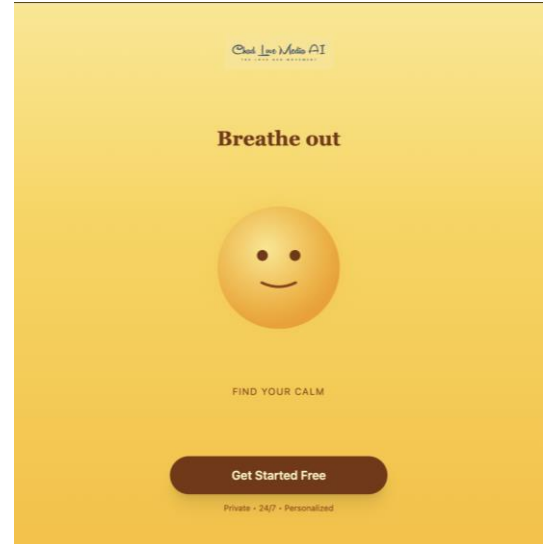


CHAD LOVE MEDIA  
AI

# The Love Gen Movement

Building an emotional home for Gen Z. An AI-guided wellness platform designed to help people feel seen, heard, and grounded every day



# Introduction

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Introduction

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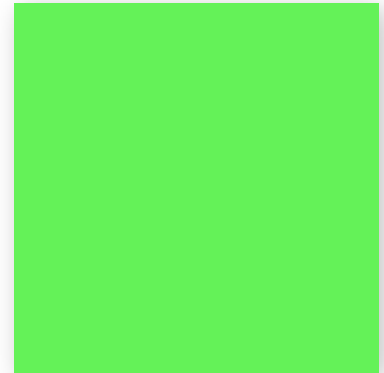
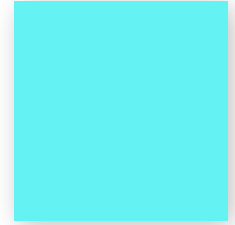
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Thank You



# Introduction

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Gen Z is the most connected generation in history.  
And also the most anxious.

They scroll more.  
They feel more.  
They struggle more -silently.

Mental wellness today feels:

- Clinical
- Cold
- Generic

Gen Z does not want therapy language.  
They want to feel understood.

## Breathe in



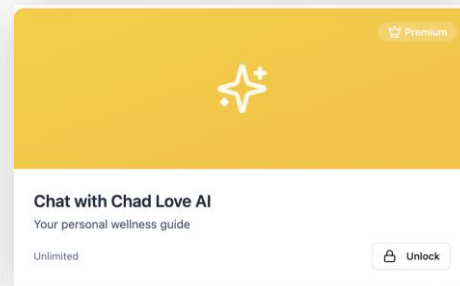
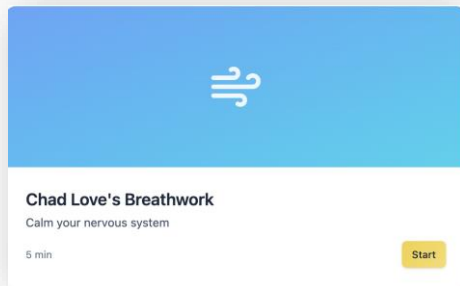
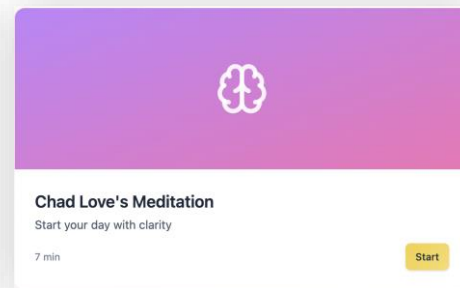
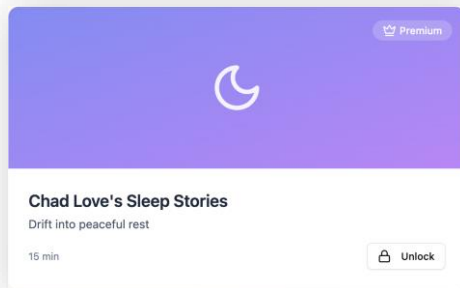
FIND YOUR CALM

[Get Started Free](#)

Private • 24/7 • Personalized

# What We Are Building

There is more to Chad Love Media AI than just an app. It helps Gen Z reset their emotions every day. A place where AI-guided meditation, breathwork, personalized sleep content, and voice-based support all work together to help people feel grounded, understood, and supported. We are making a home for our feelings where technology helps people connect with each other instead of taking the place of people.



# A Space to Be Heard

This is when the experience becomes real for you. With just one tap, people can say what they want to say without being judged, pressured, or afraid of being misunderstood. They can let it all out. Think about it. Stop. The voice feature turns AI into an active listener, which makes things clear emotionally in real time. Sometimes advice doesn't help you grow.

It starts with being heard.

## Chad Love AI

Hold the mic · Speak freely · Be heard



Hey, I'm here. ❤️ Hold the mic button, say what's on your mind, and I'll listen.




Tap to speak

## Chad Love's Meditation

AI-Guided Meditation & Therapy Sessions

Find peace, clarity, and healing through personalized guided meditations




10 min

Daily Meditation

### Morning Peace

Start your day with calm clarity and positive intention

Start Session >




12 min

Stress Relief

### Anxiety Relief

Gentle guidance to ease your worried mind

Start Session >




15 min

Personal Growth

### Self-Love Journey

Embrace your worth and celebrate who you are

Start Session >




8 min

Empowerment

### Confidence Boost

Unlock your inner strength and power

Start Session >




20 min

Evening Meditation

### Sleep Preparation

Wind down peacefully for restful sleep

Start Session >




10 min

Stress Relief

### Stress Release

Let go of tension and find your calm center

Start Session >



### How It Works

- 1 Choose Your Session
- 2 AI Creates Your Guide
- 3 Read & Relax

# AI-Guided Meditation Experience

A collection of guided meditations that can help with different emotional needs during the day. Users can pick sessions based on how they feel right now, whether they want to feel calm, clear, confident, or more connected to themselves. The goal of each session is to help users calm down, control their nervous system, and reconnect with themselves. The experience creates a daily rhythm of emotional balance, from morning grounding to evening relaxation.

# Regulating the Nervous System

Chad Love Inhale offers guided breathing exercises that are meant to help users calm their minds, control their emotions, and reconnect with themselves. The platform has simple breathing exercises that are based on mindfulness and cognitive behavioral therapy. These exercises help lower anxiety, improve focus, and get the mind ready for sleep. Box Breathing, 4-7-8 breathing, and mindful breathing sessions are just a few of the breathing journeys that users can choose from. Each one is meant to help the nervous system get back to normal.

## Chad Love Inhale

Calm your mind with guided breathing exercises rooted in CBT and mindfulness.

BREATHE IN LOVE • BREATHE OUT STRESS



### Box Breathing

A simple technique to calm your nervous system, based on Cognitive Behavioral Therapy (CBT) principles.

▶ Start



### 4-7-8 Breathing

Known as "relaxing breath," this mindfulness exercise helps reduce anxiety and promotes sleep.

▶ Start



### Mindful Breathing

Focus on the natural rhythm of your breath to ground yourself in the present moment.

▶ Start

# Calm Your Mind Before Sleep



Chad Love AI helps people fall asleep by reading them personalized bedtime stories and poems that are calming.

The platform uses AI to make calming content based on the user's mood and favorite themes, like nature, self-love, gratitude, or peaceful night scenes.

This makes a calming nighttime routine that quiets the mind, relaxes the body, and gets it ready for deep sleep.

# Inspiration & Community Content

A hand-picked stream of quotes, wisdom, and real-life stories meant to inspire and lift up the Love Gen community. People come back every day to think, learn, and reconnect with their purpose.

## Modern Love Gen Stories



**Jenna Ortega**  
@jenna\_wellness

Mindfulness

Overcame severe social anxiety by starting a small online book club. Today, her 'Readers for Relief' community connects thousands of young people, fostering friendships and mental health support through shared stories. Her journey shows that a small step towards connection can create a worldwide movement of love.



**Leo Khan**  
@leo\_moves

Physical Health

After struggling with body image, Leo began documenting his fitness journey on social media, focusing on joyful movement rather than numbers on a scale. His transparency about good days and bad days has inspired a generation to love their bodies and celebrate what they can do, not just how they look.



**Chloe Davis**  
@chloe.codes

Entrepreneurship

Feeling burnt out from her corporate job, Chloe taught herself to code and built an app that sends users a daily positive affirmation. 'Affirm Love' is now a top-rated wellness app, proving that you can turn personal struggle into a source of inspiration and healing for others while building your dream career.

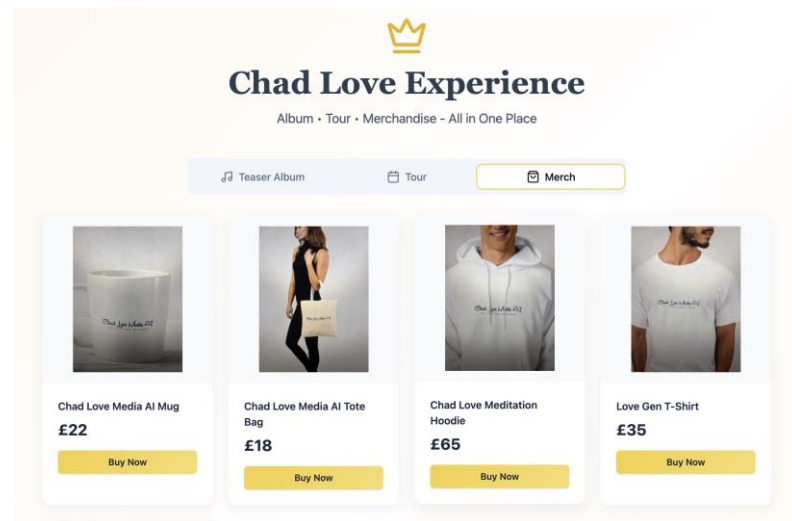
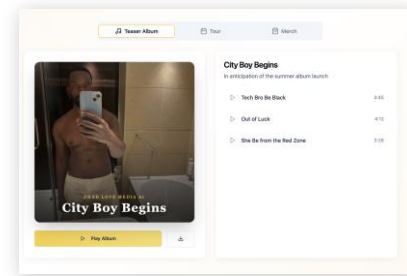
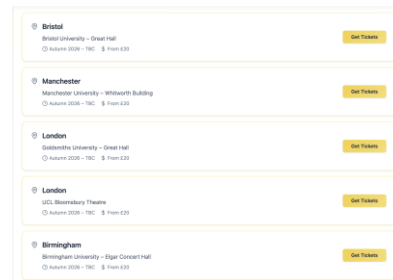
## Quote of the Day

*"The future belongs to those who believe in the beauty of their dreams."*

— Eleanor Roosevelt

# The Chad Love Media Experience

Chad Love Media AI moves beyond the app and into a larger cultural ecosystem. The platform connects the Love Gen community in the real world through music releases, live events, and branded merchandise. Live events, music, and stories can all help people feel connected to the movement, find their identity, and feel like they belong.



# Flexible Subscription Model

Every user can start their journey at their own pace.

The platform offers three levels of access that allow people to explore, grow, and deepen their experience over time.

- The **Free plan** introduces core wellness tools and community access.
- The **Soul plan** unlocks unlimited meditation sessions, mood tracking, and personalized AI insights.
- The **Love Gen plan** offers the most complete experience with Chad's voice guidance, exclusive content drops, mentorship matching, and priority support.

## Choose Your Journey

Start free. Upgrade anytime. Cancel anytime.

Monthly Annual **Save 20%**

<b>Free</b> Free	<b>Soul</b> \$9.99 /mo <small>Most Popular</small>	<b>Love Gen</b> \$19.99 /mo <small>All Inclusive</small>
<ul style="list-style-type: none"><li>✓ 3 meditation sessions per month</li><li>✓ 3 bedtime poems per month</li><li>✓ Basic breathing exercises</li><li>✓ Daily inspiration quotes</li><li>✓ Community access</li><li>✓ Chad's Voice (ElevnLabs-TTS)</li><li>✓ Unlimited-sessions</li><li>✓ Health &amp; mood-tracking</li><li>✓ Personalized-AI insights</li></ul>	<ul style="list-style-type: none"><li>✓ Unlimited meditation sessions</li><li>✓ Unlimited bedtime poems</li><li>✓ All breathing techniques</li><li>✓ Health &amp; mood tracking</li><li>✓ Daily inspiration &amp; affirmations</li><li>✓ Community access</li><li>✓ Personalized AI wellness insights</li><li>✓ Chad's-Voice-on-every-session</li><li>✓ 1-on-1-mentorship-matching</li></ul>	<ul style="list-style-type: none"><li>✓ Everything in Soul</li><li>✓ Chad's Voice on every session</li><li>✓ Exclusive Chad Love content drops</li><li>✓ Early access to new features</li><li>✓ 1-on-1 mentorship matching</li><li>✓ Priority support</li><li>✓ Love Gen Movement badge</li></ul>
<b>Get Started Free</b>	<b>Start 7-Day Free Trial</b>	<b>Start 7-Day Free Trial</b>

## Choose Your Journey

Start free. Upgrade anytime. Cancel anytime.

Monthly Annual **Save 20%**

<b>Free</b> Free	<b>Soul</b> \$7.99 /mo <small>Most Popular</small> <small>billed annually</small>	<b>Love Gen</b> \$14.99 /mo <small>All Inclusive</small> <small>billed annually</small>
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<b>Get Started Free</b>	<b>Start 7-Day Free Trial</b>	<b>Start 7-Day Free Trial</b>

# Thank You!

The logo for Chad Love Media AI is centered on a yellow square. It features the text "Chad Love Media AI" in a blue, cursive script font. Below this, the words "THE LOVE GEN MOVEMENT" are written in a smaller, blue, all-caps sans-serif font.

Chad Love Media AI  
THE LOVE GEN MOVEMENT

The global demand for emotional wellbeing, digital connection, and meaningful community is growing faster than ever before.

Chad Love Media AI is positioned at the intersection of these shifts; combining AI, culture, and storytelling to create a platform designed for the next generation.

We believe this is more than a product.  
It is the foundation of a movement.