

JULY 2025

CENTRAL KITCHEN 740-922-6347
NUTRITION OFFICE 740-922-6880



Monday	Tuesday	Wednesday	Thursday
	1) Sloppy Jo Mediterranean Veggie Seasoned Potatoes Pineapple Bun	2) Mac & Cheese Steamed Tomatoes Peas Applesauce	3) Chicken Salad Broccoli Salad Veggie Cup Juice Bun
7) Fish Potato Wedges Prince WM Blend Veggies Peaches Bun	8) Italian Chicken Au Gratin Potatoes Green Beans Apricots, Cookie Bread	9) Pulled Pork Pork + Beans German Cut Veggies Tropical Fruit Bun	10) Ravioli Side Salad Cole Slaw Juice Breadstick
14) Sausage Gravy Mashed Potatoes Peas & Carrots Fresh Fruit Biscuit	15) Ham Loaf Scalloped Potatoes Brussel Sprouts Fruit Cocktail Roll	16) Cooks Choice	17) Cottage Cheese Cucumber/Tomato Salad Pineapple Juice Muffin
21) Chicken Patty French Fries Capri Blend Veggies Pears & Peach Cup Bun	22) Cheeseburger Tator Tots Carrots Applesauce Bun	23) Ribette Sweet Potatoes Corn Tropical Fruit Cup Bread	24) Lunchmeat & Cheese Potato Salad Red Beets Juice Bun
28) Kielbasa Mashed Potatoes Sauerkraut Peaches & Pear Cup	29) Chicken Strips Red Potatoes & Veggies Cooked Cabbage Pears	30) Spaghetti & Meatballs Italian Blend Veggies Side Salad Mandarin Oranges	31) Turkey Cobb Salad (Turkey, Cheese, Peas) (Onion, Lett, Tom) Juice Crackers

NOTES

All meals include choice of bread, (White or Wheat) choice of milk (2%, skim, or butter-milk) or fruit juice.

All menus are subject to change.

You have the option to select an alternative entrée or side (Cook's Choice) for any given menu if you provide a 1 week notice to the kitchen.

Please refrigerate your meal if it will not be consumed upon delivery. If your meal is not consumed within 2 days of delivery, please discard.