



Mood Morsels™ by Chef Heart

Edible Emotional Support | Frequency-Infused | Real-Time Resonance



What Are Mood Morsels™?

Mood Morsels™ are **bite-sized, herb- and spice-infused functional edibles** designed to help stabilize and enhance emotional resonance—naturally. Formulated using ancient botanicals, modern mood science, and the Personaware™ Theory of Mind framework, each morsel supports a specific emotional frequency.

These are **not supplements**.

They're not candy.

They're **frequency food™**—delicious tools for navigating your emotional landscape with clarity, stability, and intention.



Why They Work

- **Mapped to specific emotional states** (e.g., joy, clarity, peace, connection)
 - Infused with **therapeutic herbs and functional spices**
 - Support regulation of emotional spikes and stress response
 - Designed to **purify and stabilize the “Belief Arena”**, the emotional storage layer of the psyche
 - Optional pairing with **Persona Blends™** for customized resonance
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The Mood Lineup

Morsel	Mood Activated
Lumen Drop	Clarity & Calm
Grati-Gem	Gratitude & Grounding
Hope Shot	Optimism & Renewal
Stillness Sip	Emotional Equilibrium

Resolve Root	Courage & Focus
Joy Drop	Radiance & Lightness
Ember Bark	Resilience & Strength
Unity Bloom	Connection & Harmony

Each morsel is color-coded by **frequency**, uses whole ingredients, and can be consumed **solo** or **in tandem** to align with others in real time.

Perfect For:

- Team retreats & high-stakes meetings
 - Relationship repair rituals
 - Emotional recovery after grief or stress
 - Mental clarity before creative work
 - Everyday alignment before a busy day
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Available Formats:

- Sample packs (4 moods)
 - Full mood kit (8 SKUs)
 - Pairing kits (co-consumption for couples, teams, therapists)
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Legal + Safety

Chef Heart is not a medical provider. Mood Morsels™ are not intended to treat, diagnose, or cure. Always consult your healthcare provider before use. Contains herbs and spices—**use mindfully**.

Learn More / Partner With Us:

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Mood Morsels™ is a product of **Marble Media, Inc DBA Chef Heart**

FDA-registered spice blend facility | Web4-ready emotional tech