

# Ingredient List

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## MEATS/MAIN DISHES

**Fully Cooked Turkey Breast** – Turkey breast (includes white Turkey), Turkey broth, contains 2% or less of salt, modified food starch, dextrose, carrageenan, sodium phosphates.

**Cream Turkey Gravy - Fully Cooked Turkey Breast** – Turkey breast (includes white Turkey), Turkey broth, contains 2% or less of salt, modified food starch, dextrose, carrageenan, sodium phosphates. **Homestyle Brown Gravy** – enriched wheat flour (flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium. **Contains: Wheat, Soy**

**Bologna**- Meat Ingredients (Pork, Beef), mechanically separated Chicken, water, dextrose, corn syrup, contains 2% or less of salt, flavorings, mechanically separated Turkey, autolyzed yeast extract, extract of paprika, ascorbic acid, sodium phosphates, potassium lactate, sodium diacetate, sodium nitrite.

**Dutchloaf/Lunch meat** - Ingredients. Pork, water, mechanically separated Chicken, Turkey, dextrose, salt, contains 2% or less of modified food starch, potassium lactate, sodium phosphates, Beef, granulated onion, sodium diacetate, frencSodium lactate, flavorings, Vitamin C (ascorbic acid), sodium nitrite.

**Beef Patties** – Beef, water, textured vegetable protein (textured soy protein, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine, hydrochloride, riboflavin, Vitamin B-12). Contains less than 2% of the following, isolated soy protein, soy lecithin, salt, and flavoring. **Contains: Wheat, Soy**

**Baked Pork Chops:** Pork Loin, flour (bleached wheat flour, malted barley flour, niacin (a B vitamin), iron, thiamin (Vitamin B2), folic acid (a B vitamin). **Contains: Wheat, Soy**

**Pork Chops with Gravy (Pork Chops, gravy mix)** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Wheat, Soy**

**Dried Beef** – Beef contains up to 15% of a flavoring solution of water, salt, less than 2% of: dextrose, potassium lactate, sodium diacetate, sodium erythorbate, sodium nitrite, natural flavoring, and spices.

**Roast Beef**- Beef, water, modified corn starch, and contains less than 2% of: sodium lactate, carrageenan, salt, dextrose, sodium phosphate, natural flavor, hydrolyzed corn protein, sugar, sodium diacetate. Coated with flavorings, caramel color, dextrose, salt, paprika, sugar, oleoresin paprika.

**Creamed Dried Beef** - Water, smoked Beef strips (Beef, water, salt, sugar, corn syrup, flavorings, sodium nitrite), food starch-modified, cheddar cheese (milk, cheese cultures, salt, enzymes, calcium chloride), butter (sweet cream, salt), cream, sugar, palm oil, titanium dioxide, sodium phosphates, hydrolyzed wheat protein, maltodextrin, disodium inosinate, disodium guanylate. **Contains: Milk, Wheat, Soy**

**Canned Chicken** – White and dark chicken, water, contains 2% or less of sea salt, modified food starch, sodium phosphates, chicken flavor, (salt, chicken broth, natural flavors), flavoring.

**Chicken Patty** - Boneless chicken breast with rib meat, water, seasoning [chicken broth powder, chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt leavening (sodium acid, pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **Contains: Wheat**

**Chicken Tenders**- Portioned chicken breast meat tenders with rib meat CONTAINING: Up to 12% of a solution of water, salt, modified food starch, sodium phosphates, and sugar. BATTERED WITH: Water, wheat flour, salt, leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate), disodium inosinate and disodium guanylate. BREADED WITH: Wheat flour, bleached wheat flour, salt, spice, onion powder, dextrose, yeast, sugar, extractives of paprika. **Contains: Wheat**

**Creamed Chicken:** Chicken, Cream of Chicken Soup – Chicken stock, vegetable oil, modified food starch, wheatflour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodiumglutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto), onion extract. **Contains: Milk, Wheat, Soy**

**Sour Cream Noodle Bake** – Ground Beef, pepper, salt, garlic salt, onion. **Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Margarine:** Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. Contains Milk, Soybean. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Cottage Cheese** - Pasteurized Cultured Skim Milk, Cream, Salt, Guar Gum, Locust Bean Gum, Mono and Diglycerides, Xanthan Gum, Carrageenan, Potassium Sorbate (to preserve freshness), Citric Acid, Vitamin A Palmitate, and Enzymes. **Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tri-polyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, and potassium sorbate. CONTAINS: Milk. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Contains: Milk, Wheat, Eggs, Soy**

**Kielbasa/Polish Sausage** – made with pork, turkey and beef (meat ingredients (pork, beef), water turkey, corn syrup, contains 2% or less of: salt, natural flavors, dextrose, isolated soy product, isolated soy protein, sodium phosphate, monosodium glutamate, sodium erythorbate, sodium nitrite. **CONTAINS: Soy.**

**Turkey Sausage** - Turkey, water, potato starch, dextrose, sugar, salt, potassium chloride, spices.

**Kraft Cheddar Cheese Singles** – Cheddar Cheese (milk, cheese culture, salt, enzymes), whey milk, milk protein concentrate, milkfat, whey protein concentrate, Sodium citrate, contains less than 2% of calcium phosphate, salt, lactic acid, annatto with cheese extract and paprika extract(color), natamycin, enzymes, cheese culture, Vitamin D3. **Contains: Milk, Soy**

**American Cheese Slices** - Cultured milk and skim milk, water, cream, sodium citrate, salt, sodium phosphate, sorbic acid (preservative), citric acid, color (annatto, paprika, apo carotenal and beta carotene), acetic acid, enzymes, soy lecithin. Allergen information: **CONTAINS: Milk, Soy.**

**Toasted Cheese Sandwich - American Cheese Slices** - Cultured milk and skim milk, water, cream, sodium citrate, salt, sodium phosphate, sorbic acid (preservative), citric acid, color (annatto, paprika, apo carotenal and beta carotene), acetic acid, enzymes, soy lecithin. Allergen information: **CONTAINS: Milk, Soy. White Bread** – Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Margarine:** Liquid and partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains Milk, Soybean, Wheat**

**Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **CONTAINS: Milk**

**Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (Sysco) **Contains: Milk, Soy**

**Mozzarella Cheese** – Low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Contains: Milk**

**Sausage Link/Patty** - Pork, water, contains 2% or less of the following: salt, dextrose, spices, sodium phosphate, BHT, citric acid.

**Waffle stick** - Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, soybean oil, sugar, water, contains 2% or less of: soy lecithin (emulsifier), maltodextrin, artificial flavor, salt, emulsifier (water, propylene glycol, mono- and diesters of fats and fatty acids, mono- and diglycerides, lactic esters of fatty acids), leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate, sodium acid pyrophosphate), natural flavor (contains milk ingredients), malt powder (malt, corn). **CONTAINS: Eggs, Milk, Soy, Wheat.**

**Parmesan Cheese** – parmesan cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), cellulose powder, potassium sorbate. **CONTAINS: Milk**

**Penne Pasta with Sausage and Red Sauce** - Sausage Link/Patty - Pork, water, contains 2% or less of the following: salt, dextrose, spices, sodium phosphate, BHT, citric acid. **Penne Pasta** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Contains: Milk, Wheat, Eggs, Soy**

**Hot Dogs** – Mechanically separated chicken, water, pork, corn syrup, modified food starch, salt, sodium lactate, dextrose, sodium phosphates, beef, sodium diacetate, flavorings, sodium erythorbate, sodium nitrite, oleoresin of paprika citric acid. (Sugardale)

**Sloppy Joes** – Ground beef, tomato puree, high fructose corn syrup, distilled vinegar, corn syrup, less than 2% of salt, sugar, dried green and red bell peppers, chili pepper, tomato fiber, guar gum spices, xanthan gum, dried garlic, natural flavors, citric acid.

**Coney Dog (Hot Dogs)** – Mechanically separated chicken, water, pork, corn syrup, modified food starch, salt, sodium lactate, dextrose, sodium phosphates, beef, sodium diacetate, flavorings, sodium erythorbate, sodium nitrite, oleoresin of paprika citric acid. (Sugardale) **Coney Sauce** – Ground beef, tomato puree, high fructose corn syrup, distilled vinegar, corn syrup, less than 2% of salt, sugar, dried green and red bell peppers, chili pepper, tomato fiber, guar gum spices, xanthan gum, dried garlic, natural flavors, citric acid. (Con Agra Foods). **Contains: Wheat, Soy**

**Johnny Marzetti** – Ground beef, onions, fettuccini (semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid), Marinara sauce (tomatoes, sugar, sea salt, corn starch, olive oil, dehydrated onion, spices, dehydrated garlic, citric acid, natural flavors), Cheddar cheese (milk, cheese culture, salt, enzymes), whey milk, milk protein concentrate, milkfat, whey protein concentrate, Sodium citrate, contains less than 2% of calcium phosphate, salt, lactic acid, annatto and paprika extract(color), natamycin, enzymes, cheese culture, Vitamin D3). **Contains: Milk, Wheat, Soy**

**Rib Shaped Pork Pattie** – Pork, barbecue sauce [tomato ketchup (tomato concentrate, corn syrup, distilled vinegar, salt, natural flavorings, onion powder spice, garlic powder), Dextrose, vinegar, cloves] water, textured vegetable protein, mononitrate (B1), pyridoxine hydrochloride (B6), cyanocobalamin (B12), smoke flavor, salt, modified food starch, sodium phosphate.

**Sweet and Sour Chicken** – Fresh chicken, oriental vegetables (green beans, broccoli, onions, mushrooms, red peppers), Sweet & Sour Sauce (soy sauce (water, wheat, soybeans, salt) tomato paste, vinegar, corn starch, onion powder, fermented wheat protein, garlic powder, green bell pepper, xanthan gum, extractives of paprika, spice) chestnuts, citric acid. **Contains: Wheat, Soy, Nuts**

**Salisbury Patties** – Beef, water, textured vegetable protein (textured soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamin mononitrate, pyridoxine hydrochloride, riboflavin, vitamin B-12). Seasoning (salt, dehydrated onions, dehydrated red and green bell peppers, black pepper, monosodium glutamate, garlic powder). **Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Wheat, Soy**

**Chicken Breast Pattie** – Boneless chicken breast with rib meat, water, seasoning [chicken broth powder (chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried red garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **CONTAINS: Wheat.**

**Chicken Nuggets** – Boneless chicken breast with rib meat, water, seasoning [chicken broth powder (chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried red garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **CONTAINS: Wheat**

**Alaskan Pollock Portions** – Alaska Pollock, sodium tripolyphosphate (71.50%) coating (28.50%) water, potatoes [potatoes, vegetable oil (canola, corn, cottonseed and/or soybean)], whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole yellow corn meal, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) contains less than 2% of: yellow corn flour, modified corn starch, salt, corn starch, sugar, whey, yeast, leavening (sodium bicarbonate, sodium aluminum phosphate), natural flavor, egg preferred in canola, cottonseed and/or soybean oil. **Contains: Fish (Alaska Pollock), Wheat, Milk, Eggs.**

**Beef Stew with Potatoes, Carrots and Onions** – Water, beef, potatoes, carrots, textured vegetable protein product (soy flour, caramel color), modified food starch, tomato paste, salt, dehydrated celery, dehydrated onion, sugar, caramel powder, paprika, black pepper, celery seed. **Contains: Soy**

**Chicken Stew with Potatoes, Carrots and Onions** – Water, chicken, potatoes, carrots, textured vegetable protein product (soy flour, caramel color), modified food starch, tomato paste, salt, dehydrated celery, dehydrated onion, sugar, caramel powder, paprika, black pepper, celery seed. **Contains: Soy**

**Chili** – Ground beef, **Kidney Beans:** prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative, **Tomato Juice:** Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid), **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions, **Chili Powder:** Chili pepper, spices, salt, silicon dioxide (added to make free flowing), and garlic. **Contains: Wheat, Soy.**

**Chicken Chili** – Ground chicken, **Kidney Beans:** prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative, **Tomato Juice:** Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid), **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions, **Chili Powder:** Chili pepper, spices, salt, silicon dioxide (added to make free flowing), and garlic. **Contains: Wheat, Soy.**

**Chili Mac** – Ground beef, **Kidney Beans:** prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative, **Tomato Juice:** Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid), **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions, **Chili Powder:** Chili pepper, spices, salt, silicon dioxide (added to make free flowing), and garlic. **Contains: Wheat, Soy.**

**Bacon** – Cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite.

**Pizzaburger Patty** - Beef, water, and textured vegetable protein (textured soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamin mononitrate, pyridoxine hydrochloride, riboflavin, vitamin B-12). Seasoning (salt, dehydrated onions, dehydrated red and green bell peppers, black pepper, monosodium glutamate, garlic powder). **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, and enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid **Contains: Milk, Wheat, Soy.**

**Mozzarella Cheese Stick** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Contains: Milk**

**Meatloaf** - Ground beef, eggs, **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. Onions, seasoning onions, green peppers. **Contains: Wheat, Soybean, Eggs.**

**Meatball Sub (Meatballs)** - Beef, pork, water, **Bread Crumbs** - enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. Romano cheese (pasteurized cow's milk, culture, salt, enzymes) Ricotta cheese (whey, milk, cream, vinegar, and Xanthan gum, locust bean gum, guar gum. (stabilizers)), liquid egg whites, textured soy protein (soy protein concentrate, caramel color), salt dried garlic, spices, parsley, brown sugar, caramel color, disodium

inosinate and disodium guanylate, BHA, BHT, citric acid, soy lecithin used as processing aid. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Contains: Milk, Wheat, Eggs, Soy**

**Johnny Mac Casserole** - Green peppers, **Macaroni** - Durum wheat semolina, water. Ground beef, **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Contains: Wheat,**

**Onion Rings** - Onions, enriched bleached wheat flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Soybean Oil, Bleached Wheat Flour, Water, Corn Starch, Contains Less than 2% of: Yellow Corn Flour, Wheat Flour, Sugar, Salt, Yeast, Caramel Color, Paprika Extract (Color), Potato Starch **Contains: Wheat, Soy.**

**Big Mac Salad** – ground beef, lettuce, onion, **Pickles**- Cucumbers, Vinegar, Salt, Xanthan Gum, Potassium Sorbate [as a Preservative], - , Thousand Island Dressing- Soybean Oil, Tomato Puree (Water, Tomato Paste), Vinegar, Sugar, Egg Yolks, Chopped Pickles (Cucumbers, Vinegar, Salt, Xanthan Gum, Potassium Sorbate [as a Preservative], Calcium Chloride, Oleoresin Turmeric), Salt, Contains Less than 2% of Water, Mustard Flour, Dried Onion, Dried Red Bell Peppers, Xanthan Gum, Citric Acid, Paprika Extract, Natural Flavor, Oleoresin Turmeric, Soy Lecithin, Potassium Sorbate and Calcium Disodium EDTA (to Protect Flavor). **Contains: Egg, Soy.**

**Chicken Pot Pie** – chicken. - **Mixed Vegetables** – Carrots, French Style Green Beans, Zucchini, Squash, **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, Enriched bleached flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, vegetable shortening flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract, **Biscuits** – (palm oil), nonfat dried milk, contains 2% or less of the following: sugar, sodium bicarbonate, sodium aluminum phosphate, salt, wheat starch, sodium caseinate, sodium acid pyrophosphate, whey powder, datem, mono and diglycerides, enzyme, natural flavor, dry buttermilk. **Contains: Milk, Wheat, Eggs, Soy**

**Turkey Pot Pie -Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Mixed Vegetables** – Carrots, French Style Green Beans, Zucchini, Squash, **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, Enriched bleached flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, vegetable shortening flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract, **Biscuits** – (palm oil), nonfat dried milk, contains 2% or less of the following: sugar, sodium bicarbonate, sodium aluminum phosphate, salt, wheat starch, sodium caseinate, sodium acid pyrophosphate, whey powder, datem, mono and diglycerides, enzyme, natural flavor, dry buttermilk. **Contains: Milk, Wheat, Eggs, Soy**

**Swedish Meatballs: Meatballs** - Beef, pork, water, bread crumbs (wheat flour, salt, and yeast) Romano cheese (pasteurized cow's milk, culture, salt, enzymes) Ricotta cheese (whey, milk, cream, vinegar, and Xanthan gum, locust bean gum, guar gum. (stabilizers)), liquid egg whites, textured soy protein (soy protein concentrate, caramel color), salt dried garlic, spices, parsley, brown sugar, caramel color, disodium inosinate and disodium guanylate, BHA, BHT, citric acid, soy lecithin used as processing aid. **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic, **Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tri-polyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate. **Contains: Milk, Wheat, Eggs, Soy**

**Hamburger Gravy** – Ground beef, **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Contains: Milk, Wheat, Soy.**

**Pork with Gravy** - pork **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Contains: Milk, Wheat, Soy**

**Italian Sausage with Onions, Green Peppers**- Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. Onion, green pepper.

**Sausage Gravy** - **Sausage** - Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. **Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Milk, Wheat, Soy.**

**Chicken Gravy** – **Chicken, Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Milk, Wheat, Eggs, Soy**

**Sausage, Egg and Cheese Muffin** - **Sausage** - Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. **Egg and Cheese:** WHOLE EGGS, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, ARTIFICIAL COLOR), WATER, HAM WITH NATURAL JUICES, SMOKE FLAVOR ADDED (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE)

**English muffin** - Enriched Bleached Malted Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Gluten. Contains 2% or less of each of the following: Enriched Farina (Wheat Farina, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Degerminated Corn Meal and Degerminated Corn Flour, Sugar, Salt, Preservatives (Calcium Propionate, Sorbic Acid, Potassium Sorbate), Monoglycerides, Soybean Oil, Vinegar, Cellulose Gum, Xanthan Gum, Dough Conditioners (Calcium Sulfate, Enzymes), Nonfat Dry Milk. Dairy Whey, Citric Acid, Soy Lecithin. **Contains Milk, Soy, and Wheat.**

**Beef Goulash** – Ground beef, **Elbow Macaroni** - Durum wheat semolina, water, Green peppers, onion. **Tomato Juice** – Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). (Red Gold). **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions. **Contains: Milk, Wheat, Eggs, Soy**

**Ham Pot Pie** – **Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Mixed Vegetables** – Carrots, French Style Green Beans, Zucchini, Squash, **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract, **Biscuits** – Enriched bleached flour (wheat flour, niacin,

reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, vegetable shortening (palm oil), nonfat dried milk, contains 2% or less of the following: sugar, sodium bicarbonate, sodium aluminum phosphate, salt, wheat starch, sodium caseinate, sodium acid pyrophosphate, whey powder, datem, mono and diglycerides, enzyme, natural flavor, dry buttermilk. **Contains: Milk, Wheat, Eggs, Soy**

**Ham and Bean Soup** - Navy beans. **Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite.

**Ham & Cheese Sandwich** – Ham - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic acid, calcium propionate (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat, Soy, Milk** **Contains: Bioengineered Food Ingredients**

**Ham & Turkey Sandwich** – Ham - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic acid, calcium propionate (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate.

**Contains: Wheat, Soy, Contains: Bioengineered Food Ingredients**

**Sub Sandwich w/ Ham, Turkey and Cheese** – Ham - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. Lettuce, Tomato. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic acid, calcium propionate (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. Lettuce, tomato. **Contains: Wheat, Milk, Soy, Contains: Bioengineered Food Ingredients**

**Ham Casserole** – **Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Cream of mushroom soup** - Water, Mushrooms, Wheat Flour, Soybean Oil, Salt, Corn Starch, Modified Corn Starch, Monosodium Glutamate, Whey Powder, Isolated Soy Protein, Cream, Disodium Phosphate, Autolyzed Yeast Extract, Spice, Citric Acid, Maltodextrin, Garlic Powder, Onion Powder. **Contains: Milk, Wheat, Eggs, Soy**



**Lasagna** – ground beef. - **Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Italian Sausage** - Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Contains: Milk, Wheat, Eggs, Soy**

**Pancakes**- Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Buttermilk, Whey, Sugar, Dextrose, Defatted Soy Flour, Less Than 2% Of: Soybean And/Or Canola Oil, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Eggs, Salt, Soy Lecithin. **Contains: Milk, Wheat, Eggs, Soy**

**Cabbage Roll** - Cabbage. Ground beef. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **White rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Milk, Wheat, Soy**

**Cabbage Casserole** - Cabbage. Ground beef. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **White rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid.

**Beef & Noodles** - beef, **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Milk, Wheat, Eggs, Soy**

**Liver & Onions** – beef liver, onions, flour - Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. **CONTAINS: WHEAT**

**Chicken Parmesan - Chicken Breast Patty** - Boneless chicken breast with rib meat, water, seasoning [chicken broth powder(chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, water, wheat flour, salt leavening (sodium acid, pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breading set in vegetable oil. **Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Contains: Milk, Wheat, Eggs, Soy**

**Kielbasa Sausage with cabbage and potatoes** – made with pork, turkey and beef (meat ingredients (Pork, beef), water turkey, corn syrup, contains 2% or less of: salt, natural flavors, dextrose, isolated soy product, isolated soy protein, sodium phosphate, monosodium glutamate, sodium erythorbate, sodium nitrite. **Cabbage. Potatoes. CONTAINS: SOY.**

**Kielbasa Sausage with Sauerkraut**– made with pork, turkey and beef (meat ingredients (Pork, beef), water turkey, corn syrup, contains 2% or less of: salt, natural flavors, dextrose, isolated soy product, isolated soy protein, sodium

phosphate, monosodium glutamate, sodium erythorbate, sodium nitrite. **Sauerkraut** – Cabbage, water, distilled vinegar, salt, sodium benzoate (Preservative), sodium metabisulfite (preservative), natural flavors, polysorbate 80. **Contains: Soy**

**Hamburger Casserole** – ground beef. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Peas** – peas, water, sugar, salt. **Canned Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **Contains: Soy, Wheat, Milk, Eggs**

**Chicken Alfredo with spaghetti noodles**- Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor (from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. **Alfredo Sauce**- MALTODEXTRIN, PALM OIL, ROMANO AND PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), WHEAT FLOUR, MODIFIED CORN STARCH, WHEY, SEMISOFT CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), SALT, POTASSIUM CHLORIDE, BUTTERMILK, SILICON DIOXIDE (ANTI-CAKING AGENT), NATURAL FLAVOR, GARLIC POWDER, ONION POWDER, SPICE, BUTTER (CREAM, SALT), ENZYME MODIFIED ROMANO CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), SODIUM PHOSPHATE, AUTOLYZED YEAST EXTRACT, CITRIC ACID, DISODIUM GUANYLATE, DISODIUM INOSINATE. **Parmesan Cheese** – parmesan cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), cellulose powder, potassium sorbate. **CONTAINS: MILK. Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. **Contains: Soy, Wheat, Milk, Eggs**

**Tuna noodle casserole** – Tuna, Water, Vegetable Broth (Pea & Carrot), Salt. - **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Cream of mushroom soup** - Water, Mushrooms, Wheat Flour, Soybean Oil, Salt, Corn Starch, Modified Corn Starch, Monosodium Glutamate, Whey Powder, Isolated Soy Protein, Cream, Disodium Phosphate, Autolyzed Yeast Extract, Spice, Citric Acid, Maltodextrin, Garlic Powder, Onion Powder. **Contains: Soy, Wheat, Milk, Eggs**

**Tuna Macaroni & Cheese** – Tuna, Water, Vegetable Broth (Pea & Carrot), Salt. **Macaroni and Cheese - Elbow Macaroni** - Durum wheat semolina, water. **Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (Cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (contains: milk). (Sysco). **Contains: Soy, Wheat, Milk, Eggs**

**Chicken Noodle Casserole** - Chicken, **Cream of Chicken Soup** - CHICKEN STOCK, VEGETABLE OIL, MODIFIED FOOD STARCH, WHEATFLOUR, CREAM (MILK), CONTAINS LESS THAN 2% OF: SALT, DEHYDRATEDMECHANICALLY SEPARATED CHICKEN, SOY PROTEIN CONCENTRATE, MONOSODIUMGLUTAMATE, CHICKEN FAT, WATER, YEAST EXTRACT, FLAVORING, BETA CAROTENE FORCOLOR, CHICKEN FLAVOR, CELERY EXTRACT, BUTTER (CREAM [MILK], ANNATTO), ONION EXTRACT. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Milk, Eggs**

**Chicken Rice Casserole** - Chicken, **Cream of Chicken Soup** - CHICKEN STOCK, VEGETABLE OIL, MODIFIED FOOD STARCH, WHEATFLOUR, CREAM (MILK), CONTAINS LESS THAN 2% OF: SALT, DEHYDRATEDMECHANICALLY SEPARATED CHICKEN, SOY PROTEIN CONCENTRATE, MONOSODIUMGLUTAMATE, CHICKEN FAT, WATER, YEAST EXTRACT, FLAVORING, BETA CAROTENE FORCOLOR, CHICKEN FLAVOR, CELERY EXTRACT, BUTTER (CREAM [MILK], ANNATTO), ONION EXTRACT.

**White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid **contains: Soy, Wheat, Milk.**

**Ham Tetrazzini- Cooked Ham** – Pork, cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Cream Soup Base** – maltodextrin,

food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **CONTAINS: MILK. Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Milk, Eggs**

**Turkey Tetrazzini - Fully Cooked Turkey Breast** – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **CONTAINS: MILK. Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Eggs, Milk**

**Tater Tot Casserole- Tater Tots** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate.- **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. – **ground beef – onions. Contains: Soy, Wheat, Milk**

**Turkey Tot Casserole- Fully Cooked Turkey Breast** – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Tater Tots** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate.- **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. **Onions Contains: Soy, Milk**

**Pepperoni** - Pork, beef, salt, contains less than 2% of the following: dextrose, natural smoke flavor, corn syrup, spices, wine, lactic acid starter culture, garlic, oleoresin of paprika, sodium nitrite.

**Pizza casserole** – Ground beef. – **Italian Sausage** - Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. **Pepperoni** - Pork, beef, salt, contains less than 2% of the following: dextrose, natural smoke flavor, corn syrup, spices, wine, lactic acid starter culture, garlic, oleoresin of paprika, sodium nitrite. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid.

**Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Contains: Soy, Wheat, Egg, Milk**

**Ranch Chicken** – Chicken breast, leg or thigh. **Ranch Dressing** – Soybean oil, cultured buttermilk (includes lowfat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures), cultured nonfat milk, citric acid, locopherols, and ascorbyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysorbate 60, xanthan gum, sodium benzoate and calcium disodium EDTA, disodium inosinate, disodium guanylate. **Contains: Soy, Wheat, Egg, Milk**

**Scrambled Egg, Sausage Bake** – eggs – **White Bread** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium

sulfate, ascorbic acid, soy lecithin. **Sausage** - Pork, water, contains 2% or less of: salt, spices, corn syrup solids, flavorings, BHA, BHT and citric acid. Milk. **Contains: Soy, Wheat, Egg, Milk**

**Scrambled Egg w/Cheese - egg American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. ALLERGEN INFORMATION: **CONTAINS: Egg, MILK, SOY.**

**Egg Patty - Whole Eggs**, Whey, Nonfat Milk, Vegetable Oil (canola And/or Soybean Oil), Contains 2% Or Less of the Following: Salt, Xanthan Gum, Citric Acid, White Pepper, Natural Butter Flavor.  
**Allergens: Egg, Whey, Milk, Soy**

**Spaghetti with meat- ground beef.- Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Contains: Soy, Wheat, Egg**

**Rigatoni- ground beef - rigatoni** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Contains: Soy, Wheat, Egg**

**Pork Ribette** - Pork, Barbecue Sauce [tomato Ketchup (tomato Concentrate, Corn Syrup, Distilled Vinegar, Salt, Natural Flavorings, Onion Powder, Spice, Garlic Powder), Brown Sugar, Sugar, Mustard (distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Garlic Powder), Dextrose, Vinegar, Clove], Water, Textured Vegetable Protein Product [soy Protein Concentrate, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (b1), Pyridoxine Hydrochloride (b6), Riboflavin (b2), Cyanocobalamin (b12)], Smoke Flavor, Salt, Modified Food Starch, Sodium Phosphate. **Contains Soy**

**BBQ Ribs** - Pork, Barbecue Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains Less Than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor), Seasoning (Dextrose, Sugar, Salt [Coated With Vegetable Shortening], Tomato Powder, Sodium Diacetate, Spices, Onion and Garlic Powder, Spice Extracts, Smoke Flavor), May Contain Sodium and Potassium Phosphates, and Ascorbic Acid), Water, Textured Vegetable Protein (Soy Flour), Salt. **Contains: Soy**

**BBQ Pork** - Pork, **Barbecue Sauce** - (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains Less Than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor), Seasoning (Dextrose, Sugar, Salt [Coated With Vegetable Shortening], Tomato Powder, Sodium Diacetate, Spices, Onion and Garlic Powder, Spice Extracts, Smoke Flavor), May Contain Sodium and Potassium Phosphates, and Ascorbic Acid), Water, Textured Vegetable Protein (Soy Flour), Salt. **Contains: Soy**

**BBQ Chicken** - Chicken, Barbecue Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains Less Than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor), Seasoning (Dextrose, Sugar, Salt [Coated With Vegetable Shortening], Tomato Powder, Sodium Diacetate, Spices, Onion and Garlic Powder, Spice Extracts, Smoke Flavor), May Contain Sodium and Potassium Phosphates, and Ascorbic Acid), Water, Textured Vegetable Protein (Soy Flour), Salt. **Contains: Soy**

**BBQ Beef**- Beef, Barbecue Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains Less Than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor), Seasoning (Dextrose, Sugar, Salt [Coated With Vegetable Shortening], Tomato Powder, Sodium Diacetate, Spices, Onion and Garlic Powder, Spice Extracts, Smoke Flavor), May Contain Sodium and Potassium Phosphates, and Ascorbic Acid), Water, Textured Vegetable Protein (Soy Flour), Salt. **Contains: Soy**

**Ham, Green Beans, Potatoes** – Pork. QUALIFIERS: WATER ADDED INGREDIENTS: CURED WITH WATER DEXTROSE SALT CONTAINS 2% OR LESS OF: SODIUM LACTATE SODIUM PHOSPHATE SODIUM DIACETATE SODIUM ERYTHORBATE SODIUM NITRITE. **Green Beans** – green beans, water, salt. **White Potatoes.**

**Pork Roast** – pork loin roast, water, salt, pepper.

**Ham** – Pork. QUALIFIERS: WATER ADDED INGREDIENTS: CURED WITH WATER DEXTROSE SALT CONTAINS 2% OR LESS OF: SODIUM LACTATE SODIUM PHOSPHATE SODIUM DIACETATE SODIUM ERYTHORBATE SODIUM NITRITE.

**Hamloaf - Ground pork. Brown sugar. Crushed pineapple** - pineapple, pineapple juice.

**Ham & Noodle Casserole- Ham** – Pork. QUALIFIERS: WATER ADDED INGREDIENTS: CURED WITH WATER DEXTROSE SALT CONTAINS 2% OR LESS OF: SODIUM LACTATE SODIUM PHOSPHATE SODIUM DIACETATE SODIUM ERYTHORBATE SODIUM NITRITE. Ham Broth. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Egg, Milk**

**Pork & Noodles** - Pork. QUALIFIERS: WATER ADDED INGREDIENTS: CURED WITH WATER DEXTROSE SALT CONTAINS 2% OR LESS OF: SODIUM LACTATE SODIUM PHOSPHATE SODIUM DIACETATE SODIUM ERYTHORBATE SODIUM NITRITE. Ham Broth. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Egg, Milk**

**Beef Goulash** – Ground beef, **Elbow Macaroni** - Durum wheat semolina, water, Green peppers, onion. **Tomato Juice** – Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). (Red Gold). **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Contains: Soy, Wheat, Milk**

**Hamburger** - Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring.

**Beef Ravioli - Hamburger** - Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. Pasta: Extra Fancy Durum Flour (enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs, Beta Carotene (as Color [glycerin, Beta Carotene]). Filling: Cooked Beef (beef, Salt), Beef Crumble (beef, Water, Flavoring, Salt), Water, Whole Milk Ricotta (whey, Whole Milk, Cream, Vinegar), Low Fat Ricotta Cheese (milk, Whey, Skim Milk, Vinegar, Stabilizers [xanthan Gum, Locust Bean Gum, Guar Gum]), Sautéed Onions (onions, Canola Oil), Parmesan Cheese (pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes, Powdered Cellulose [anti-caking Agent]), Bread Crumbs (wheat Flour, Sugar, Yeast, Salt), Chopped Garlic, Beef Sirloin Base (roasted Beef Sirloin Including Beef Juices, Salt, Potato Flour, Sugar, Yeast Extract, Caramel Color, Corn Oil, Natural Flavor, Beef Flavor [beef Fat], Grill Flavor [from Sunflower Oil]), Modified Corn Starch, Salt, Red Bell Pepper, Oregano, Black Pepper. **Contains: Wheat, Milk, Eggs.**

**Mushroom Burger - Hamburger** - Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. **Contains: Soy, Wheat, Milk**



**Cheeseburger** - Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. **American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. ALLERGEN INFORMATION: **CONTAINS: MILK, SOY.**

**Mushroom Swiss Burger - Hamburger** - Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. **Mushrooms** – mushrooms, water, salt. **Swiss Cheese**- MILK AND PART-SKIM MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, CITRIC ACID, SORBIC ACID (PRESERVATIVE), ENZYMES, SOY LECITHIN. **CONTAINS: MILK, SOY.**

**Macaroni & Cheese - Elbow Macaroni** - Durum wheat semolina, water. **Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (Cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (contains: milk). (Sysco). **Contains: Soy, Wheat, Egg, Milk**

**Chicken salad** – CHICKEN (WHITE), SALAD DRESSING [SOYBEAN OIL, WATER, SUGAR, VINEGAR, EGG YOLK, FOOD STARCH-MODIFIED, CONTAINS LESS THAN 2% SALT, SPICES, PAPRIKA, NATURAL FLAVORS (SOY), GARLIC POWDER], DICED CELERY, SALAD SEASONING (SUGAR, CORN SYRUP SOLIDS, SALT, CITRIC ACID, CARRAGEENAN, MUSTARD, SPICE). **CONTAINS: EGG, SOY.**

**Honey Mustard Chicken Breast** – chicken breast, **Honey Mustard Sauce** - Soybean Oil, High Fructose Corn Syrup, Honey, Water, Mustard (Vinegar, Water Mustard Seed, Salt, Turmeric, Paprika), Distilled Vinegar, Egg Yolks, Contains less than 2% of Salt, Xanthan Gum, Sodium Benzoate & Potassium Sorbate, (preservatives), Paprika, Extractive of Turmeric, Turmeric, Spices, Calcium Disodium EDTA Added to Protect Flavor. **Contains: Soy, Egg**

**Turkey and Gravy – Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Soy, Wheat, Egg, Milk**

**Turkey and Noodles– Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Egg, Milk**

**Mushroom Steak** – Beef, Water, Textured Vegetable Protein (textured Soy Protein, caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine, Hydrochloride, Riboflavin, Vitamin B-12). Contains less than 2% of the following, Isolated Soy Protein, Soy Lecithin, Salt, and Flavoring. **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. Onions, green peppers. **Contains: Soy, Wheat, Egg, Milk**

**Turkey Rollup – Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Gravy Mix** - Partially hydrogenated soybean

and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Dressing/stuffing** – bread (Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin.), onions, celery, eggs, broth (- chicken stock (water, concentrated chicken stock), chicken flavor (chicken stock, salt, yeast, extract dextrose, celery juice concentrate, carrot juice concentrate, onion juice concentrate, salt, dextrose, flavor). **Contains: Soy, Wheat, Egg, Milk**

**Oven Fried Chicken** – chicken breast. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Soy, Wheat**

**Baked Chicken** – chicken leg and thigh. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Soy, Wheat**

**Salmon patty** – salmon. Eggs. **Saltine Crackers** – enriched flour(wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. Contains: wheat and soy ingredients. **Contains: Soy, Wheat, Egg, Milk**

**Stuffed Peppers** – Green peppers. Ground beef. **White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid.

**Stuffed Pepper Casserole** – Green peppers. Ground beef. **White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Soy, Wheat, Egg, Milk**

**Turkey, cheese and bacon sandwich - Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. ALLERGEN INFORMATION: **Bacon** – Cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium Erythorbate, sodium nitrite. **CONTAINS: MILK, SOY.**

**Turkey and Swiss Cheese Sandwich - Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Swiss Cheese**- MILK AND PART-SKIM MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, CITRIC ACID, SORBIC ACID (PRESERVATIVE), ENZYMES, SOY LECITHIN. **CONTAINS: MILK, SOY.**

**Ham & Turkey Sandwich** – Ham - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic acid, calcium propionate (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate.

**Contains: Wheat, Soy Contains: Bioengineered Food Ingredients**

**Chicken, Broccoli, Rice Casserole** – chicken, Chicken Broth, Salt, Sea Salt, Flavor (Salt, Dextrose, Torula Yeast, Yeast Extract, Natural Flavors, Canola Oil, Onion Powder, Extractive of Turmeric), Chicken Fat, Sugar, Yeast Extract, Flavorings, Disodium Inosinate, Disodium Guanylate, Onion Powder, Oleoresin Turmeric. **broccoli, White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Contains: Soy, Milk**

**Ham and Bean Soup - Navy Beans. Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. Water.

**Chicken, Rice, Cheese Casserole** – chicken, Chicken Broth, Salt, Sea Salt, Flavor (Salt, Dextrose, Torula Yeast, Yeast Extract, Natural Flavors, Canola Oil, Onion Powder, Extractive of Turmeric), Chicken Fat, Sugar, Yeast Extract, Flavorings, Disodium Inosinate, Disodium Guanylate, Onion Powder, Oleoresin Turmeric. **White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin). **Contains: Soy, Wheat, Egg, Milk**

**Chicken & Noodles** – chicken, Chicken Broth, Salt, Sea Salt, Flavor (Salt, Dextrose, Torula Yeast, Yeast Extract, Natural Flavors, Canola Oil, Onion Powder, Extractive of Turmeric), Chicken Fat, Sugar, Yeast Extract, Flavorings, Disodium Inosinate, Disodium Guanylate, Onion Powder, Oleoresin Turmeric. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract. **Contains: Soy, Wheat, Egg, Milk**

**Beef & Gravy - Beef Patties** – Ingredients – Beef, Water, Textured Vegetable Protein (textured Soy Protein, caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine, Hydrochloride, Riboflavin, Vitamin B-12). Contains less than 2% of the following, Isolated Soy Protein, Soy Lecithin, Salt, and Flavoring. **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Contains: Soy, Wheat, Milk**

**Swiss Steak with Onion/Tomato Gravy** – beef, onions, tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color,



corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto.

**Contains: Soy, Wheat, Milk**

**Ravioli** - Enriched durum flour (durum wheat flour, niacin, ferrous sulfate, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), water, seasoned beef (beef, water, seasoning [dextrose, salt, onion]), beef, part skim ricotta cheese (whey, cream, vinegar, carrageenan), whole egg, grilled onion, bread crumb (enriched flour [wheat flour, niacin, reduced iron, thiamin mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid], sugar, soybean oil, yeast), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), beef sirloin seasoning (roasted beef sirloin including beef juices, salt, potato flour, sugar, autolyzed yeast extract [soy], caramel color, grill flavor [flavor {from vegetable oil}, food starch-modified, corn syrup solids, salt, toasted wheat germ, and maltodextrin], natural flavorings, corn oil, beef flavor {contains beef fat and flavor}, beef stock, sodium lactate, salt, flavor), salt, corn starch-modified, dehydrated red bell peppers, caramel color, garlic puree (garlic, high fructose corn syrup), spices. **CONTAINS: Wheat, Milk, Eggs, Soy.**

**Spaghetti with meatballs- Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. ALLERGEN INFO: contains wheat ingredients and is manufactured in a facility that uses eggs.

**Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Meatballs** - Beef, pork, water, bread crumbs (wheat flour, salt, and yeast) Romano cheese (pasteurized cow's milk, culture, salt, enzymes) Ricotta cheese (whey, milk, cream, vinegar, and Xanthan gum, locust bean gum, guar gum. (stabilizers)), liquid egg whites, textured soy protein (soy protein concentrate, caramel color), salt dried garlic, spices, parsley, brown sugar, caramel color, disodium inosinate and disodium guanylate, BHA, BHT, citric acid, soy lecithin used as processing aid,

**Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Contains: Soy, Wheat, Egg, Milk**

**Ham Salad- SMOKED CHOPPED HAM** with NATURAL JUICES (Ham, Water, Salt, Dextrose, Sodium Lactate, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), **SALAD DRESSING** (Soybean Oil, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Water, Egg Yolks [Egg Yolks, Salt], Mustard [Distilled Vinegar, Mustard Seed, Salt, Spice], Salt, Modified Wheat Starch, Sodium Diacetate, Citric Acid, Spice, Xanthan Gum, Guar Gum, Color [Propylene Glycol, Polysorbate 80, Turmeric, Annatto, Potassium Hydroxide, Red 40], Calcium Disodium EDTA, Dried Torula Yeast), **RELISH** (Pickles, Sugar, Acetic Acid, Salt, Red Peppers, Calcium Chloride, Gum Arabic, Sodium Benzoate and Potassium Sorbate [as Preservatives], Guar Gum, Natural and Artificial Flavors, Polysorbate 80, Yellow 5 Color, Xanthan Gum), **ONIONS**, **CRACKER MEAL** (Bleached Wheat Flour, Dextrose, Contains 2% or less of Yeast, Partially Hydrogenated Vegetable Oil, [Soybean and/or Cottonseed Oil], Salt). **Contains: Soy, Wheat**

**Spanish Rice** – ground beef, Enriched long grain parboiled rice, (enriched with ferric phosphate, niacin, thiamine mononitrate and folic acid), maltodextrin, dehydrated vegetables (tomato, green bell pepper, garlic, onion, chili pepper), purified sea salt, potassium chloride, sugar, paprika, citric acid, cooked chicken meat (BHA, propyl gallate and citric acid added to protect flavor), disodium inosinate and disodium guanylate.

**Beef & Bean Burrito** - TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, MONO AND DYGlycerides, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], WATER, GROUND BEEF (NO MORE THAN 26% FAT) PASTEURIZED PROCESSED AMERICAN CHEESE [AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCARTONAL)], PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, VEGETABLE OIL, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE,

VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), RICE STARCH, CHILI POWDER (CHILI PEPPERS, SPICES, SALT, GARLIC POWDER), NATURAL FLAVORS, TEXTURED VEGETABLE PROTEIN, (SOY PROTEIN CONCENTRATE, CARAMEL COLOR) DEHYDRATED ONION, SPICES, SOY LECITHIN, BEEF TYPE FLAVOR [HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT], CHEESE FLAVOR [DEHYDRATED BLEND OF CHEESE (SEMISOFT AND CHEDDAR {PAUSTERIZED MILK, CHEESE CULTURE, SALT, ENZYMES}), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE] SODIUM ALGINATE, SODIUM PHOSPHATE, COCOA POWDER, NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)]. **Contains: Milk, Wheat, Soy.**

**Pepperoni Pizza** -ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATOES (WATER, TOMATO PASTE), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), WATER, PEPPERONI MADE WITH PORK, CHICKEN AND BEEF (PORK, MECHANICALLY SEPARATED CHICKEN, BEEF, SALT, CONTAINS 2% OR LESS OF: WATER, DEXTROSE, SPICES, SMOKE FLAVORING, LACTIC ACID STARTER CULTURE, SODIUM ASCORBATE, FLAVORING, GARLIC POWDER, SODIUM NITRITE, BHA, BHT, CITRIC ACID, CONTAINS ONE OR MORE OF: PAPRIKA, OLEORESIN OF PAPRIKA), PEPPERONI MADE WITH PORK, CHICKEN AND BEEF (PORK, MECHANICALLY SEPARATED CHICKEN, BEEF, SALT, CONTAINS 2% OR LESS OF: SPICES, DEXTROSE, LACTIC ACID STARTER CULTURE, OLEORESIN OF PAPRIKA, SODIUM ASCORBATE, NATURAL SMOKE FLAVOR, FLAVORING, SODIUM NITRITE, BHA, BHT, CITRIC ACID), PALM OIL, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), SUGAR, SALT, MODIFIED FOOD STARCH, SPICE, MALTODEXTRIN, HYDROLYZED SOY AND CORN PROTEIN, CARROT FIBER, PAPRIKA, DRIED GARLIC, WHEAT STARCH, DEFATTED SOY FLOUR, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE, SOY LECITHIN, NATURAL FLAVOR, ASCORBIC ACID. **Contains: Soy, Wheat, Egg, Milk**

**BBQ Chicken Leg & Thigh** – Chicken leg and thigh. **BBQ Sauce** – Vinegar, tomato puree (water, tomato paste), water, molasses, sugar, modified food starch. Contains less than 2% of: natural hickory smoke flavor, mustard flour, dried garlic, dried onions, spice, paprika, potassium sorbate.

**Grilled cheese sandwich - American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. ALLERGEN INFORMATION: **White Bread** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Soy, Wheat, Egg, Milk**

**Country Fried Steak** – beef steak. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. Salt. Pepper. Egg. Milk. **Contains: Soy, Wheat, Egg, Milk**

**Chicken Strips** - Boneless, skinless chicken breast strips with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, and celery), carrot powder, garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. **Contains: Soy**

**Italian Chicken** – chicken leg and thigh. **Italian salad dressing** - SOYBEAN OIL, CORN CIDER VINEGAR, WATER, SALT, ONION JUICE, SUGAR, GARLIC JUICE, MUSTARD SEED, SPICE, XANTHAN GUM. **Contains: Soy.**

**Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite.

**Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Contains: Milk**

**Pimento Cheese Sandwich** - SALAD DRESSING (Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Modified Food Starch (Corn), Salt, Spice (mustard), Xanthan Gum), PASTEURIZED PROCESS AMERICAN CHEESE FOOD (Cultured Milk, Water, Cream, Skim Milk, Whey Protein Concentrate, Sodium Phosphates, Salt, Sorbic Acid (preservative), Annatto and Paprika Extract (color), Enzymes), **PASTEURIZED PROCESS IMITATION AMERICAN CHEESE** (Water, Palm Oil, Food Starch - Modified, Casein (Milk Protein), Whey, Salt, Lactic Acid, Sodium Aluminum Phosphate, Sodium Phosphate, Sorbic Acid (A Preservative), Artificial Flavor, Sodium Citrate, Color Added, Zinc Oxide, Vitamin A Palmitate, Riboflavin, Vitamin B12), RED PEPPERS (Peppers, Water, Citric Acid), WATER, PIMENTOS (Pimentos, Water, Citric Acid), SUGAR, TOMATO PASTE (Tomatoes), **WORCESTERSHIRE SAUCE** (Distilled White Vinegar, Water, Molasses, High Fructose Corn Syrup, Salt, Soy Sauce (Water, Salt, Hydrolyzed Soy Protein, Corn Syrup, Caramel Coloring), Natural Flavoring, Caramel Coloring, Anchovies, Polysorbate 80, Soy Flour, Garlic Extract), **CHEDDAR CHEESE BLEND** (Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, and Enzymes), Buttermilk, Whey, Salt, Disodium Phosphate and Annatto Extract, Less than 2% Silicon Dioxide added as a Processing Agent to Prevent Caking), XANTHAN GUM, POTASSIUM SORBATE (Preservative), GLUCONO DELTA LACTONE, CITRIC ACID, SODIUM BENZOATE (Preservative), SALT, SODIUM DIACETATE. **Contains: Soy, Wheat, Egg, Milk**

**Cheesy Ham and Potato Casserole - Potatoes. Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Contains: Soy, Milk**

**Corn Dogs**- BATTER INGREDIENTS: WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YELLOW CORN FLOUR, ENRICHED DEGERMED YELLOW CORN MEAL (YELLOW CORN MEAL, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOY FLOUR, CONTAINS LESS THAN 2% OF LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOYBEAN OIL, SALT, EGG YOLK, POTATO FLOUR, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR. FRIED IN VEGETABLE OIL. TURKEY FRANK INGREDIENTS: MECHANICALLY SEPARATED TURKEY, WATER, SALT, CONTAINS 2% OR LESS OF CORN SYRUP SOLIDS, POTASSIUM LACTATE, POTASSIUM ACETATE, SPICES, SODIUM PHOSPHATE, SODIUM DIACETATE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM NITRITE. **CONTAINS WHEAT, SOY, EGG.**

**Egg Frittatas with Ham, Onion, Green Pepper, and Cheese:** WHOLE EGGS, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, ARTIFICIAL COLOR), WATER, HAM WITH NATURAL JUICES, SMOKE FLAVOR ADDED (HAM, WATER, SALT, DEXTROSE, SODIUM PHOSPHATES, SMOKE FLAVORING, SODIUM ERYTHORBATE, SODIUM NITRITE), ONIONS, GREEN PEPPERS, RED PEPPERS, SOYBEAN OIL, WHOLE MILK, MODIFIED CORN STARCH, SALT, XANTHAN GUM, CITRIC ACID. **Contains: Soy, Wheat, Egg, Milk**

**French Toast Sticks** - Bread [Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Salt, Wheat Gluten, Calcium Propionate (preservative), DATEM, Corn Flour, Calcium Sulfate, Turmeric Color, Soy Lecithin, Potassium Iodate, Paprika Color, Natural Flavor], Water, Bleached Enriched Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola Oil), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar. Contains 2% or less of Dextrose, Dried Whole Egg, Dried Yeast, Ferric Orthophosphate, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Milk Protein

Concentrate, Modified Corn Starch, Modified Wheat Starch, Natural Flavors, Salt, Wheat Starch, Whey, White Whole Wheat Flour. **CONTAINS: Milk, Egg, Soy, Wheat**

**Hash Brown Casserole**- Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Cheddar Cheese** (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. Onions, green peppers. **Contains: Soy, Wheat, Milk**

**Amish Chicken Breast** – chicken breast, water, salt, pepper, paprika, garlic powder, Flour (flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), heavy whipping cream (heavy cream, contains less than 1% of each of the following mono and diglycerides, polysorbate 80 and carrageenan.), water. **Contains: Wheat, Milk**

**Chicken and Gravy** - chicken leg, thigh, breast meat. **Chicken Gravy** - FOOD STARCH-MODIFIED, MALTODEXTRIN, SALT, PALM OIL, WHEY, CHICKEN FAT, HYDROLYZED VEGETABLE PROTEIN (CORN, WHEAT), CORN SYRUP SOLIDS, AUTOLYZED YEAST EXTRACT, CHICKEN, SUGAR, ONION, Contains less than 2%: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHICKEN BROTH, GARLIC, SPICES, TURMERIC, NONFAT MILK, SODIUM CASEINATE, DEXTROSE, SOY FLOUR, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO & DIGLYCERIDES, CITRIC ACID, COLOR ADDED, DISODIUM GUANYLATE, DISODIUM INOSINATE. **CONTAINS: WHEAT, MILK, SOY.**

**Shepherd's Pie with Mixed Vegetables**- Ground Beef. **Mashed Potatoes** – Potatoes, Contains 2% or less of: Ascorbic Acid,(Vitamin C), mono and diglycerides, calcium stearoyl-2-lactylate, Natural Flavor, Freshness preserved with sodium

Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Contains: Soy, Wheat, Milk**

**Cheeseburger Hash Brown Casserole** - Ground beef. **Hash Brown Casserole**- Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. Cheddar Cheese (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. Onions, green peppers. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. . **Contains: Soy, Wheat, Milk**

**Grilled Chicken Sandwich** - Boneless, skinless chicken breast with rib meat, water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder, garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic

acid, calcium propionate (preservative), sodium stearyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate.

**Contains: Wheat, Soy, Contains: Bioengineered Food Ingredients**

**Hawaiian Chicken – Chicken leg, thigh or breast. BBQ Sauce –** Vinegar, tomato puree (water, tomato paste), water, molasses, sugar, modified food starch. Contains less than 2% of: natural hickory smoke flavor, mustard flour, dried garlic, dried onions, spice, paprika, potassium sorbate. **Pineapple –** pineapple, pineapple juice. **Provolone Cheese -** Pasteurized Milk, Cheese Culture, Salt, Enzymes, Smoke Flavor. **Contains: Soy, Milk**

**Bacon Cheeseburger Casserole - Cheeseburger -** Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. **American Cheese Slices -** CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. **Bacon –** Cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium Erythorbate, sodium nitrite. **Contains: Soy, Wheat, Milk**

## VEGETABLES

**Mixed Vegetables –** Carrots, French Style Green Beans, Corn, Peas, water.

**Corn -** Golden Whole Kernel Corn, Water, Sugar, Salt.

**German Cut Vegetables –** carrots, green beans, wax beans

**Creamed corn -** Corn, water, sugar, modified corn starch, salt.

**Canned Carrots –** Carrots, water.

**Brussel Sprouts -** Brussel sprouts, water, salt.

**Beets –** Beets, water and salt.

**Winter Blend –** broccoli, cauliflower, water.

**California Blend -** Broccoli cuts, cauliflower, carrots, water.

**Oriental Blend:** Green beans, broccoli, onions, mushrooms, red peppers, water.

**Green Beans –** green beans, water, salt.

**Peas –** peas, water, salt.

**Spinach –** spinach, water, salt.

**Peas & Carrots –** peas, carrots, water, salt.

**Lima Beans –** Lima beans, water, salt (Sysco).

**Sweet Potatoes –** sweet potatoes, water, corn syrup, sugar (Allens).

**Broccoli –** Broccoli, salt, water.

**Yellow Wax Beans –** wax beans, water, salt.

**Cauliflower-** Cauliflower, water, salt.

**Diced potatoes** – potatoes, water, salt, calcium chloride, calcium disodium EDTA for color retention.

**Baked potato** – White potato.

**Red Potatoes (Diced)** - Redskin Potatoes, Olive Oil, Dextrose, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic, Dehydrated Onion, Natural Flavors, Paprika Oleoresin Color, Salt, Spices (including Rosemary), Sugar, Torula Yeast, Turmeric Oleoresin Color, Yeast Extract.

**Redskin Potatoes & Vegetables** - Potatoes, Red Bell Pepper, Onion, Green Bell Pepper, Olive Oil, Contains Less Than 2% Of Citric Acid, Dehydrated Garlic And Onion, Natural Flavors (including Grill And Smoke Flavors), Paprika, Salt, Sugar, Spices.

**Succotash** - Golden Whole Kernel Corn, Water, Sugar, Salt. Lima beans, water, salt (Sysco).

**Fiesta Corn** – FLAME ROASTED CORN, ONIONS AND RED AND GREEN PEPPERS.

**French Fries** – Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Contains: Soy**

**Veggies for Stew** – Carrots, water, potatoes, celery, sweet peas, onions, salt, calcium chloride, onion flavoring

**Capri Vegetables** - Yellow & green squash, French green beans, broccoli and cauliflower.

**Italian Vegetables** - Zucchini, carrots, cauliflower, Italian green beans, lima beans.

**Sauerkraut** – Cabbage, water, distilled vinegar, salt, sodium benzoate (Preservative), sodium metabisulfite (preservative), natural flavors, and polysorbate 80.

**Creamed Peas** – butter, **Flour-** (semolina wheat flour [enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid], egg white), milk, salt, **frozen peas-** peas, water, sugar, salt. **Contains: Soy, Wheat, Egg, Milk**

**Stewed Tomatoes** – Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, and natural flavorings.

**Cooked Cabbage** – Cabbage, cooked crumbled bacon.

**Cole Slaw** – CABBAGE, SUGAR, SOYBEAN OIL, WATER, CONTAINS LESS THAN 2% OF CARROTS, WHITE DISTILLED VINEGAR, EGGS, SALT, EGG YOLKS (EGG YOLKS, SALT), ERYTHORBIC ACID (TO RETAIN COLOR), POTASSIUM SORBATE (TO RETARD SPOILAGE), CITRIC ACID, XANTHAN GUM, SODIUM BENZOATE (PRESERVATIVE), LEMON JUICE CONCENTRATE, SPICES, MAYONNAISE SPICE BLEND FLAVOR (MEDIUM CHAIN TRIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS). **Contains: Egg, Soy.**

**Mediterranean Veggies** - Green Beans, Carrots, Cauliflower, Red Peppers, Yellow Peppers, Onions.

**Broccoli with Cheese Sauce** – Broccoli, salt, water. **Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (Cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (contains: milk). (Sysco) **Contains: Soy, Milk**



**Tater Tots** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Contains: Soy.**

**Sweet Potato Tater Tots** -Sweet Potatoes, Canola Oil, Sugar, Modified Food Starch, Potato Starch, Rice Flour, Cornstarch, Dextrin, Salt, Natural Flavor, Coloring (Turmeric, Oleoresin Paprika), Dextrose, Xanthan Gum, leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate). **Contains: Soy**

**Sweet Potato Fries**- Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Annatto (color), Baking Soda, Beta Carotene (color), Caramel (Color), Dextrin, Natural Flavors, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum. **Contains: Soy, Wheat, Egg**

**Cheesy Hash Browns** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Cheddar Cheese** (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **Contains: Soy, Milk**

**Hash Browns** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Contains: Soy, Milk**

**Potato Triangle** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Contains: Soy, Milk**

**Mashed Potatoes** – Potatoes, Contains 2% or less of: Ascorbic Acid,(Vitamin C), mono and diglycerides, calcium stearoyl-2-lactylate, Natural Flavor, Freshness preserved with sodium bisulfite, BHT. Milk, Margarine: Liquid and partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains: Soy, Milk.**

**Broccoli with Ranch Dressing** – broccoli. **Ranch Dressing** – Soybean oil, cultured buttermilk (includes low-fat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures), cultured nonfat milk, citric acid, tocopherols, and ascorbyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysorbate 60, xanthan gum, sodium benzoate and calcium disodium EDTA, disodium inosinate, disodium guanylate. **Contains: Soy, Egg, Milk**

**Scalloped Potatoes** – Potatoes, cornstarch , maltodextrin (from corn), whey (from milk), enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, palm oil, monosodium glutamate, onion, yeast extract, spices, mono and diglycerides, sodium caseinate (from milk), natural flavor, nonfat dry milk, refined soybean oil, dipotassium phosphate, paprika, annatto extract, yellow 5, modified cornstarch. **Contains: Soy, Wheat, Egg, Milk**

**Au Gratin Potatoes** - POTATOES, MODIFIED FOOD STARCH, WHEY, MALTODEXTRIN, ONION, POTASSIUM CHLORIDE, SUGAR, SUNFLOWER OIL, CONTAINS 2% OR LESS OF: NATURAL FLAVOR, SALT, COLORS (ANNATTO EXTRACT, TURMERIC EXTRACT), MONO AND DIGLYCERIDES, AUTOLYZED YEAST EXTRACT, CHEDDAR CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), CORN SYRUP SOLIDS, GREEN ONION, NONFAT MILK, SOYBEAN OIL, SPICES, TORULA YEAST, FRESHNESS PRESERVED WITH (SODIUM BISULFITE). (semolina wheat flour [enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid], egg white), **Contains: Soy, Wheat, Egg, Milk**

**Chicken & Dumplings** – chicken. **Dumplings** – Flour- (semolina wheat flour [enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid], egg white), water and salt. **Chicken Broth. Contains: Soy, Wheat, Egg, Milk**

**Potato Salad** - POTATOES, SALAD DRESSING (Soybean oil, high fructose corn syrup, water, egg yolks, salt, distilled vinegar, mustard, modified wheat starch, guar gum, citric acid, xanthan gum) WATER, HIGH FRUCTOSE CORN SYRUP, FRUCTOSE, RELISH (pickles, sugar, acetic acid, salt, red peppers, calcium chloride, gum Arabic, sodium benzoate, and potassium sorbate as preservatives, guar gum, natural and artificial flavors, polysorbate 80, color Yellow5, xanthan gum, CELERY, MUSTARD, EGGS, RED BELL PEPPERS, ONIONS, POTASSIUM SORBATE, SALT, ONION POWDER, SPICE, XANTHAN GUM. **Contains: Soy, Wheat, Egg, Milk**

**Macaroni Salad** - Cooked Macaroni (semolina wheat flour [enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid], egg white), Mayonnaise (soybean oil, water, egg yolks, vinegar, salt), Sweet Pickle (cucumbers, high fructose corn syrup, distilled vinegar, contains less than 2% of: salt, xanthan gum, sodium benzoate [preservative], calcium chloride, natural flavoring, polysorbate 80), High Fructose Corn Syrup, Celery, Water, Onion, Red Bell Pepper, Salt, Vinegar, Mustard (water, vinegar, mustard seed, salt, sugar, soybean oil, turmeric and paprika, annatto color, garlic, spices, xanthan gum, calcium disodium EDTA; retains product freshness, natural flavor, citric acid), Modified Corn Starch, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Sugar, Xanthan Gum, Annatto Color. **Contains: Soy, Wheat, Egg, Milk**

**O'Brien Potatoes** - Diced potatoes, water, salt, calcium chloride, calcium disodium EDTA for color retention. **Onions, Green Peppers.**

**Spaghetti Salad** - **Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. Green peppers, tomatoes, onions. **Italian Dressing and Marinade** – Distilled vinegar, water, vegetable oil (soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness. **Contains: Soy, Wheat, Egg, Milk**

**Pasta Salad**- ENRICHED MACARONI PRODUCT (Water, Macaroni (Semolina [Wheat], Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid)), **ITALIAN DRESSING** (Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Dehydrated Garlic, Dehydrated Onion, Citric Acid, Spices, Dehydrated Green and Red Peppers, Xanthan Gum, Stabilizer [Mono and Diglycerides, Guar Gum, Xanthan Gum, Polysorbate 60, Salt], Yellow Color (Propylene Glycol and Polysorbate 80 [as preservatives], Turmeric and Annatto Extract [Coloring])), RED BELL PEPPERS, ONIONS, CARROTS, HIGH FRUCTOSE CORN SYRUP, WATER, SEASONING (Romano Cheese [Part Skim Milk, Cheese Culture, Salt, Enzymes], Salt, Sesame Seed, Poppy Seed, Paprika, Celery Seed, Dehydrated Garlic, Spice, Dehydrated Red Pepper, Silicon Dioxide (Anti-Caking Agent), PARSLEY, POTASSIUM SORBATE (To Retard Spoilage), WHITE DISTILLED VINEGAR, SALT. **Contains: Soy, Wheat, Milk**

**Pasta Salad with Vegetables** ENRICHED MACARONI PRODUCT (Water, Macaroni (Semolina [Wheat], Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid)), **ITALIAN DRESSING** (Soybean Oil, Water, Distilled Vinegar, High Fructose Corn Syrup, Salt, Dehydrated Garlic, Dehydrated Onion, Citric Acid, Spices, Dehydrated Green and Red Peppers, Xanthan Gum, Stabilizer [Mono and Diglycerides, Guar Gum, Xanthan Gum, Polysorbate 60, Salt], Yellow Color (Propylene Glycol and Polysorbate 80 [as preservatives], Turmeric and Annatto Extract [Coloring])), RED BELL PEPPERS, ONIONS, CARROTS, HIGH FRUCTOSE CORN SYRUP, WATER, SEASONING (Romano Cheese [Part Skim Milk, Cheese Culture, Salt, Enzymes], Salt, Sesame Seed, Poppy Seed, Paprika, Celery Seed, Dehydrated Garlic, Spice, Dehydrated Red Pepper, Silicon Dioxide (Anti-Caking Agent), PARSLEY, POTASSIUM SORBATE (To Retard Spoilage), WHITE DISTILLED VINEGAR, SALT. **Onion, Green Pepper, Black and Green Olives, Tomato, Cucumber Contains: Soy, Wheat, Milk**

**Tuna Salad** - **TUNA** (Tuna Fish, Water, Salt), **SWEET RELISH** (Pickles, Corn Syrup, Distilled Vinegar, Water, Salt, Red Peppers, Xanthan Gum, Natural Flavors, Calcium Chloride, Polysorbate 80, Sodium Benzoate, Yellow #5), RED BELL PEPPERS (Red Bell Peppers, Water, Citric Acid), SUGAR, MODIFIED CORN STARCH, ONIONS, CITRIC ACID. **Mayo** – Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium



Disodium EDTA added to protect flavor. **Mustard** – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices.

**Contains: Soy, Eggs, Fish**

**Broccoli Cheese Soup** – Broccoli. **Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. CONTAINS: MILK. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Contains: Soy, Milk**

**Potato Soup:** Potatoes, **Chicken Broth:** salt, chicken fat, autolyzed yeast extract, hydrolyzed corn protein, maltodextrin (from tapioca and corn), chicken meat, sugar, corn starch, natural flavors, turmeric, onion powder, garlic powder, spices, soybean oil (trace), Celery, Onions, **Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **Contains: Soy, Milk**

**Ham & Potato Soup:** Ham – Pork. QUALIFIERS: WATER ADDED INGREDIENTS: CURED WITH WATER DEXTROSE SALT CONTAINS 2% OR LESS OF: SODIUM LACTATE SODIUM PHOSPHATE SODIUM DIACETATE SODIUM ERYTHORBATE SODIUM NITRITE. Potatoes, **Chicken Broth:** salt, chicken fat, autolyzed yeast extract, hydrolyzed corn protein, maltodextrin (from tapioca and corn), chicken meat, sugar, corn starch, natural flavors, turmeric, onion powder, garlic powder, spices, soybean oil (trace), Celery, Onions, **Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **Contains: Soy, Wheat, Milk**

**Cheesy Sausage Potato Soup:** Kielbasa/Polish Sausage – made with pork, turkey and beef (meat ingredients (Pork, beef), water turkey, corn syrup, contains 2% or less of: salt, natural flavors, dextrose, isolated soy product, isolated soy protein, sodium phosphate, monosodium glutamate, sodium erythorbate, sodium nitrite. CONTAINS: SOY. Potatoes, **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. CONTAINS: MILK. **Chicken Broth:** salt, chicken fat, autolyzed yeast extract, hydrolyzed corn protein, maltodextrin (from tapioca and corn), chicken meat, sugar, corn starch, natural flavors, turmeric, onion powder, garlic powder, spices, soybean oil (trace), Celery, Onions, **Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **Contains: Soy, Wheat, Egg, Milk**

**Tomato Soup** - TOMATO PUREE (WATER, TOMATO PASTE), WHEAT FLOUR, SUGAR, WATER, CONTAINS LESS THAN 2% OF: SALT, CITRIC ACID, FLAVORING, ASCORBIC ACID (VITAMIN C), CELERY EXTRACT, GARLIC OIL. **Contains: Wheat, Milk**

**Ranchero Beans** - Lima beans, water, salt. **Baked Beans** – water, navy beans, sugar, tomato paste, salt, dark brown sugar, vinegar, molasses, pork and bean seasoning (Dextrose, onion powder, garlic powder, natural flavor, spice extractive (Paprika)), mustard flour, oleoresin paprika. **Kidney Beans** – prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative. **Bacon** – Cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium Erythorbate, sodium nitrite. **Tomato Ketchup** – Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors. **Brown sugar.**

**Cheesy potatoes** – potatoes, **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. CONTAINS: MILK. **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated

mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract. **Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tripolyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate. **Contains: Soy, Wheat, Milk.**

**Cheesy Potato Casserole with Ham** – potatoes, **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **CONTAINS: MILK. Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract. **Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tripolyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate. **CONTAINS: MILK. Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Contains: Soy, Wheat, Egg, Milk**

**Italian Wedding Soup – Chicken Broth** - chicken stock (water, concentrated chicken stock), chicken flavor (chicken stock, salt, yeast, extract dextrose, celery juice concentrate, carrot juice concentrate, onion juice concentrate, salt, dextrose, flavor. **Meatballs** - Beef, pork, water, bread crumbs (wheat flour, salt, and yeast) Romano cheese (pasteurized cow's milk, culture, salt, enzymes) Ricotta cheese (whey, milk, cream, vinegar, and Xanthan gum, locust bean gum, guar gum. (stabilizers)), liquid egg whites, textured soy protein (soy protein concentrate, caramel color), salt dried garlic, spices, parsley, brown sugar, caramel color, disodium inosinate and disodium guanylate, BHA, BHT, citric acid, soy lecithin used as processing aid. **Endive or spinach. Carrots. Contains: Soy, Wheat, Egg, Milk**

**Vegetable soup** - Potatoes, **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. Carrots, Peas, Green Beans, Corn, Onions, Celery. **Contains: Soy**

**Vegetable Beef Soup – Ground beef-** Potatoes, **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. Carrots, Peas, Green Beans, Corn, Onions, Celery. **Beef flavored base:** salt, sugar, beef fat with cottonseed oil, (propyl gallate and citric acid added to protect flavor), corn starch, hydrolyzed soy protein, maltodextrin, monosodium glutamate, caramel color (contains sulfites) onion powder, natural flavorings. **Contains: Soy,**

**Minestrone Soup** - CHICKEN STOCK, TOMATO PUREE (WATER, TOMATO PASTE), CARROTS, POTATOES, CELERY, DICED TOMATOES IN TOMATO JUICE, ENRICHED PASTA (WHEAT FLOUR, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), KIDNEY BEANS, GREEN BEANS, ZUCCHINI, CONTAINS LESS THAN 2% OF: MODIFIED FOOD STARCH, PEAS, SALT, CHICKEN FAT, YEAST EXTRACT, DEHYDRATED ONIONS, SPINACH, CORN OIL, DISODIUM INOSINATE, DISODIUM GUANYLATE, SPICES, BETA CAROTENE FOR COLOR, FLAVORING, HYDROLYZED SOY PROTEIN, CARAMEL COLOR, POTASSIUM CHLORIDE, HYDROLYZED WHEAT GLUTEN, GLUCOSE SYRUP, GARLIC EXTRACT. **Contains: Soy, Wheat, Egg**

**Chicken Noodle Soup** - WATER, COOKED ENRICHED EGG NOODLES (WATER, SEMOLINA [WHEAT], EGGS, ENRICHED WITH NIACIN, IRON [FERROUS SULFATE], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), COOKED WHITE MEAT CHICKEN (COOKED WHITE MEAT CHICKEN, WATER, POTASSIUM LACTATE, SODIUM TRIPOLYPHOSPHATE, SALT), ONIONS, CARROTS, CELERY, CHICKEN BASE (CHICKEN MEAT INCLUDING NATURAL CHICKEN JUICES, SALT, HYDROLYZED SOY PROTEIN, NATURAL FLAVORINGS, SUGAR, POTATO FLOUR, TURMERIC [COLOR] AND CARROT POWDER), CONTAINS LESS THAN 2% OF BUTTER (PASTEURIZED CREAM, SALT), MODIFIED CORN STARCH, SUGAR, GRANULATED GARLIC, SPICES, XANTHAN GUM, LEMON JUICE CONCENTRATE. **Contains: Soy, Wheat, Egg**

**Potato wedges** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

**Contains: Soy.**

**Prince William Vegetable Blend** – water, salt, carrots, green beans, yellow wax beans.

**Oven Fries** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Contains:**

**Soy.**

**Roasted Potatoes** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose

**Contains: Soy.**

**Roasted Potatoes with Vegetables** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Red and Green Peppers. Onions. Contains: Soy.**

**Tomato Juice** – Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). (Red Gold).

**Marinara Sauce** – Tomatoes, sugar, sea salt, corn starch, olive oil, dehydrated onion, spices, dehydrated garlic, citric acid, natural flavors.

**Peanut Butter** - Made From Roasted Peanuts, Contains 2% Or Less Of: Fully Hydrogenated Vegetable Oils (Rapeseed And Soybean), Mono And Diglycerides, Molasses, Sugar, Salt. **Contains: Peanuts, Soy**

**Grape Jelly** - Grape Juice, High Fructose Corn Syrup, Corn Syrup, Pectin, Citric Acid, Sodium Citrate.

**Rice Pilaf** - Enriched Long Grain Parboiled Rice (Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, Folic Acid), Enriched Toasted Orzo (Semolina Wheat Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Pilaf Seasoning [Hydrolyzed Corn Protein, Dextrose, Salt, Malt Barley Extract, Maltodextrin, Sugar, Soybean Oil, Potassium Chloride, Inactive Yeast, Yeast Extract, Color (Caramel Color, Turmeric Extract), Spice, Natural Flavor, Worcestershire Sauce Blend (Worcestershire Sauce {Distilled Vinegar, Molasses, Corn Syrup, Salt, Caramel Color, Garlic Powder, Sugar, Spice, Tamarind, Natural Flavor, Sulfiting Agents}, Maltodextrin), Onion Powder, Disodium Inosinate & Disodium Guanylate, Thiamine Hydrochloride, **Contains: Wheat, Soy**

**Campbell's Tomato Soup** – Tomato puree (water, tomato paste), high fructose corn syrup, wheat flour, water , contains less than 2% of: salt, potassium chloride, flavoring, citric acid, ascorbic acid (Vitamin C), monopotassium phosphate, celery extract, garlic oil. **Contains: Wheat**

**Manwich Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, distilled vinegar, corn syrup, less than 2% of: sugar, dried green and red bell peppers, salt, chili pepper, tomato fiber, guar gum, spices, xanthan gum, dried garlic, natural flavors, citric acid

**Diced Tomatoes** – Tomatoes, tomato juice, less than 2% of: salt, calcium chloride, citric acid.

**Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid.

**Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid.

**Salsa** – crushed tomatoes (water, concentrated crushed tomatoes), diced tomatoes in tomato juice, onions, jalapeno peppers, distilled vinegar, and contains 2% or less of salt, dehydrated onion and garlic, calcium chloride, citric acid.

**ALLERGY WARNING: Contains: Milk, anchovies, wheat and soy.**

**Tossed Salad** - Iceberg lettuce, red cabbage, carrots, and tomatoes.

**Pea Salad** – Peas (peas, water, sugar, salt )salt, onion, bacon bits, mayo [Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor], cheddar cheese(milk, cheese culture, salt, enzymes), whey milk, milk protein concentrate, milk fat, whey protein concentrate, Sodium citrate, contains less than 2% of calcium phosphate, salt, lactic acid, annatto and paprika extract(color), natamycin, enzymes, cheese culture, Vitamin D3. **Contains: Soy, Egg, Milk**

**Egg Salad** – boiled eggs, mayonnaise (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor.) **Mustard** – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices. **SWEET RELISH** (Pickles, Corn Syrup, Distilled Vinegar, Water, Salt, Red Peppers, Xanthan Gum, Natural Flavors, Calcium Chloride, Polysorbate 80, Sodium Benzoate, Yellow #5), **RED BELL PEPPERS** (Red Bell Peppers, Water, Citric Acid), **SUGAR, MODIFIED CORN STARCH, ONIONS, CITRIC ACID.** **Contains: Soy, Egg**

**Cobb Salad** – Iceberg lettuce, hard boiled eggs, tomatoes, shredded cheese (cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Contains: Soy, Egg, Milk**

**Mixed veggie salad** – tomatoes, cucumbers, carrots, green peppers marinated in Italian Dressing (Distilled vinegar, water, vegetable oil(soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness. **Contains: Soy**

**3 Bean Salad** – Cut green beans, cut wax beans, water, dark red kidney beans, sugar, corn syrup, vinegar, diced onions, diced red bell peppers, soybean oil, salt, natural flavorings, calcium chloride, disodium EDTA (to preserve color), turmeric **Contains: Soybeans and their derivatives.**

**7 Layer Salad** – lettuce, broccoli, onions, peas, shredded cheese (cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. mayonnaise (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor.) **Contains: Soy, Egg, Milk**

**Cucumber Tomato Salad** – Cucumbers, tomatoes, onions, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Contains: Soy, Egg**

**Taco Salad** – Taco **meat** – ground beef. **Taco seasoning** - Yellow corn flour, salt, maltodextrin, paprika, spices, modified corn starch, sugar, garlic powder, citric acid, yeast extract, natural flavor, silicon dioxide. **onions, lettuce, tomato, Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **CONTAINS: MILK.** kidney beans ( prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative), **Salsa** (crushed tomatoes (water, concentrated crushed tomatoes), diced tomatoes in tomato juice, onions, jalapeno peppers, distilled vinegar, contains 2% or less of salt, dehydrated onion and garlic, calcium chloride, citric acid. **Taco Chips** (Corn, vegetable oil (sunflower, canola, and/or corn oil), maltodextrin, salt, cheddar cheese (milk, cheese cultures, salt, enzymes), whey, monosodium glutamate, buttermilk, Romano cheese (part-skim cow's milk, cheese cultures, salt, enzymes), whey protein concentrate, onion powder, corn flour, natural and

artificial flavor, dextrose, tomato powder, lactose, spices, artificial color (including yellow 6, yellow 5 and red 40), lactic acid, citric acid, sugar, garlic powder, skim milk, red and green bell pepper powder, disodium inosinate, and disodium guanylate. **Sour cream** (cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphated (sodium tripolyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate.

**ALLERGY WARNING: Contains: milk, anchovies (FISH), wheat and soy.**

**Turkey Cobb Salad - Fully Cooked Turkey Breast** – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Lettuce. Tomato. Onion. Cucumber.**

**Peas-** peas, water, salt, sugar.

**Chef Salad:** Lettuce, tomato, cucumber, green pepper, egg, **Fully Cooked Turkey Breast** – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates.

**Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING. Contains: Milk.

**Cheddar Cheese** (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **Contains: Egg, Soy, Milk**

**Pork & Beans** – Water, Navy Beans, Sugar, Tomato Paste, Salt, Dark Brown Sugar, Vinegar, Molasses, Pork and Bean Seasoning, (Dextrose, Onion Powder, Garlic Powder, Natural Flavor, Spice Extract), Mustard Flour, Oleoresin Paprika

**Baked Beans** – water, navy beans, sugar, tomato paste, salt, dark brown sugar, vinegar, molasses, pork and bean seasoning (Dextrose, onion powder, garlic powder, natural flavor, spice extractive (Paprika)), mustard flour, oleoresin paprika.)

**Kidney Beans** – prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative

**Light Red Kidney Beans** – light red kidney beans, water, corn syrup, salt, and calcium chloride, disodium EDTA (added to promote color retention)

**Carrot Raisin Salad** – Carrots, Raisins, **Salad Dressing** - Water, Soybean Oil, Distilled Vinegar, Corn Syrup, Sugar, Food Starch-Modified, Egg Yolk, Salt, Calcium Disodium EDTA to Protect Flavor, Paprika, Aquaresin Paprika (Color). **CONTAINS: Egg, Soy**

**Broccoli salad** – broccoli, cauliflower, bacon, onion, shredded cheese (cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin) Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Contains: Eggs, Soybean, Milk**

**Green bean Casserole** – green beans, water, salt (Sysco). **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbell's. **French Fried Onions-** ONIONS, PALM OIL, WHEAT FLOUR, SALT AND DEXTROSE. **Contains: Wheat, Soybean, Milk**

**Pickled beets-** Beets, water, high fructose corn syrup, vinegar, salt, natural flavor.

**Butter Beets** – beets, **Margarine:** Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains Milk, Soybean.**

**Split-Pea Soup with Ham** - WATER, SPLIT PEAS, COOKED HAM-WATER ADDED (PORK, WATER, SALT, SUGAR, SODIUM PHOSPHATES, SODIUM ASCORBATE, SODIUM NITRITE), CARROTS, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF: SALT, SUGAR, BACON BITS (BACON [CURED WITH WATER, SALT, SUGAR, SMOKE FLAVOR, SODIUM PHOSPHATE, SODIUM ERYTHORBATE, SODIUM NITRITE]), NATURAL SMOKE FLAVORING, SPICE, DEHYDRATED GARLIC. **Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite.

**Chicken Noodle Soup** - WATER, ENRICHED EGG NOODLES (Water, Semolina [Wheat], Eggs, Niacin, Iron [Ferrous Sulfate], Thiamine Mononitrate, Riboflavin, and Folic Acid), COOKED CHICKEN (Cooked White Meat Chicken, Water, Potassium Lactate, Sodium Tripolyphosphate, Salt), ONIONS, CARROTS, CELERY, CHICKEN BASE (Chicken Meat Including Natural Chicken Juices, Salt, Hydrolyzed Plant Protein [Soy], Natural Flavorings, Sugar, Potato Flour, Turmeric and Carrot Powder), BUTTER (Pasteurized Cream, Salt), MODIFIED CORN STARCH, SUGAR, TURMERIC, GRANULATED GARLIC, SPICES, XANTHAN GUM, LEMON JUICE (Lemon Juice Concentrate, Water). **Contains; Eggs, Soy, Wheat**

**Roasted Corn Chowder- Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **White Potatoes. Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **CONTAINS: MILK, Soy**

## FRUITS

**Pineapple** – pineapple, pineapple juice.

**Applesauce**- apples, water, ascorbic acid

**Peaches** – peaches, citric acid, water, sugar.

**Peach Passion Fruit Cup** – peaches, syrup, (water, sugar, ascorbic acid).

**Mandarin Oranges** – mandarin orange segments, water and sugar.

**Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid.

**Mixed Melons** –watermelon, cantaloupe, honey dew.

**Apricots** – Apricots, water, sugar and citric acid.

**Pears** – Pears, water, pear juice concentrate.

**Sliced Apples** – Sliced apples, water.

**Warm apples with Topping** – apples, cinnamon, water, sugar Flour -Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, brown sugar, white sugar. BUTTER (PASTEURIZED CREAM, SALT), Contains: **Wheat, Milk**

**Grapefruit Sections** – grapefruit sections, water, sugar

**Jellied Cranberry Sauce** – Cranberries, high fructose corn syrup, water, corn syrup and citric acid.

**Citrus blend** -mandarin orange segments, water and sugar and grapefruit sections.

**Apples**

## Grapes

## Oranges

## Bananas

**Mixed Fruit** - pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

**Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

**Cranberry Sauce** - Cranberries, high fructose corn syrup, water, corn syrup and citric acid.

**Apple Juice** – filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate.

**Grape Juice** – Filtered water, grape juice concentrate

**Orange Juice** - 100% Pure Orange Juice.

**Orange-Pineapple Juice** – Orange and Pineapple juice from concentrate.

**Tomato Juice** – Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). (Red Gold).

**Pumpkin pie** - PUMPKIN, WHEY, HIGH FRUCTOSE CORN SYRUP, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SKIM MILK, EGGS, VEGETABLE OIL (PALM, SOYBEAN), SUGAR, CONTAINS 2% OR LESS: MODIFIED CORN STARCH, SALT, SPICES (CINNAMON, NUTMEG), CARRAGEENAN, SODIUM PHOSPHATE, DEXTRIN, DEXTROSE, NATURAL FLAVOR. **Contains: Wheat, Milk, Eggs, Soybean,**

**Fruit Parfait - Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid. **Marshmallows**- Corn Syrup, Sugar, Modified Food Starch (Corn), Gelatin, Water, Dextrose, Natural Flavors, Tetrasodium Pyrophosphate. **Whipped Topping**- WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR) **Contains: Milk**

## BREADS

**Buehler's bread** – Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid). Water, high fructose corn syrup, yeast, whole wheat flour, wheat bran, wheat gluten, contains 2% or less of the following: soybean oil, salt, brown sugar, molasses, monoglycerides, calcium propionate (preservative), calcium sulfate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Wheat, Soy.**

**IGA White Bread** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Wheat, Soy.**

**Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, corn starch, ammonium phosphate, ascorbic acid, calcium propionate (preservative), sodium stearoyl lactylate, calcium sulfate, calcium peroxide, diammonium phosphate, tricalcium phosphate. **Contains: Wheat, Soybean. Contains: Bioengineered Food Ingredients**



**Split Top Potato Rolls** – enriched wheat flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid) water, sugar, yeast, potato flour, contains 2% or less of the following: wheat gluten, soybean and/or canola oil, salt, annatto and turmeric, calcium propionate, vegetable monoglycerides, datem, sodium stearyl lactylate, ascorbic acid, enzyme. **Contains: Wheat, Soybean.**

**Nickles Snowflake Dinner Rolls** – Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid) water, high fructose corn syrup, soybean oil, yeast, contains 2% or less of the following: salt, wheat gluten, monoglycerides, monocalcium phosphate, calcium phosphate, calcium propionate, calcium sulfate, cellulose gum, ammonium sulfate, ascorbic acid, corn starch, sesame seeds. **Contains: Wheat, Soybean, Sesame Seeds.**

**Italian Bread** - ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: HIGH FRUCTOSE CORN SYRUP, SALT, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME. **Contains: Wheat, Soybean**

**White 12" tortilla wraps** - Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Blend of Vegetable Oils (Soybean Oil and Hydrogenated Cottonseed Oil), Contains 2% or less of the following: Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Corn Starch, Monocalcium Phosphate), Salt, Fumaric Acid, Dough Conditioner (Wheat Flour, Calcium Sulfate, Sorbic Acid), Mono and Diglycerides, Calcium Propionate (preservative), Potassium Sorbate (preservative). **Contains: Wheat, Soybean.**

**Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Contains: Wheat, Soybean.**

**Cornbread** - Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow cornmeal, sugar, partially hydrogenated soybean and cottonseed oils, dextrose. Contains 2% or less of the following: baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate, salt, whey (milk protein), wheat protein isolate, soy flour, guar gum, xanthan gum. **Contains: Wheat, Soybean, Soy, eggs, Milk.**

**Breadsticks** – Enriched flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour) water, soybean oil, sugar, contains less than 1% salt, yeast vegetable protein, ascorbic acid, enzymes. Spread – vegetable oil blend (soybean palm, water garlic) contains 2% or less salt, sweet cream buttermilk, mono and triglycerides, soy lecithin, potassium sorbate (used to protect quality) citric acid, natural flavor, beta carotene, vitamin A Palmitate. **Contains: Wheat, Soybean, Milk.**

**Dressing/stuffing** – bread (Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin.), onions, celery, eggs, broth (- chicken stock (water, concentrated chicken stock), chicken flavor (chicken stock, salt, yeast, extract dextrose, celery juice concentrate, carrot juice concentrate, onion juice concentrate, salt, dextrose, flavor). **Contains: Wheat, Soybean, Eggs.**



**Brownberry Sage & Onion Stuffing** – Enriched flour (Wheat flour, Niacin, Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid). Whole Wheat Flour, High Fructose corn syrup, salt, partially hydrogenated vegetable oil (Soybean and/or cottonseed oils), Contains 2% or less of each of the following: Dehydrated Onion, yeast, wheat gluten, distilled vinegar, sage, spices, ascorbic acid, soy lecithin, soy flour. **Contains: Wheat, Soybean.**

**100% Whole Wheat Bread** – Whole Wheat Flour, water, sugar, wheat gluten, yeast, cracked wheat, wheat bran, soybean oil, honey, molasses, salt, calcium propionate (preservative), monoglycerides, datem, grain vinegar, calcium sulfate, monocalcium phosphate, cornstarch, soy lecithin, citric acid, potassium iodate. **Contains: Wheat, Soybean.**

**Nickles Bakery Wheat Bread** - Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Corn Flour, Turmeric, Paprika, Natural Flavors, Calcium Propionate (Preservative), Sodium Stearoyl Lactylate, Monoglycerides, Calcium Sulfate, Ammonium Sulfate, Diammonium Phosphate, Tricalcium Phosphate, Enzymes, Ascorbic Acid, Soy Lecithin. **Contains: Wheat, Soybean, Milk.**

**Biscuits** – Enriched bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, vegetable shortening (palm oil), nonfat dried milk, contains 2% or less of the following: sugar, sodium bicarbonate, sodium aluminum phosphate, salt, wheat starch, sodium caseinate, sodium acid pyrophosphate, whey powder, datem, mono and diglycerides, enzyme, natural flavor, dry buttermilk. **Contains: Wheat, Soybean, Milk.**

**Fettuccini** – Semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, folic acid. **Contains: Wheat**

**Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamine mononitrate, riboflavin, folic acid. **ALLERGEN INFO: contains wheat ingredients and is manufactured in a facility that uses eggs. Contains: Wheat**

**Elbow Macaroni** - Durum wheat semolina, water. **Contains: Wheat.**

**Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Contains: Wheat, Soybean, Eggs**

**White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid.

**Whole Grain Brown Rice** – Long grain rice enriched with ferric phosphate, niacin, thiamine mononitrate, folic acid (a B vitamin).

**English muffin** - Enriched Bleached Malted Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Gluten. Contains 2% or less of each of the following: Enriched Farina (Wheat Farina, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Degerminated Corn Meal and Degerminated Corn Flour, Sugar, Salt, Preservatives (Calcium Propionate, Sorbic Acid, Potassium Sorbate), Monoglycerides, Soybean Oil, Vinegar, Cellulose Gum, Xanthan Gum, Dough Conditioners (Calcium Sulfate, Enzymes), Nonfat Dry Milk, Dairy Whey, Citric Acid, Soy Lecithin. **Contains Milk, Soy, and Wheat.**

**Club Crackers** – Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (Vitamin B), riboflavin (Vitamin B2), folic acid, Vegetable oil (Canola, corn palm and/or soybean oil), sugar corn syrup, salt, leavening (Baking soda, monocalcium phosphate), soy lecithin. **Contains: Wheat, Soybean**

**Saltine Crackers** – enriched flour(wheat flour, niacin, reduced iron, vitamin B1 [thiamine mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. **CONTAINS: WHEAT AND SOY**

**Graham Crackers** - Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), cottonseed oil and partially hydrogenated soybean oil with TBHQ added for freshness, sugar, whole wheat flour, high fructose corn syrup, corn syrup, molasses, contains two percent or less of calcium carbonate, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), salt, artificial flavor, soy lecithin.

**CONTAINS: WHEAT AND SOY**

**Dorito Taco Chips** – Corn, vegetable oil (sunflower, canola, and/or corn oil), maltodextrin, salt, cheddar cheese (milk, cheese cultures, salt, enzymes), whey, monosodium glutamate, buttermilk, romano cheese (part-skim cow's milk, cheese cultures, salt, enzymes), whey protein concentrate, onion powder, corn flour, natural and artificial flavor, dextrose, tomato powder, lactose, spices, artificial color (including yellow 6, yellow 5 and red 40), lactic acid, citric acid, sugar, garlic powder, skim milk, red and green bell pepper powder, disodium inosinate, and disodium guanylate.

**CONTAINS MILK, Soy**

**Cranberry Sauce** - Cranberries, Water, High Fructose Corn Syrup, Corn Syrup and Citric Acid.

## CONDIMENTS

**Margarine:** Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains Milk, Soybean.**

**Shake & Bake** – Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate (vitamin B1), riboflavin (Vitamin B2) folic acid,) salt, canola oil, sugar, contains less than 2% of paprika, dried onions, spice, caramel color, high fructose corn syrup, yeast. **Contains: Wheat, Soybean**

**Tomato Ketchup** – Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors.

**Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Contains: Wheat, Soybean**

**Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Contains: Wheat, Soybean, Milk**

**Mayo** – Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. (sysco) **Contains: Eggs, Soybean**

**Salad Dressing** - Water, Soybean Oil, Distilled Vinegar, Corn Syrup, Sugar, Food Starch-Modified, Egg Yolk, Salt, Calcium Disodium EDTA to Protect Flavor, Paprika, Aquaresin Paprika (Color). **Contains: Eggs, Soybean**

**Tartar Sauce** – Soybean oil, water, high fructose corn syrup, distilled vinegar, pickles, corn syrup, egg yolk, modified food starch. Contains less than 2% of: spice, xanthan gum, onion, sodium benzoate, potassium sorbate, calcium disodium, bell pepper, natural flavor, oleoresin turmeric. **Contains: Eggs, Soybean**

**Mustard** – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices.

**Zesty Italian Dressing and Marinade** – Distilled vinegar, water, vegetable oil(soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness. **Contains: Soybean**

**Ranch Dressing** – Soybean oil, cultured buttermilk (includes lowfat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures),cultured nonfat milk, citric acid, locopherols, and ascortyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysobate 60, xantham gum, sodium benzoate and calcium disodium EDTA, disodium inoshate, disodium guanylate. **Contains: Milk, Eggs, Soybean**

**BBQ Sauce** – Vinegar, tomato puree (water, tomato paste), water, molasses, sugar, modified food starch. Contains less than 2% of: natural hickory smoke flavor, mustard flour, dried garlic, dried onions, spice, paprika, potassium sorbate.

**Ken's Barbecue Sauce** – Water, vinegar, high fructose corn syrup, tomato paste, sugar, salt, modified food starch, Contains less than 2% of: Natural Smoke Flavor, Spice, Paprika, Caramel Color, Garlic, Sodium Benzoate, as a preservative, onion. (Sysco)

**Sweet and Sour Salad Dressing** – Distilled white vinegar and filtered water, vegetable oil, onions, sugar, celery seed, mustard.

**Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. **Contains: Wheat, Eggs, Soybean, Milk**

**Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract. **Contains: Eggs, Soybean, Wheat, Milk**

**Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tripolyphospahte), guar gum, carrageenan, calcium sulfate, locust bean gum, and potassium sorbate. **Contains: Eggs, Soybean, Milk**

**Cream of Celery Soup** – Water, celery, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, soy protein concentrate, monosodium glutamate, dehydrated cream (cream [milk], soy lecithin, yeast extract, flavoring, beta-carotene for color. **Contains: Wheat, Eggs, Soybean, Milk**

**Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. **Contains: Eggs, Soybean, Wheat**

**Chicken Broth** - chicken stock (water, concentrated chicken stock), chicken flavor (chicken stock, salt, yeast, extract dextrose, celery juice concentrate, carrot juice concentrate, onion juice concentrate, salt, dextrose, flavor

**Taco Seasoning** – Yellow corn flour, salt, maltodextrin, paprika, spices, modified corn starch, sugar, garlic powder, citric acid, yeast extract, natural flavor, silicon dioxide.

**Chili Sauce** – Tomato concentrate (water, tomato paste), high fructose corn syrup, corn syrup, vinegar, salt, dehydrated onions, spice and natural flavors

**Provolone Cheese** - Pasteurized Milk, Cheese Culture, Salt, Enzymes, Smoke Flavor. **Contains: Milk**

## Miscellaneous – Desserts

**Baked apples** - Fuji Apples, Brown Sugar, Sugar, Contains Less Than 2% Of Ascorbic Acid, Caramel Color, Cinnamon, Citric Acid, Modified Food Starch, Salt, Spice.

**Cinnamon Apples** – apple slices, water, cinnamon.

**Rice Pudding – White rice**- Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Vanilla Pudding** - DEXTROSE, SUGAR, MODIFIED FOOD STARCH, LESS THAN 2% OF DISODIUM PHOSPHATE, TETRASODIUM PYROPHOSPHATE, CALCIUM SULFATE, NATURAL AND ARTIFICIAL FLAVOR, SALT, XANTHAN GUM, NONFAT DRY MILK, MONO AND DIGLYCERIDES, YELLOW 5, YELLOW 6. **Contains Milk.**

**Ambrosia Salad – Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid. **Marshmallows**- Corn Syrup, Sugar, Modified Food Starch (Corn), Gelatin, Water, Dextrose, Natural Flavors, Tetrasodium Pyrophosphate. **Whipped Topping**- WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR) **Coconut** - Coconut, sugar, water, propylene glycol, salt, sodium metabisulfite **Contains: Eggs, Soybean, Milk**

**Brownie**- Sugar, Eggs, Butter (Cream, Salt), Enriched Flour (Wheat Flour, Niacin, iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla Extract), Cocoa Powder, Fructose, Milk, Heavy Cream, Artificial Flavor. **Contains: Eggs, Milk, Soybeans, Wheat. Produced in a plant that manufacturers products made with peanuts/ nuts.**

**Cherry Delight - Graham Crackers** - Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), cottonseed oil and partially hydrogenated soybean oil with TBHQ added for freshness, sugar, whole wheat flour, high fructose corn syrup, corn syrup, molasses, contains two percent or less of calcium carbonate, leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), salt, artificial flavor, soy lecithin. CONTAINS: WHEAT AND SOY. **Cream Cheese** - PASTEURIZED MILK AND CREAM, WHEY PROTEIN CONCENTRATE, WHEY, SALT, CAROB BEAN GUM, XANTHAN GUM, GUAR GUM, NATAMYCIN (A NATURAL MOLD INHIBITOR), VITAMIN A PALMITATE, CHEESE CULTURE. **Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerin, colored with (beta carotene), partially hydrogenated soybean oil. \* Not a source of lactose. CONTAINS: MILK, SOY. **Powdered sugar** – sugar, cornstarch. **Cherry pie filling** - Cherries, High Fructose Corn Syrup, Water, Modified Food Starch. Contains less than 2% of: Artificial Flavor, Citric Acid, Color Added (Red 40), Potassium Sorbate and Sodium Benzoate (Preservatives).

**Margarine**: Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains: Milk, Soybean, Wheat**

**Peach Cobbler** - Peaches, Water, High Fructose Corn Syrup, Flour (Bleached Wheat Flour, Malted Barley Flour, Ascorbic Acid (used as a dough conditioner)), Shortening (Deodorized Beef Tallow, Deodorized Hydrogenated Beef Tallow, Soybean Oil, BHT and Citric Acid added to improve stability), Modified Food Starch, Dextrose, Salt, Protease (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt and 2% or Less of Each of the Following: Calcium Sulfate, Enzymes), Baking Powder (Sodium acid pyrophosphate, sodium bicarbonate,

corn starch, monocalcium phosphate), Nutmeg, Annatto Extract (Water, Annatto Extract, Potassium Hydroxide)

**Contains: Wheat, Soybean,**

**Strawberry Mousse** - HYDROGENATED PALM KERNEL OIL MALTODEXTRIN PROPYLENE GLYCOLS ESTERS OF FAT AND FATTY ACIDS SODIUM CASEINATE A MILK DERIVATIVE ACETYLATED MONOGLYCERIDES CONTAINS 2 PERCENT OR LESS OF EACH OF THE FOLLOWING: DIPOTASSIUM PHOSPHATE MICROCRYSTALLINE CELLULOSE HYDROXYPROPYL METHYL CELLULOSE CARBOXYMETHYL CELLULOSE SODIUM MONO AND DIGLYCERIDES SODIUM ALUMINOSILICATE MALTODEXTRIN GUM ACACIA PROPYLENE GLYCOL ALGINATE MODIFIED FOOD STARCH TETRASODIUM PYROPHOSPHATE POWDER SUCRALOSE ACESULFAME K NATURAL AND ARTIFICIAL FLAVORS. **Contains: Wheat, Soybean, Milk**

**Cherry Dessert- Cherry pie filling** - Cherries, High Fructose Corn Syrup, Water, and Modified Food Starch. Contains less than 2% of: Artificial Flavor, Citric Acid, Color Added (Red 40), Potassium Sorbate and Sodium Benzoate (Preservatives).

**Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerin, colored with (beta carotene), partially hydrogenated soybean oil. \* Not a source of lactose. **CONTAINS: MILK, SOY**

**Banana Pudding** - Modified Cornstarch, Fructose, Tetrasodium Pyrophosphate, Skim Milk Power, Disodium Phosphate, Carrageenan, Salt, Myvacet, Sucralose\*, Acesulfamek, Natural & Artificial Flavor, Natural & Artificial Color, (May Contain One Or More Of The Following: F.D. & C. Yellow #5, F.D. & C. Red #40, F.D. & C. Blue #1, Or Caramel Color). **Contains: Eggs, Soybean, Milk**

**Chocolate Pudding** - WATER, SKIM MILK, SUGAR, MODIFIED CORN STARCH, WHEY, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF COCONUT OIL, CORN STARCH, MALTODEXTRIN, SALT, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, CORN SYRUP SOLIDS, ARTIFICIAL FLAVORS, CARAMEL COLOR. **CONTAINS: MILK.**

**Dirt Pudding - Chocolate Pudding** - WATER, SKIM MILK, SUGAR, MODIFIED CORN STARCH, WHEY, COCOA (PROCESSED WITH ALKALI), CONTAINS 2% OR LESS OF COCONUT OIL, CORN STARCH, MALTODEXTRIN, SALT, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, CORN SYRUP SOLIDS, ARTIFICIAL FLAVORS, CARAMEL COLOR. **CONTAINS: MILK.** **Oreos** - UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, PALM AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SOY LECITHIN, SALT, CHOCOLATE, NATURAL FLAVOR.. **Whipped Topping**- WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR) **CONTAINS: WHEAT, SOY, MILK**

**Fruited Jello - Jello** – Gelatin, adipic Acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

**Sugar free Jello** – Gelatin, adipic Acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1.

**Red/green jello** - Sugar, corn sugar, gelatin, adipic acid, disodium phosphate, sodium citrate, natural and artificial flavor, ascorbic acid (vitamin c), Red 40, Red 40 lake, blue 1. Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium

Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake, Blue 1, Blue 1 Lake.

**Lime Jello with Pears** - Sugar, corn sugar, gelatin, adipic acid, disodium phosphate, sodium citrate, natural and artificial flavor, ascorbic acid (vitamin c), Red 40, Red 40 lake, blue 1. Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake, Blue 1, Blue 1 Lake. **Pears** – Pears, water, pear juice concentrate.

**Oreo Pudding** – Oreos - UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, PALM AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SOY LECITHIN, SALT, CHOCOLATE, NATURAL FLAVOR. **Whipped Topping**- WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR) **CONTAINS: WHEAT, SOY, MILK**

**Blueberry Crisp** – fresh frozen blueberries. **Topping** - sugar, brown sugar, **Margarine**: Liquid and partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains: Soy, milk products**, Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid), rolled oats, cinnamon. **Contains: Soy, Wheat, Milk products**

**Pumpkin Dessert** – pumpkin, pumpkin spices(nutmeg, cinnamon, cloves) **Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta cartotene), partially hydrogenated soybean oil. \* Not a source of lactose. **CONTAINS: MILK, SOY.**

**Jello salad** - - Sugar, corn sugar, gelatin, adipic acid, disodium phosphate, sodium citrate, natural and artificial flavor, ascorbic acid(vitamin c), Red 40, Red 40 lake, blue 1. Sugar, Dextrose, Gelatin, Fumaric Acid, Sodium Phosphate, Sodium Citrate, Malic Acid, Citric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Yellow 5, Yellow 5 Lake, Blue 1, Blue 1 Lake. **Pineapple** - pineapple, pineapple juice. **Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta cartotene), partially hydrogenated soybean oil. \* Not a source of lactose. **CONTAINS: MILK, SOY.**

**French Toast Bake** (Stouffer's) *French toast mix*: Skim milk, croutons (enriched wheat flour, [flour, reduced iron, niacin, thiamin mononitrate, riboflavin, folic acid], sugar 2% or less of salt, palm oil, yeast, grain vinegar soy lecithin) eggs, water, soybean oil, modified tapioca starch, butter(cream, salt), bleached wheat flour, sugar, natural flavors, cinnamon, salt, annatto color. *Sweet glaze*: Syrup (corn syrup, sugar, water, butter (cream, salt), salt, caramel color, natural flavor, cellulose gum, carrageen). *Pecan Topping*: Pecans, bread crumbs (wheat flour, sugar, yeast, soybean oil, salt), sugar soybean oil, cinnamon. **CONTAINS: WHEAT, SOY, MILK, EGGS, TREE NUTS**

**Gingersnaps** – Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (Vitamin B1), riboflavin (Vitamin B2), folic acid), sugar, palm oil, molasses, ginger, baking soda, caramel color, salt, soy lecithin, cinnamon, cloves, chili powder, red pepper. **Contains: Wheat, Eggs, Soybean**

**Chocolate chip cookies** (Keebler) – bleached and enriched flour (wheat flour, niacin, reduced iron, vitamin B1, (thiamin mononitrate), vitamin B2 (riboflavin), Folic acid, high fructose corn syrup, soybean and palm oil, sugar, chocolate

flavored chips(sugar, partially hydrogenated palm kernel oil, cocoa, cocoa processed with alkali, dextrose, soy lecithin) semisweet chocolate (sugar, chocolate, cocoa butter, dextrose, soy lecithin, natural and artificial flavor, salt), contains 2% or less of modified corn starch, natural flavor (contains milk), leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), soy lecithin, salt, cornstarch, caramel color, yellow 6, eggs. **Contains: Wheat, Eggs, Soybean, Milk**

**Apple Crisp** – Sliced apples, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

**Peach crisp** - Sliced peaches, citric acid, water, sugar, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

**Cherry crisp**- Cherries, High Fructose Corn Syrup, Water, Modified Food Starch. Contains less than 2% of: Artificial Flavor, Citric Acid, Color Added (Red 40), Potassium Sorbate and Sodium Benzoate (Preservatives). Water, sugar, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

**Sugar Free Pudding** – modified cornstarch, corn maltodextrin, tetrasodium pyrophosphate and disodium phosphate. Contains less than 2% natural and artificial flavor, salt, calcium sulfate, xanthan gum, mono- and diglycerides, aspartame and acesulfame, potassium, tetrapotassium pyrophosphate, dipotassium phosphate, yellow 5, yellow 6, artificial color, Bha (preservatives). **Contains: Milk**

**Orange Fluff - Mandarin Oranges** – mandarin orange segments, water and sugar. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate.

**Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Peach Fluff – Peaches** - peaches, citric acid, water, sugar. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Raspberry Fluff – Raspberry Gelatin, sugar free:** Adipic Acid, Sodium Citrate, Gelatin, Sucralose, Acesulfame K, Fumaric Acid, Maltodextrin, Natural & Artificial Flavors, Natural & Artificial Colors (May Contain F,D,&C Yellow #5, F,D,&C Red #3, F,D,&C Red #40, Blue #1). **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Cherry Fluff – Cherry Gelatin, sugar free:** Adipic Acid, Sodium Citrate, Gelatin, Sucralose, Acesulfame K, Fumaric Acid, Maltodextrin, Natural & Artificial Flavors, Natural & Artificial Colors (May Contain F,D,&C Yellow #5, F,D,&C Red #3, F,D,&C Red #40, Blue #1). **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Fruit Fluff - Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and

Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Pineapple Whip** – pineapple, pineapple juice. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Soybean, Milk**

**Cranberry Salad- Jello** – Gelatin, adipic Acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1. **Mandarin Oranges** – mandarin orange segments, water and sugar. Cranberries, Apples, walnuts.

**Contains: TREE NUTS**

**Animal Crackers - Ingredients:** WHOLE WHEAT FLOUR, SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS), CONTAINS TWO PERCENT OR LESS OF CALCIUM CARBONATE, SALT, BAKING SODA, NATURAL FLAVOR, SOY LECITHIN, WHEAT STARCH, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID. **Contains: Wheat, Eggs, Soybean**

**Vanilla Wafers** - Enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean and palm oil with TBHQ for freshness). Contains 2% or less of salt, high fructose corn syrup, leavening (baking soda, monocalcium phosphate), butter (cream, salt), soy lecithin, natural and artificial flavor. **Contains: Wheat, Eggs, Soybean**

**Watergate Salad – Pistachio pudding-** Sugar, Dextrose, Modified Food Starch, Almonds, Less than 2% of Disodium Phosphate, Tetrasodium Pyrophosphate, Pistachios, Calcium Sulfate, Xanthan Gum, Natural and Artificial Flavor, Nonfat Dry Milk, Mono and Diglycerides, Yellow 5, Blue 1. **COMMON ALLERGENS PRESENT: Milk, Tree Nuts. Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Pineapple** – Pineapple, pineapple juice. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR). **Contains: Wheat, Eggs, Soybean, Milk, Tree Nuts**

**Orange Dreamsicle Salad – Orange gelatin-** SUGAR, DEXTROSE, GELATIN, FUMARIC ACID, DISODIUM PHOSPHATE, SODIUM CITRATE, NATURAL AND ARTIFICIAL FLAVOR, MALIC ACID, CITRIC ACID, YELLOW 6, ASCORBIC ACID (VITAMIN C), YELLOW 6 LAKE. **Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta carotene), partially hydrogenated soybean oil. \* Not a source of lactose. CONTAINS: MILK, SOY. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Mandarin Oranges** – mandarin orange segments, water and sugar. **Vanilla Instant Pudding-** Sugar, Dextrose, Modified Food Starch, Sodium Phosphates, Calcium Sulfate, Salt, Natural and Artificial Flavor, Emulsifier Blend (Mono- and Diglycerides, Nonfat Milk), Xanthan Gum, Yellow 5, Yellow 6. **Contains: Soybean, Milk**

**Glorified Rice – White Rice.** **Whipped topping** - Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta carotene), partially hydrogenated soybean oil. \* Not a source of lactose. CONTAINS: MILK, SOY. **Marshmallows** -



Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. Maraschino Cherries - cherries, water, **corn syrup, citric acid, artificial flavor, sodium benzoate** and **potassium sorbate** as preservatives. Red#40, sulphur dioxide as a preservative. **Pineapple** – pineapple, pineapple juice. **Contains: Soybean, Milk**

**Fat Free Milk** – Nonfat Milk, Vitamin A Palmitate, Vitamin D3

**2% Reduced Fat Milk** – Reduced Fat Milk, Vitamin A Palmitate, and Vitamin D3

**Buttermilk** - Cultured reduced fat milk, less than 2.0% of food starch - modified (corn), mono and diglycerides, carrageenan, locust bean gum, salt. **Contains: Milk**

**Apple Juice** – filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate

**Grape Juice** – Filtered water, grape juice concentrate

**Orange Juice** - 100% Pure Orange Juice.

**Orange-Pineapple Juice** – Orange and Pineapple juice from concentrate

**White Bread** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, contains 2% or less of the following: high fructose corn syrup, soybean oil, salt, monoglycerides, calcium propionate (preservative), calcium sulfate, ascorbic acid, calcium phosphate, monocalcium phosphate, corn starch, ammonium sulfate, soy lecithin.

**Contains: Wheat, Soy, Bioengineered Food Ingredients**

**Wheat Bread** - Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, whole wheat flour, wheat bran, wheat gluten, contains 2% or less of the following: soybean oil, salt, molasses, calcium propionate, (preservative), sodium stearoyl lactylate, calcium sulfate, ammonium sulfate, monoglycerides, ascorbic acid, enzymes, soy lecithin.

**Contains: Wheat, Soy, Bioengineered Food Ingredients**

**Margarine:** Liquid and partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. **Contains: Soy**

**Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tripolyphosphate), guar gum. **Contains: Milk**

**Zesty Italian Dressing** - Distilled vinegar, water, vegetable oil(soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness. **Contains: Soybean**

**French Fried Onions-** ONIONS, PALM OIL, WHEAT FLOUR, SALT AND DEXTROSE. **Contains: Wheat, Eggs, Soybean**

**Honey Mustard Salad Dressing:** Water, Soybean Oil, Corn Syrup, High Fructose Corn Syrup, Sugar, Dijon Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Spice), Honey, Distilled Vinegar, Egg Yolks, Contains less than 2% of Salt, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (as Preservatives), Calcium Disodium EDTA added to Protect Flavor, Mustard Seed, Mustard Bran, Phosphoric Acid, Natural & Artificial Flavor, Caramel Color. **Contains: Egg, Soy**