

# Valley Youth Championships

Matilda Torres High School

May 9th, 2026

TIME	EVENT	AGE GROUP	TIME	EVENT	AGE GROUP
8:30	3000M	11-12 Girls	4:25	400M	9-10 Girls
8:45	3000M	11-12 Boys	4:30	400M	9-10 Boys
9:00	3000M	13-14 Girls	4:35	400M	11-12 Girls
9:15	3000M	13-14 Boys	4:40	400M	11-12 Boys
9:30	3000M	15 Girls/Boys	4:45	400M	13-14 Girls
9:50	4x400M RELAY	9-10 Girls	4:50	400M	13-14 Boys
10:00	4x400M RELAY	9-10 Boys	4:55	400M	15 Girls
10:10	4x400M RELAY	11-12 Girls	5:00	400M	15 Boys
10:20	4x400M RELAY	11-12 Boys	5:05	200M	9-10 Girls
10:30	4x400M RELAY	13-14 Girls	5:10	200M	9-10 Boys
10:40	4x400M RELAY	13-14 Boys	5:15	200M	11-12 Girls
10:50	4x400M RELAY	15 Girls/Boys	5:20	200M	11-12 Boys
11:10	80M HURDLES	11-12 Girls	5:25	200M	13-14 Girls
11:15	80M HURDLES	11-12 Boys	5:30	200M	13-14 Boys
11:25	100M HURDLES (30")	13-14 Girls	5:35	200M	15 Girls
11:30	100M HURDLES (30")	13-14 Boys	5:40	200M	15 Boys
11:35	100M HURDLES (33")	15 Girls	5:45	4X800M RELAY	11-12 Girls/Boys
11:40	100M HURDLES (33")	15 Boys	5:45	4X800M RELAY	13-14 Girls/Boys
12:20	4X100M RELAY	9-10 Girls	5:45	4X800M RELAY	15 Girls/Boys
12:30	4X100M RELAY	9-10 Boys			
12:40	4X100M RELAY	11-12 Girls			
12:50	4X100M RELAY	11-12 Boys			
1:00	4X100M RELAY	13-14 Girls			
1:10	4X100M RELAY	13-14 Boys			
1:20	4X100M RELAY	15 Girls			
1:25	4X100M RELAY	15 Boys			
1:35	200M HURDLES (30")	13-14 Girls			
1:40	200M HURDLES (30")	15 Girls			
1:45	200M HURDLES (33")	13-14 Boys			
1:50	200M HURDLES (33")	15 Boys			
1:55	1500M	9-10 Girls			
2:05	1500M	9-10 Boys			
2:15	1500M	11-12 Girls			
2:20	1500M	11-12 Boys			
2:25	1500M	13-14 Girls			
2:30	1500M	13-14 Boys			
2:35	1500M	15 Girls			
2:40	1500M	15 Boys			
2:45	100M	9-10 Girls			
2:50	100M	9-10 Boys			
2:55	100M	11-12 Girls			
3:00	100M	11-12 Boys			
3:05	100M	13-14 Girls			
3:10	100M	13-14 Boys			
3:15	100M	15 Girls			
3:20	100M	15 Boys			
3:25	800M	9-10 Girls			
3:35	800M	9-10 Boys			
3:45	800M	11-12 Girls			
3:55	800M	11-12 Boys			
4:05	800M	13-14 Girls			
4:10	800M	13-14 Boys			
4:15	800M	15 Girls			
4:20	800M	15 Boys			

## FIELD EVENTS

### LONG JUMP (West Pit)

9:00 15 Girls  
9:30 15 Boys  
10:00 13-14-Girls  
11:00 13-14 Boys

### HIGH JUMP (West Pit)

8:30 9-10 Girls and Boys  
11:00 11-12 Girls and Boys

### HIGH JUMP (East Pit)

8:30 15 Girls  
9:30 15 Boys  
10:30 13-14 Girls  
11:45 13-14 Boys

### LONG JUMP (East Pit)

9:00 9-10 Girls  
10:00 9-10 Boys  
11:00 11-12 Girls  
12:00 11-12 Boys

### DISCUS

9:00 11-12 Girls  
10:00 11-12 Boys  
11:00 13-14-Girls  
12:00 13-14 Boys  
1:00 15 Girls  
1:30 15 Boys

### TRIPLE JUMP (West Pit)

12:00 13-14 Boys  
1:00 15 Boys

### TRIPLE JUMP (East Pit)

1:00 13-14 Girls  
2:00 15 Girls

### POLE VAULT

12:00 All 13-14 & 15

### SHOT PUT (West Ring)

9:00 9-10 Girls  
10:00 9-10 Boys  
11:00 11-12 Girls  
12:00 11-12 Boys

### JAVELIN (S/E Softball Outfield)

8:00 9-10 Boys  
8:30 9-10 Girls  
9:00 11-12 Boys  
9:30 11-12 & 13-14 Girls  
10:00 13-14 Boys  
11:00 15 Girls  
12:00 15 Boys

### SHOT PUT (East Ring)

9:00 13-14 Girls  
10:00 13-14 Boys  
11:00 15 Girls  
11:30 15 Boys

**SCHEDULE IN ROLLING AND COULD RUN UP TO 30 MINUTES EARLY.  
PLEASE ARRIVE 90 MINUTES PRIOR TO THE EVENT START TIME, AS  
THE TIME LISTED IS ONLY AN ESTIMATE.**