



Senior Nutrition Program

May Menu 2026

Monday **Tuesday** **Wednesday** **Thursday** **Notes**

<p>4</p> <p>Kielbasa Sauer Kraut Mashed Potatoes Pears Bun</p>	<p>5</p> <p>Penne & Meatballs Cucumber Salad Italian Vegetables Applesauce Bread Stick</p>	<p>6</p> <p>Meatloaf Mashed Potatoes Brussels Sprouts Pineapple Roll</p>	<p>7</p> <p>Sandwich Spread Cole Slaw 3 Bean Salad Apricots Bun</p>	<p><i>Please let us know, in advance, if you will <u>not</u> be home on a scheduled delivery day, so we can minimize food waste.</i></p>	
<p>11</p> <p>Sausage Gravy Tater Tots Carrots Fruit Cocktail Biscuit</p>	<p>12</p> <p>Pizza Burger Potato Wedges Asian Vegetables Applesauce Bun</p>	<p>13</p> <p>Mac & Cheese Pears Stewed Tomatoes Peaches</p>	<p>14</p> <p>Taco Salad Lettuce, Onions, Tomatoes 100% Fruit Juice Tortilla Chips</p>		
<p>18</p> <p>Chicken Patty Potato Wedges Scandinavian Veggies Fruit Cocktail Bun</p>	<p>19</p> <p>Hamburger Gravy Mashed Potatoes Green Beans Mandarin Oranges Bread</p>	<p>20</p> <p>Ribette Sweet Potatoes Carrots Jello with Fruit Bread</p>	<p>21</p> <p>Ham Potato Salad Pickled Beets 100% Fruit Juice Bun</p>		<p>You may request an alternative entrée or side (Cook's Choice) for any meal by providing at least one week's notice to the kitchen.</p>
<p>25</p> <p>CLOSED HOLIDAY</p>	<p>26</p> <p>Fish Prince William Veggies Diced Potatoes Tropical Fruit Bun</p>	<p>27</p> <p>Chicken Cheesy Potatoes Carrots Jello with Fruit Bread</p>	<p>28</p> <p>Broccoli Cheddar Soud Pork & Bean Cole Slaw 100% Fruit Juice Crackers</p>		
<p><i>All menu items are subject to change based on availability.</i></p>					

Contact Us: Central Kitchen at 740-922-6347 or the Nutrition Administrative Office at 740-922-6880