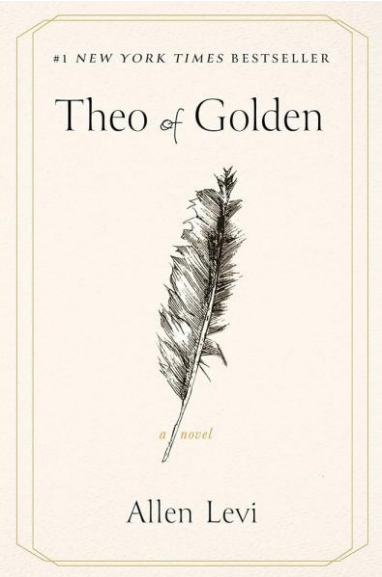
Welcome to LOL (Loving Our Longevity) Book Club



Book Study Schedule

Date	Session
October 8	Prologue & Chapters 1-8
October 15	Chapters 9-15
October 22	Chapters 16-23
October 29	Chapters 24-31
November 5	Chapters 32-39
November 12	Chapters 40-45
November 19	Chapters 46-50
December 3	Chapters 51-58
December 10	Chapters 59-62 and Epilogue