



Senior Nutrition Program

March Menu 2026

Monday

Tuesday

Wednesday

Thursday

Notes

<p>2 Fish French Fries Spinach Pears Bun</p>	<p>3 Ribette Pork & Beans California Blend Veggies Applesauce Bread</p>	<p>4 Egg w/Cheese Potato Triangle Tomato Juice Pineapple Bread</p>	<p>5 Chicken Salad Potato Salad 2 Bean Salad Apricots Bun</p>	<p><i>Please let us know, in advance, if you will not be home on a scheduled delivery day, so we can minimize food waste.</i></p> <p>All meals include choice of bread (white or wheat), milk (2%, skim, or buttermilk) or fruit juice.</p> <p>You may request an alternative entrée or side (Cook's Choice) for any meal by providing at least one week's notice to the kitchen.</p> <p>Please refrigerate your meal if it will not be consumed upon delivery. If your meal is not consumed within 2 days of delivery, please discard.</p>
<p>9 Chicken Strips Red Skin Potatoes Carrots Fruit Cocktail Bread</p>	<p>10 Breakfast Pizza Breakfast Potatoes Veggies & Dip Strawberries</p>	<p>11 Rigatoni & Meatballs Italian Veggies Side Salad Peaches Bread Stick</p>	<p>12 Ham Beets Pork & Beans 100% Fruit Juice Bun</p>	
<p>16 Kielbasa Sauerkraut Mashed Potatoes Pears Bun</p>	<p>17 Sloppy Joes Seasoned Potatoes Green Beans Mandarin Oranges Bun</p>	<p>18 Mac & Cheese Peas Stewed Tomatoes Jello w/Fruit</p>	<p>19 Ravioli w/Meat Side Salad Coleslaw 100% Fruit Juice Italian Bread</p>	
<p>23 Chicken Patty Corn Brussels Sprouts Tropical Fruit Bun</p>	<p>24 Salisbury Steak w/Gravy Mashed Potatoes Prince William Blend Veggies Pineapple Dinner Roll</p>	<p>25 Cook's Choice</p>	<p>26 Chicken Pot Pie Cucumber Salad 100% Juice Cookie</p>	
<p>30 Turkey Burger Sweet Potatoes Green Beans Apricots Bun</p>	<p>31 Chicken Alfredo, Broccoli Spinach Blueberries Bread</p>		<p><i>All menu items are subject to change based on availability.</i></p>	

Contact Us: Central Kitchen at 740-922-6347 or the Nutrition Administrative Office at 740-922-6880