veggies



Spread the love

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 blendspdx.com

## REAL FRUIT FROZEN YOGURT



**Choose your size**  
Kids \$6 - Regular \$8



**Pick your real fruit base**  
(fresh fruit blended with  
vanilla frozen yogurt)

Strawberry    Raspberry  
Blueberry



**Choose 2 toppings**

Strawberry	Coconut Flakes	Chia Seeds
Goji Berry	Toasted Coconut Flakes	Granola
Blueberry	Peanut Butter Chips	Honey
Banana	Sweet Pistachio Cream	



## MATCHA SERIES - NEW!

It's Matcha Better This Way!

16oz \$9.99 | 20oz \$11.99

### Matchaí - The Fans' Fav

Açaí and matcha blend, topped with light  
whipped cream

### The Matchpoint

Banana, cocoa powder, peanut butter, almond  
milk, dates, matcha blend, topped with light  
whipped cream

### Mix & Matcha

Orange juice, passion fruit, mango, agave, matcha  
blend, topped with light whipped cream

### The Match-Up

Strawberry, banana, whole milk, raw cane sugar,  
matcha blend, topped with light whipped cream

**House-made matcha blend:** Matcha, whole milk, agave

## AÇAÍ BOWLS

24oz

### The Signature Bowl | \$12.99

Organic açaí blend topped with  
gluten-free granola, strawberry,  
banana, blueberry, goji berry, honey,  
and cinnamon

### Peanut Butter Bowl | \$12.99

Organic açaí blend mixed with  
creamy peanut butter, topped with  
gluten-free granola, fresh  
strawberry, banana, coconut flakes,  
and a drizzle of pistachio cream

### All In Protein Bowl | \$14.99

Organic açaí blend mixed with  
vanilla protein (whey or vegan),  
topped with gluten-free granola,  
strawberry, banana, blueberry,  
coconut flakes, peanut butter chips,  
chia seeds, cinnamon, and pistachio  
drizzle

### Island Bowl | \$13.99 - New!

Organic açaí blend topped with  
gluten-free granola, mango,  
strawberry, toasted coconut flakes,  
and passion fruit drizzle

## FRUIT BOWL

24oz \$7.00

Green apple, banana, strawberry,  
blueberry, honey, chia seeds



## CREPES

### Nutella Crepe | \$9.99

Nutella, banana, strawberry, chocolate  
drizzle, powdered sugar, light whipped  
cream

### Pistachio Crepe | \$10.99 - New!

Sweet pistachio cream, strawberry,  
blueberry, toasted coconut flakes, light  
whipped cream, strawberry dust

## WAFFLES

### Strawberry Nutella Waffle | \$9.99

Strawberry, nutella, light whipped cream,  
chocolate drizzle, toasted coconut,  
strawberry dust

### Banana Pistachio Waffle | \$10.99 - New!

Sweet pistachio cream, banana,  
blueberry, coconut flakes, light whipped  
cream, powdered sugar