

GA ASPIRE GAME DAY REFERENCE GUIDE

PRIOR TO THE GAME

FIVE DAYS OUT

Home clubs send the opponent all match details and information at least 5 days before the game. **Club admin will send.**

FOUR DAYS OUT

Match cards can be printed **4 days before match day**, and no sooner.

48 HOURS OUT

Confirm all players are approved and on the roster at least **48 hours before** the game in case of issues.

PLAYERS AND STAFF

CLUB PLAYER PASS CP

An age-eligible player registered with your club may use a Club Player Pass.

Players may play **one game per fixture**.

A written-in player is **ineligible**. Jersey numbers may be written in.

BENCH AND TECHNICAL AREA

Reserved for players and a maximum of **4 registered club staff**. A certified athletic trainer (ATC) does not count toward the four.

GAME DAY

Both teams bring the **standard match card** in case of last-minute roster changes.

Referees will be paid via the **Referee Assignor**.

MATCH FILMING

Filming is the **home team's responsibility**

Bring cameras and check that you have enough power and memory for every match.

Upload all filmed matches to the Veo league exchange within **48 hours of the last match of the weekend fixtures**.

Fines apply to matches not uploaded by the deadline.

POST GAME

Home club collects all match cards after each game. **Both teams photograph the match card** before leaving the field.

WITHIN 24 HOURS

Home club reports the **score, goal scorers, and disciplinary actions** for each fixture within 24 hours of completion. Late submission may result in fines and/or penalties.

Both clubs complete the **Post-Match Report** via GotSport.

SUBSTITUTIONS

Use the **Girls Academy Substitution Sheet** for every GA match; submit it with the completed match card.

Home team provides the official sheet to match officials **before kickoff**.

Match officials or a **designated club official** track all substitutions.

Both coaches sign the sheet after the match for verification.

Maximum **5 substitution moments** during regulation, with no more than 3 per half.

A player may **re-enter once in the second half** within the allotted moments. Once substituted a second time, that player may not re-enter.

Halftime does not count as a moment. Substitutions may occur at any stoppage of play.

UNIFORMS

- **HOME TEAM** - light shirt, light socks, any shorts.
- **AWAY TEAM** - dark shirt, dark socks, any shorts.