

Boxed milk/almond milk
Canned meats (tuna, chicken, ham)
Canned vegetables
Canned fruits
Boxes macaroni & cheese
Canned soups and stews with meat
Bag or box rice
Jars of peanut butter and jelly
Cereal/oatmeal
Pasta and pasta sauces
Cookies or crackers
Juice boxes
Toilet paper
Paper Towels
Kleenex
Shampoo/Conditioner
Soap
Toothpaste
Toothbrush
Deodorant (women and men)
Diapers (baby and adult)
Wipes