

10/1/26 Chili-Ground beef, spaghetti sauce (tomato puree [water, tomato paste], tomatoes, less than 2% of sugar, modified corn starch, dried onion, extra virgin olive oil, potassium chloride, calcium chloride, dried basil, dried oregano, dried parsley, natural flavor, citric acid* *naturally derived), kidney beans (dark red kidney beans, water, sugar, salt, calcium chloride), diced tomatoes, onions, green peppers, garlic powder, onion powder, Italian seasoning (basil, oregano, rosemary, thyme, parsley, garlic), chili powder (chili pepper, salt, garlic, cumin, oregano, dextrose, silicon dioxide, [anti-caking]). **Coleslaw**-cabbage, sugar, soybean oil, water, contains less than 2% carrots, white distilled vinegar, eggs, salt, egg yolks (egg yolks, salt), erythorbic acid (to retain color), potassium sorbate (to retard spoilage), citric acid, sodium benzoate, (preservative), xanthan gum, lemon juice concentrate, spices, mayonnaise, spice blend flavor, (medium chain triglycerides, natural and artificial flavors). **Contains: Egg.**

10/5/26 Hot Dog-Mechanically separated chicken, water, corn syrup, salt, pork, Contains 2% or less of the following: beef, modified food starch, food starch, rice flour, flavoring, sodium phosphates, potassium lactate, potassium acetate, sodium diacetate, sodium erythorbate, oleoresin of paprika, sodium nitrate, smoke flavoring. **Sauerkraut**-Cabbage, water, salt. **Sauerkraut**-Cabbage, water, salt. **Mashed Potatoes**-Potatoes, mono and diglycerides, sodium acid pyrophosphate, sodium bisulfite, citric acid to protect freshness, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk,** Milk (reduced fat milk, vitamin A palmitate, vitamin D3. **Contains: Milk).** **Apricots**-Apricots, water, pear juice concentrate. **Bun**- enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**

10/6/26 Fish-71.5% Pollock, batter and breading: potatoes, whole wheat flour, canola oil, water, whole grain yellow corn meal, enriched yellow corn flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), modified corn starch, enriched bleached flour (flour, ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid), yellow corn flour, salt, corn starch, whey, sugar, leavening (sodium bicarbonate, sodium aluminum phosphate, natural flavors, yeast. Pan-fried in canola oil, cottonseed oil, and/or soybean oil. **Contains: Pollock (Fish), Wheat, Milk.** **French Fries**-Potatoes, vegetable oil, (soybean, canola, cottonseed, and/or sunflower) contains less than 2% of dextrose, disodium dihydrogen pyrophosphate (to maintain natural color.). **Green Beans**-Green beans, water, salt, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk.** **Mandarin Oranges**-Mandarin orange segments, water, mandarin orange juice, citric acid.. **Bun**-enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**

10/7/26 Chicken Noodle Casserole-Boneless skinless chicken white meat, Cream of Chicken Soup (chicken stock, water, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of salt, chicken**, soy protein concentrate, chicken fat, yeast extract, beta carotene (color), chicken broth**, flavoring, cane sugar, onions, cornstarch, celery extract, onion extract, xanthan gum. **dried. **Contains: Wheat Milk, Soy,** milk (reduced fat milk, vitamin A palmitate, vitamin D3) **Contains: Milk.** Noodles-(durum wheat, semolina, egg powder. **Contains Wheat and Egg Ingredients).** **Broccoli**-Broccoli, margarine

(vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Peach Cobbler**-Peaches (Peaches, sugar, water, citric acid.), flour, white sugar, brown sugar, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk.**

10/8/26 Sandwich spread-bologna (Pork, water, beef, salt, less than 2% of the following: flavoring, dextrose, potassium lactate, sodium phosphate, corn syrup solids, sodium diacetate, sodium erythorbate, sodium nitrite, oleoresin of paprika), Mayonnaise (soybean oil, water, corn syrup, egg yolks, distilled vinegar, contains less than 2% of salt, mustard seed, calcium disodium EDTA added to protect flavor. **Contains: Egg**), Sweet Relish (cucumbers, high fructose corn syrup, vinegar, contains less than 2% of salt, water spices [contains mustard and celery seed], calcium chloride, xanthan gum, potassium sorbate [preservative], dehydrated red bell peppers, polysorbate 80, alum, natural flavor, turmeric extract [color], mustard (distilled vinegar, water mustard seed, salt, turmeric, paprika) onion. **Pickled Beets**-Beets, Water, Sugar, Vinegar, Spice, Salt. **Potato Salad**-Potatoes, Mayonnaise (soybean Oil, Water, Egg Yolks, Vinegar, Salt), Mustard (water, Vinegar, Mustard Seed, Salt, Sugar, Turmeric, Paprika, Garlic Powder, Spices, Xanthan Gum, Annatto Extract Color, Natural Flavor, Citric Acid), Celery, Dill Pickle Cubes (cucumbers, Distilled Vinegar, Salt, Calcium Chloride, Natural Flavoring, Contains Less Than 2% Of: Xanthan Gum, Sodium Benzoate [preservative], Alum, Turmeric, Polysorbate 80), Onion, Water, Sugar, Red Bell Pepper, Salt, Vinegar, Modified Corn Starch, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Annatto Extract (color), Xanthan Gum. **Contains: Egg. Bun**- enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**

10/13/26 Chicken Strips-Boneless chicken breast with rib meat, water, salt, sodium phosphates, breaded with enriched bleached wheat flour and durum flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, modified food starch, salt, garlic powder, spices, soybean oil, yellow corn flour, leavening (sodium acid pyrophosphate, sodium bicarbonate), dextrose, extractives of paprika, cellulose gum (sodium carboxymethylcellulose), natural flavor, sodium alginate, not more than 2% silicon dioxide added to prevent caking. **Contains: Wheat. Tater Tots**-potatoes, vegetable oil, (contains one or more of the following: canola, palm, soybean, sunflower), salt, cornflower, dehydrated potato, disodium dihydrogen pyrophosphate, (to promote color retention), dextrose. **Brussels Sprouts**-Brussels Sprouts, water, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Applesauce**- apples, water, ascorbic acid. **White Bread**- Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of soybean oil, salt, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, ammonium sulfate, enzymes, ascorbic acid, soy lecithin. **Contains: Wheat, Soy. OR Wheat Bread**-Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, whole wheat flour, wheat bran, wheat gluten, contains 2% or less of soybean oil, salt, molasses, calcium propionate,(preservative), sodium stearyl, lactylate, calcium sulfate, ammonium sulfate, monoglycerides, ascorbic acid, enzymes, lecithin. **Contains: Wheat, Soy.**

10/14/26 Macaroni & Cheese-Elbow macaroni (flour [wheat]. **Contains Gluten. Contains Wheat Derivatives. Cheese Sauce** (water, vegetable oil, [contains one or more of the following: high oleic canola oil, high oleic sunflower oil, soybean oil], modified food starch, cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto extract [color], whey, contains less than 2% of corn starch, salt, cellulose gum, sodium hexametaphosphate, mono- and diglycerides, yeast extract, natural flavors, lactic acid, sodium hydroxide, annatto extract [color], sodium phosphate, yellow 6. **Contains: Milk. Peas**-Peas, water, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Stewed Tomatoes**-tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, natural flavors.

10/15/26 Ham & Bean Soup- Ham (Cured With: Water, Modified Food Starch, Salt, Dextrose, Potassium Lactate, Sodium Diacetate, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite and Ham (cured with water, dextrose, salt, contains 2% or less of sodium phosphates, potassium lactate, potassium acetate, sodium diacetate, sodium nitrate.), Great Northern Beans (Prepared Great Northern Beans, Water, Salt, Calcium Chloride [firming Agent]), onions, carrots, Ham Base (Cooked Ham And Ham Juices [cured With Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Natural Smoke Flavor, Sodium Nitrite], Salt, Sugar, Maltodextrin, Flavor [yeast Extract, Smoked Torula Yeast, Rendered Bacon Fat, Grill And Smoke Flavors [contains Sunflower Oil]], Flavor (yeast Extract, Corn Syrup Solids, Salt, Citric Acid), Rendered Pork Fat (bha, Propyl Gallate And Citric Acid To Protect Flavor), Onion Powder, Spice, Natural Smoke Flavor, Beet Powder, water. **Red Beets**-Beets, water, salt. **Dirt Pudding**-Vanilla Pudding (WATER, SUGAR, SKIM MILK, MODIFIED FOOD STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: SOYBEAN OIL, CANOLA OIL, SUNFLOWER OIL), CONTAINS 1% OR LESS OF: SALT, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, SODIUM PHOSPHATE, COLOR ADDED, YELLOW 5, YELLOW 6 **Contains: Milk, Soy.**), **Cookie Crumbs**-Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin {Vitamin B2}, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), Invert Sugar, Leavening (Baking Soda and/or Calcium Phosphate), Soy Lecithin, Salt, Chocolate, Natural Flavor. **Contains: Wheat, Soy.**

10/19/26 Hamburger Patty-contains 2% or less of salt, maltodextrin, natural extractives of spice, dextrose, natural flavor. **Roasted red potatoes**- Potatoes, Red Bell Pepper, Onion, Green Bell Pepper, Olive Oil, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic And Onion, Natural Flavors (including Grill And Smoke Flavors), Paprika, Salt, Sugar, Spices. **California Blend Veggies**- broccoli, cauliflower, carrots, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Prince William Veggies**-broccoli florets, carrots, green beans, red peppers, yellow peppers, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Apricots**-Apricots, water, pear juice concentrate. **American Cheese Slice**-Skim milk, American cheese (milk, cheese cultures, salt, enzymes, annatto), palm oil, modified food starch, milk protein concentrate, sodium citrate, salt, food starch, natural flavor, calcium phosphate, sorbic acid (preservative), lactic acid, APO-8-carotenol, beta carotene (color)**Contains: Milk Ingredients. Bun**- enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**

10/20/26 COOKS CHOICE

10/21/26 Turkey breast-turkey breast, turkey broth, contains 2% or less of sea salt, modified food starch, sugar, sodium phosphate. **Turkey Gravy**- Food Starch-modified, Salt, Palm Oil, Enriched Bleached Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Autolyzed Yeast Extract, Turkey, Dextrose, Soy Protein Concentrate, Contains Less Than 2% Of: Chicken Fat, Chicken, Garlic, Onion, Soy Sauce (soybeans, Wheat, Salt), Spices, Sugar, Molasses, Turmeric, Hydrolyzed Wheat Protein, Hydrolyzed Corn Protein, Natural Flavors, Corn Syrup Solids, Sodium Caseinate, Maltodextrin, Soy Flour, Whey Protein Concentrate, Mono And Diglycerides, Caramel Color, Soy Lecithin, Disodium Guanylate, Disodium Inosinate. **Mashed Potatoes**-Potatoes, mono and diglycerides, sodium acid pyrophosphate, sodium bisulfite, citric acid to protect freshness, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk**, Milk (reduced fat milk, vitamin A palmitate, vitamin D3. **Contains: Milk**). **California Blend Veggies**- broccoli, cauliflower, carrots, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk**. **Jello with Fruit**-Sugar, Dextrose, Gelatin, Less Than 2% Fumaric Acid, Disodium Phosphate, Citric Acid, Artificial Flavor, Sodium Citrate, Malic Acid, Ascorbic Acid (vitamin C), Blue 1, Blue 1 Lake, fruit cocktail (pears, peaches, water, pineapple, grapes, sugar, cherries, colored with FD&C red #3, citric acid.). **White Bread**-Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of soybean oil, salt, calcium propionate, (preservative), sodium stearoyl lactylate, calcium sulfate, ammonium sulfate, enzymes, ascorbic acid, soy lecithin. **Contains: Wheat, Soy. OR Wheat Bread**-Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, whole wheat flour, wheat bran, wheat gluten, contains 2% or less of soybean oil, salt, molasses, calcium propionate,(preservative), sodium stearoyl, lactylate, calcium sulfate, ammonium sulfate, monoglycerides, ascorbic acid, enzymes, lecithin. **Contains: Wheat, Soy**.

10/22/26 Taco Salad-taco meat (ground pork, water, oat fiber, seasoning, 2% or less of each salt, spices, garlic powder, onion powder, sugar, chili powder, paprika, sodium phosphate, caramel color), lettuce, tomatoes, onions, Cheese (cultured pasteurized milk water, sodium phosphate, natural flavoring, sorbic acid (preservative) added color enzymes, anti caking agent (potato starch, powdered cellulose, natamycin **Contains: Milk**. Salsa (Tomato Puree (Water, Tomato Paste), Diced Tomatoes in Tomato Juice, Jalapenos, Distilled Vinegar, Contains Less Than 2% of: Natural Flavor, Dehydrated Onion, Salt, Dehydrated Garlic, Spices.) **Shredded Cheese**-MONTEREY JACK CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES). CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO [COLOR] IF COLORED). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. **Contains: Milk**.

10/26/26 Sausage Gravy-Water, cooked sausage [port, water, salt, soy flour (caramel color added), spices, hydrolyzed wheat gluten protein, caramel color, garlic powder, natural flavoring], food starch-modified rendered pork fat (BHA, propyl gallate, and citric acid to protect flavor), contains less than 2% of palm oil, sugar, salt, bleached wheat flour, maltodextrin, xanthan gum, natural flavorings, spices, titanium dioxide, disodium inosinate, disodium guanylate, whey protein concentrate. **Contains: Milk, Soy, Wheat**. **Potato Triangle**-Potatoes, Vegetable Oil (soybean, Canola, And/or Cottonseed Oils), Contains Less Than 2% Of Dextrose, Salt, Disodium Dihydrogen Pyrophosphate (to Maintain Natural Color). **Broccoli**-Broccoli, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk**. **Biscuit**-Enriched Bleached Flour

(Wheat Flour, Niacin, Iron, Thiamin Monoitrate, Riboflavin, Folic Acid), Cultured Buttermilk (Skim and/or Low Fat Milk, Nonfat Dry Milk, Cultures Added), Water, Palm Oil, Contains Less Than 2% Modified Wheat Starch, Dextrose, Baking Soda, Salt, Soybean Oil, Whey, Sodium Aluminum Phosphate, Artificial Flavor. **Contains Allergens: Wheat, Milk, produced in a facility that manufactures products containing Egg and Soy.**

10/27/26 Cream Chicken-Chicken (boneless, skinless chicken white meat), Cream of Chicken Soup (chicken stock, water, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of salt, chicken**, soy protein concentrate, chicken fat, yeast extract, beta carotene (color), chicken broth**, flavoring, cane sugar, onions, cornstarch, celery extract, onion extract, xanthan gum. **dried. **Contains: Wheat Milk, Soy,** celery, milk (reduced fat milk, vitamin A palmitate, vitamin D3) **Contains: Milk. Mashed Potatoes**-Potatoes, mono and diglycerides, sodium acid pyrophosphate, sodium bisulfite, citric acid to protect freshness, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk,** Milk (reduced fat milk, vitamin A palmitate, vitamin D3. **Contains: Milk).** **Capri Blend Veggies**-Green zucchini, yellow zucchini, green beans, carrots, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Pineapple**-Pineapple, unsweetened pineapple juice, citric acid. **Bun**- enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**

10/28/26 Swedish Meatballs-Meatballs (**Meatballs**- Beef, Mechanically Separated Chicken, Water, Seasoning (bread Crumbs [wheat Flour, Salt, Yeast], Dried Onion, Parmesan/romano Cheeses Made From Cow's Milk [pasteurized Milk, Cheese Cultures, Salt, Enzymes], Salt, Dried Celery, Garlic Powder, Spices, Rice Flour, Malt Extract), Textured Soy Protein Concentrate (soy Protein Concentrate, Caramel Color), Textured Soy Flour (soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate [b1], Pyridoxine Hydrochloride [b6], Riboflavin [b2], And Cyanocobalamin [b12]), Tomato Paste, Sodium Phosphate. **Contains: Milk, Wheat, Soy).** **Brown gravy** (food starch-modified, palm oil, salt, enriched bleached flour [wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid], whey, hydrolyzed vegetable protein [corn, soy], autolyzed yeast extract, contains less than 2% of: chicken fat, onion, sugar, gelatin, natural flavor, dextrose, color added, disodium guanylate, disodium insonate, **Contains: Wheat, Milk, Soy.** **Noodles**- Noodles-enriched wheat semolina [iron, folic acid], powdered egg yolk, nicotinamide [vitamin B3], ferrous fumarate [iron], thiamin nitrate [vitamin B]), riboflavin [vitamin B2], folic acid. **Contains: Egg. Mixed Veggies**- Carrots, Peas, Corn, Green Beans, Lima Beans, margarine (vegetable oil blend (palm oil and soybean oil), water, salt, contains less than 2% of soy lecithin, vegetable mono & diglycerides, potassium sorbate (a preservative), citric acid, natural & artificial flavor, beta carotene (color), vitamin A palmitate added, whey). **Contains: Soy, Milk. Pears**- pears, water, pear juice concentrate, citric acid.) **White Bread**-Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of soybean oil, salt, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, ammonium sulfate, enzymes, ascorbic acid, soy lecithin. **Contains: Wheat, Soy. OR Wheat Bread**-Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, whole wheat flour, wheat bran, wheat gluten, contains 2% or less of soybean oil, salt, molasses, calcium propionate,(preservative), sodium stearyl, lactylate, calcium sulfate, ammonium sulfate, monoglycerides, ascorbic acid, enzymes, lecithin. **Contains: Wheat, Soy.**

October 2026 Ingredients

10/29/26 Turkey breast-Turkey Breast, Turkey Broth, Contains 2% Or Less Of Salt, Dextrose, Potassium Lactate, Carrageenan, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite. **American Cheese Slice**- Skim milk, American cheese (milk, cheese cultures, salt, enzymes, annatto), palm oil, modified food starch, milk protein concentrate, sodium citrate, salt, food starch, natural flavor, calcium phosphate, sorbic acid (preservative), lactic acid, APO-8-carotenal, beta carotene (color) **Contains: Milk Ingredients OR Swiss Cheese Slice**-Pasteurized Part-skim Milk, Cheese Culture, Salt, Enzymes. **Contains: Milk. 3 Bean Salad**- Beans (green & wax), water, kidney beans, vinegar, sugar, onions, red peppers, salt, turmeric, natural flavors, garlic powder. **Jello with Fruit**-Sugar, Dextrose, Gelatin, Less Than 2% Fumaric Acid, Disodium Phosphate, Citric Acid, Artificial Flavor, Sodium Citrate, Malic Acid, Ascorbic Acid (vitamin C), Blue 1, Blue 1 Lake, fruit cocktail (pears, peaches, water, pineapple, grapes, sugar, cherries, colored with FD&C red #3, citric acid.) **Bun**- enriched wheat flour (wheat flour, malted barley flour, niacin, iron thiamin mononitrate, riboflavin, folic acid, water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, calcium propionate, (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat.**